2000 BLUES

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Record: Belco 426 2000 Blues (or Belco 337 Walkin' Blues)
Rhythm: Jive Phase: IV + 1 unphased (tryling sand steps)

Footwork: Opposite (Women's in parentheses)
Speed: Recommended 47 rpm (or to suit)

Release Date: 6/99 revised 5/1/09 vers1.5

Sequence: INTRO-A-B-C-A-B-C[1-11]-END

INTRO

1 WAIT drum beats,,,,,,,

LOP pos M fcg LOD lead hands joined Wait drum beats (approximately 1 meas);

PART A

1-5 [In place] SWIVEL-2-; CHICKEN WALKS [4 qk]; CHANGE L TO R - RF TURNING FALLAWAY;;;

- 1 Lowering into knees in place swivel L,-,swivel R,-(swivel R,-,L,-);
- 2 Leading W to swivel bk walk L,R,L,R (swivel fwd R,L,R,L);
- 3 Rk bk L, rec R, sd L/cl R, sd L trng 1/4 RF (chasse fwd R/cl L, fwd R trng 3/4 LF under jnd hnds);
- 4 Chasse sd R/cl L, sd R to fc Wall, rk L, rec R CP/Wall;
- 5 Trng 1/4 RF sd L/cl R, sd L, trng 1/4 RF sd R/cl L, sd R;

6-8 LF TURNING FALLAWAY [to throwaway] - AMERICAN SPIN [BFLY];;;

- 6 SCP RLOD Rk bk L, rec R, trng 1/4 LF sd L/cl R, sd L;
- 7 Trng 1/4 LF sd R/cl L, sd R to LOP fc wall, rk apt L, rec R;
- 8 Chasse in place L/R, L leading W fwd bracing arm & lead W to turn RF releasing hand hold (chasse R/L, R spin RF), chasse in place R/L, R to join both hands (chasse L/R, L end fcg M & COH);

9-12 WINDMILL 2X;;; ROCK, RECOVER, SIDE, CLOSE [BFLY];

- 9 Rk apt L, rec R starting LF trn, chasse fwd L/R, L trng ¼ LF (Rk apt R, rec L trng ¼ LF, chasse sd R/L, R trng ¼ LF);
- 10 Chasse sd R/L, R trng ¼ LF (chasse sd L/R, L), rk apt L, rec R start LF trn (rk apt R, rec L trng ¼ LF);
- 11 Chasse fwd L/R, L trng ¼ LF (chasse sd R/L, R trng ¼ LF), chasse sd R/L, R trng ¼ LF (chasse sd L/R, L);
- 12 Rk apt L, rec R, sd L, cl R to BFLY;

PART B

1-4 TRAVELING SAND STEPS 3X;;; PROGRESSIVE ROCK;

- Swiveling RF on weighted R foot tch L toe to instep of R foot, swiveling LF on R foot sd & fwd L, swiveling RF on weighted L foot tch R heel to ground to R side pointing toe to RLOD, swiveling LF on weighted L foot XRIF of L (W mirroring swivel action tch R toe to instep of L foot, sd & fwd R, tch L heel to ground to L side pointing toe to RLOD, XLIF of R): (aka Toe,Side,Heel,Cross;)
- 2 Repeat meas 1 Part B;

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- 3 Repeat meas 1 Part B;
- 4 Progressing LOD rk apt L, XRIF of L(XLIF), rk apt L, XRIF of L(XLIF);

5-8 STEP, KICK, FACE, TCH; STEP, KICK, FACE, POINT; SAILOR SHUFFLES 2X;

- 5 Trng LF to OP LOD Stp L, kick R to LOD, sd R to fc Wall, tch L;
- 6 Trng LF to OP LOD Stp L, kick R to LOD, sd R to fc Wall to low BFLY, point L sd to LOD;
- 7 X LIB/sd R, sd L, X RIB/sd L, sd R;
- 8 Repeat meas 7 Part B;

9-12 SPANISH ARMS 2X;;; ROCK, RECOVER, KICK/BALL, CHANGE (SCP);

- 9 Rk apt L, rec R start RF trn (LF), cont trn RLOD & wrap W L/cl R, cl L lead hnds over W's head;
- 10 Cont RF trn R/cl L, cl R fc COH (unwrap RF fc M/Wall L/cl R, L [note: W may do optional additional 360 RF spn under jnd hnds]), rk apt L, rec R start RF trn (LF);
- 11 Cont RF trn LOD & wrap W L/cl R, cl L lead hnds over W's head, cont RF trn R/cl L, cl R fc Wall (unwrap RF fc M/COH BFLY L/cl R, L* optional spn);
- 12 Rk apt L, rec R, kick L/cl L, cl R to SCP LOD;

PART C

1-4 2 FORWARD TRIPLES; ROCK THE BOAT 2X; 2 FORWARD TRIPLES; SWIVEL 4;

- 1 Fwd L/R, L, fwd R/L, R;
- 2 Fwd L with straight knees leaning forward, with rocking motion and relaxed knees cl R, repeat,;
- 3 Fwd L/R, L, fwd R/L, R;
- 4 Swivel wk L, R, L, R;

5-8 THROWAWAY; CHG PLCS L TO R [to R hndshk] - MIAMI SPECIAL (modified);;;

- 5 Fwd L/cl R, fwd L (Fwd R/cl L, fwd R trng ½ LF in front of Man), sd R/cl L, sd & fwd R (sd L/cl R, sd & bk L) to LOP fcg LOD;
- 6 Repeat meas 4 Part A to join R hnds;
- 7-8Rk apt L, rec R, small fwd L/R, L trn ½ RF lead W to trn LF under joined R hnds then placing joined hnds over M's head (Rk apt R, rec L, fwd R/L, R trn LF 1 full turn under joined R hnds) both fcg COH sd by side, sd R/L,R trn ¼ LF to LOP fcg RLOD (W sd L/R, L release hnd hold & slide R hnd down M's L arm trn ¼ RF to LOP fcg M & LOD);

9-12 SHOULDER SHOVE - CHG HDS BEH BACK [LOD];;; RK APT, REC, SD, CL;

- 9 Rk apt L, rec R trng ¼ RF (W rk apt R, rec L trng ¼ LF), sd L/R, sd L toward partner bring M's L and W's R shoulders together trng LF (W RF) to fc partner;
- 10 Bk R/L, R (W sd & bk L/R, L), rk apt L, rec R;
- 11 Chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's back (W fwd R/L, R trng ¼ RF), chasse sd & bk R/L, sd R cont trng ¼ LF chng W's R hnd to M's L hnd (W sd L/R, sd & bk L trng ¼ RF) fcg LOD;
- 12 Rk apt L, rec R, sd L, cl R lowering joined lead hnds;

END

1-2 ROCK APART, RECOVER, WRAP, 2; SLOW POINT SIDE [hold];

- 1 Rk apt L, rec R, in plc L raising joined lead hnds leading W fwd to trn LF (fwd R trng LF under jnd lead hnds), join M's R & W's L hnd wrapping W cl R (cont trng LF to end fcg LOD in wrap pos on M's R sd cl L);
- 2 Slow point L sd twd COH (pt R sd twd Wall) and hold,;