

O CARA ARMONIA [O Dear Harmony]

Music: Waldo De Los Rios
Cd:Mozartmania
<https://music.apple.com/nl/album/mozartman%C3%ADa/898884999>
Track # 9 Time: 5:27 Shortened from 2.42,8 to 5.01
To Time 3:11 Available from choreographer

Rhythm: Two step Phase: II+2(Strolling Vine+Whaletail)
Footwork: Opposite except where (Noted)
Release Date: Nov 24
Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium
E-mail: jos.dierickx@telenet.be
Sequence: INTRO AA BB CC A B(1-14) END



INTRO

1/2 WAIT HALF MEASURE IN CP WALL LEAD FOOT FREE~;
{Wait) ½ Meas CP WALL Id ft free ~;

PART A

01-04 BOX ; ; BASKETBALL TURN ; ;

{Box} Sd L, cl R, fwd L, -; Sd R, cl L, bk R, -; {Basketball Trn} [SS;SS] Relg hnds fwd L w/ lun action trng ¼ RF, -, rec R trng ¼ RF to R-SD-BY-SD RLOD, -; Fwd L w/ lun action trng ¼ RF, -, rec R trng ½ RF to BFLY WALL, -;

05-08 CIRCLE BOX ; ; SCISSORS SCAR & BJO CHECKG ; ;

{Circle Box} [Raisg Id hnds] Sd L, cl R, fwd L (W circle CW under jnd Id hnds fwd R, L, R), -; Sd R, cl L, bk R (W cont circle CW L, R, L to fc ptr) to CP WALL, -; {Scissors SCAR & BJO Checkg} Sd L, cl R, XRif to SCAR, -; Sd R, cl L, XLif to BJO checkg, -;

09-12 WHALETAIL ; ; FORWARD LOCK FORWARD TWICE to FACE WALL ; ;

{Whaletail} [QQQQ;QQQQ] XLib, sd R trng RF, fwd L w/ lft shldr ldg, lk Rib to BJO DLW ; Sd L comm LF bdy trn, cl R compg ¼ LF bdy trn, XLif, sd R w/ 1/8 RF bdy trn to BJO LOD ; {Fwd Lock fwd x 2 to Fc Wall} Fwd L, lk Rib (W lk Lif), fwd L, -; Fwd R, lk Rib (W lk Rif), fwd L trng ¼ RF to fcg Wall, -;

13-16 TWO TURNING TWO'S ; ; TWIRL/VINE 2 to CP ; SIDE & THRU ;

{2 Trng Two's} Sd L stg RF trn, cl R, bk L compg ½ RF trn, -; Sd R contg RF trn, cl L, fwd R contg RF trn to BFLY WALL, -;
{Twirl/Vine 2} [SS] [Relg trl hnds & raisg jnd Id hnds] sd L, -, XRib (W full RF trn under jnd Id hnds R, -, L) to CP LOD, - ; {Sd & Thru} [SS] Sd L, -, thru R to CP WALL [2^{de} & 3^{the} Time:BFLY WALL], -;

PART B

01-04 FACE to FACE ; BACK to BACK ON AROUND ; BACK HITCH ; SCISSOR THRU ;

{Fc to Fc} Sd L, cl R, sd & fwd L trng LF 3/8 to V-BK-TO-BK, -; {Bk to Bk on Around} Sd R, cl L, sd R trng LF to L-OP RLOD, -; {Bk Hitch} Bk L, cl R, fwd L (W bk R, cl L, fwd R), -; {Scissor Thru} Fwd R twd RLOD trng to fc ptr, cl L, thru R & blend to CP WALL, -;

05-08 LEFT TURNING BOX ; ; ;

{Left Trng Box} Sd L, cl R, fwd L trng ¼ LF to LOD, -; Sd R, cl L, bk R trng ¼ LF to COH, -; Sd L, cl R, fwd L trng ¼ LF to RLOD, -;
Sd R, cl L, bk R trng ¼ LF to CP WALL, -;

09-12 STROLLING VINE ; ; ;

{Strolling Vine} [SS] Sd L, -, XRib (W XLif), -; Sd L, cl R, sd L trng ½ LF to COH, -; [SS] Sd R, -, XLib (W XRif), -; Sd R, -, cl L, sd R trng ½ RF to CP WALL, -;

13-16 BREAKAWAY TWICE ; ; SLOW OP VINE 4 ; ;

{Breakaway x 2} Sd L, bk R trn RF to LOP RLOD, rec L trn LF to fcg ptr, -; Sd R, bk L trn LF to OP LOD, rec R trn RF to fcg ptr, -;
{Slow OP Vine 4} [SS;SS] [Relsg trl hands] Sd L, -, XRib (W XLib) to LOP RLOD, -; Trng to fc Sd & fwd L, -, XRif (W XLif) to BFLY WALL, -;

PART C

01-04 VINE 3 & TOUCH ; WRAP in 3 & TOUCH ; UNWRAP in 3 & TOUCH ; CHANGE SIDES in 3 to CP ;

{Vine 3 & Tch} Sd L, XRib(*W XLib*), sd L ckg, tch ; {Wrap in 3} [Raisg jnd Id hnds] Sd R, XLib trng $\frac{1}{4}$ LF, sd & bk R, tch (*W trng $\frac{1}{4}$ LF undr jnd Id arms L, R, L, tch*) to WRAP LOD ; {W Unwrap in 3} [Relg Id hnds] Sip L, R, L, tch (*W unwraps RF R, L, R, tch ckg*) to OP LOD ; {Chng Sides in 3} [Raisg trl hnds] Circ $\frac{1}{2}$ RF arnd W fwd R, L, R, tch (*W trn $\frac{1}{2}$ LF under raised hnds L, R, L, tch*) to CP COH, -;

05-08 BROKEN BOX ;;;:

{Broken Box} Sd L, cl R, fwd L, -; [SS] Rk fwd R, -, rec L, -; Sd R, cl L, bk R, -; [SS] Rk bk L, -, rec R to BFLY WALL, -;

09-12 TO RLOD VINE 3 & TOUCH ; WRAP in 3 & TOUCH ; UNWRAP in 3 & TOUCH ; CHANGE SIDES in 3 to BFLY ;

{To Rlod Vine 3 & Tch} [To Rlod] Repeat meas 1 Part B ; {Wrap in 3} Repeat meas 2 Part B to WRP RLOD ; {W Unwrap in 3} Repeat meas 3 Part B to OP RLOD ; {Chng Sides in 3} Repeat meas 4 Part B to BFLY WALL, -;

13-16 QUICK VINE 4 ; PIVOT 2 BFLY ; TWIRL/VINE 2 ; SIDE & THRU ;

{Qk Vine 4} [QQQQ] Sd L, XRib (*W Xib*), sd L, XRif (*W Xif*) ; {Pivot 2} [SS] Sd L pvtg RF, -, fwd R contg pvt to BFLY WALL, -; {Twirl/Vine 2} Repeat meas 15 Part A ; {Sd & Thru} Repeat meas 16 Part A to BFLY WALL ;

ENDING

01-02 TWIRL/VINE 2 ; APART & POINT TWD PARTNER ;

{Twirl/Vine 2} Repeat meas 15 Part A ; {Apart Point Twd Ptr} [Relg Id hnds] to OP FCG Apt L, -, pt R twd ptr, -;