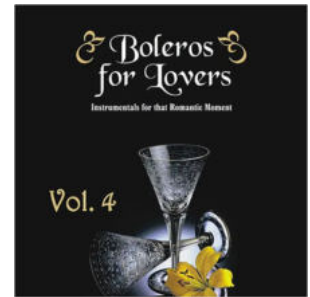


LA MENTIRA [The Lie]

Music: John Pazos
Cd.: Boleros for Lovers Vol.4
<https://music.apple.com/mx/album/boleros-for-lovers-volume-4/488506718>

Rhythm: Bolero **Phase:** V+2U
Footwork: Opposite except where (Noted)
Release Date: Feb 25
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
E-mail: jos.dierickx@telenet.be
Sequence: INTRO ABC INTRO(3-8) B B(9-16) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT TWO MEASURES ; ; UNDERARM TURN LADY & MAN ; ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; **{Underarm Trn Lady}** [Raisg ld hnd] Sd L, -, XRib, rec L (W sd R, -, XLif trng ½ RF under ld hnds, fwd R cont trng to fc ptr) ; **{Underarm Trn Man}** Sd R, -, XLif trng ½ RF under trl hnds, fwd R cont trng to fc ptr (W [Raisg trl hnds] sd L, -, XRib, rec L) to BFLY WALL ;

05-08 OPENING OUT TWICE ; ; SPOT TURN TWICE & rt Hndshk ; ;

{Opening Out x 2} Small sd & fwd L body rise and body rotate LF, -, lower on L and extend R ft to sd, rise on L body rotate in Bfly (W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly) ; Cls R body rise and body rotate RF, -, lower on R and extend L ft to sd, rise on R body rotate in Bfly (W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly) to BFLY WALL ; **{Spot Trn x 2}** [Relsg both hnds] Sd & fwd L to slight V pos LOD, -, trng LF XRif (W trng RF XLif), rec L to fc WALL ; Sd R, -, XLif trng RF, fwd & sd R contg trn to rt Hndshk WALL ;

PART A

01-04 CROSS BODY/W OVERTURNED to SHADOW COH ; HANDSHAKE SWEETHEART THREE TIMES ; ; ;

{Cross Body /W Overtrnd to Shadow COH} [rt Hndshk] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Wall (W sd & fwd R body rise, -, fwd L Xg ifo M trng LF, small stp sd R ½ LF spin fc Wall) to Shad COH ; **{Sweet Heart x 3}** [Still rt Hndshk] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ; [Chg to lft hndshk] Sd L, -, XRif, rec L (W sd R, -, XLib, rec L) ; [Rejnd rt hnds] Sd R, -, XLif, rec R (W sd L, -, XRibL, rec R) ;

05-08 SWEETHEART/W SWIVEL to FACE ; HORSESHOE TURN ; ; HIP LIFT ;

{Sweetheart/ Lady Swiv to Fc} [Chg to lft hndshk] Sd L, -, XRif, rec L (W sd R, -, XLib, rec L) to BFLY COH ; **{Horseshoe Trn}** Sd & fwd R trng RF (W LF) to V Pos LOD, -, thru L, lk Rib raise ld hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld hnds, fwd R compl circle to fc ptr) Low Bfly WALL ; **{Hip Lift}** Sd R, -, slight pressure on L ft lift lft hip, lower lft hip to rt Hndshk ;

09-12 ALTERNATING CROSS BODY THREE ; ; ; START HALF MOON ;

{3 Alternating X-Body} [rt Hndshk] Sd & bk L rise trn LF, -, bk R flex knee w/ slip action, fwd L cont LF trn to fc ptr & COH (W sd & fwd R rise, -, fwd L twd DLC outsd ptr flex knee trn ½ LF, bk R cont LF trn to fc ptr) end rt Hndshk COH ; Sd & fwd R rise, -, fwd L twd DLC outsd ptr flex knee trn ½ LF, bk R cont LF trn to fc ptr & WALL (W sd & bl L rise trn LF, -, bk R flex knee w/ slipping action, fwd L cont LF trn to fc ptr) end rt Hndshk WALL ; Repeat meas 9 Part A to rt Hndshk COH ; **{Start Half Moon}** [w/ rt hndshk] Sd R trng RF, -, fwd L to Lod, bk R trn to fc ptr (W sd L trng LF, -, fwd R shapg to ptr, bk L to fc ptr) to rt hndshk COH ;

13-16 FINISH HALF MOON ; SHADOW BREAK w/ W's HEAD LOOP ; PROGRESSIVE SHADOW WALK THREE ;

FORWARD to FACE & HIP ROCKS ;

{Finish Half Moon} Trn LF sd & fwd L w/ lft sd stretch, -, slip bk R shape to ptr, fwd L cont trn to fc ptr chng to ld hnds jnd (W trng RF sd & fwd R raise lft arm trng body slightly away from ptr but look at & shape to ptr, -, W slip fwd L ifo M trn LF, bk R cont trn to fc ptr) to Low Bfly WALL ; **{Shad Bk Break w/ Head Loop}** Sd R ¼ LF trn fc LOD [rt hnd over W' s head lft hnds over M's head], -, small bk L, rec fwd R to ½ OP LOD ; **{Prog Shad Walk 3}** In Shad fwd L, -, R, L ; **{Fwd to Fc & Hip Rocks}** Fwd R swiv to fc & Low bfly, -, rec L rollg lft-hip, rec R rollg rt-hip ;

PART B

01-04 DOUBLE HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ;

REVERSE UNDERARM TURN ;

{Dbl Hndhold Underarm Trn to stacked hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hdhold, rec fwd L stacked lft-over-rt-hnds (*W fwd R, -, fwd L RF trn under dbl hdhold, fwd R stacked hnds lft-over-rt*) to WALL ; **{ OP Break}** [With stacked hnds] Sd R, -, apt L raisg stacked hnds fwd, rec R to W's rt sd ; **{Change Sides /W Underarm}** [Raisg stacked hnds] Fwd L WALL trng RF chg sds lead W trn under stacked hnds, -, sd R, XLif (*W fwd R COH LF trn under stacked hnds chg sds, -, sd L, XRif*) to BFLY COH ; **{Reverse Underarm Trn}** Sd R, -, Xlif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr*) to BFLY WALL ;

05-08 LUNGE SIDE & REVERSE UNDERARM TWIRL ; LUNGE SIDE & ONE RIFF TURN ; SHOULDER to SHOULDER TWICE ; ;

{Lunge Sd & Reverse Twirl} Lunge sd L ckg Lady w/ rt hnd on her rt hip, -, raisg ld hnds rec R leadg W to twrl LF, XLif (*W lunge sd R ckg, -, twrl LF L, R*) ; **{ Lunge Sd & One Riff Trn}** Sd lunge R, -, raisg ld hnds sd L leadg W to spin RF, cl R (*W sd Lunge L, -, rec R spinning RF 1 full trn, cl L*) ; **{Shoulder to Shldr x 2}** Sd L, -, fwd R to BFLY-BJO, bk L to BFLY ; Sd R, -, fwd L to BFLY-SCAR, bk R to BFLY WALL ;

09-12 LEFT SIDE PASS ; LUNGE BREAK ; CHECKED RIGHT PASS ; M SWIVEL & FORWARD BREAK ;

{Left Pass} Fwd L to SCAR, -, bk R, fwd L trng LF (*W fwd R trng ¼ RF w/ bk to ptr, -, sd & fwd L w/ strong LF trn, bk R*) to LOP-FCG COH ; **{Lunge Break}** Sd & bk R to LOP FCG, -, slidg L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (*W sd & bk L, -, bk R w/ sitting action, rec L*) to Bfly COH ; **{Checked R Pass}** Fwd & sd L comm RF trn raisg ld hnds to create window, -, XRib cont RF trn, sd L (*W fwd R, -, XLif, sd & bk R*) mod wrap both fc COH ; **{M Swiv & Fwd Break}** Fwd R swiv RF on R body rise, -, fwd L w/ contra ck like action, rec bk R to BFLY COH ;

13-16 RIGHT SIDE PASS ; BACK BREAK to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ;

{Right Pass} Fwd & sd L rise comm trn RF raise ld hnds to create window, -, XRib cont trn, fwd L (*W fwd R rise, -, fwd L comm trn LF under jnd ld hnds, cont trn bk R*) to BFLY WALL ; **{Bk Break to ½ OP}** Sd & bk R body rise, -, bk L blend ½ OP fcg LOD, rec fwd R to ½ OP LOD ; **{M Roll Across}** Fwd L rise, -, fwd R twd DLW across W comm trn RF, bk L cont trn to fc LOD to ½ LOP LOD ; **{W Roll Across}** Fwd R rise, -, L, R (*W fwd L rise, -, fwd R twd DLW across M comm trn RF, bk L cont trn to fc LOD*) to ½ OP LOD ;

PART C

01-02 TURN INTO ROMANTIC SWAY'S ; ;

{Trn Into Romantic Sway's} [Rel ld hnds] Sd L & swiv LF (*W RF*) to bk-to-bk sweep ld hnds up & around to end streched out to sd at shldr level, -, sd R, rec L ; Sd R and swiv RF (*W LF*) to fc bring ld hnds betwn ptrs to lead hip, -, sd L, rec R ;

ENDING

01 FORWARD & SIDE to LEFT LUNGE & EXTEND ARMS to SIDE ;

{Fwd & Sd to Left Lunge & Extend Arms to Sd} Fwd & sd L (*W sd R*) w/ bend knee swiv to fc ptr, -, extend both arms to sd ;