

IK HOU VAN JOU (In Love With You)

Music: Dana Winner
Ik Hou Van Jou <https://music.apple.com/us/album/dana-winner-30/1479688302>
Track # 6 **Time 3:34**
In Love With You <https://music.apple.com/us/album/in-love-with-you/695659112>
Track # 2 **Time 3:35**
Rhythm: Bolero **Phase: V+1** (Cont.Nat Top) + **1U** (Chkd R Pass)
Footwork: Opposite except where (Noted)
Release Date: Oct 23
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Sequence: INTRO AB AB A(1-14) END



INTRO

01-02 LOW BFLY POS WALL LEAD FOOT FREE WAIT ONE & HALF MEASURE ~; RIFF TURN ;

{Wait} Low Bfly Pos Wall ld ft free wt 1.1/2 meas ~; **{Riff Trn}** [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds*) to BFLY WALL ;

PART A

01-04 TURNING BASIC ; HIP LIFT & rt Hndshk ; CROSS BODY OVERTURNED to SHADOW WALL ; rt Hnd SWEETHEART ;

{Trng Basic} Blend CP Sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L fc Low Bfly COH ; **{Hip Lift}** Sd R, -, slight pressure on L ft lift lft hip, lower lft hip to rt Hndshk COH ; **{Cross Body W Overtrnd Shadow}** [rt hnds jnd] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Wall (*W sd & fwd R body rise, -, fwd L crossg ifo trng LF, small stp sd R 1/2 LF spin fcg Wall*) to Shadow WALL keep rt Hndshk ; **{rt Hnd Sweetheart}** [Still rt hnds jnd] Sd R, -, XLif, rec R (*W sd L, -, XRib, rec R*) ;

05-08 lft Hnd SWEETHEART ; rt Hnd SWEETHEART ; W SWIVEL INTO FENCE LINE w/ ARMSWEEP TWICE ; ;

{lft Hnd Sweetheart} [Chg to lft hnds jnd] Sd L, -, XRif, rec L (*W sd R, -, XLib, rec L*) [Rejnd rt hnds] ; **{rt Hnds Sweetheart}** Sd R, -, XLif, rec R (*W sd L, -, XRib, rec R*) ; **{W Swiv Into Fence Line w/ Arm Sweep x 2}** Sd L lead W 1/2 RF swiv, -, XRif w/ flex knee sweep trl hds over & tch ld hnds, rec L ; Sd R, -, XLif w/ flex knee sweep ld hnds over & tch trl hnds, rec R to BFLY WALL ;

09-12 CHECKED RIGHT PASS ; M RONDE to FORWARD BREAK ; NATURAL TOP 1 PART to WALL ; BACK BREAK to 1/2 OP LOD ;

{Checkd Right Pass} Fwd & sd L raisg lft hnd [start RF rotation around Lady placg rt hnd on W's R hip chkg her fwd motion], -, XRib cont rotation around W, fwd & sd L to W's lft sd (*W fwd R raisg rt arm as if to comm underarm trn then lower to wrap pos, -, XLif, bk R*) ; **{M Ronde to Fwd Brk}** Fwd R ronde L ft cont RF trn to fc ptr & wall, -, chk fwd L, rec R (*W sd & bk L, -, bk R, rec L*) ; **{Nat Top 1 Part to Wall}** Sd & fwd L, -, XRib cont RF trn, sd & fwd L (*W fwd R to CP, -, sd XLif, fwd R btwn M's ft*) to fc WALL ; **{Bk Break to 1/2 OP}** Sd & bk R body rise, -, bk L blend 1/2 OP fcg LOD, rec fwd R to 1/2 OP LOD ;

13-16 OP IN & OUT RUNS ; ; TWISTY VINE 3 ; MANUVER & PIVOT 2 to WALL ;

{OP In & Out Runs} Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD [w/ free arms out to sd] (*W fwd R rise, -, L, R*) to 1/2 LOP LOD ; Fwd R rise, -, fwd L, R [w/ free arms out to sd] (*W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD*) to 1/2 OP LOD ; **{Twisty Vine 3}** Trng RF sd L to fc, -, XRib to Scar DRW, trng LF sd & fwd L to BJO DLW to Manvrg ; **{Manuver & Pivot 2 to Wall}** Fwd R trng RF ifo W to CP DRW, -, cont RF trn bk L LOD pivot 3/8 RF, cont RF trn fwd R LOD pivot 1/4 RF to CP WALL ;

PART B

01-04 UNDERARM TURN ; LUNGE BREAK ; START CONTINUOUS NATURAL TOP 3 ; ;

{Underarm Trn} Sd L, -, XRib, rec L (*W sd R, -, XLif trng 1/2 RF, fwd R cont trng to fc ptr*) ; **{Lunge Break}** Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L, -, bk R w/ sitting action, rec L*) to CP WALL ; **{Start Cont Nat Top 3}** Fwd L comm RF trn, -, XRib cont RF trn, cont trn sd & fwd L fc COH (*W comm RF trn XRif, -, sd L endg in CP, fwd R makg a full lft fc trn to BJO*) ; XRib cont RF trn, -, sd & fwd L cont trn, XRib cont RF trn fc WALL (*W fwd L, -, fwd R, fwd L*) ;

05-09 FINISH CONTINUOUS NATURAL TOP 3 ; HORSESHOE TURN ; ; REVERSE UNDERARM TURN ; RIFF TURN ;

{Finish Cont Nat Top 3} [Raisg ld hnd] Sd & fwd L cont RF trn, -, XRib cont RF trn, cl L (*W fwd R makg a full LF trn to BJO, -, fwd L, cl R*) to CP COH ; **{Horseshoe Trn}** Sd & fwd R trng RF (*W LF*) to V Pos LOD, -, thru L, lk Rib raise ld hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (*W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld hnds, fwd R compl circle to fc ptr*) to BFLY WALL ; **{Reverse Underarm Trn}** [Raisg ld hnds] Sd R, -, XLif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr*) to BFLY WALL ; **{Riff Trn}** Repeat meas 2 Intro ;

ENDING

01-05 FORWARD SYNCOPATED MANUVER PIVOT ; RIFF TURN ; AIDA PREPARATION ; AIDA LINE & ROCK 2 ;

SWITCH to CUDDLE POS CLOSE & DIP BACK w/ LEG CRAWL ;

[Slow down the next measures]

{Fwd Sync Manuver Pivot} [SQ&Q] Fwd L rise, -, thru R trn ¼ RF ifo W blend to CP/bk L pivot ½ RF, cl R complt RF trn (*W sd & fwd R rise, -, thru L/fwd R pivot ½ RF, sd L complt RF trn*) end CP WALL ; On "JOU" **{Riff Trn}** Repeat meas 2 Intro ; **{Aida Prep}** [Relsg trl hnds] Sd L trng LF to slight V pos LOD, -, thru R, trng RF sd L to BFLY WALL ; **{Aida Line & Rock 2}** Bk R to bk to bk V pos raisg trl arms, -, chg wgt to L w/ soft knee foldg free arm at elbow, replc wgt on R xtndg free arm ; **{Switch to Cuddle Pos Cl & Dip Bk w/ Leg Crawl}** Trng LF bk L to fcg ptr, -, cl R to cuddle pos, leavg R ft extended bk L (*W fwd R raise L knee up the outsd of M's R thigh*) ;