

LA FOULE

Music: Erich Nussbaum
Cd : Sway With Me
<https://www.amazon.co.uk/Sway-Me-Erich-Nussbaum/dp/B005QGO5SG>
Track # 12 Time 3:28 Available from choreographer

Rhythm: Argentine Tango Waltz Phase: IV

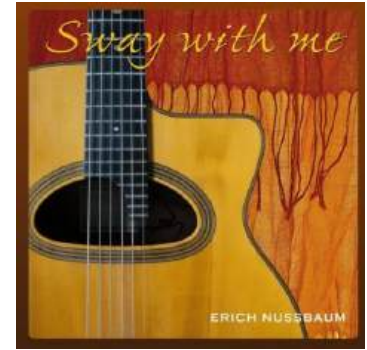
Footwork : Opposite except where (Noted)

Release Date : aug 2024 (ver 0.1 note directions of part A – Short Cues)

Choreo : Marcel Van Acker

Email : marcel.icbd@gmail.com

SEQUENCE : INTRO A1A2 B B(Mod) A1A2 B B(Mod) END



INTRO

- 01-08** WAIT TWO MEASURES in CP LOD LEAD FOOT FREE ; ; LEFT FOOT BASIC ; ; ; TANGO CLOSE to LOD ; ;
{Wait} 2 meas in CP LOD ld ft free ; ; {Left Foot Basic} [1-3] Point L ft sd & slightly fwd, -, tch L to R, -; [1--] Sd & fwd L wide step trng upper body slightly RF comm to step outsd ptr, -, -; [1--] Fwd R outsd ptr, -, -; [1-3] Fwd L trng slightly LF, -, cl R (W XLif) to end CP LOD ; {Tango Cl to LOD} [1--;1-3] Fwd L, -, -; Sd R, -, cl L to CP LOD ;
- 09-16** RIGHT FOOT BASIC ; ; ; CRADLE ; ; TURNING TANGO CLOSE to COH ; ;
{Right Foot Basic} [1--;1--;1--;1-3] Bk R, -, -; Sd L, -, -; Fwd R outsd of ptr, -, -; Sd & fwd L (W bk & sd R), -, cl R (W XLif) to CP LOD ; {Cradle} [La Cunita] [1--;1--] Fwd L trng slightly LF, -, tap R bhnd L (W bk R trng LF, -, tap L ifo R) ; Bk R, -, tap L ifo R to CP DLC (W fwd L, -, tap R bhnd L) ; {Trng Tango Cl to COH} [1--;1-3] Fwd L trng LF, -, -; Sd R, -, cl L to CP COH ;

PART A (*Directions: See note at the end of page 2)

- 01-08** START THE BASIC/M CLOSE ; ; LADY'S SENTADA ; ; FORWARD OCHOS ; ; TURNING TANGO CLOSE to RLOD ; ;
{Start the Basic/M Cl} [1--;1-3/W 1--] Bk R (W fwd L), -, -; Sd L, -, cl R (W sd R,-,-); {Lady's Sentada} [1---;---] Sd L rotatg LF to RSCP fc DLC (W XLib),-, -; Hold (W flick R ft ifo L),-, -; {Fwd Ochos} [1--;---/W1--] Put weight on R (W fwd R swiv RF), -, -; Put weight on L (W fwd L swiv LF), -, M cl R to L to CP COH ; {Trng Tango Cl to RLOD} Repeat meas 15,16 Intro to RLOD ; ;
- 09-16** START THE BASIC /M CLOSE ; BACK OCHOS ; ; LADYS MOLINETE/M RONDE ; ; TANGO CLOSE to LOD ; ;
{Start the Basic/M Cl} Repeat meas 12 Part A ; ; {Bk Ocho's} [1--;1--] Sd L (W bk L swvl ½ RF), -, -; Sd R (W bk R swvl ½ LF),-, -; {W's Molinete/M ronde} [1--W 1-3;1--] Small fwd L rotatg LF (W XLib rotatg LF), -, Start Ronde ½ (W Swivel RF & across R) ; Finish Ronde ½ Cl R to fc LOD (W fwd L swiv LF to fc ptr), -, -; {Tango Cl} Repeat meas 7,8 Intro ; ;

PART B

- 01-08** START BASIC ; ; FORWARD/LADYS TWISTS IN 4 ; ; ; MANUEVER SIDE CLOSE ; ;
{Start Basic} [1--;1--] Bk R, -, -; Sd L, -, -; {Fwd/W Twists In 4} [[1--/W1-2] x 4] [Lady head to Right & only underbody swivel] Fwd R to LOD outsd ptr, -, - (W bk L, -, swiv RF cl R to SCP) ; Fwd L, -, - (W fwd L, -, swiv LF cl R to SCP) ; Fwd R, -, - (W bk L, -, swiv RF cl R to SCP) ; Fwd L, -, - (W fwd L, -, swiv LF cl R to SCP) ; {Manuever Sd Cl} [1--;1-3] Fwd R trng RF, -, -; Sd L cont RF trn ifo W, -, cl R to CP RLOD ; ;
- 09-16** LA COBRA ; ; ; WALK & FORWARD PUSH SWIVEL to BJO ; ; START BACK 3 to BACK WHISK ; ;
{La Cobra} [1--;1--;1--;1--] Bk L Inside swiv W to SCP RLOD, -, -; Fwd R swiv ½ RF to CP LOD, -, -; Bk L inside swiv W to SCP LOD, -, -; Fwd R swiv ½ RF to CP RLOD, -, -; {Walk & Fwd Push Swiv to Bjo} [1--;1--] Fwd L to RLOD start LF swiv, -, -; Fwd R outsd ptr to BJO Checking contg M's rt hip w/ W's rt hip swivlg LF, -, -; {Start Bk 3 to Left Whisk} [1--;1--] Bk L (W fwd R),-, -; Bk R moving W to LF sd of his body (W fwd L), -, -;
- 17-24** FINISH BACK 3 ; to BACK WHISK W BACK OCHO ; UNWIND W TWISTS in 2 to BFLY COH ; ;
SYNCPATED CROSS CHECK TWICE ; ; ;
{Finish Bk 3 to Bk Whisk/W bk Ocho} [1--;1--] Bk L in SCAR (W fwd R),-, -; XRib, -, - (W XLib, -, swvl ½ RF on L), -, -; {Unwind W Twists In 2 to Bfly COH} [---/W1-3] [1--/W1-3] Start Unwind RF (W circle bk R), -, (W swiv LF Cl L) ; Put weight on L (W fwd R), -, (W swiv RF Cl L) to BFLY COH both R foot free ; {Sync Cross Check x 2} [1--;1-3;1--;1-3] Fwd R outsd ptr in BFLY BJO, -, -; Rec L, -, sd R ; Fwd L outsd ptr in BFLY SCAR, -, -; Rec R, -, sd L to BFLY BJO ; (W same as M)

Page 2: La Foule

25-32 W FORWARD OCHOS/M CLOSE ; ; SIDE ROCKS ; ; CORTE/LADY LEG CRAWL ; ; RECOVER/M LEG CRAWL & CLOSE ; ;
{W Fwd Ocho's/M Cl} [---;--3/W 1--;1--] M Hold (W fwd R swiv RF), -, -; M Hold (W fwd L swiv LF), -, cl R to L ;
{Sd Rocks} [1--;1--] Sd L, -, -; Sd R, -, -; {Corte/Lady Leg Crawl} [1--;1--] Dip bk L & twist slightly LF (W dip fwd R), -, - ;
Hold (W raise L leg up M R leg), -, - ; {Rec/M Leg Crawl & Cl} [1--;1-3/--1] Rec R (W rec L), -, - ;
Raise L leg up W R leg, -, -, Cl L (W cl R) ;

PART B(MOD)

01-04 START BASIC ; FORWARD/LADYS TWISTS IN 4 ; ; ; MANUVER SIDE CLOSE ;

{Start Basic} Repeat meas 1,2 Part B ; ; {Fwd/W Twists In 4} Repeat meas 3,4,5,6 Part B ; ; ; ; {Manuver Sd Cl} Repeat meas 7,8 Part B tp CP LOD ;

05-08 LA COBRA 3 ; ; ; THRU to LADYS SENTADA ; ; ; LADY RECOVER HOLD ;

{La Cobra} Repeat meas 9,10,11 Part B to Scp RLOD ; ; ; {Thru Lady's Sentada} [1--;1--;---] Thru R, -, - ; Sd L rotatg LF to RSCP fc DLC (W XLib), -, - ; Hold, -, (W flick R ft ifo L) ; {Lady Rec Hold} fc COH [1st Time:] [1--] W recover R, -, - ; Hold, -, - ; [2de Time:] [1-3] {W Rec Both Cl} W recover R, -, - ; M Cl R (W Cl L), -, - ;

ENDING

01-08 LEFT FOOT BASIC ; ; ; TURNING TANGO CLOSE to RLOD ; ; START RIGHT FOOT BASIC ; ;

{Left Foot Basic} Repeat meas 3,4,5,6 Intro ; ; {Trng Tango Cl to RLOD} Repeat meas 15, 16 Intro to RLOD ; ;
{Start Right Foot Basic} Repeat meas 9,10 Intro ; ;

09-16 FINISH RIGHT FOOT BASIC ; ; CRADDLE ; ; TURNING TANGO to WALL ; ; QUICK BACK SIDE ; QUICK LADY'S SENTADA ;

{Finish Right Foot Basic} Repeat meas 11,12 Intro ; ; {Cradle} [La Cunita] Repeat meas 13,14 Intro ; ; {Trng Tango Cl to WALL} Repeat meas 15,16 Intro to WALL ; {Qk Bk Sd} [12-] bk R, sd L, - ; {Qk W's Sentada} [1--] Swvl LF on L (W swiv 3/8 LF bk L sitting on M's L knee, W flick R Foot), -, - ;

* Note

1st time thru A from COH all the way to LOD

2nd time thru A from LOD all the way to Wall

La Foule (Van Acker)

Argentine Tango Waltz IV

Intro A1A2 B Bmod A1A2 B Bmod End

Intro (Cp Lod)

Wait ; ; L Ft Basic ; ; ; ; Tango Cls ; ; R Ft Basic ; ; ; ;
Cradle ; ; Trng Tango Cls to Coh ; ;

A1 (Coh)

Start The Basic M Cls ; ; W's Sentada ; ;
Ochos ; ; Trng Tango Cls Rlod ; ;
Start The Basic M Cls ; ; Bk Ochos ; ;
W's Molinete M Ronde ; ; Tango Cls to Lod ; ;

A2 (Lod)

Start The Basic M Cls ; ; W's Sentada ; ;
Ochos ; ; Trng Tango Cls to Coh ; ;
Start The Basic M Cls ; ; Bk Ochos ; ;
W's Molinete M Ronde ; ; Tango Cls to Wall ; ;

B

Start Basic ; ; Fwd Ws Twists In 4 ; ; ; ; Manuver Sd Cls ; ; La Cobra ; ; ; ;
Wk (Bjo) Fwd Push Swivel ; ; Bk 3 to L Whisk ; ; ; ; W Bk Ocho ;
Unwind W Twists in 2 to Bfly Coh ; ; Sync Cross Chk 2x ; ; ; ;
W Fwd Ochos ; M Cls ; Sd Rks ; ; Corte W Leg Crawl ; ;
Rec M Leg Crawl & Cls ; ;

Bmod

Start Basic ; ; Fwd Ws Twists In 4 ; ; ; ;
Manuver Sd Cls ; ; La Cobra 3 ; ; ; ; Thru to W Sentada ; ; ; ;
1: W Rec Hold ; **2:** W Rec Both Cls ;

End (Coh)

L Ft Basic ; ; ; ; Trng Tango Cls to Rlod ; ;
R Ft Basic ; ; ; ; Cradle ; ; Trng Tango Cls to Wall ; ;
Qk Bk Sd ; Qk W's Sentada ;