

BOLERO WAY

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Music "My Way" CD: JULIO IGLESIAS

Sony Music Japan SICP 20385-6 CD 1: Track 16

Rhythm : Bolero(ph IV) Speed : Slow to Suit(+10%) Date: March 2014 Ver.1.0

Footwork : Opposite, directions for man(lady as noted)

Sequence: Intro - A - A - B - B- Inter - A - Ending



Meas

INTRO

1~ 5 (Low Bfly/Wall)lead foot free for both Wait 1 meas;

Explode Apt; Rec W Roll to Bolero Bjo; Sync Wheel(CP/Wall); Hold;

- S-- 1 Low Bfly fc Wall lead foot free for both Wait 1 meas;
2 (Explode Apt) Sd lunge L twd COH flex knee (W sd lunge R twd Wall flex knee)
lead hands arm circle CCW(W CW), -, -, -;
3 (W Roll to Bolero Bjo) Sd & fwd R commence RF trn, -, cont RF trn sd L, cl R(W
sd & fwd L commence LF spin, cont spin R, L fc LOD) Bolero Bjo/RDW;
SQ&Q 4 (Sync Wheel 3) Fwd L wheel RF, -, cont wheel R/L, R (CP/Wall);
-- 5 (Hold) hold, -, -, -;

Meas

PART A

1~ 8 Basic;; Fence Line w/Arm; Rev Underarm Trn; Prep Aida;

Aida Line w/Rks; Fc & Spot Trn; (CP/Wall)Hip Lift;

- 1- 2 (Basic) Sd L body rise, -, bk R slip action, rec fwd L; Sd R, -, fwd L slip action,
rec bk R;
3 (Fence Line w/Arm) Sd L body rise, -, XRIF of L bent knee right arm circle CCW(W left
arm circle CW) in front of body, rec bk L;
4 (Spot Trn) Sd R, -, XLIF of R cont RF trn, cont RF trn fc partner and Wall;
5 (Prep Aida) Sd L slightly LF trn OP V position body rise, -, thru R, sd L
commence RF trn fc RLOD chg hand joined lead hand;
6 (Aida Line w/Rk) Bk R, -, rk fwd L, rec R;
7 (Fc & Spot Trn) Fwd L 1/4 LF trn fc partner, -, XRIF of L cont LF trn, rec L cont
LF trn fc partner and Wall;
8 (Hip Lift) Blend CP sd R, -, slight pressure on left foot lift hip, lower left hip;

9~16 Cross Body Fc COH; New Yorker; Underarm Trn; Lunge Break;

Cross Body Fc Wall; Fence Line; Riff Trn; (Bfly)Sync Hip Rks;

- 9 (Cross Body) Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn
fc COH(W sd & fwd R body rise, -, fwd L crossing in front of man trning LF,
small stp sd R);
10 (New Yorker) Sd R body rise, -, LOP/LOD ck thru L, rec bk R fc partner & COH;
11 (Underarm Trn) Sd L, -, small stp XRIB of L, rec fwd L(W sd R, -, XLIF of R
commence RF trn under lead hand, rec R cont RF trn fc Wall);
S-- 12 (Lunge Break) Sd & fwd R body rise, -, lower on right slight RF body trn lead
(SQQ) W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise,
-, bk R sit line, rec fwd L);
13 (Cross Body) Sd & bk L LF trn body rise, -, bk R slip action, fwd L LF trn
fc Wall(W sd & fwd R body rise, -, fwd L crossing in front of man trning LF,
small stp sd R);
14 (Fence Line) Sd R body rise, -, ck thru L, rec bk R;
QQQQ 15 (Riff Trns) Sd L lead W RF spin under lead hands, cl R, sd L lead W RF spin under
lead hands, cl R(W sd & fwd R RF spin on R, cl L, sd & fwd R RF spin on R, cl L);
SQ&Q 16 (Sync Hip Rks) Rk sd L hip roll LF, -, rec R hip roll RF/sd L hip roll LF, rec R hip
roll RF;

Meas

PART B

**1~ 8 (1/2 OP)Sync Bolero Walks; Trning Basic fc COH;
Dbl Lunge Break w/Caress;; R Pass; Prep Aida to RLOD;
Aida Line w/Rks; Fc & Spot Trn;**

- SQ&Q 1 (Sync Bolero Walks) Blend 1/2 OP fc LOD fwd L body rise, -, fwd R/L,R;
2 (Trning Basic) Blend CP sd L body rise strong body RF trn, -, bk R slip action LF trn, cont LF trn rec fwd L fc COH;
- S--- 3- 4 (Dbl Lunge Break) Sd & fwd R body rise, -, lower on right slight RF body trn lead (SQQ) W bk extend L sd & bk, rise on R slight LF body trn to rec(W sd & bk L body rise, -, bk R sit line, rec fwd L);
--- Hold, -, lower on right slight RF body trn lead W bk extend L sd & bk, rise on R slight (S&QQ) LF body trn to rec(W fwd R left hand touch M's right cheek, -/rec bk L, bk R sit line, rec fwd L);
- 5 (R Pass) Fwd & sd L commence RF trn raise lead hands to create window, -, XRIB of L cont RF trn, sd L(W fwd R, -, fwd L commence LF trn, cont LF trn sd R under raised lead hands to fc partner) to Bfly/Wall;
- 6 (Prep Aida) Sd R slightly RF trn LOP V position body rise, -, thru L, sd R commence LF trn fc LOD chg hand trail lead hand;
- 7 (Aida Line w/Rk) Bk L, -, rk fwd R, rec L;
- 8 (Fc & Spot Trn) Fwd R 1/4 RF trn fc partner, -, XLIF of R cont RF trn, cont RF trn fc partner and Wall;

9~12 L Pass(W Sync Roll Out) Fc LOD; Fcing Hockey Stick;; Hip Rk 3;

- SQQ 9 (L Pass) Fwd L to contra Scar commence to trn partner RF, -, bk R with slip (SQ&Q&) action, fwd L trning LF fc LOD(W fwd R turning 1/4 RF, -, sd & fwd L strong LF trn/sd & bk R cont LF trn, cont LF trn L/R fc RLOD;
- 10-11 (Fcing Hockey Stick) Sd & fwd R body rise, -, fwd L, rec bk R(W sd & bk L body rise, -, bk R, rec fwd L); Small stp bk L commence LF trn raise lead hands lead W LF trn, -, cont LF trn XRIB of L, rec L fc partner & Wall(W fwd R, -, fwd L twd DW, fwd R LF trn under lead hands fc partner);
- 12 (Hip Rk 3) Sd R hip roll RF, -, rec L hip roll LF, sd R hip roll RF;

Meas

INTERLUDE

1~ 3 Explode Apt; Rec W Roll to Bolero Bjo; Sync Wheel(CP/Wall);

- 1- 3 Repeat meas 2-4 of Introduction;;;

Meas

ENDING

1 Explode Apt;

- 1 Repeat meas 2 of Introduction;