

## SMETTERLINGE (Butterflies)

**Music:** Andrea Berg  
CD: Du  
<https://www.amazon.nl/Andrea-Berg-Du/dp/B0002AOPP4>  
Track # 4 Time 3:44 Available from choreographer

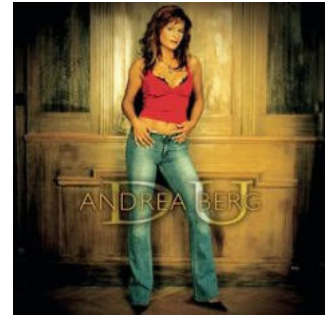
**Rhythm:** Rumba **Phase:** V+2U (Romantic Sways+Tummy Check)

**Release Date:** Sept 24

**Choreo:** Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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**Sequence:** INTRO AB AB C B END



### INTRO

#### 01-04 CP WALL LEAD FOOT FREE WAIT FOR INTRO MUSIC & TWO MEASURES ~ ; ;

{Wait} CP Wall ld ft free wt for intro music & 2 meas ~ ; ;

#### 05-06 ROMANTIC SWAYS ; ;

{Romantic Sways} Sd L hip roll LF, rec R hip roll RF, [Rel ld hnds] fwd &sd L and swiv LF (W RF) to bk to bk [sweep ld hnds up & around to end stretched out to sd at shoulder level], -; Sd R hip roll LF, rec L hip roll RF, sd R & swiv RF (W LF) to fc to fc [sweep ld hnds up & around to end stretched out to sd at shoulder level] to BFLY WALL, -;

### PART A

#### 01-04 OP HIP TWIST to FAN ; ; EXIT FAN to WRAP WALL ; OPPOSITE CUCARACHA/W PEEKS ;

{OP Hip Twist to Fan} Fwd L, rec R, cl L (W bk R, rec L, fwd R w/ tention to ld arm to swiv ¼ RF) end L-Shape M fc Wall W fc LOD, -; Bk R, rec L, sd R (W fwd L, trng ½ LF sd R, bk L) to fan pos, -; {Exit Fan to Wrap WALL} Fwd L, rec R raisg ld hnds, cl L (W cl R, fwd L ifo M trng ¼ LF under ld hnds to WRAP WALL, sd R), -; {Opp Cucaracha w/ Peeks} [ld hnds still above W's head] Sd R w/ partial wgt, rec L, cl R (W sd L w/ partial wgt [trn upper body RF & look over rt shldr], rec R, cl L), -;

#### 05-08 OPPOSITE CUCARACHA/W PEEKS ; W ROLL OUT to WALL ; REVERSE UNDERARM TURN ; WHIP to COH ;

{Opp Cucaracha/W Peeks} [ld hnds still above W's head] Sd L w/ partial wgt, rec R, cl L (W sd R w/ partial wgt [trn upper body LF & look over lft shldr], rec L, cl R trng ½ RF to fc ptr) to BFLY WALL, -; {W Roll Out to Coh} Bk R, rec L, fwd R (W fwd L, fwd R trng ½ LF to fc ptr, bk L to Coh), -; {Reverse Underarm Trn} [Raisg jnd ld hnds] XLif, rec R, sd L (W XRif undr jnd ld hnds trng ½ LF, rec L contg LF trn to fc ptr, sd R) to BFLY WALL, -; {Whip to COH} Bk R trng ¼ LF, rec L cont LF trn to COH, sd R (W fwd L outsd M on his lft sd, fwd R trng ½ LF, sd L) to BFLY COH, -;

#### 09-12 SHOULDER to SHOULDER TWICE ; ; CHASE / W UNDERARM PASS ; ;

{Shoulder to Shldr x 2} Fwd L to SCAR, rec R to fc, sd L, -; Fwd R to BJO, rec L to fc, sd R to BFLY COH, -; {Chase/W Underarm Pass} [relg trl hnds] Fwd L trng RF ½ [keepg ld hnds jnd w/ palm upwards], rec R, small fwd L (W bk R, rec L, fwd R twd M's lft sd), -; Bk R raisg ld hnds, rec L, sd R (W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L) to BFLY WALL, -;

#### 13-16 BACK BREAK to ½ OP LOD ; OP IN & OUT RUNS ; ; SPOT TURN ;

{Bk Break to ½ OP LOD} XLib trng to ¼ LF to OP LOD, rec R, fwd L twd ½ OP LOD, -; {OP In & Out Runs} Fwd R begin RF trn, sd & fwd L Xg ifo W cont trn, sd & fwd R to ½ LOP LOD [w/ free arms out to sd] (W fwd L, R, L), -; Fwd L, R, L (W fwd R begin RF trn, sd & fwd L Xg ifo M cont trn, fwd & sd R) to ½ OP DLC [w/ free arms out to sd], -; {Spot Trn} [Relg both hnds] XRif (W XLif) trng LF, rec L compg full trn, sd R to BFLY WALL, -;

### PART B

#### 01-04 BASIC HALF ; UNDERARM TURN INTO LARIAT/W OVERTURNED to SHADOW WALL in 4 ; ; ;

{1/2 Basic} Fwd L, rec R, sd L, -; {Underarm Trn} [Raisg ld hnds] Bk R, rec L, sd R (W XLIF comm RF trn under ld hnd, cont RF trn rec R, sd L to M's lft sd), -; {Lariat/W Overtrn to Shadow Wall in 4} Sd L, rec R, cl L (W circle around M CW w/ jnd ld hnds fwd R, L, R), -; Sd R, rec L, cl R (W cont circle (QQQQ) around M CW w/ jnd ld hnds fwd L, R, L RF trn to fc Wall, sd R swiv ½ RF) to Shadow WALL, -;

#### 05-08 SHADOW FENCE LINE ; SHADOW CRAB WALKS ; ; SEND W to FAN/W in 4 ;

{Shadow Fence Line} [Same footwork] To Rlod XLif, rec R, sd L, -; {Shadow Crab Walks} [Same footwork] XRif [circle w/ trl arm CCW], sd L, XRif, -; Sd L [circle w/ trl arm CCW], XRif, sd L, -; {Send W to Fan/ W in 4} XRif, cl L, sd R (W [QQQQ] XRif comm LF trn, cont LF trn sd & fwd L twd LOD, bk R, bk L) to Fan Pos [M fcg Wall/W fcg Rlod], -;

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### 09-12 STOP & GO HOCKEY STICK ; ; HOCKEY STICK & rt Hndshk ; ;

**{Stop & Go Hckstck}** Ck fwd L, rec R raisg ld hnds, trng slightly LF cl L (*W cl R to L, fwd L, fwd R trng ½ LF under jnd ld hnds*), -; Ck fwd R, rec L trng RF, sd R (*W ck bk L raisg lft arm straight up palm out, rec R lowerg arm, fwd L trng ½ RF under jnd ld hnds*), -; **{Hockey Stick & rt Hndshk}** Fwd L, rec R, cl L (*W cl R, fwd L, fwd R*), -; Raisg ld hnds Sm bk R, rec L, long fwd R (*W fwd L, fwd R trng sharply 5/8 LF undr jnd ld hnds, bk L*) to rt Hndshk FCG DRW, -;

### 13-16 TRADE PLACES TWICE ; ; TO RLOD AIDA ; SWITCH ROCK ;

**{Trade Places x 2}** [rt hndshk] Rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd r-hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (*W rk apt R, rec L trng ¼ LF to fc RLOD ifo M then rel jnd rt hnds, cont LF trn to fc ptr & WALL stepping sd & bk R*) jng lft hnds, -; [With lft hnds jnd] Rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd lft hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (*W rk apt L, rec R trng ¼ RF to fc RLOD ifo M then rel jnd lft hnds, cont RF trn to fc ptr & COH stepping sd & bk L*) to BFLY WALL, -; **{Aida to RLOD}** Xg ld hnds ovr trl hnds to RLOD thru L, sd R trng LF, bk L contg LF trn to "V" bk to bk pos fcg Lod, -; **{Switch Rock}** Sd & bk R trng RF to fc ptr, hip rk L, hip rk R, -;

## PART C

### 01-04 CROSS BODY/W SPIRAL to COH ; ; NEW YORKER TWICE ; ;

**{Cross Body/W Spiral to COH}** Fwd L, rec R, raisg ld hnds sd & bk L trng ¼ LF (*W bk R, rec L, fwd R spiralg 7/8 LF under jnd ld hnds*) to "L" CP M fcg LOD W fcg COH, -; Bk R contg LF trn, rec L comp LF trn, sd R (*W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L*) to BFLY COH, -; **{New Yorker x 2}** XLif (*WXRif*) to LOP LOD, rec R to BFLY COH, sd L, -; XRif (*W XLif*) to OP RLOD, rec L, sd R to BFLY COH, -;

### 05-08 START CROSS BODY to TUMMY CHECK & BACK w/ rt Hndshk ; ; FINISH CROSS BODY ;

**{Start X-Body to Tummy Check & Bk w/ rt Hndshk}** Fwd L, rec R trng ¼ LF to RLOD, sd L (*W bk,R, rec L, fwd R*), -; (Stop the W w/ ld hnd) Lunge sd R, rec L, cl R (*W both arms fwd fwd L, rec R, cl L*), -; [rt Hndshk] Lunge sd L, rec R, cl L (*W bk R, rec L, cl R*), -; **{Finish X-Body}** Bk R, rec L trng ¼ LF to fc ptr, sd R (*W fwd L comm LF trn, fwd & sd R cont LF trn to COH, sd & bk L*) to BFLY WALL, -;

## ENDING

### 01 DIP BACK TWIST w/ LEG CRAWL ;

**{Dip Bk Twist w/ Leg Crawl}** Dip bk L, trng upper bdy slightly LF w/out chg wgt (*W fwd R, lift L leg up along M's outer thigh W/ toe pntd to floor,-,-*);