

1 + 1 Is 10

Choreographed By: Paul & Linda Robinson, 14471 S. 4050 Rd, Oologah, OK

Music: 1+1 = 2 by Lou Bega

Download available from Amazon – Dance Starts at 1:24.4 Into The Music

Phase: III + 1 (Scallop) – Rhythm: Mambo - Difficulty: Easy

Footwork: Opposite unless otherwise noted

Sequence: Intro-A-B-C-B-A-B-C-END

Released: May 2015

INTRO

1 Measure Wait ;

Cls FC wall, Lead Feet Free, 1 Measure Wait ;

PART A

1-4 Basic ; Open Break ; Underarm Turn ;

QQS; {Basic} Fwd L, rec R, sd L, - (Bk R, rec L, sd R, -) ;

QQS; Bk R, rec L, sd R, - (Fwd L, rec R, sd L, -) ;

QQS; {Open Break} Rck aprt on L to L Opn Facing Pos while extndng free arm up with palm out, rec on R lowering free arm, sd L, - (Rck aprt on R to L Opn Facing Pos while extndng free arm up with palm out, rec on L lowering free arm, sd R, -) ;

QQS; {Underarm Turn} Raising jnd ld hnds turn body slightly RF bck R, rec L squaring bdy to FC prtnr, sd R, - (Swiveling 1/4 RF on ball of supporting foot stp fwd L trng 1/2 RF, rec R turning 1/4 RF to FC prtnr, sd L, -) ;

5-8 Cucaracha Left & Right ; Chase With Underarm Pass ;;

QQS; {Cucaracha L} Sd L, rec R, stp in plc L, - (Sd R, rec L, stp in plc R, -) ;

QQS; {Cucaracha R} Sd R, rec L, stp in plc R, - (Sd L, rec R, stp in plc L, -) ;

QQS; {Chase With Underarm Pass} Fwd L comm 1/2 RF trn keeping ld hnds jnd, rec fwd R, fwd L, - (Bk R keeping ld hnds jnd, rec L, fwd R twrd man's L sd, -) ;

QQS; Bk R raising jnd ld hnds, rec L, sd R, - (Fwd L, fwd R trng 1/2 LF under jnd ld hnds to FC prtnr, sd L, -) ;

9-12 New Yorker - Twice ; Chase With Underarm Pass ;;

QQS; {New Yorker} Swiveling RF on R ft bring L ft thru with straight leg to a sd by sd pos, rec R swiveling LF to FC prtnr, sd L, - (Swiveling LF on L ft bring R ft thru with straight leg to a sd by sd pos, rec L swiveling RF to FC prtnr, sd R, -) ;

QQS; {New Yorker} Swiveling LF on L ft bring R ft thru with straight leg to a sd by sd pos, rec L swiveling RF to FC prtnr, sd R, - (Swiveling RF on R ft bring L ft thru with straight leg to a sd by sd pos, rec R swiveling LF to FC prtnr, sd L, -) ;

QQS; {Chase With Underarm Pass} Fwd L comm 1/2 RF trn keeping ld hnds jnd, rec fwd R, fwd L, - (Bk R keeping ld hnds jnd, rec L, fwd R twrd man's L sd, -) ;

QQS; Bk R raising jnd ld hnds, rec L, sd R, - (Fwd L, fwd R trng 1/2 LF under jnd ld hnds to FC prtnr, sd L, -) ;

13-14 New Yorker ; Crab Walk 6 ; Spot Turn ;

QQS; {New Yorker} Swiveling on R ft bring L ft thru with straight leg to a sd by sd pos, rec R swiveling to FC prtnr, sd L, - (Swiveling on L ft bring R ft thru with straight leg to a sd by sd pos, rec L swiveling to FC prtnr, sd R, -) ;

QQS; {Crab Walk 6} IN BFLY XRIFL, Sd L, XRIFL, - ; (XLIFR, sd R, XLIFR), -) ;

QQS; Sd L, XRIFL, Sd L, - (Sd R, XLIFR, sd R,-) ;

QQS; {Spot Turn} Swiveling 1/4 on ball of L ft stp fwd R trng 1/2, rec L trng 1/4 to FC prtnr, sd R, - (Swiveling 1/4 on ball of R ft stp fwd L trng 1/2, rec R trng 1/4 to FC prtnr, sd L, -) ;

PART B

1-4 Chase ;;;

- QQS; {Chase} Fwd L comm RF trn 1/2, rec fwd R, fwd L, - (Bk R with no trn, rec L, fwd R, -) ;
QQS; Fwd R comm LF trn 1/2, rec fwd L, fwd R, - (Fwd L comm RF trn 1/2, rec fwd R, fwd L, -) ;
QQS; Fwd L with no trn, rec R, bk L, - (Fwd R comm LF trn 1/2, rec fwd L, fwd R, -) ;
QQS; Bk R with no trn, rec L, fwd R, - (Fwd L with no trn, rec R, bk L, -) ;

5-8 Fence Line - Twice ; Close Up ; Scallop ;;

- QQS; {Fence Line} In BFLY crss lunge thru L with bent knee looking in the direction of lunge, rec R trn to FC prtnr, sd L, - (In BFLY crss lunge thru R with bent knee looking in the direction of lunge, rec L trn to FC prtnr, sd R, -) ;
QQS; {Fence Line} } In BFLY crss lunge thru R with bent knee looking in the direction of lunge, rec L trn to FC prtnr, sd R cls up, - (In BFLY crss lunge thru L with bent knee looking in the direction of lunge, rec R trn to FC prtnr, sd L, -) ;
QQS; {Scallop} Trn to SCP LOD rck bk L, rec R trng RF to FC prtnr, sd L, - (Turn to SCP rck bk R, rec L trng LF to FC prtnr, sd R, -) ;
QQS; Thru R to FC prtnr, sd L, cls R, - (Thru L, sd R, cls L, -) ;

9-12 Basic ;; Break Back (To Semi) ; Swivel Walk 3 ;

- QQS; {Basic} Fwd L, rec R, sd L, -; (Bk R, rec L, sd R, -) ;
QQS; Bk R, rec L, sd R, - (Fwd L, rec R, sd L, -) ;
QQS; {Break Back} Swiveling sharply on R ft stp bk L to SCP, rec R, fwd L, - (Swiveling sharply on L ft stp bk R to SCP, rec L, fwd R, -) ;
QQS; {Swivel Walk 3} Fwd R swiveling RF, fwd L swiveling LF, fwd R swiveling RF, - (Fwd L swiveling LF, fwd R swiveling RF, fwd L swiveling LF, -) ;

13-16 Swivel Walk 3 ; Thru FC Close (Close Up) ; Scallop ;;

- QQS; {Swivel Walk 3} Fwd L swiveling LF, fwd R swiveling RF, fwd L swiveling LF, - (Fwd R swiveling RF, fwd L swiveling LF, fwd R swiveling RF, -) ;
QQS; {Thru FC Close} SCP thru R, comm RF trn sd L to FC prtnr, cls R to L cls up, - (SCP thru L, comm LF trn sd R, cls L to R, -) ;
QQS; {Scallop} Trn to SCP LOD rck bk L, rec R trng RF to FC prtnr, sd L, - (Turn to SCP rck bk R, rec L trng LF to FC prtnr, sd R, -) ;
QQS; Thru R to FC prtnr, sd L, cls R, - (Thru L, sd R, cls L, -) ;

PART C

1-4 Basic ;; Cucaracha Left & Right ;;

- QQS; {Basic} Fwd L, rec R, sd L, -; (Bk R, rec L, sd R, -) ;
QQS; Bk R, rec L, sd R, - (Fwd L, rec R, sd L, -) ;
QQS; {Cucaracha L} Sd L, rec R, stp in plc L (Sd R, rec L, stp in plc R) ;
QQS; {Cucaracha R} Sd R, rec L, stp in plc R (Sd L, rec R, stp in plc L) ;

5-8 Open Break ; Underarm Turn – Locked Elbows ; Wheel Right Right 12 ;;

- QQS; {Open Break} Rck aprt on L to L Opn Facing Pos while extndng free arm up with palm out, rec on R lowering free arm, sd L, - (Rck aprt on R to L Opn Facing Pos while extndng free arm up with palm out, rec on L lowering free arm, sd R, -) ;
QQS; {Underarm Turn} Raising jnd ld hnds turn body slightly RF bck R, rec L squaring bdy to FC prtnr, sd R, wrist to L elbw tching to W R arm (Swiveling 1/4 RF on ball of supporting foot stp fwd L trng 1/2 RF, rec R turning 1/4 RF to FC prtnr, sd L, wrist to R elbw tching to M L arm) ;
QQS; {Start Wheel Right 12} FC wall bk L start RF whl, bk R cont RF whl, bk L cont RF whl, - (Fwd R start RF whl, fwd L cont RF whl, fwd R cont RF whl, -) ;

QQS; Bk R cont RF whl, bk L cont RF whl, bk R cont RF whl, - (Fwd L cont RF whl, fwd R cont RF whl, fwd L cont RF whl, -) trng about 1/2 arnd ;

9-12 Finish Wheel Right 12 ; (To FC) ; Basic ;;

QQS; {Finish Wheel Right} Bk L cont RF whl, bk R cont RF whl, bk L cont RF whl, - (fwd R cont RF whl, fwd L cont RF whl, fwd R cont RF whl, -) ;

QQS; Bk R cont RF whl, bk L cont RF whl, cls R to L, FC wall (Fwd L cont RF whl, fwd R cont RF whl, fwd L cont RF whl, to FC prtnr [Flow is 1 crcl in 12 stps]) ;

QQS; {Basic} Fwd L, rec R, sd L, -; (Bk R, rec L, sd R, -) ;

QQS; Bk R, rec L, sd R, - (Fwd L, rec R, sd L, -) ;

13-16 New Yorker ; Crab Walk 6 ;; Thru FC Close ;

QQS; {New Yorker} Swiveling on R ft bring L ft thru with straight leg to a sd by sd pos, rec R swiveling to FC prtnr, sd L, - (Swiveling on L ft bring R ft thru with straight leg to a sd by sd pos, rec L swiveling to FC prtnr, sd R, -) ;

QQS; {Crab Walk 6} In BFLY XRIFL, sd L, XRIFL, - ; (XLIFR, sd R, XLIFR), -) ;

QQS; Sd L, XRIFL, sd L, - (Sd R, XLIFR, sd R,-) ;

QQS; {Thru FC Close} SCP thru R, sd L to FC prtnr, cls R to L, - (SCP thru L, sd R, cls L to R, -) ;

Repeat PART B

Repeat PART A

Repeat PART B

Repeat PART C

ENDING

Clap - Right Hands - Left Hands - Both Hands ;

QQS; {Clap}

1 + 1 Is 10

Choreographed By: Paul & Linda Robinson, 14471 S. 4050 Rd, Oologah, OK
Phase: III – Mambo - Speed: Slower By 5% - Close FC Wall –
Lead Feet Free – 1 Measure Wait ;

Sequence: Intro-A-B-C-B-A-B-C-END

Released: May 2015

INTRO

1 Measure Wait ;

PART A

Basic ;; Open Break ; Underarm Turn ; Cucaracha Left & Right ;;
Chase With Underarm Pass ;; New Yorker - Twice ;;
Chase With Underarm Pass ;; (To Reverse) New Yorker (To BFLY) ;
Crab Walk 6 ;; Spot Turn (To Line) ;

PART B

Chase ;;; Fence Line - Twice ;; Scallop ;; Basic ;;
Break Back (To Semi) ; Swivel Walk 6 ;; Thru FC Close ; Scallop ;;

PART C

Basic ;; Cucaracha Left & Right ;; Open Break ;
Underarm Turn – Lock Elbows ;
Wheel Right (Man Backup – Lady Forward) - 12 Steps ;;; (To FC) ;
Basic ;; (To Reverse) New Yorker (To BFLY) ;
Crab Walk 6 ; Thru FC Close ;

PART B

Chase ;;; Fence Line - Twice ;; Scallop ;; Basic ;;
Break Back (To Semi) ; Swivel Walk 6 ;; Thru FC Close ; Scallop ;;

PART A

Basic ;; Open Break ; Underarm Turn ; Cucaracha Left & Right ;;
Chase With Underarm Pass ;; New Yorker - Twice ;;
Chase With Underarm Pass ;; (To Reverse) New Yorker (To BFLY) ;
Crab Walk 6 ;; Spot Turn (To Line) ;

PART B

Chase ;;; Fence Line - Twice ;; Scallop ;; Basic ;;
Break Back (To Semi) ; Swivel Walk 6 ;; Thru FC Close ; Scallop ;;

PART C

Basic ;; Cucaracha Left & Right ;; Open Break ;
Underarm Turn – Lock Elbows ;
Wheel Right (Man Backup – Lady Forward) - 12 Steps ;;; (To FC) ;
Basic ;; (To Reverse) New Yorker (To BFLY) ;
Crab Walk 6 ; Thru FC Close ;

ENDING

Clap - Right Hands - Left Hands - Both Hands ;