

LA MORENA DE MI COPLA

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CD: 2009 Dancelife, CD Title "Giants of Latin: Mister Latin" (Artist: Ballroom Orchestra & Singers) Track 11 "La Morena de Mi Copla" or download from internet site such as I Tunes [note the spelling of Copla used by I Tunes in Canada]

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 2.52 Tempo: 30.5 MPM

RHYTHM: Paso Doble RAL PHASE VI + undefined [Spanish Line, The Twists, Left Foot Variation, Double Coup De Pique]

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-INTERLUDE1-C-INTERLUDE2-A-B-INTERLUDE1-C(1-10)-ENDING

MEAS:

INTRODUCTION

1-4 CP WALL WAIT 2 MEAS;; PROMENADE TO CP COH;;

1-2 Wait in CP WALL w/ trail ft free;;

3-4 {**Promenade to CP COH**} CP WALL Appel R, sd L to SCP LOD, thru R trn RF, bk & slightly sd L to CP RLOD (W appel L, sd R to SCP, thru L, fwd & slightly sd R to fc LOD); Sd R to RSCP COH, thru L, fwd & slightly sd R to CP COH, cl L to CP COH (W sd L to RSCP, thru R trn RF, bk & slightly sd L to fc WALL, cl R); [Option: this is the Ballroom definition of Promenade if desired use the RLAB definiton]

PART A

1-5 FAROL;::::

1-5 {**Farol**} CP COH Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP LOD (W appel L, sd R to SCP, thru L, fwd R); Bk R w/ R shldr ld, bk L in BJO trn RF, cl R, in plc L to fc WALL double handhold (W fwd L, fwd R in BJO trn RF, sd L cont trn fc DLC, bk R to fc LOD); Hold pos -, -, -, raise R arm & lower L arm to allow W to spiral (W mv in frnt of M to his L sd fwd L, fwd R, fwd L, fwd R & spiral LF to fc COH); Hold pos -, release ld hnds, - (W mv in bk of M to his R sd fwd L, fwd R, fwd L release ld hnds, fwd R to end in frnt of M fc LOD); Hold pos ld W to trn RF w/ R hnd & release hold, assume CP WALL, sd R, cl L (W spin 3/4 RF on R release hnds & cl L to fc COH, in plc R to CP, sd L, cl R);

PART B

1-8 CHASSE CAPE;:::::

1-8 {**Chasse Cape**} CP WALL Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP RLOD (W appel L, sd R to SCP, thru L, fwd R); Bk R trn RF, bk L w/ W outsd & spin RF, fwd R outsd W cont trn to CP WALL, sd L/cl R (W fwd L trn RF, fwd R outsd M pvt RF, cl L cont trn to fc COH in CP, sd R/cl L); Sd & bk L fc DRW, bk R W outsd & pvt LF, fwd L outsd W cont trn to CP COH, sd R/cl L (W sd & fwd R fc DLC, fwd L outsd M pvt LF, cl R cont trn to fc WALL in CP, sd L/cl R); Sd & bk R fc DRC, bk L W outsd & pvt RF, fwd R outsd W cont trn to CP WALL, sd L/cl R (W sd & fwd L fc DLW, fwd R outsd M pvt RF, cl L cont trn to fc COH in CP, sd R/cl L); Sd & bk L fc DRW, bk R W outsd & spin LF, fwd L outsd W cont trn & release R hnd, sd & fwd R to LOP LOD (W sd & fwd R fc DLC, fwd L outsd M pvt LF, cl R cont trn, sd & fwd L to LOP LOD); Fwd L to LOD on ball of ft into press line & trn bdy 1/8 RF, -, -, - (W fwd R to LOD on ball of ft into press line & trn bdy 1/8 LF, -, -, -); Trn LF cl L fc COH/in plc R, in plc L, sd R, cl L CP COH (W sm fwd R trn RF fc WALL/cont RF spin on R undr ld hnds cl L fc wall, in plc R, sd L, cl R); CP COH Sd R, cl L, sd R, cl L (W sd L, cl R, sd L, cl R);

9-10 FALLAWAY REVERSE FC LOD;;

9-10 {**Fallaway Reverse fc LOD**} CP COH Appel R slightly bk, fwd L trn LF, sd R cont trn to SCP, bk L (W appel L slightly fwd, bk R trn LF, sd L cont trn to SCP, bk R); Bk R trn LF to CP WALL, fwd L cont LF trn, sd R, cl L to CP LOD (W fwd L trn LF to fc COH, bk R cont LF trn, sd L, cl R);

11-16 SYNCOPATED SEPARATION WITH QUICK CHASSE END;::::; SUR PLACE FC WALL;

11-15 {**Syncopated Separation with Quick Chasse End**} CP LOD Appel R, fwd L, cl R, in plc L (W appel L, bk R, bk L, cl R); XRib, XLib, XRib, XLib (W XLif, XRif, XLif, XRib); Cl R/pt L to sd, cl L/pt R to sd, X R bhd trn LF, cont trn sd L/XRif to fc DRC (W cl L/pt R to sd, cl R/pt L to sd, fwd L trn LF across in front of M end outsd M on his L sd, cont trn sd R/XLib to fc DLW); Twist LF allow ft to uncross, -, -, end wgt on R CP DLW (W trn RF sd & fwd R to fc DWR in SCP, fwd L to WALL trn LF, fwd R to DLW trn LF, fwd L to DLC & trn LF to fc DRC in CP); Fwd L trn LF to fc LOD, sd R/cl L, sd R, cl L (W bk R trn LF to fc RLOD, sd L/cl R, sd L, cl R);

16 {**Sur Place fc WALL**} CP LOD Trn RF stp in plc on balls of ft R, L, R, L to CP WALL;

INTERLUDE I

1-4 TRAVELING SPINS FROM PROMENADE:: THE CAPE::

- 1-2 {**Traveling Spins from Promenade**} CP WALL Appel R, sd L to SCP LOD, thru R rel hold w/ R hnd, sd & fwd L (W appel L, sd R to SCP, thru L spiral RF undr ld hnds, fwd R); Thru R, sd & fwd L, thru R, sd & fwd L to SCP LOD (W thru L spiral RF, fwd R, thru L spiral RF, fwd R to SCP);
- 3-4 {**The Cape**} SCP LOD Thru R, cl L, in plc R, L (W thru L, sd R trn LF, rec L to RSCP, thru R); In plc R, L, R, L to CP WALL (W sd L trn RF, rec R to SCP, fwd L twd M, cl R); [Option: M may hold for counts 3 thru 8]

PART C

1-5 THE TWISTS;;; LEFT FOOT VARIATION::

- 1-3 {**The Twists**} CP WALL Appel R, sd L to SCP, thru R trn RF, sd L to fc RLOD (W appel L, sd R to SCP, thru L, fwd R to LOD trn RF); XRib/twist RF w/ ft in plc end wgt on L BJO DLC, fwd R to LOD trn RF, sd L to fc RLOD, XRib/ twist RF w/ ft in plc end wgt on L BJO DLC (W fwd L to DLW trn RF/cont trn fwd R outsd ptr to fc DRW, bk L to LOD trn RF, bring R beside L for heel trn end wgt on R, fwd L to DLW trn RF/cont trn fwd R outsd ptr to fc DRW); Fwd R to LOD trn RF, sd L to fc RLOD, XRib/twist RF w/ ft in plc end wgt on L BJO DLC, cl R (W bk L to LOD trn RF, bring R beside L for heel trn end wgt on R, fwd L to DLW trn RF/cont trn fwd R outsd ptr to fc DRW, almost cl L);
- 4-5 {**Left Foot Variation**} Fwd L, fwd R, fwd L to BJO LOD, pt R fwd outsd ptr/cl R [timing 1234a] (W bk R, bk L, bk R, pt L bk/cl R); Pt L to sd, cl L, sd R, cl L to CP LOD (W pt R to sd, cl R, sd L, cl R);

6-9 ATTACK FC COH; DOUBLE COUP DE PIQUE::

- 6 {**Attack fc COH**} CP LOD Appel R, fwd L trn 1/4 LF to fc COH, sd R, cl L;
- 7-9 {**Double Coup de Pique**} CP COH Pt thru R to RLOD in SCP, cl R to CP COH, bhd L in SCP, cl R to CP (W pt thru L to RLOD in SCP, cl L to CP, bhd R in SCP, cl L to CP); CP COH Stp in plc on L/pt thru R to RLOD in SCP, cl R to CP COH, bhd L in SCP, cl R to CP (W stp in plc R/pt thru L to RLOD in SCP, cl L to CP, bhd R in SCP, cl L to CP); Bhd L in SCP, sd R to CP COH/cl L, sd R, cl L (W bhd R in SCP, sd L to fc WALL/cl R, sd L, cl R);

10-14 APPEL BASIC FWD; LA PASSE::

- 10 {**Appel Basic Forward**} CP COH Appel R, fwd L, fwd R, fwd L;
- 11-14 {**La Passe**} CP COH Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP LOD (W appel L, sd R to SCP, thru L, fwd R); Bk R trn RF, bk L cont trn W outsd, fwd R to fc WALL, - (W fwd L trn RF, fwd R outsd M cont trn, sd & bk L cont trn, sd R to SCP); -, fwd L, -, - (W fwd & acrs M on L, sd & bk R trn LF to RSCP, sd L, fwd & acrs M on R); Fwd R, -, -, cl L to CP WALL (W sd & bk L trn RF to SCP, sd R, fwd L twd M, cl R);

INTERLUDE 2

1-4 SIXTEEN::

- 1-4 {**Sixteen**} CP WALL Appel R, sd L to SCP, thru R trn RF, sd & bk L to CP RLOD (W appel L, sd R to SCP, thru L, fwd R); Bk R w/ R shldr ld, bk L in BJO trn RF, cl R to CP COH, in plc L (W fwd L, fwd R in BJO trn RF, sd L to fc WALL, rec R to fc DRW); In plc R, L, R, L (W fwd & acrs L, sd R to fc WALL, rec L to fc DLW, fwd & acrs R); In plc R, L, R, L to CP COH (W sd L to fc WALL, rec R to fc DRW, fwd L trn LF to fc M, cl R); [Option: M may hold for counts 8 thru 16]

ENDING

1-4 ECART; SPANISH LINE FC LOD; FLAMENCO TAPS; SPANISH LINE FC RLOD;

- 1 {**Ecart**} CP COH Appel R, fwd L, sd R, XLIB to SCP RLOD (W XRib);
- 2 {**Spanish Line fc LOD**} SCP RLOD Fwd R trn RF, sd L cont trn, bk R to fc LOD release hnd hold, press L fwd on toe w/ pressure but no wgt L arm crv in frt R arm to sd (W fwd L trn LF, sd R cont trn, bk L to fc LOD release hnd hold, press R fwd on toe w/ pressure but no wgt R arm crv in frt L arm to sd);
- 3 {**Flamenco Taps**} L ft press line LOD (W R ft press line) stp in plc L, tap R toe bhd L/ tap R toe bhd L, rec bk R, rec fwd L no wgt in press line;
- 4 {**Spanish Line fc RLOD**} Press line fc LOD fwd L trn LF, sd R cont trn, bk L to fc RLOD, press R fwd on toe w/ pressure but no wgt R arm crv in frt L arm to sd (W fwd R trn RF, sd L cont trn, bk to fc RLOD, press L fwd on toe w/ pressure but no wgt L arm crv in frt R arm to sd);

ABICJ

ABIC(1-10)

WAIT
PROMENADE TO CP COH

WAIT

A FAROL

B CHASSE CAPE

TURN LADY & CHASSE RIGHT

PRESS LINE

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FALLAWAY REVERSE FC LOD
SYNCOPATED SEPARATION

QUICK CHASSE END FC LOD

SUR PLACE FC WALL

I TRAVELING SPINS FROM PROMENADE----
THE CAPE

C THE TWISTS

DOUBLE COUP DE PIQUE

LEFT FOOT VARIATION
ATTACK FC COH

.....

LA PASSE

.....
APPEL BASIC FWD

J SIXTEEN

END ECART
FLAMENCO TAPS

SPANISH LINE FC LOD
SPANISH LINE FC RLOD

R6-1 LA MORENA DE MI COPLA (ROSS)
(CP WALL TRAIL FOOT FREE)