

HANG ON

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With Collaboration from Jack DeChenne
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MUSIC: "Hang On Little Tomato" Pink Martini (Album "Hang On Little Tomato") (Single available from Amazon.com)
PHASE / RHYTHM: Phase V+I+I Foxtrot (Throw Away; Syncopated Head Loop, unphased)
SPEED: Increase by 15%
FOOTWORK: Opposite except where noted
SEQUENCE: Intro, A, B, BR, A, B, BR, ENDING
RELEASE DATE: OCT 2012 Version 1.0

INTRO

1-4 SCP DW WAIT 1 MEAS; CROSS PIVOT TO SIDECAR; FWD CHK, LADY DEVELOPE; BK FEATH FINISH;
1 In Semi Pos DLW weight on M's L & W's R wait one meas;
SQQ 2 {Cross Pivot to Sidecar} Thru R in front of W begin RF turn,-, sd L cont RF turn, fwd R to contra scar fcg DW [full turn for M] (W thru L sml step begin RF turn,-, sd R sml step cont turn, bk L to scar [1/2 turn]);
SQQ 3 {Fwd Check, Lady Develope} Fwd L outside partner checking,-,; (Back R,-,bring left foot up right leg to outside of right knee, extend left foot forward;
SQQ 4 {Back Feather Finish} Bk R trng LF,-, sd & fwd L, fwd R outside partner to contra BJO DC;

PART A

1-5 REV TURN;; CHG OF DIR; CONTRA CHK & SWITCH; OPEN NAT;
SQQ 1-2 {Reverse Turn} Fwd L body trn LF,-, fwd & sd R trng LF fc RLOD, bk L CP RLOD (W bk R,-, cl L to R for heel trn, fwd R); Bk R trng LF,-, sd and fwd L, fwd R outside ptnr in contra BJO DW (W fwd L comm LF trn,-, sd and bk R, bk L in contra BJO);
SS 3 {Change of Direction} Fwd L DW,-, fwd R DW trn LF 1/4 to fc DC and draw L to R,-;
SQQ 4 {Contra Check & Switch} Lowering on R ck fwd on L with LF body rotation,-, rec R trng upper body RF, bk L pivoting RF to CP DLW;
SQQ 5 {Open Natural} Fwd R comm RF turn,-, sd L across LOD, cont RF upper body turn step back R leading partner to Contra BJO; (Bk L comm RF turn,-, close R [heel turn], fwd L to Contra BJO);

6-12 OUTSIDE SPIN; FEATH FINISH; THREE STEP; CURVED FEATH CHECK; BACK FEATH; BACK THREE STEP; HEEL PULL;

SQQ 6 {Outside Spin} Bk L under body comm 3/8 RF trn,-, fwd R cont trn, sd & bk L to end in CP fc DRW (W fwd R comm 3/8 RF trn,-, clo L to R toe spin, cont trn fwd R between M's feet CP);
SQQ 7 {Feather Finish} Bk R trng LF,-, sd & fwd L, fwd R outside partner to contra BJO DW;
SQQ 8 {Three Step} Fwd L,-, fwd R, fwd L;
SQQ 9 {Curved Feather Check} Fwd R,-, fwd L, fwd R curving RF to BJO RDW;
SQQ 10 {Back Feather} Bk L,-, bk R, bk L;
SQQ 11 {Back Three Step} Bk R to CP,-, bk L, bk R (W Fwd L to CP,-, fwd R between M's feet, fwd L);
SS 12 {Heel Pull} Bk L comm RF trn,-, continuing turn on L heel pull right foot back to left transfer weight to right at end of step facing DLC,-; (W fwd R trn RF,-, sd & fwd L swvl RF stay in CP),-;

PART B

1-8 DOUBLE REVERSE; THREE STEP; HALF NATURAL TURN; OPEN IMPETUS; THRU CHASSE; TWIRL VINE THREE (LADIES IN FOUR TO SHADOW WALL); SHADOW LILT VINE EIGHT;;
SQQ&Q 1 {Double Reverse} Fwd L comm to trn left,-, sd R 3/8 trn to the left, spin left face to end facing LOD bringing L foot beside R no weight change (W bk R comm to trn left, L foot cl to R heel turn, fwd R strong turn left face / cross L foot in front of R);
SQQ 2 {Three Step} Fwd L,-, fwd R, fwd L;
SQQ 3 {Half Natural Turn} Fwd R comm RF trn,-, sd L cont trn (W heel trn), bk R CP fc RLOD;
SQQ 4 {Open Impetus} Comm RF upper body trn bk L,-, cl R cont RF trn with heel turn, sd and fwd L to SCP DC (W comm RF upper body trn fwd R trng RF,-, sd and fwd L cont RF trn, sd and fwd R to SCP DC);

PART B (Cont.)

- SQ&Q 5 {Thru Chasse};Thru R turning to face,-, sd L/close R, sd L to SCP(W thru L turning to face,-, sd R/close L, sd R to SCP);
- SQQ 6 {Twirl Vine Three (Ladies in Four to Shadow Wall)}; Raise left hand leading partner into a twirl
(QQQQ) XIBR,-, Sd L, XIFR, (W thru L twirl RF one full turn, sd R cont twirl to fc wall, sd L, close R in Shadow);
- QQQQ 7-8 {Shadow Lilt Vine Eight}With liltng action Sd L, XIBR, Sd L, XIFR, Sd L, XIBR, Sd L, XIFR,
QQQQ (W same footwork);;
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- 9-16 **SHADOW WHISK; SHADOW CURVED FEATHER CHECK; SYNCO HEAD LOOP TRANS TO BJO; DOUBLE REVERSE; THREE STEP; NAT HOVER CROSS;; OPEN REVERSE TURN;**
- SQQ 9 {Shadow Whisk} Fwd L,-, sd & fwd R, cross L in back of R fc DLW in shadow pos (W same footwork);
- SQQ 10 {Shadow Curved Feather Check}Fwd R,-, Fwd L start RF curve, fwd R curve sharply RF fc DRW in shadow pos (W same footwork);
- QQQQ 11 {Synco Head Loop}Bk L trn RF, small sd & fwd R while lifting the L hands up & over his head
(Q&QQQ) placing her L hand on his R shoulder, fwd L, fwd R blend to BJO DC (W bks out L/R, L still facing DRW, finish a feath bk R, L to BJO);
- SQ&Q 12 {Double Reverse}Fwd L turn LF,-, sd R DC spin LF on R, bring L to R & touch (W bk R turn LF,-, heel turn on R cl L to R/fwd R, Swvl LF x L in front of R), fcg DW in CP;
- SQQ 13 {Three Step} Fwd L,-, fwd R, fwd L;
- SQQ 14-15 {Natural Hover Cross}Fwd R comm RF turn,-, sd & fwd L around W, sd & fwd R to fc DLC in
QQQQ SCAR; chk fwd on L, rec R blend to CP, sd & fwd L, fwd R to contra BJO DC (W bk L comm RF turn,-, cl R to L heel turn, sd L cont RF turn to contra SCAR DC; chk bk on R, rec L w slight rt side lead, sd & bk R, chk bk L in contra BJO DC);
- SQQ 16 {Open Reverse Turn} Fwd L comm LF turn,-, cont turn sd R to fc DRW, bk L blend to contra BJO with right shoulder lead (W bk R turning LF,-, sd L turning LF, fwd R to contra BJO);

BRIDGE

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- 1-4 **BK CURVING THREE STEP; CURVING THREE STEP; HOVER CORTE CHECKING; FWD RT LUNGE RECOVER & SLIP;**
- SQQ 1 {Back Curving Three Step} Bk R,-, bk L under body to comm LF turn, bk R well under body to complete LF turn ½ (W fwd L,-, fwd R comm LF turn, fwd L turning sharply L to complete LF turn ½);
- SQQ 2 {Curving Three Step} Fwd L,-, fwd R comm LF turn, fwd L turning sharply l to complete LF turn ½ (W bk R,-, bk L under body to comm LF turn, bk R well under body to complete LF turn ½);
- SQQ 3 {Hover Corte Checking} Bk R comm LF turn,-, sd & fwd L rise & cont turn, rec bk R lowering at end of meas end fcg DLW(W fwd L comm LF turn,-, sd & bk R rise & cont turn, rec fwd L lowering at end of meas);
- QQQQ 4 {Fwd Right Lunge Recover & slip} Fwd L, flex L knee move side and slightly forward onto right keeping left side in toward partner and as weight is taken on right flex right knew and make slight body turn to left and look at partner, recover bk L, slip R past left (W bk R, sd and bk L lunging into left knee, recover fwd R, slip L past right);

Repeat A, B, Bridge

ENDING

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- 1-6 **REVERSE FALLAWAY & SLIP; CHANGE OF DIRECTION; OPEN REVERSE TURN; BK SLOW THROW AWAY & EXTEND;;;**
- QQQQ 1 {Reverse Fallaway & Slip} Fwd L comm LF turn, bk R with left side lead in fallaway position, bk L well under body in contra, slip R past L continuing LF turn to fc DLW(W bk R, back L with left side lead in fallaway position, bk R well under body in contra turning left 5/8, continue LF turn slip L past R forward left into closed flexing L knee)[ends in CP fcng DLW];
- SS 2 {Change of Direction} Fwd L DW,-, fwd R DW trn LF 1/4 to fc DC and draw L to R,-;
- SQQ 3 {Open Reverse Turn} Fwd L comm LF turn,-, cont turn sd R to fc DRW, bk L blend to contra BJO with right shoulder lead (W bk R turning LF,-, sd L turning LF, fwd R to contra BJO);
- SSSSSS 4-6 {Back Slow Throw Away & Extend} Bk R comm LF turn,-, side & fwd L relaxing left knee and allowing right to point side and back while keeping the right side in toward the woman and looking at her [with left side stretch],-(W fwd L comm LF turn,-,side &fwd R turning LF while relaxing right knee and sliding left foot back under body past the right foot to point back looking left and keeping left side to partner),-, extend left arms,-,-,-;