

SCHAU MICH BITT NIGHT SO AN [LA VIE EN ROSE]

Music: Anthony Ventura
Album-Erinnerungen
www.amazon.co.uk/Erinnerungen-Anthony-Ventura/dp/B001F4ZK0A
Track # 8 Time 3:04 Shortened from 1.24 to 1.44
& slowed down w/ -5% to Time 2:51 Available from choreographer

Rhythm: Slow Two Step Phase: IV+2 (Triple Traveler + Horseshoe Turn)
+1U (Continuous Traveling Right Turn)

Footwork: Opposite except where (Noted)

Release Date: Augst 23

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Sequence: INTRO AB A(1-8) AB A(1-8) END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} Bfly Pos Wall ld ft free wt 4 meas ; ; ; ;

05-08 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FORWARD FACE CLOSE & Pickup ;

{Cont Trav Right Trns} Sd & bk L ifo W to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end BJO M fcg DLW ; Fwd R outsd ptr foldg RF ifo W to CP RLOD, -, bk L pivot 1/2 RF, fwd R cont RF pivot (W bk L trng RF to square w/ ptr, -, fwd R pivot 1/2 RF, bk L cont RF pivot) to end approx CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD checkg) to end BJO M fcg DLW ; {Fwd Fc Cl} Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (W bk L LOD, -, trng RF sd R, cl L) to BFLY WALL & Pickup ;

PART A

01-04 TRIPLE TRAVELER ; ; ; START HORSESHOE TURN ;

{Triple Traveler} Fwd L trng LF & raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (W bk R trng 1/4 LF, -, sd L trng 1/2 undr jnd ld hnds, sd & fwd R contg trn to LOP LOD) ; Fwd R spiral LF undr jnd hnds, - fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr) ; {Start Horseshoe Trn} [Rel trl hnds & extend to sd] Sd R trng RF to fc LOD, -, fwd L w/ checkg action, XRib (W [Rel trl hnds & extg to sd]sd L trng LF to fc LOD, -, fwd R w/ checkg action, XLib) end LOP LOD ;

05-08 FINISH HORSESHOE TURN ; OP BASIC ENDING ; 2 SWITCHES Manvrg [2^{de} TIME: Pickup] ; ;

{Finish Horseshoe Trn} Fwd L comm circ walk CCW, -, raisg jnd ld hnds fwd R cont circ walk, fwd L complg circ walk (W fwd R comm RF circ walk CW, -, fwd L cont RF circ walk under jnd ld hnds, fwd R complg circ walk) to BFLY WALL ; {OP Basic End} Sd R trng LF (W RF) to 1/2 OP LOD rlsng ld hnds, -, XLib (XRib), rec R ; {2 Switches} Sd L xg ifo W to 1/2 LOP, -, fwd R, fwd L (W fwd R, -, fwd L, fwd R manvrg ifo M) ; Fwd R, -, fwd L, fwd R trng to fc ptr (W sd L xg ifo M, fwd R, fwd L trng to ptr) to 1/2 OP LOD Manvrg [2^{de} Time: Pickup] ;

09-12 RIGHT TURN w/ OUTSIDE ROLL ; BASIC ENDING ; LUNGE BASICS w/ ARMS to Picking Up ; ;

{Right Trn w/ Outsd Roll} Sd & bk L xg ifo W, -, raisg jnd ld hnds to ld W's RF trn sd & bk R trng 1/4 RF, XLif (W fwd R com RF twrl undr ld hnds, -, fwd L contg to trn, fwd & sd R contg to trn to fc ptr) to Loose CP COH ; {Basic Ending} Sd R, -, XLib (W XRib), rec R to BFLY COH ; {Lunge Basics to PU} Sd L w/ lun action [relg ld hnds & pull them sideways], -, rec R, XLif (W XRif) ; Sd R w/ lun action [relg trl hnds & pull them sideways], -, rec L, XRif (W XLif) to Pickup ;

13-16 LEFT TURN w/ INSIDE ROLL ; BASIC ENDING/W WRAP to LOD ; SWEETHEART WALKS to FACE & Pickg Up ; ;

{Left Trn w/ Insd Roll} Fwd L com LF trn raisg jnd ld hnds to ld W's LF trn, -, sd R compg 1/4 LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to CP WALL ; {Basic Ending/W Wrap to LOD} Sd R jnd trl hnds raisg ld hnds, -, XLib trng W to Wrap, rec R (W sd L w/ jnd trl hnds raisg ld hnd, -, XRif comm LF trn under jnd ld hnds, rec L) to Wrap Pos fcg LOD ; {Sweetheart Walks to Fc & Pickg Up} in Wrap Pos Fwd L, -, R, L ; Fwd R, -, L, R swiv RF to fcg W (W fwd R, -, L, R ; L, -, R, L swiv LF to fcg M) to BFLY WALL & Pickup ;

PART B

01-04 START TRIPLE TRAVELER ; ; BOTH ROLL IN TO FACE ; HIP LIFT ;

{Start Triple Traveler} Trng LF sd & fwd L twd LOD, -, cont LF trn, fwd & sd R raise jnd ld hnds & rel ptr from trlg arm, fwd & acrs L (*W trng LF sd & bk R, -, cont LF trn, fwd & sd L, fwd R cont trng LF undr jnd ld hnds to fc M*) ; Fwd & sd R, spiral 7/8 LF under jnd ld hnds, fwd L comm to bring ld hnds down, fwd R cont to sweep ld hnds down & bk (*W fwd & sd L shapg RF to M, -, fwd & acrs R, fwd & sd L*) ; **{Both Roll In to Fc}** Fwd L bringing jnd hnds down & bk, rel hnds comm LF trn, fwd & sd R trng LF, cont LF trn sd & fwd L trng to fc (*W fwd R, rel hnds comm RF trn, fwd & sd L, cont RF trn sd & fwd L trng to fc WALL*) to Low Bfly COH ; **{Hip Lift}** Sd R bring L ft along sd R ft, -, w/ pressure on L toe lift L hip, lwr hip ;

05-08 SIDE BASIC ; OP BREAK ; CHANGE SIDES w/ INSIDE ROLLS ; REVERSE UNDERARM TURN ;

{Sd Basic} Sd L, -, XRib (*W XLib*), rec L to BFLY COH ; **{OP Break}** Sd R, -, relsg M's rt & W's lft hnds bk L (*W bk R*), rec R leadg W to M's rt sd ; **{Chng Sds w/ Insd Rolls}** Leadg W to trn LF under jnd ld hnds fwd L trng RF to fc WALL, -, sd R to RLOD, XLif (*W trng LF undr jnd ld hnds fwd R to fc COH & ptr, -, sd L, XRif*) to BFLY WALL ; **{Reverse Underarm Trn}** Relg trl hnds sd R raisg jnd ld hnds palm-to palm, -, XLif, rec R (*W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn*) to CP WALL ;

09-12 TWISTY VINE 3 ; MANUEVER PIVOT to WALL ; TWISTY VINE 3 ; MANUEVER PIVOT to WALL & Pickg Up ;

{Twisty Vine 3} Trng RF sd L, -, XRib, trng LF sd & fwd L LOD to BJO DLW ; **{Manuever Pivot to Wall}** Fwd R trng RF to CP DRW, -, cont RF trn bk L LOD pivot 3/8 RF, cont RF trn fwd R LOD pivot ¼ RF to CP WALL ; **{Twisty Vine 3}** Repeat meas 9 Part B ; **{Manuever Pivot to Wall}** Repeat meas 10 Part B & Pickg Up ;

13-17 TRAVELING CROSS CHASSE to LOD 4 TIMES ; ; END to BFLY WALL ; RIFF TURN & Pickup ;

{Trav Cross Chasse to LOD x 4 end to BFLY WALL} Jng both hnds low Fwd L trng LF, -, w/ rt sd leadg sd R, XLif (*W fwd R trng LF, -, w/ lft sd leadg sd L, XRif*) to DRW ; Fwd R trng RF, -, w/ lft sd leadg sd L, XRif (*W bk L trng rt, -, w/ rt sd leadg sd R, XLif*) to DRC ; Repeat meas 13,14 Part B end to BFLY WALL ; ; **{Riff Trns}** [QQQQ] Sd L raisg ld hnds, cl R, sd L, cl R (*W sd & fwd R com RF spin undr jnd ld hnds, cl L compg full RF spin, sd & fwd R comm RF spin, cl L compg 2 nd full spin undr jnd ld hnds*) to BFLY WALL & Pickup ;

ENDING

01-06 LUNGE BASIC w/ ARMS ; LUNGE SIDE EXTEND BOTH ARMS to SIDE ;

{Lunge Basic w/ Arms} Repeat meas 11 Part A ; **{Lunge Sd & extend Both Arms to Sd}** [S] Sd R w/ lun action[relg both hnds & pull them sideways, -;