

NUR EIN TRAUM – JUST A DREAM 4

Music: **Monika Martin**
Cd: Ganz Still Track # 5 Time 3:57 Cut from 0 to 7,2 & From 3.37 to end
To Time 3:37 Available from choreographer
[Ganz still by Monika Martin on Amazon Music - Amazon.com](https://www.amazon.com/dp/B000000000)

Rhythm: **Waltz Phase: IV+2 (Turning Lock+ Inside Turns)**

Footwork : **Opposite except where (Noted)**

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Sequence: **INTRO ABC INTRO(5-12) ABC INTRO(5-8) END**



INTRO

01-04 CP DLC LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} CP DLC ld ft free wt 4 meas ; ; ; ;

05-08 DIAMOND TURN/ W INSIDE TURNS ; ; ; ;

{Diamond Trn/W Insd Trns} Fwd L trng LF, compg ¼ LF trn sd R, bk L to BJO DRC ; Staying in BJO & trng LF bk R raisg ld hnds, compg ¼ LF trn sd L, fwd R (*W fwd L comm LF trn under ld hnds fc RDC, small sd R cont LF trn, small sd L compg LF trn*) to BJO DRW ; Repeat meas 5,6 Intro to BJO DLW & DLC ; ;

09-12 FORWARD & PICK UP ; MANUVER ; SPIN TURN ; BOX FINISH ;

{Fwd & Pick Up} Fwd L, fwd & sd R, cl L to CP LOD ; {Manuver} Fwd R outsd ptr comm RF trn, fwd & sd L cont RF trn, cl R to CP RLOD ; {Spin Trn} Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R btwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R btwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DLW ; {Box Finish} Bk R, sd & bk L trng ¼ LF, cl R to CP DLC ;

PART A

01-04 TELEMARK to SCP ; THRU SYNCOPATED VINE ; IN & OUT RUNS ; ;

{Telemark to SCP} Fwd L comm LF trn, sd R w/ a strong LF trn, sd & slightly fwd L (*W bk R comm LF trn, cl L [heel trn], sd & slightly fwd R*) to SCP DLW ; {Thru Sync Vine} [1,2&3] Thru R, sd L/XRib (*W XLib*), sd L to SCP LOD ; {In & Out Runs} Trng RF fwd R ifo M, sd & bk L to CP RLOD, bk R (*W fwd L, fwd R btwn M's ft, fwd L*) to BJO RLOD ; Trng RF bk L, cont trn fwd R btwn W's ft, sd & fwd L (*W trng RF fwd R, cont trn sd L ifo M, cont trn fwd & sd R*) to ½ OP LOD ;

05-08 CROSS HESITATION ; BACK SYNCOPATED TWISTY VINE ; IMPETUS to SCP ; WHIPLASH to BJO DLW ;

{Cross Hesitation} [1,-/W 1,2,3] Fwd R, w/o chg wgt trn ¼ LF on ball of R ft, cont trng LF on ball of R ft ckg (*W fwd L stg LF trn, sd R arnd M trng LF, contg LF trn cl L*) to BJO DRC ; {Bk Sync Twisty Vine} (1,2&3) Bk L trng slightly RF, sd R/ XLif, sd & bk R to fc DLW (*W fwd R trg RF, sd & bk L, cont trng XRib, sd & fwd L to BJO*) ; {Impetus to SCP} Bk L w/ RF bdy trn, cl R [heel trn] contg RF trn, fwd L (*W fwd R outsd ptr pvtg RF, sd & fwd L contg RF trn arnd M, brush R & fwd R*) to SCP DLC ; {Whiplash to BJO} [1,-] Thru R, trng bdy RF to ptr pnt L LOD (*W thru L, point R fwd, swiv slowly on L LF to fc ptr*) to BJO DLW, -;

09-12 BACK WHISK ; THRU to LEFT WHISK ; SYNC UNWIND to BJO ; SLOW OUTSIDE SWIVEL to SCP ;

{Bk Whisk} Bk L, bk & sd R, XLib (*W fwd R, fwd & sd L trng RF, XRib*) to SCP LOD ; {Thru to Left Whisk} Thru R to mom SCP, sd & fwd L trn RF to CP, XRib [no rise] (*W XLib*) to rev SCP trng upper body to R ; {Sync Unwind to Bjo DLW} [1,2/1,2&3] Trn RF on ball of R & heel of L, cont trn, cont trn & transfer wgt to R ft (*W fwd R around M trng RF, fwd L/fwd R cont around M, fwd L*) to BJO DLW ; {Slow Outsd Swivel} [1,-] Bk L trng body RF, allow R to draw bk slightly ifo L (*W fwd R, swiv RF*) to SCP LOD, -;

13-16 WEAVE SIX to BJO ; ; OP NATURAL ; HESITATION CHANGE ;

{Weave 6 to BJO} Fwd R, fwd L stg LF trn, contg trn sd & bk R to fc DRC (*W fwd L trng LF, sd & bk R to CP, contg LF trn sd & fwd L LOD to BJO*) ; Bk L LOD, bk R trng LF trn, sd & fwd L (*W fwd R outsd ptr, fwd L to CP contg LF trn, sd & bk R*) to BJO DLW ; {OP Natural} Fwd R stg RF trn, cont trn sd & bk L, bk R w/ rt sd ld (*W bk L trng RF, fwd R btwn M's ft, fwd L*) to BJO DRC ; {Hesitation Chng} [1,2-] Trng upper bdy RF bk L, sd R contg RF trn, draw L to CP DLC ;

PART B

01-04 CLOSED TELEMARK ; MANUVER ; OVER SPIN TURN INTO TURNING LOCK to BJO ; ;

{Closed Telemark} Fwd L, fwd & sd R cont LF trn, sd & fwd L (*W bk R, trng LF on R cl L [heel trn], bk & sd R*) to BJO DLW ;
{Manuver} Repeat meas 10 Intro ; **{Over Spin Trn Into Trng Lock to BJO}** Stg RF upper bdy trn bk L pvtg ½ RF to fc LOD, fwd R betwn W's ft heel to toe cont trn leavg L leg xtnd bk & sd, rec L (*W stg RF upper bdy trn fwd R betwn M's ft heel to toe pvtg ½ RF, bk L cont trn brush R to L, fwd R btwn M's ft*) to CP DRW ; [1,2&3] Bk R w/ rt sd lead & rt sd stretch/XLif, bk & slightly sd R trn ¼ LF, sd & fwd L to BJO (*W fwd L w/ lft sd lead & lft sd stretch/XRib, fwd & slightly sd L trn ¼ LF, sd & bk R to BJO*) end BJO DLW ;

05-08 MANUVER ; SPIN TURN ; OUTSIDE CHECK ; SLOW BACK to RIGHT LUNGE ; HOLD ~ ROLL & SLIP ;

{Manuver} Repeat meas 10 Intro ; **{Spin Trn}** Repeat meas 11 Intro ; **{Outsd chck}** Bk R trng slightly LF, cont slight LF trn sd & fwd L, fwd R outsd ptr to BJO DLC Checkg ; **{Slow Bk to R Lunge & Hold}** [1,2,3] Bk L relax L knee, move R ft sd & fwd transfer wgt to R flex R knee slight body trn LF look at ptr (*W look well left*) ; **{Hold ~Roll & Slip}** [-,-,3&] Hold, -, Roll upper body LF sd & bk L, slip bk R end CP DLC ;

PART C

01-04 FOUR VIENNESE TURNS ; ; ; ;

{Viennese Trns x 4} Fwd L stg LF trn, sd R cont trn, XLif to fc RLOD (*W bk R stg LF trn, sd L cont trn, cl R*) ; Bk R cont LF trn, sd L cont trn, cl R (*W fwd L cont LF trn, sd R cont trn, XLif*) to CP DLW ; Repeat meas 1,2 Part C ; ;

05-08 HOVER TELE to ½ OP LOD ; OP IN & OUT RUNS ; ; THRU FACE CLOSE ;

{Hover Tele to ½ OP LOD} Fwd L, fwd R risg & lft shldr lead, sd & fwd L to ½ OP LOD ; **{OP In & Out Runs}** Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD [w/ free arms out to sd] (*W fwd R, L, R*) ; Fwd L, R, L (*W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R*) to ½ OP LOD [w/ free arms out to sd] ; **{Thru Fc Cl}** Thru R, sd & fwd L trng RF to fc ptr, cl R to CP DLW ;

09-12 TWISTY VINE 3 ; MANUVER & PIVOT 2 to WALL ; TWISTY VINE 3 ; MANUVER & PIVOT 2 to WALL ;

{Twisty Vine 3} Trng RF sd L, -, XRib, trng LF sd & fwd L LOD to BJO DLW ; **{Manuver & Pivot 2 to Wall}** Fwd R trng RF to CP DRW, -, cont RF trn bk L LOD pivot 3/8 RF, cont RF trn fwd R LOD pivot ¼ RF to CP WALL ; Repeat meas 9,10 Part C ; ;

13-17 ROLL 3 to SCP ; CHECK THRU REC SIDE to SCAR DRW ; FWD CHECKG /W DEVELOPE ; HOLD ; Slow Down OP FINISH ;

{Roll 3 to SCP} Sd L comm LF trn, sd R cont LF trn, sd & fwd L to SCP LOD ; **{Check Thru Rec Sd to BJO DRW}** XRif (*W XLif*), rec L swiv to fc, sd R swiv RF to SCAR DRW ; **{Fwd Checkg/W Develope}** [1,-] Fwd L outsd lft sd W checkg, -, - (*W bk R, bring L ft up R leg to insd of R knee, extend L ft fwd*) to SCAR DLW ; **{Hold}** One meas ; **{Slow Down OP Finish}** Bk R com LF trn, contg LF trn sd L to mom CP, compg ½ LF trn fwd R to BJO DLC ;

ENDING

01-02 OP TELEMARK ; THRU to PROMENADE SWAY & CHANGE SWAY ;

{Telemark to SCP} Repeat meas 1 Part A ; **{Thru Prom Sway & Chg Sway}** [1,2-] Thru R, sd L into prom sway R sd stretch, chg sway to L sd stretch ;