

SCHAU MICH BITTE NGHT SO AN (La Vie En Rose)

Music: Nana Mouscouri
Cd: Die Welt Ist Voll Licht
music.apple.com/fr/album/die-welt-ist-voll-licht-originale/1442233846
Track #6 Time 3:42 Music speeds up and edits to Time 3:00
Available from choreographer

Rhythm: Bolero Phase: IV+2 (Horseshoe Trn + Natural Top 3) +1U (Checkd R Pass)

Footwork: Opposite except where (Noted)

Release Date: June 24

Choreo: Jos Dierickx Beverlosestwg 14/B2 3583 Paal Belgium

Email: jos.dierickx@telenet.be

Sequence: INTRO A INTRO (5-9) A(1-19) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES & START ON THE WORD "WARUM" ; ; ;

{Wait} Bfly Pos Wall ld ft free wt 4 meas & start on the word "Warum" ; ; ;

05-09 LEFT PASS ; HORSESHOE TURN ; ; HIP LIFT ; SYNCOPATED HIP ROCKS :

{Left Pass} Fwd L to SCAR, -, bk R, fwd L trng LF (*W fwd R trng ¼ RF w/ bk to ptr, -, sd & fwd L w/ strong LF trn, bk R*) to BFLY COH ; {Horseshoe Trn} Sd & fwd R trng RF (*W LF*) to V Pos LOD, -, thru L, lk Rib raise ld hnds ; Fwd L comm circle CCW around W, -, fwd R cont circle, fwd L comp circle to fc ptr (*W fwd R comm CW trn, -, fwd L cont CW circle under jnd ld hnds, fwd R compl circle to fc ptr*) Low Bfly WALL ; {Hip Lift} In Low Bfly Sd R, -, slight pressure on L ft lift lft hip, lower lft hip ; {Sync Hip Rock's} [SQ&Q] Sd L, -, rec R rollg rt-hip/rec L rollg lft-hip, rec R rollg rt-hip ;

PART A

01-04 DBL HANDHOLD UNDERARM TURN to STACKED HANDS ; OP BREAK to FACE ; CHANGE SIDES/W UNDERARM ; REVERSE UNDERARM TURN ;

{Dbl Hndhold Underarm Trn to Stacked Hands} Sd L, -, XRib lead ptr under dbl hnd hold, rec fwd L stacked lft-over-rt-hnds fc Wall (*W fwd R, -, fwd L RF trn under dbl hd hold, fwd R stacked hnds lft-over-rt fc ptr*) ; {OP Break to Fc} With stacked hnds Sd R, -, apt L, rec R to W's rt sd ; {Change Sides /W Underarm} Fwd L Wall chg sds lead W trn under stacked hds, -, sd R, XLif (*W fwd R Coh LF trn under stacked hds chg sds, -, sd L, XRif fc Wall*) to low Bfly COH ; {Reverse Underarm Trn} Sd R raisg ld hnds, -, Xlif, bk R (*W sd L com LF trn undr jnd ld hnds, -, XRif contg ½ LF trn, fwd L compg trn to fc ptr*) to BFLY COH ;

05-08 BASIC ; ; PREPARATION to AIDA ; AIDA LINE SWITCH & RECOVER ;

{Basic} Sd L w/ bdy rise, -, bk R w/ slipping action, fwd L ; sd R w/ bdy rise, -, fwd L w/ slipping action, bk R to BFLY COH ; {Prep to Aida} [Relsg ld hnds] Sd L trng LF to slight V pos RLOD, -, thru R, trng RF sd L to fc COH ; {Aida Line Switch & Rec} Trng RF (*W LF*) Bk R to V BK-TO-BK LOD free hnds up & out, -, swiv LF (*W RF*) on R sd L to fc ptr, rec R to BFLY COH ;

09-12 CHASE w/ UNDERARM PASS ; ; SIDE THRU SERPIENTE ; ;

{Chase / W Underarm Pass} [relsg trl hnds] Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, small fwd L (*W bk R, rec L, fwd R twd M's lft sd*), -, Bk R raisg ld hnds, rec L, sd R (*W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L*) to BFLY WALL, -, {Sd Thru Serpiente} Sd L rise, -, thru R flex knee, sd L ; Bhd R, -, fan L CCW (*W CW*), bhd L, sd R to BFLY WALL ;

13-16~ CHECKED RIGHT PASS ; M RONDE FWD BREAK to NATURAL TOP 3 ; ; SIDE CROSS CHECK/W DEVELOPE ~ BACK to FACE ;

{Checked R Pass} Fwd & sd L raisg lft hnd start RF rotation around Lady placg rt hnd on W's R hip cking her fwd motion, -, XRib cont rotation around W, fwd & sd L to W's lft sd (*W fwd R raisg rt arm as if to comm undarm trn then lower to wrap pos, -, XLif, bk R*) ; {M Ronde Fwd Brk to Nat Top 3} Fwd R ronde L ft cont RF trn to fc ptr & wall, -, ck fwd L, rec R swiv Rf (*W sd & bk L, -, bk R, rec L swic RF*) ; Sd & fwd L, -, XRib cont RF trn, sd & fwd L to fc WALL (*W XRif to CP, -, sd L, XRif btwn M's ft*) ; {Sd Cross Check/W Develope ~ Bk to Fc} [S-Q- ; - -Q] Sd R, -, Xlif checkg (*W sd L, -, XRib RF on R ft to fc DLC, bring L ft [w/ toe pntd down] up R-leg to insd of R-knee & extend L ft fwd*), -, ~ wt, -, bk R to fc ptr ;

17-20 SHOULDER to SHOULDER TWICE ; ; OPENING OUT TWICE ; ;

{Shoulder to Shldr x 2} Sd L, -, fwd R to BFLY-BJO, bk L to BFLY ; Sd R, -, fwd L to BFLY-SCAR, bk R to BFLY WALL ; **{Opening Out x 2}** In bfly sd & fwd L body rise and body rotate LF, -, lower on L and extend R ft to sd, rise on L body rotate in Bfly (*W sd & bk R body rise and body rotate LF match ptr, -, XLib lowerg, fwd R in Bfly*) ; Sd & fwd R body rise and body rotate RF, -, lower on R and extend L ft to sd, rise on R body rotate in Bfly (*W sd & bk L body rise and body rotate RF match ptr, -, XRib lowerg, fwd L in Bfly*) to BFLY WALL ;

ENDING

01-02 PREPARATION to AIDA ; AIDA LINE & EXTEND ARMS ;

{Aida Prep} [Relg trl hnds] Sd R trng to slight V pos RLOD, -, thru L to LOP RLOD, trng LF sd R to BFLY WALL ; **{Aida Line & extend Arms}** Bk L to bk to bk V pos raisg ld arm up & out, -, -, - ;