

FORREST GUMP 4

Music: Music: Prandi Sound
Cd: Bassano Open 6 Daydreaming Track 1 Time 2:11
casa-musica.com/fr/musique-cd-et-mp3/915-bassano-open-vol-06-daydreaming.html
Available from choreographer

Rhythm: Waltz Phase: IV+2 (Rev Fallaway & Slip + DBL Rev Spin) +1U (Rom Chasses)

Footwork: Opposite except where (Noted)

Release Date: July 23

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Sequence: INTRO AA BRIDGE B ENDING



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT TWO MEASURES ; ; WHISK ; CHAIR & SLIP ;

{Wait} CP DLW ld ft free wt 2 meas ; ; {Whisk} Fwd L, fwd & sd R stg rise to ball of ft to SCP LOD, XLib (*W XRib*) cont to full rise ; {Chair & Slip} Ck fwd R w/bent knee, rec L w/ slight LF trn, sm bk R (*W ck fwd L, rec R swvlg 5/8 LF, fwd L*) to CP DLC ;

PART A

01-04 REVERSE FALLAWAY & SLIP ; DBL REVERSE SPIN to DLW ; HOVER TELE ; SLOW SIDE LOCK ;

{Reverse Fallaway & Slip} [1,2&3] Fwd L comm LF trn, sd R cont LF trn, XLib w/ rt sd ld fallaway pos cont LF trn/cont trn slip R past L toeing in w/ small stp bk on R lft ft stays fwd (*W bk R comm LF trn, sd & bk L cont LF trn, XRib w/ lft sd lead fallaway pos cont LF trn/cont trn slip L past R fwd L*) CP DLC ; {DBL Reverse Spin to DLW} [1,2-/W1&2,3] Fwd L comm LF trn, sd R cont LF trn, spin LF on ball of R bringing L beside R w/ no wgt & keepg knees flexed (*W bk R com LF trn on R heel, cont trn on R heel & cl L/sd & bk R contg trn, XLif*) to CP DLW ; {Hover Tele} Fwd L, fwd R risg & lft shldr ld, sd & fwd L to SCP LOD ; {Slow Sd Lock} Thru R, fwd & sd L risg trng LF, cl R (*W thru L trng LF, sd R trng LF, lk Lif*) to CP DLC ;

05-08 TELEMAR to SCP ; MANUVER ; OVER SPIN TURN ; BOX FINISH to BFLY DLW ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {Manuver} Trng RF fwd R ifo W, sd L cont trn, cl R (*W fwd L, R, L*) to CP RLOD ; {Overspin Trn} Bk L pivtg ½ RF to fc LOD, fwd R btwn W's ft heel lead cont trn to fc DRW, compl trn sd & bk L (*W fwd R btwn M's ft heel lead pivtg ½ RF, bk L cont trn to fc DLC, compl trn sd & fwd R*) to CP DRW ; {Box Finish} Bk R comm LF trn, sd L to fc DLW, cl R to BFLY DLW ;

09-12 ROMANTIC CHASSES ; ; ;

{Romantic Chasses} [in Bfly Pos relsg M's rt & W's lft hnds] Sd to LOD, cl R, sd L raisg ld hnds (*W sd R, cl L, sd R trng ½ RF under jnd hnds xtnd trl arm fwd*) to end both fcg WALL [W slightly fwd of M] ; [Keep ld hnds above W's head] XRif, sd L, XRif (*W sd L, cl R, sd L trng ½ LF under jnd hnds*) to Loose BFLY ; Repeat meas 9,10 to BFLY WALL ; ;

13-16 TWIRL/VINE ; OP NATURAL ; IMPETUS to SCP ; CHAIR & SLIP ;

{Twirl Vine} Raisg jnd ld hnds Sd L, XRib, sd L (*W sd R start trng RF on ball of R under ld hnds, cont RF trn bk L to fc COH, sd R*) to SCP LOD ; {OP Natural} Thru R stg RF trn, contg RF trn sd L ifo W, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; {Chair & Slip} Repeat meas 4 Intro;

BRIDGE

01-02 VIENNESE TURNS to LOD ; ;

{Viennese Trns to LOD} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to BJO LOD ;

PART B

01-04 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Trn ½} Fwd L comm trng LF, compg ¼ LF trn sd R, bk L to BJO ; Staying in BJO & cont trng LF bk R, compg ¼ RF trn sd L, fwd R ; {Qk Diamond 4} [1,2&3] Fwd L stg to trn LF, sd R contg LF trn/bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [1,2,-] Bk L w/ flexed knee, -, rec R swiv LF to CP DLC ;

05-08 OP REVERSE TURN ; HOVER CORTE ; BACK & SYNCOPATED TWISTY VINE ; SLOW OUTSIDE SWIVEL to SCP ;

{**OP Reverse Trn**} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R comm LF trn, cl L [heel trn], fwd R outsd ptr*) to BJO RLOD ; {**Hover Corte**} Bk R, trng LF sd & fwd L LOD leavg R leg ipl, compg ½ LF trn rec R (*W fwd L, trng LF sd & fwd R & brush L to R, fwd L*) to BJO DLW ; {**Bk Sync Twisty Vine**} (1,2&3) Bk L trng slightly RF, sd R/XLif, sd & bk R to fc DLW (*W fwd R trg RF, sd & bk L, cont trng XRib, sd & fwd L to BJO*) ; {**Slow Outsd Swiv**} [1,--] Bk L trng body RF, allow R to draw bk slightly ifo L (*W fwd R swiv RF*) to SCP LOD, -;

09-12 WEAVE 6 to BJO ; ; OP NATURAL ; PIVOT 3 to ½ OP LOD ;

{**Weave 6 to BJO**} Fwd R DLC, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; {**OP Natural**} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ rt sd ld (*W bk L trng RF, fwd R btwn M's ft, fwd L*) to BJO DRC ; {**Pivot 3 to ½ OP LOD**} Bk L pivot ½ RF, fwd R heel lead btwn W's ft cont RF trn rise & stretch R sd, sd & fwd L to ½ OP LOD ;

13-16 OP IN & OUT RUNS ; ; THRU SYNCOPATED VINE ; SLOW SIDE LOCK ;

{**OP In & Out Runs**} Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD w/ free arms out to sd] (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP LOD [w/ free arms out to sd] ; {**Thru Sync Vine**} [1,2&3] Thru R, sd L/XRib (*W XLib*), sd L to SCP LOD ; {**Slow Sd Lock**} Repeat meas 4 Part A ;

ENDING

01-04 OP REVERSE TURN : BACK & CHASSE to BJO ; OP NATURAL ; BACK & CHASSE to SCAR ;

{**OP Reverse Trn**} Fwd L com LF trn, trng LF sd R, bk L compg 3/8 LF trn (*W bk R stg LF trn, cont trn sd L, fwd R outsd ptr*) to BJO RLOD ; {**Bk & Chasse to BJO**} [1,2&3] Bk R, trng LF to fc ptr chasse sd L/cl R, sd & fwd L to BJO DLW ; {**OP Natural**} Repeat meas 11 Part B ; {**Bk & Chasse to SCAR**} [1,2&3] Bk L begin RF trn to fc ptr, sd R/cl L, sd & fwd R cont trng RF to SCAR DLW ;

03-07 CROSS HOVER to SCP ; THRU to PROMENADE SWAY ; CHANGE SWAY ;

{**Cross Hover to SCP**} XLif, sd R & fwd hvrg, rec L (*W XRib, sd & bk L w/ strong RF trn, fwd R*) to SCP LOD ; {**Thru to Promenade Sway**} [SS] Thru R (*W thru L*), sd & fwd L twds DLC, stretch R sd gradually to look over the jnd ld hnds usg full meas ; {**Change Sway**} Cont to trn body LF slowly w/ more lft sd stretch without stopping the rotation for full meas ;