

SHAK I N'

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Record--CARTWHEEL #A-210 --Position--INTRO: Bfly M face wall. DANCE: OP Face LOD.

Footwork--Opposite, directions for M except where noted.

MEASURES

1---3 WAIT; WAIT; TWIST,2,3,4;

1-2.... In Bfly pos M facing wall wait 2 measures;;

3 With feet together & knees slightly bent put wgt on balls of both feet & twist both heels twd LOD (W twist both heels twd LOD) M now facing RLOD & wall (W RLOD & COH) with feet together, now put wgt on both heels & twist both toes twd LOD (W Opp) M now facing LOD & wall (W LOD & COH), repeat twist heels twd LOD, twist toes twd LOD to end Bfly M facing LOD & wall (W face LOD & COH);

DANCE PART - A

1---4 FWD/CLOSE, FWD, FWD/CLOSE, FWD; TWIST,2,3,4; FWD/CLOSE, FWD, FWD/CLOSE, FWD; TWIST,2,3,4;

1 OP facing LOD do 2 quick two-steps twd LOD to end Bfly/wall;

2 Bfly M facing wall repeat Meas 3 of Intro;

3-4.... Repeat Meas 1-2 of Part A;;

5---8 FWD, TCH, BK/CLOSE BK; ROCK BK. REC, FWD,2; FWD, TCH, BK/CLOSE BK; ROCK BK. REC, FWD,2;

5 OP facing LOD fwd L twd LOD, tch R to L heel, bk R/close L, bk R twd RLOD;

6 OP rock bk L twd RLOD, recover R, fwd L twd LOD cross over R, fwd R twd LOD cross over L (these are cross walks);

7-8.... Repeat Meas 5-6 to end Bfly pos M facing wall;;

9--12 VINE,2,3,4; 5,6,7,8; CIRCLE AWAY TWO-STEP/AWAY TWO-STEP; TOGETHER,2,3,4;

9-10... Bfly pos do 8 ct vine twd LOD both XIB;;

11 M circle L do 2 quick two-steps twd COH to end facing RLOD (W circle R twd wall to end facing RLOD);

12 M continue LF circle walk L, R, L, R (W circle R) to end SCP facing LOD;

PART - B

1---4 FWD/CLOSE, FWD, FWD/CLOSE, FWD; VINE,2,3,4; FWD CLOSE, FWD, FWD CLOSE, FWD; VINE,2,3,4;

1-2.... SCP do 2 quick two-steps twd LOD; Open vine 4 (L-OP to SCP) L, R, L, R to end SCP facing LOD;

3-4.... Repeat Meas 1-2 of Part B to end Bfly pos M facing wall;;

5---8 SIDE, TCH, SIDE, TCH; ROCK APART, REC, CHANGE SIDES,2; SIDE, TCH, SIDE, TCH; ROCK APART, REC, CHANGE SIDES,2;

5 Bfly side L twd LOD, tch R to L, side R twd RLOD, tch L to R;
(NOTE: This may also be done side/step, step, side/step, step)

6 M's L & W's R hands joined rock apart M twd COH on L (W twd wall on R) M recover R (W rec L), change sides with W going under M's LEFT ARM pass R shoulders M fwd L twd wall with L arm up, fwd R twd RLOD turning R to face COH (W fwd R twd COH going under M's L arm, fwd L twd RLOD turning to face wall) end Bfly Pos M face COH;

7-8.... Repeat Meas 5-6 of Part B to end SCP facing LOD;;

9--16 REPEAT MEAS 1-8 OF PART B-- to end Bfly pos M facing wall.

BREAK

1---4 SIDE, BEHIND, SIDE, CLOSE; TCH, STEP, TCH, STEP; SIDE, BEHIND, SIDE, CLOSE; TCH, STEP, TCH, STEP;

1 Bfly swd twd LOD on L, XRIB of L (W XIB), side L, close R to L;

2 Both turning slightly twd LOD tch L toe to floor twd COH with toe pointing twd LOD with both legs stiff at this point, step L beside R bending knees slightly, both turn slightly twd RLOD tch R toe twd COH with toe pointing twd RLOD & both legs stiff, step R beside L bending knees slightly (W Opp footwork);

3-4.... Repeat Meas 1-2 of BREAK to end OP for top of dance;; (NOTE: second time you do BREAK stay in Bfly for ENDING)

ENDING

1---2 TWIST,2,3,4; SHAKE/SHAKE, SHAKE.SHAKE;

1 Repeat Meas 3 of INTRO & on last twist drop lead hands & end in OP facing LOD;

2 (3 beats of music) bump hips together/bump hips apart ct 1 &, bump hips together ct 2, bump hips apart on ct 3. This is 4 shakes to 3 beats of music 1 and,2, 3;

SEQUENCE: INTRO - AB - BREAK - AB - BREAK - ENDING