

# LA FOULE

**Music:** Erich Nussbaum  
Cd : Sway With Me  
<https://www.amazon.co.uk/Sway-Me-Erich-Nussbaum/dp/B005QGO5SG>  
Track # 12 Time 3:28 Available from choreographer

**Rhythm:** Argentine Tango Waltz Phase: IV

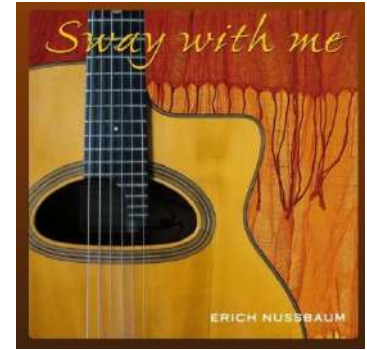
**Footwork :** Opposite except where (Noted)

**Release Date :** aug 2024

**Choreo :** Marcel Van Acker

**Email :** [marcel.icbd@gmail.com](mailto:marcel.icbd@gmail.com)

**SEQUENCE :** INTRO AA B B(Mod) AA B B(Mod) END



## INTRO

### 01-08 WAIT TWO MEASURES in CP LOD LEAD FOOT FREE ; ; LEFT FOOT BASIC ; ; ; TANGO CLOSE to LOD ; ;

{Wait} 2 meas in CP LOD ld ft free ; ; {Left Foot Basic} [1-3] Point L ft sd & slightly fwd, -, tch L to R, -; [1--] Sd & fwd L wide step trng upper body slightly RF comm to step outsd ptr, -, -; [1--] Fwd R outsd ptr, -, -; [1-3] Fwd L trng slightly LF, -, cl R (W XLif) to end CP LOD ; {Tango Cl to LOD} [1--;1-3] Fwd L, -, -; Sd R, -, cl L to CP LOD ;

### 09-16 RIGHT FOOT BASIC ; ; ; CRADLE ; ; TURNING TANGO CLOSE to COH ; ;

{Right Foot Basic} [1--;1--;1--;1-3] Bk R, -, -; Sd L, -, -; Fwd R outsd of ptr, -, -; Sd & fwd L (W bk & sd R), -, cl R (W XLif) to CP LOD ; {Cradle} [La Cunita] [1--;1--] Fwd L trng slightly LF, -, tap R bhnd L (W bk R trng LF, -, tap L ifo R) ; Bk R, -, tap L ifo R to CP DLC (W fwd L, -, tap R bhnd L) ; {Trng Tango Cl to COH} [1--;1-3] Fwd L trng LF, -, -; Sd R, -, cl L to CP COH ;

## PART A

### 01-08 START THE BASIC/M CLOSE ; ; LADY'S SENTADA ; ; FORWARD OCHOS ; ; TURNING TANGO CLOSE to RLOD ; ;

{Start the Basic/M Cl} [1--;1-3/W 1--] Bk R (W fwd L), -, -; Sd L, -, cl R (W sd R, -); {Lady's Sentada} [1---;---] Sd L rotatg LF to RSCP fc DLC (W XLib), -, -; Hold (W flick R ft ifo L), -, -; {Fwd Ochos} [1--;---/W1--] Put weight on R (W fwd R swiv RF), -, -; Put weight on L (W fwd L swiv LF), -, M cl R to L to CP COH ; {Trng Tango Cl to RLOD} Repeat meas 15,16 Intro to RLOD ; ;

### 09-16 START THE BASIC /M CLOSE ; BACK OCHOS ; ; LADYS MOLINETE/M RONDE ; ; TANGO CLOSE to LOD ; ;

{Start the Basic/M Cl} Repeat meas 12 Part A ; ; {Bk Ocho's} [1--;1--] Sd L (W bk L swvl ½ RF), -, -; Sd R (W bk R swvl ½ LF), -, -; {W's Molinete/M ronde} [1--W 1-3;1--] Small fwd L rotatg LF (W XLib rotatg LF), -, Start Ronde ½ (W Swivel RF & across R) ; Finish Ronde ½ Cl R to fc LOD (W fwd L swiv LF to fc ptr), -, -; {Tango Cl} Repeat meas 7,8 Intro ; ;

## PART B

### 01-08 START BASIC ; ; FORWARD/LADYS TWISTS IN 4 ; ; ; MANUEVER SIDE CLOSE ; ;

{Start Basic} [1--;1--] Bk R, -, -; Sd L, -, -; {Fwd/W Twists In 4} [[1---/W1-2] x 4] [Lady head to Right & only underbody swivel] Fwd R to LOD outsd ptr, -, - (W bk L, -, swiv RF cl R to SCP) ; Fwd L, -, - (W fwd L, -, swiv LF cl R to SCP) ; Fwd R, -, - (W bk L, -, swiv RF cl R to SCP) ; Fwd L, -, - (W fwd L, -, swiv LF cl R to SCP) ; {Manuever Sd Cl} [1--;1-3] Fwd R trng RF, -, -; Sd L cont RF trn ifo W, -, cl R to CP RLOD ; ;

### 09-16 LA COBRA ; ; ; WALK & FORWARD PUSH SWIVEL to BJO ; ; START BACK 3 to BACK WHISK ; ;

{La Cobra} [1--;1--;1--;1--] Bk L Inside swiv W to SCP RLOD, -, -; Fwd R swiv ½ RF to CP LOD, -, -; Bk L inside swiv W to SCP LOD, -, -; Fwd R swiv ½ RF to CP RLOD, -, -; {Walk & Fwd Push Swiv to Bjo} [1--;1--] Fwd L to RLOD start LF swiv, -, -; Fwd R outsd ptr to BJO Checking contg M's rt hip w/ W's rt hip swivlg LF, -, -; {Start Bk 3 to Left Whisk} [1--;1--] Bk L (W fwd R), -, -; Bk R moving W to LF sd of his body (W fwd L), -, -;

### 17-24 FINISH BACK 3 ; to BACK WHISK W BACK OCHO ; UNWIND W TWISTS in 2 to BFLY COH ; ;

#### SYNCPATED CROSS CHECK TWICE ; ; ;

{Finish Bk 3 to Bk Whisk/W bk Ocho} [1--;1--] Bk L in SCAR (W fwd R), -, -; XRib, -, - (W XLib, -, swvl ½ RF on L), -;

{Unwind W Twists In 2 to Bfly COH} [---/W1-3] [1--/W1-3] Start Unwind RF (W circle bk R), -, (W swiv LF Cl L) ;

Put weight on L (W fwd R), -, (W swiv RF Cl L) to BFLY COH both R foot free ;

{Sync Cross Check x 2} [1--;1-3;1--;1-3] Fwd R outsd ptr in BFLY BJO, -, -; Rec L, -, sd R ; Fwd L outsd ptr in BFLY SCAR, -, -; Rec R, -, sd L to BFLY BJO ; (W same as M)

**25-32 W FORWARD OCHOS/M CLOSE ; ; SIDE ROCKS ; ; CORTE/LADY LEG CRAWL ; ; RECOVER/M LEG CRAWL & CLOSE ; ;**  
{W Fwd Ocho's/M Cl} [---;--3/W 1--;1--] M Hold (W fwd R swiv RF), -, -; M Hold (W fwd L swiv LF), -, cl R to L ;  
{Sd Rocks} [1--;1--] Sd L, -, -; Sd R, -, -; {Corte/Lady Leg Crawl} [1--;1--] Dip bk L & twist slightly LF (W dip fwd R), -, - ;  
Hold (W raise L leg up M R leg), -, - ; {Rec/M Leg Crawl & Cl} [1--;1-3/--1] Rec R (W rec L), -, - ;  
Raise L leg up W R leg, -, -, Cl L (W cl R) ;

### PART B(MOD)

**01-04 START BASIC ; FORWARD/LADYS TWISTS IN 4 ; ; ; MANUVER SIDE CLOSE ;**

{Start Basic} Repeat meas 1,2 Part B ; ; {Fwd/W Twists In 4} Repeat meas 3,4,5,6 Part B ; ; ; {Manuver Sd Cl} Repeat meas 7,8 Part B tp CP LOD ;

**05-08 LA COBRA 3 ; ; ; THRU to LADYS SENTADA ; ; ; LADY RECOVER HOLD ;**

{La Cobra} Repeat meas 9,10,11 Part B to Scp RLOD ; ; ; {Thru Lady's Sentada} [1--;1--;---] Thru R, -, - ; Sd L rotatg LF to RSCP  
fc DLC (W XLib), -, - ; Hold, -, (W flick R ft ifo L) ; {Lady Rec Hold} fc COH [1st Time:] [1--] W recover R, -, - ; Hold, -, - ;  
[2de Time:] [1-3] {W Rec Both Cl} W recover R, -, - ; M Cl R (W Cl L), -, - ;

### ENDING

**01-08 LEFT FOOT BASIC ; ; ; TURNING TANGO CLOSE to RLOD ; ; START RIGHT FOOT BASIC ; ;**

{Left Foot Basic} Repeat meas 3,4,5,6 Intro ; ; {Trng Tango Cl to RLOD} Repeat meas 15, 16 Intro to RLOD ; ;  
{Start Right Foot Basic} Repeat meas 9,10 Intro ; ;

**09-16 FINISH RIGHT FOOT BASIC ; ; CRADDLE ; ; TURNING TANGO to WALL ; ; QUICK BACK SIDE ; QUICK LADY'S SENTADA ;**

{Finish Right Foot Basic} Repeat meas 11,12 Intro ; ; {Cradle} [La Cunita] Repeat meas 13,14 Intro ; ; {Trng Tango Cl to  
WALL} Repeat meas 15,16 Intro to WALL ; {Qk Bk Sd} [12-] bk R, sd L, - ; {Qk W's Sentada} [1--] Swvl LF on L (W swiv 3/8 LF  
bk L sitting on M's L knee, W flick R Foot), -, - ;