COME ON AND DANCE

Music: **Hansi Hinterseer**

Ich halt zu dir by Hansi Hinterseer on Apple Music

Ich halt zu dir : Hansi Hinterseer: Amazon.de: Digital Music

Track # 11   Time2:50   Available from choreographer

Rhythm: Cha Cha   **Phase: III+2 (Triple Cha's + Aida Line)**

+1U (Cont Chase w/ Underarm Pass & Peeks)

Footwork: **Opposite exept where (Noted)**

Release Date: June 23

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: **INTRO AB A(9-17) B C B(1-8) END**

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INTRO

01-04   TANDEM POS COH [w/ ld hnds jnd above the head W] LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} Tandem Pos COH [w/ ld hnds jnd above the head W] ld ft free wt 4 meas ; ; ; ;

05-08   CHASE w/ UNDERARM PASS to TANDEM WALL ; ; W PEEKS TWICE & SWIVEL to FACE ; ;

{Chase w/ Underarm Pass to Tandem WALL} Fwd L trng ½ RF keepg ld hnds jnd behd M, rec R, fwd L/lk Rib, fwd L *(W bk R, rec L, fwd R/lk Lib fwd R, twds M's lft sd)* ; Bk R raisg jnd ld hnds, rec L, sd R/cl L, sd R *(W fwd L, fwd R trng ½ LF under jnd ld hnds, sd L/cl R contg to trn ½ LF, sd L)* to TAND WALL [w/ ld hnds still jnd above the head W] ; {W Peeks} Sd L, rec R, sd L/cl R, sd L *(W sd R trng ¼ LF & lookg ovr lft shldr, rec L to Tandem, sd R/cl L, sd R)* ; {W Peeks & Swiv to Fc} Sd R, rec L, sd R/cl L, sd R *(W sd L trng ¼ RF & lookg ovr rt shldr, rec R trng ½ RF, sd L/cl R, sd L)* to BFLY WALL ;

PART A

01-04   BASIC HALF to ALTERNATING UNDERARM TURNS ; ; ; ;

{Basic ½ to Alternating Underarm Trns} Fwd L, rec R, cl L/cl R, sd L *(W bk R, fwd L, fwd R/cl L, sd R to M's lft sd)* ; Raisg jnd ld hnds sm sd & bk R, rec L, fwd & sd R/cl L, sd R *(W trng ½ RF undr jnd hnds fwd L, fwd R cont ½ RF trn to fc ptr, fwd & sd L/cl R, sd L)* ; [join trlg hnds] Trng ½ RF undr jnd tl hnds fwd L, fwd R cont ½ RF trn to fc ptr, fwd & sd L/cl R, sd L *(W raisg trl hnds bk R, rec L, fwd & sd R/cl L, sd R)* ; [rejoin ld hnds] Repeat meas 2 Part A to BFLY WALL ;

05-08   NEW YORKER TWICE ; ; SHOULDER to SHOULDER TWICE ; ;

{New Yorker x 2} Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R to BFLY WALL ; {Shoulder to shldr x 2} Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R to BFLY WALL ;

09-16   REPEAT MEAS 1 to 8 PART A ; ; ; ; ; ; ; ;

17   MERENGUE 4 ;

{Merengue 4} W/ hip motion [stg sd w/ insd edge of ft] Sd L, cl R, sd L, cl R ;

PART B

01-04   OP BREAK ; SPOT TURN ; BACK BREAK INTO TRIPLE CHA's to LOD ; ;

{OP Break} Strong bk L *(W strong bk R)* xtndg trl hnd straight up, rec R, sd L/cl R, sd L to BFLY WALL ; {Spot Trn} [Relsg both hnds] XLif *(W XRif)* trng ½ RF, rec R contg to trn to fc ptr, sd L/cl R, sd L to BFLY ; {Bk Break Into Triple Cha's to LOD} [Relg ld hands] XLib *(W XRib)* to OP LOD, rec R, w/ bdy trn twd ptr fwd L/lk Rib *(W lk Lib),* fwd L ; w/ bdy trn away from ptr fwd R/lk Lib *(W lk Rib),* fwd R, w/ bdy trn twd ptr fwd L/lk Rib *(W lk Lib),* fwd L ;

05-08   FORWARD BREAK to FACE & rt Hndshk ; SHADOW NEW YORKER ; WHIP to COH ; REVERSE UNDERARM TURN in 4 ;

{Fwd Break to Fc & rt Hndshk } [Relsg ld hnds] XRif *(W XLif)* to OP LOD, rec L to fcg ptr, sd R/cl L, sd R to rt Hndhk WALL ; {Shad New Yorker} Thru L *(W thru R)* trng ¼ RF to SD-BY-SD to RLOD w/ rt hnds jnd ifo bdies & lft hnds xtnd to sd at shld level, rec R, sd L/cl R, sd L to BFLY WALL ; {Whip to COH} Bk R trng LF & ldg W acrs, rec L contg LF trn *(W fwd L trng LF & Xg ifo M, fwd & sd R contg LF trn, sd L/cl R, sd L)* sd R/cl L, sd R to BFLY COH ; {Reverse Underarm Trn in 4} [QQQQ] To Lod Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L,cl R *(W full LF trn undr jnd hnds XRif, rec L, fwd & sd R, cl L)* to BFLY COH ;

09-16   REPEAT MEAS 1 to 8 PART B to BFLY WALL ; ; ; ; ; ; ; ;

PART C

01-04   CONTINUOUS CHASE w/ UNDERARM PASS to TANDEM COH & PEEKS ; ; ; ;

{Continuous Chase w/ Underarm Pass to Tandem COH & W Peeks} Fwd L trng ½ RF keepg ld hnds jnd behd M, rec R, fwd L/lk Rib, fwd L *(W bk R, rec L, fwd R/lk Lib fwd R,twds M's lft sd)*; Bk R raisg jnd ld hnds, rec L, sd R/cl L, sd R *(W fwd L, fwd R trng ½ LF under jnd ld hnds, sd L/cl R contg to trn ½ LF, sd L)* to TAND COH [w/ ld hnds still jnd above the head W] ; **{ Peek x 2}** Sd L, rec R, sd L/cl R, sd L *(W sd R trng ¼ LF & lookg ovr lft shldr, rec L to Tandem, sd R/cl L, sd R)* ; Sd R, rec L, sd R/cl L, sd R *(W sd L trng ¼ RF & lookg ovr rt shldr, rec R to Tandem, sd L/cl R, sd L)* to TANDEM COH ;

05-08   CONTINUE to TANDEM WALL ; ; PEEKS TWICE /W SWIVEL to FACE ; ;

{Continue to Tandem WALL} Fwd L trng ½ RF keepg ld hnds jnd behd M, rec R, fwd L/lk Rib, fwd L *(W fwd R trng ½ LF, fwd L, fwd R/lk Lib fwd R, twds M's lft sd)* ; Repeat meas 2 Part C to TAND WALL ; **{Peek x 2/W Swiv to Fc}** Repeat meas 3 Part C ; Sd R, rec L, sd R/cl L, sd R *(W sd L trng ¼ RF & lookg ovr rt shldr, rec R trng ½ RF, sd L/cl R, sd L)* to BFLY WALL ;

ENDING

01-05   OP BREAK ; SPOT TURN & rt Hndsh ; SHADOW NEW YORKER ; WHIP to WALL ;
TO RLOD QUICK AIDA LINE & EXTEND ARMS ;

{OP Break} Repeat meas 1 Part B ; **{Spot Trn & rt Hndshk}** Repeat meas 2 Part B to rt Hndshk ; **{Shad New Yorker}** Repeat meas 6 Part B ; **{Whip to Wall}** Repeat meas 7 Part B to Wall ; **{To Rlod Quick Aida Line & Extend Arms}** [rel ld hnds & jn trl hnds] [Q] Bk L trng LF to V BK-TO-BK & extend free arms up & out ;