

PIANOWELLEN [Piano Waves]

Music: Ambros Seelos
Cd:Typical Ballroom
<https://www.amazon.de/Typical-Ballroom-Ambros-Orchester-Seelos/dp/B000026XYH>
Track # 12 Time 2:55 Available from choreographer

Rhythm: Foxtrot Phase: IV

Footwork: Opposite except where (Noted)

Release Date: Nov 24

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Sequence: INTRO AB AB B(13-16) END



INTRO

01-04 CP DLW LEAD FOOT FREE WAIT TWO MEASURES ; ; CROSS SWIVEL to BJO & SCAR ; ;

{Wait} CP DLW ld ft free wt 2 meas ; ; {Cross Swivel to BJO & SCAR} [S-S] Fwd L ld arms low, swvl LF ¼ w/ ronde on R pnt R to BJO DLC, -; [S-S] Fwd R ld arms low, -, swvl RF ¼ w/ ronde on L pnt L to SCAR DLW, -;

PART A

01-04 CROSS HOVER to SCP ; MANUEVER ; PIVOT 3 to SCP ; THRU VINE 4 :

{Cross Hover to SCP} XLif (W XRib), -, sd R rise trn LF, rec L to SCP DLC ; {Manuever} Comm RF trn fwd R, cont RF trn sd L to CP RLOD, cl R ; {Pivot 3 to SCP} Bk L pivot ½ RF, -, fwd R heel lead btwn W's ft cont RF trn rise & stretch R sd, sd & fwd L to SCP LOD ; {Thru Vine 4 } [QQQQ] XRif (W XLif), sd L fcg ptr, XRib (W XLib), sd L to SCP LOD ;

05-08 IN & OUT RUNS ; ; THRU CHASSE to SCP ; SLOW SIDE LOCK ;

{In & Out Runs} Trng RF fwd R, -, sd & bk L, bk R (W fwd L, -, fwd R btwn M's ft, fwd L) to BJO RLOD ; Trng RF bk L, -, contg trn fwd R btwn W's ft, sd & fwd L (W trng RF fwd R, -, cont trn sd L ifo M, cont trn fwd & sd R) to SCP DLC ; {Thru & Chasse to SCP} [SQ&Q] Thru R, -, sd to fc ptr L/cl R, fwd L to SCP LOD ; {Slow Sd Lock} Thru R, -, sd & fwd L trn slightly LF to CP, cl R (W thru L stg LF trn, -, sd & bk R cont trn to CP, XLif) to CP DLC ;

09-12 TWO LEFT TURNS ; ; WHISK ; THRU FACE CLOSE :

{2 Left Trns} Fwd L com LF trn, -, sd R cont trn, cl L to CP RLOD ; Bk R com LF trn, -, sd L cont trn, cl R to CP DLW ; {Whisk} Fwd L, -, sd & fwd R, XLib (W XRib) to SCP DLC ; {Thru Fc Cl} Thru R, -, sd L to fc ptr, cl R to CP WALL ;

13-16 HOVER ; HOVER FALLAWAY to BJO ; BACK HOVER to SCP ; THRU FAN TOUCH ;

{Hover} Fwd L, -, fwd & sd R rise to ball of ft, fwd L to SCP DLC ; {Fwd Hover to BJO} Fwd R, -, fwd L w/ rise (W trns ½ LF), rec R to BJO LOD ; {Bk Hover to SCP} Bk L, -, bk R risg sltly swiv to fcg ptr, rec L (W fwd R, -, fwd & sd L trng RF risg & brushg R to L, contg RF trn sd & fwd R) to SCP DLC ; {Thru Fan tch} [S] Thru R, -, fan L, tch L to CP WALL ;

PART B

01-04 LEFT TURNING BOX HALF to CP ; ; VINE 3 to SCP ; THRU FACE CLOSE ;

{Left Trng Box 1/2 to CP} Fwd L trn ¼ LF, -, sd R, cl L to DLC ; Bk R trn ¼ LF, -, sd L, cl R to CP DRC ; {Vine 3 to SCP} To RLOD Sd L, -, XRib (W Xib), sd L to SCP RLOD ; {Thru Fc Cl} to RLOD Repeat meas 12Part A to CP DRC ;

05-08 LEFT TURNING BOX HALF to BFLY ; ; TWIRL/VINE 3 to SCP ; CHAIR & SLIP ;

{Left Trng Box 1/2 to BFLY} Repeat meas 1 & 2 Part B to CP DRW & BFLY DLW ; {Twirl/Vine 3 to SCP} Sd L raisg ld hnds, -, XRib, sd L (W full RF trn undr jnd ld hnds fwd R, -, sd & bk L, fwd R) to SCP LOD ; {Chair & Slip} Ck thru R, -, rec L, trng LF bk R (W ck thru L, -, rec R, swvl LF on R fwd L) to CP DLC ;

09-12 DIAMOND TURN HALF ; ; QUICK DIAMOND 4 ; DIP BACK & RECOVER ;

{Diamond Trn ½} Fwd L, -, trng ¼ LF sd R, bk L to DRC ; Bk R, -, trng ¼ LF sd L, fwd R to DRW ; {Qk Diamond 4} [QQQQ] Fwd L stg to trn LF, sd R contg LF trn, bk L compg ¼ LF trn to BJO DLW, bk R to CP LOD ; {Dip Bk & Rec} [SS] Bk L w/ flexed knee, -, rec R to CP LOD, -;

Page 2: Pianowellen

13-16 REVERSE WAVE ; ; OP IMPETUS ; PICK UP to SCAR DLW [2^{de} TIME: SLOW SIDE LOCK] ;

{Reverse Wave} Fwd L comm LF trn, -, sd R twd LOD trng LF (*W heel trn*), bk L to BJO DRC ; [with a slight curve CCW] Bk R, -, bk L, bk R to CP RLOD ; **{Impetus to SCP}** Bk L comm RF trn, -, cl R heel trn, fwd L (*W fwd R btw M's ft heel to toe pvt ½ RF*), -, sd & fwd L cont trn arnd M brush R to L, fwd R) to SCP LOD ; **{Pick Up to SCAR DLW}** Sm fwd R, -, sd L, cl R swiv RF (*W trng LF fwd L ifo M*, -, cont trn sd R, cl L swiv RF) to SCAR DLW ; **{2^{de} Time: Slow Sd Lock}** Repeat meas 8 Part A ;

ENDING

01-04 CROSS HOVER to SCP ; MANUVER ; PIVOT 3 to SCP ; THRU SIDE BEHIND ; LEFT LUNGE & EXTEND ARMS ;

{Cross Hover to SCP} Repeat meas 1 Part A ; **{Manuver}** Repeat meas 2 Part A ; **{Pivot 3 to SCP}** Repeat meas 3 Part A ; **{Thru Sd Behind}** Thru R, -, sd L to fc ptr, XRib (*W XLib*) ; **{Left Lunge & Extend Arms to Sd}** [S—Q] Lunge sd L, -, action bendg knee, raisg both arms to sd ;