

LA VIE EN ROSE

Music: Dalida

Les Années Orlando

<https://music.apple.com/ne/album/les-ann%C3%A9es-orlando-lint%C3%A9grale-12-albums-originaux/1442442634>

Disc # 5 Track # 9 Time 4:26 Accelerate w/ + 13%

Shortened from 3:33 to End to Time 3:33 Fade Out from 3:27 to End

Available from choreographer

Rhythm: Bolero Phase: V+2U (Cont Chase w/ Underarm Pass & Peeks + Checked Right Pass)

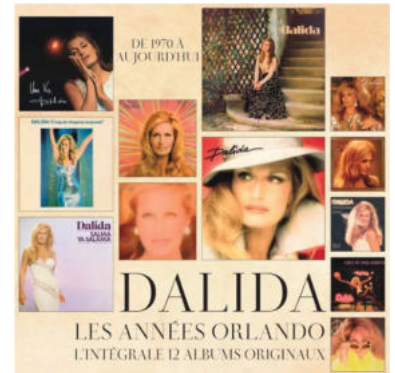
Footwork: Opposite except where (Noted)

Release Date: Oct 24

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Sequence: INTRO ABCD ABC END



INTRO

01-04 BFLY POS WALL FOOT FREE WAIT TWO MEASURES ; ; LUNGE SIDE & REVERSE TWIRL ; LUNGE SIDE & ONE RIFF TURN ;
{Wait} Bfly Pos WALL Id ft free wt 2 meas ; ; {Lunge Sd & Reverse Twirl} Lunge sd L ckg Lady w/ rt hnd on her rt hip, -, raisg Id hnds rec R leadg W to twrl LF, XLif (W lunge sd R ckg, -, twrl LF L, R) ; {Lunge Sd & One Riff Trn} Sd lunge R, -, raisg Id hnds sd L leadg W to spin RF, cl R (W sd Lunge L, -, rec R spinng RF 1 full trn, cl L) to BFLY WALL ;

PART A

- 01-04 OP BREAK ; REVERSE UNDERARM TURN to CUDDLE POS ; CUDDLE TWICE ; ;**
{OP Break} Sd L xtndg trl hnd up & out, -, bk R (W bk L), rec L ; {Reverse Underarm Trn} [Raisg Id hnds] Sd R, -, XLif, bk R (W sd L com LF trn undr jnd Id hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr) to Cuddle Pos WALL ; {Cuddle x 2} Cl L to R, -, brk sd R, rec L (W sd R, -, XLib op out, rec R to fc) ; Cl R to L, -, brk sd L, rec R (W sd L, -, XRib op out, rec L to fc) to Cuddle Pos WALL ;
- 05-08 ONE HAND to HAND ; AIDA PREPARATION ; AIDA LINE & HIP ROCK TWO ; SWIVEL to FACE & SPOT TURN ;**
{One Hand to Hand} Sd L, -, [releasg trl hnds] XRib (W XLib) to LOP RLOD, fwd L to Bfly WALL ; {Aida Prep} [Relsg trl hnds] Sd R trng to slight V pos RLOD, -, thru L to LOP RLOD, trng LF sd R to BFLY WALL ; {Aida Line & Hip Rock 2} Bk L to bk to bk V pos to LOD raisg Id arms, -, chg wgt to R w/ soft knee foldg free arm at elbow, replc wgt on L xtndg free arm ; {Swiv to Fc & Spot Trn} Fwd R swiv RF on R fc ptr, -, relg hnds & trng RF XLif (W trng RF XRif), rec R cont RF trn to Loose CP WALL ;
- 09-12 TURNING BASIC ; LUNGE BREAK & rt Hndshk ; CROSS BODY/W OVERTURNED to SHADOW WALL ; Rt HAND SWEETHEART ;**
{Trng Basic} Sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L BFLY COH ; {Lunge Break & rt Hndshk} Sd & bk R to LOP FCG, -, sliding L ft sd & bk w/ no wgt lowr on R w/ slight RF bdy trn, rise (W sd & bk L, -, bk R w/ sitting action, rec L) to rt Hndshk COH ; {Cross Body W Overturned Shadow} [rt hnds jnd] Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn fc Wall (W sd & fwd R body rise, -, fwd L crossing ifo M trng LF, small stp sd R ½ LF spin fc Wall) to Shadow WALL ; {rt Hnd Sweet Heart} [Still rt hnds jnd] Sd R, -, XLif, rec R (W sd L, -, XRib, rec R) ;
- 13-16 Lft Hnd SWEETHEART ; Rt hnd SWEETHEART ; Lft Hnd SWEETHEART/W SWIVEL to FACE ; HIP LIFT ;**
{Chng to Lft Hnd Sweet Heart} Sd L, -, XRif, rec L (W sd R, -, XLib, rec R) [Rejnd rt hnds] ; {rt Hnd Sweetheart} Repeat meas 12 Part A ; [Rejnd lft hnds] {Lft Hnd Sweetheart/W Swiv to Fc} Sd L, -, XRif, rec L (W sd R, -, XLib, rec R swiv ½ LF to fc prt) to Low Bfly WALL ; {Hip Lift} Sd R in low bfly, -, slight pressure on lft ft lift hip, lower lft hip ;

PART B

01-04 CONTINUOUS CHASE w/ UNDERARM PASS to TANDEM COH ; ; SIDE LUNGE/W PEEKS TWICE ; ;
{Continuous Chase w/ Underarm Pass to Tandem COH} Fwd L trng ½ RF keepg Id hnds jnd bhd M, -, rec R, fwd L (W bk R, -, rec L, fwd R twds M's lft sd) ; Bk R raisg jnd Id hnds, -, rec L, sd R (W fwd L, -, fwd R trng ½ LF under jnd Id hnds, fwd & sd L contg to trn ½ LF) to TAND COH [w/ Id hnds still jnd above the head W] ; {Sd Lunge/W Peeks x 2} Sd L look at the lady, -, rec R, XLif (W sd R trn the upper body ¼ LF & lookg ovr lft shldr, -, rec L, XRif) ; Sd R look at the lady, -, rec L, XRif (W sd L trn the upper body ¼ RF & lookg ovr rt shldr, -, rec R, XLif) to TAND COH ;

05-08 CONTINUE to TANDEM WALL ; ; SIDE LUNGE/W PEEKS TWICE/W OUT to FACE ; ;

{Continue to Tandem WALL} Fwd L trng ½ RF keepg ld hnds jnd bhnd M, -, rec R, fwd L (*W fwd R trng ½ LF, -, fwd L, fwd R twds M's lft sd*) ; Repeat meas 2 part B ; [w/ ldhnds still jnd above the head W] **{Sd Lunge/W Peeks x 2/W Out to Fc}** Repeat meas 3 Part B ; Repeat meas 4 Part B (*W sd L lookg ovr rt shldr, -, rec R, XLif trng ½ RF to fc ptr*) to BFLY WALL ;

09-12 DOUBLE HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK ; CHANGE SIDES/W UNDERARM ; FENCE LINE w/ ARMSWEEP ;

{Dbl Hnd Underarm Trn to stacked hnds} [Keep both hands] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L stacked lft-over-rt-hnds (*W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hnds lft-over-rt*) to WALL ; **{OP Break}** [With stacked hnds] Sd R, -, apt L raisg stacked hnds fwd, rec R to W's rt sd ; **{Change Sides /W Underarm}** [Raisg stacked hnds] Fwd L WALL trng RF chg sds lead W trn under stacked hnds, -, sd R, XLif (*W fwd R COH LF trn under stacked hnds chg sds, -, sd L, XRif*) to BFLY COH ; **{Fence Line w/ Armsweep}** Sd R body rise, -, XLif bent knee ld arm circle CW (*W CCW*) ifo body, rec bk R to BFLY COH ;

13-17 FENCE LINE w/ ARMSWEEP ; HORSESHOE TURN ; ; CROSS CHECK to SCAR/W DEVELOPE ; BACK to FACE ;

{Fence Line w/ Armsweep} Sd L body rise, -, XRif bent knee trl arm circle CCW (*W CW*) ifo body, rec bk L ; **{Horseshoe Trn}** Sd & fwd R trng RF (*W LF*) to V Pos LOD, -, thru L, lk Rib raise ld hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (*W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld nds, fwd R compl circle to fc ptr*) BFLY WALL ; **{Cross Check to SCAR/W Develope}** [SS] Sd R, -, XLif to SCAR DLW outsd W checkg (*W sd L, -, XRif to SCAR, bring L ft up R leg to insd of R knee, extend L ft fwd*) ; **{Bk to Fc}** Bk R, -, sd L to fc ptr, XRif to BFLY WALL ; ;

PART C

01-04 BACK SHOULDER to SHOULDER TWICE ; ; DOUBLE HANDHOLD OPENING OUT TWICE ; ;

{Bk Shoulder to Shldr 2X} Sd L, -, XRib to BFLY/SCAR, rec L (*W sd R, -, XLif, rec R*) ; Sd R, -, XLib BFLY/BJO, rec R (*W sd L, -, XRif rec L*) to BFLY WALL ; **{DBL Hnd Opening Out x 2}** Sd & fwd L body rise and body rotate LF, -, lower on L and extend R ft to sd, rise on L body rotate in Bfly (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly*) ; Cl R body rise and body rotate RF, -, lower on R and extend L ft to sd, rise on R body rotate in Bfly (*W sd & bk L body rise and body rotate RF match ptr, -, XRif lowerg, fwd L in Bfly*) to CP WALL ;

05-09 CHECKED RIGHT PASS ; M SWIVEL & FORWARD BREAK ; LUNGE SIDE & REVERSE TWIRL ; LUNGE SIDE & ONE RIFF TURN ;

{Checked R Pass} Fwd & sd L comm RF trn raisg ld hnds to create window, -, XRib cont RF trn, sd L (*W fwd R, -, XLif, sd & bk R*) mod wrap both fc COH ; **{M Swivel & Fwd Break}** Fwd R swiv RF on R body rise, -, fwd L w/ contra ck like action, rec bk R ; **{Lunge Sd & Reverse Twirl}** Repeat meas 3 Intro ; **{Lunge Sd & One Riff Trn}** Repeat meas 4 Intro ;

PART D

01-04 UNDERARM TURN ; BACK BREAK to ½ OP LOD ; M ROLL ACROSS ; W ROLL ACROSS ;

{Underarm Trn} Sd L, -, [relg trl hnds & raisg ld hnds] sm bk R, rec L (*W sd & fwd R, -, trng RF undr jnd ld hnds XLif, comp full RF trn fwd R to fc ptr*) to Bfly WALL ; **{Bk Break to ½ OP LOD}** Sd R rise, -, trn LF to ½ OP LOD slip bk L flex knee, fwd R ; **{M Roll Across}** Fwd L rise, -, fwd R twd DLW across W comm trn LF, bk L cont trn to fc LOD (*W fwd R rise, -, L, R*) end ½ LOP LOD ; **{W Roll Across}** Fwd R rise, -, fwd L, R (*W fwd L rise, -, fwd R twd DLW across M comm trn LF, bk L cont trn to fc LOD*) end ½ OP LOD ;

05-09 SYNCOPATED BOLERO WALK to FACE ; NEW YORKER ; TO RLOD VINE 4 ; NEW YORKER ; RIFF TURN ;

{Sync Bolero Walk to Fc} Fwd L rise, -, fwd R/L, R trn RF to BFLY WALL ; **{New Yorker}** Fwd L rise, -, trn LF to OP LOD slip fwd R flex knee, bk L trn RF to fc ptr ; **{To Rlod Vine 4}** [QQQQ] Sd R, XLib (*W XRif*), sd R, XLif (*W XRif*) ; **{New Yorker}** Sd R rise, -, trng to OP RLOD fwd L, bk R to BFLY WALL ; **{Riff Trn}** [QQQQ] Sd L lead W RF spin under ld hnds, cl R, sd L lead W RF spin under ld hnds, cl R (*W sd & fwd R RF spin on R under ld hnds, cl L, sd & fwd R RF spin under ld hnds on R, cl L*) to BFLY WALL ;

ENDING

01 LEFT LUNGE & EXTEND ARMS ;

{Left Lunge & Extend Arms} [S] Sd L w/ lun action relsg hnds & xtndg both hnds to sd ;