

## 358 – CAPRI FISCHER

**Music:** Gunther Noris – Cd.:Evergreens für Millionen – Vol.2 – Track # 7 – Time:3:27

Available by Choreographer.

**Rhythm :** Rumba

**Phase :** IV + 2 + U (Sweetheart + OP Hip Twist + Full Moon (Species))

**Choreo :** Jos.Dierickx – Beverlosestwg. 14 B 2 – 3583 – Paal – Belgium

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**Footwork :** Opposite, except where noted.

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**SEQUENCE : INTRO A B C A B C END**

### INTRO

**01-04 : WAIT 2 MEAS. In BFLY. POS. to the WALL ; ; NEW YORKER x 2 ; ; R-Handshake**

**01-02 :** Wait 2 Meas.in Butterfly Position to the Wall, Lead feet free ; ;

**03-04 :** [New Yorker x 2] Thru L trng RF to RLD, rec R trng LF to fc prtn & Bfly, sd L, -; **Thru R** trng LF to LOD, rec L trng RF to fc prtn & bfly, sd R, -; R-Handshake

### PART A

**01-04 : OP HIP TWIST to FC FAN LOD ; ; OP HIP TWIST to FC FAN COH ; ;**

**01-02 :** [Op Hip Twist to Fc Fan LOD] Fwd L, rec R, cl L lead W to swivel 1/4 RF (W bk R, rec L, fwd R/trn ¼ RF), -; **Bk R**, rec L trng LF to prtn, cl R (W fwd L, fwd R trng ½ LF, bk L leaving R extended fwd no weight,-) end FAN POS M fcg LOD ;

**03-04 :** [Op Hip Twist to Fc Fan COH] Repeat Meas 1 & 2 Part A ; - to FAN POS M fcg COH ;

**05-08 : TRADE PLACES x 2 ; ; TRADE PLACES/W INSIDE UNDER ARM TURN ; W OUT TO FC ;**

**05-06 :** [Trade Places x 2] With R hnds jnd rk apt L, rec R trng ¼ RF to fc LOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & WALL stepping sd & bk L twd COH (W rk apt R, rec L trng ¼ LF to fc LOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & COH stepping sd & bk R twd WALL) joining L hnds,-; **With** L hnds jnd rk apt R, rec L trng ¼ LF to fc LOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & COH stepping sd & bk R twd WALL (W rk apt L, rec R trng ¼ RF to fc LOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L twd COH),-;

**07-08 :** [Trade Places/W Ins.UA Turn] Rk apt L, rec R comm to pass R shldr while trng ¼ RF and keeping R Hnds jnd, cont to trn RF stepping sd L twd COH,(W rk apt R, rec L, fwd R fwd WALL spiralling 7/8 LF undr jnd R hnds to end almost fcg WALL, -) -; **(W Out to Fc)** Trng bdy RF to fc WALL stp fwd twd WALL R,L,R (W fwd WALL L, fwd R trng ½ LF to fc COH, sd & bk L, -) to BFLY WALL, -;

**09-12 : FENCE LINE ; THRU SERPIENTE ; ; AIDA ;**

**09----** : [Fence Line] Thru-lunge L, rec R, sd L, -;

**10-11 :** [Thru Serpiente] Thru R, sd L, XRIBL, flair L CCW bhnd no wgt ; XLIBR, sd L, XRIFL,flair L CCW no wgt to BFLY/LOD ;

**12----** : [Aida] Thru R (W thru L), sd L trn RF to V bk to bk posit, bk R to op fcg RLOD, -;

**13-16 : SWITCH/ROCK ; UNDARM TURN ; REV. UNDARM TURN ; CUCARACHA/W TRN to VARS WALL ;**

**13-14 :** [Switch/Rock] Trng LF to fc ptr sd L bringing jnd hnds thru, rec rock sd R, rock sd L to end fcg ptr,- (W trng RF to fc ptr sd R, rec rock sd L, rock sd R to end fc ptr,-) ;

[Underarm Turn] Bk R, rec L, sd R (W XLIFR comm 1/2 RF turn, rec R cont RF turn to fc prtn, sd L, -), -;

**15-16 :** [Rev.Underarm] Raise lead hnds lead W to trn LF under hnds XLIFR, rec R, sd L (W XRIFL trn LF, sd & fwd L cont LF trn to fc prtn, sd R,-),-;

[Cucaracha /W Turn to VARS] Sd R, rec L, cl R (W Sd L, rec R, Small sd L trng ½ LF) to **VARS WALL** , -;

**PART B****01-04 : FULL MOON (SPECIES) ; ; ; ;**

**01-02 : [Fwd Basic/W Swivel for a Cross Body to end Vars COH]** Fwd L, rec R, bk & sd L trng LF to LOD, (W Fwd R, rec L, smal lsd R swiveling ½ RF to COH, -) -; Bk R, rec L trng ¾ LF to COH, sd R, (W fwd L, fwd R comm trng LF, fwd L cont LF trn, -) to L VARS/COH -;

**03-04 : [Fwd Basic/W Swivel for a Cross Body to end Vars WALL]** Repeat meas 1,2 Part A to VARS/WALL ; ;

**05-08 : FWD BASIC/ W HIP TWIST to a FAN ; ; HOKEY STICK ; ; R-Handshake**

**05-06 : [Basic/W Hip Twist to a Fan]** Fwd L, rec R, cls L to R, (W Fwd R, rec L, Small sd R trng ¾ RF to LOD, -) Bk R, rec L, sd R, ( W Fwd L, fwd R trng ½ LF to RLD, bk L, -) -;

**07-08 : [Hokey Stick]** Fwd L, rec R, clo L, (W Clo R to L, fwd L, fwd R, -) -; Bk R, rec L, diag out fwd R, (W fwd L, trng LF fc undr lead hnds bk R, bk L, -) to BTFY RLOD/WALL -; R-Handshake

**09-12 : FLIRT ; ; SWEETHEART/W TURN to FC & STACKED HANDS ; BASIC w/ HEADLOOPS ;**

**09-10 : [Flirt]** Fwd L, rec R, sd L leading W to trn LF (W bk R, rec L ½ trng LF, sd R, -) to VARS WALL, -; Bk R, r ec L, sd R leading W to slide in front, (W bk L, rec R, sd L, -) end in L VARS WALL -;

**11-12 : [Sweetheart/W Trn to Fc & Stacked Hnds]** XLIFR shaping twd ptr, rec R, join R-R hnds sd L trng W ½ RF (XRIBL shaping twd ptr, rec L, sd & fwd R swiveling RF ½ to fc ptr,-) to stacked hands , -;

**[Basic w/ headloops]** Raising jnd R-R hands XRIBL & join L hnds low, rec L bring R hnds down L hnds up, bringing L hnds over M's head sd R trng 1/4 LF and raising jnd RR hnds over W's head (W fwd L trng RF under jnd R-R hnds, fwd R cont RF trn, fwd L cont RF trn under jnd R-R hnds,-), -;

**13-16 : BACK BREAK to HALF OP ; OP IN & OUT RUNS ; ; SPOT TURN ;**

**13----** : **[Bk Break to ½ OP]** Releasing all hands but leaving M's R & W's L arm on ptr's shdr trn LF (W RF) to fc LOD bk L, lowering arms to ptr's bk rec R, fwd L, - to ½ OP LOD ;

**14-15 : [Op In & Out Runs]** Fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R (W fwd L, R, L,-) to L-1/2 OP LOD, -; Fwd L, R, L (W fwd R trng RF to fc ptr & RLOD, trng RF fwd L to fc LOD, fwd R) to ½ OP LOD ;

**16----** : **[Spot Turn]** Relg hnds XLIFR (W XRIFL) comm trng ½ LF, rec R cont trng LF to fc prtn, sd R, -;

**PART C****01-04 : BASIC to NATURAL TOP ; ; CUDDLE x 2 ; ;**

**01-02 : [Basic to Nat.Top]** Fwd L, rec R, sd L trng RF (W bk R, rec L, fwd R btw M's ft,-) to CP RLOD, -; Cont RF trn XRIBL, compg ¾ RF trn sd L, cl R to L (W sd L, XRIFL btw M's ft, cl L to R) to CP WALL, -;

**03-04 : [Cuddle x 2]** Sd L with l sd stretch, rec R, cl L with R sd stretch placing L hnd on W's R shldr blade ldg her to cl pos, (W trng ½ RF bk R with R sd stretch free arm out to sd, rec L with L sd stretch, fwd R with L sd stretch plcg R hnd on M's L shldr trng ½ LF blending to cl pos, -) -; **Sd R** with R sd stretch, rec L, cl R with L sd stretch placing R hnd on W's L shldr blade ldg her to cl pos, (W trng ½ LF bk L with L sd stretch free arm out to sd, rec R with R sd stretch, fwd L with R sd stretch plcg L hnd on M's R shldr trng ½ RF blending to cl pos, -) -;

**05-08 : CUDDLE/ W SPIRAL to a FAN ; ; ALEMANA FROM a FAN ; ; 1° TIME R-Handshake**

**05-06 : [Cuddle/W Spiral to a Fan]** Sd & slightly fwd L shape twd ptr, rec R, cl L (W trn RF ½ bk R, trn LF ¼ to LOD, fwd R /spiral LF), -; **XRIFL**, cl L to R, sd R (W Fwd L, fwd R w/1/2 trng LF fc RLOD, bk L,-), -;

**07-08 : [Alemana from a Fan]** Fwd L, rec R, cl L lead W to turn RF, -; (W bk R, rec L, fwd R comm RF swivel, -) **Bk R**, rec L, sd R (W Cont RF turn under joined lead hands fwd L, cont RF turn fwd R to fc prtn, sd L, -) **ONLY 1° time R-Handshake**, -;

**ENDING****01-04 : BASIC to NATURAL TOP ; ; AIDA to REV. ; SWITCH/LUNGE & EXTEND ARMS ;**

**01-02 : [Nat.Top]** Repeat Meas 1 & 2 Part C ; ;

**03----** : **[Aida]** Thru L (W thru R), sd R trn LF to V bk to bk posit, bk L to op fcg LOD, -;

**04----** : **[Switch/ Lunge & Extend Arms]** Bk & sd R bringing joined hnds thru Slight Body Trn RF Look at Ptr, relax R knee to lunge line & extend both arms horizontal, -, -;

## Capri Fischer (Jos Dierickx)

Rumba IV+2+1 (Sweetheart, Op Hip Twist - Full Moon (species))

Intro ABC ABC End

### Intro (Bfly Wall)

Wait ; ; NY 2x ; Hndshk ;

#### A

Op Hip Twist to Fc Fan Lod ; ; Op Hip Twist to Fc Fan Coh ; ;

Trade Places 2x ; ;

Trade Places w/W Insd Undrm Turn ; W Out to Fc ;

Fence Line ; Thru Serpiente ; ; Aida ;

Switch Rock ; Undrm Turn ; Rev Undrm Turn ;

Cucaracha W Trn to Varsou Wall ;

#### B

Full Moon ; ; ; ;

Fwd Basic W Hip Twist to Fan ; ;

Hockey Stick ; Hndshk ;

Flirt ; ; Sweetheart W Turn to Fc (Stacked Hands) ;

Fwd Basic w/Headloops ; Bk Break to 1/2 Op ;

Op In & Out Runs ; ; Spot Turn ;

#### C

Basic Nat Top ; ; Cuddle 2x ; ;

Cuddle W Spiral to Fan ; ;

**1:** Alemana ; Hndshk ;

**2:** Alemana ; ;

#### End

Basic Nat Top ; ;

Aida to Rev ; Switch Lunge & Extend Arms ;