

A BETTER MAN

Choreographer: Mike Seurer 449 East 5th Street, Fond du Lac, WI 54935 (920)907-1214

Record: RCA 8945-7, "A Better Man", Clint Back

Phase: II+2(Fishtail, Strolling Vine) Speed: 43 rpm

Released: August 2003

Rhythm: Two-Step

Time: 2:52

Sequence: **INTRO AABBC ABBC ENDING**

INTRODUCTION

1----4 (BFLY/WALL)WAIT 2 MEAS:: HITCH APT;SCIS THRU:

1-2 In BFLY/WALL wait 2 meas;;

3-4 Bk L, cl R, fwd L,-; Sd R, cl L, XRif of L to CP/WALL,-;

5----8 TRAVELING BOX W/ PU;;;:

5-6 Sd L, cl R, fwd L blending to RSCP/RL0D,-; Fwd R,-, Fwd L,-;

7-8 Sd R, cl L, bk R blending to SCP/LOD,-; Fwd L,-, Fwd R,(W steps in front of M on last step up to CP/LOD)-;

PART A

1----4 TWO- FWD TWO-STEPS::STRUT 4 TO FACE WALL:::

1-2 Fwd L ,cl R, fwd L,-; Fwd R, cl L,fwd R,-;

3-4 Fwd L,-,R,-; Fwd L,-,R to CP/WALL,-;

5----8 BOX:: REVERSE BOX:::

5-6 Sd L, cl R, fwd L,-; sd R, cl L, bk R,-;

7-8 Sd L, cl R, bk L,-; sd R, cl L, fwd R to SCP/LOD,-;

9----12 TWO FWD TWO-STEPS:: SLOW ROLL 4:::

9-10 Fwd L ,cl R, fwd L,-; Fwd R, cl L,fwd R,-;

11-12 Sd & fwd L LOD trng LF(W RF),-, sd R LOD & spin LF,-; Sd L -, thru R,-;

13----16 CUT BACK 4; DIP BK, REC; HITCH 4; WALK TWO:

13-14 XLif of R, step bk on R, XLif of R, step bk on R,-; Dip bk on L, rec R,-;

15-16 Fwd L, cl R, bk L, cl R,-; Fwd L,-,R,-; 2nd and 3rd time change to WALK & PU;

PART B

1----4 STROLLING VINE;;;:

1-2 Sd L twd LOD,-, XRib(W XRif),-, Sd L, cl R, sd L trng ½ LF,-;

3-4 Sd R twd LOD,-, XRib(W XLif),-, Sd R, cl L, sd R trng ½ to CP/WALL,-;

5----8 SCIS SDCAR; SCIS BJO; FISHTAIL; WALK AND FACE:

5-6 Sd L, cl R, XLif of R to SDCAR,-; Sd R, cl L, XRif of L to BJO,-;

7-8 XLib of R, sd R, fwd L, lk R ib of L,-; Fwd L,-, Fwd R to CP/WALL,-;

PART C

1----4 TRAVELING BOX;;;:

1-2 Sd L, cl R, fwd L blending to RSCP/RL0D,-; Fwd R,-, Fwd L,-;

3-4 Sd R, cl L, bk R blending to SCP/LOD,-; Fwd L,-, Fwd R,-;

5----8 HITCH 6:: TWIRL VINE 2; WALK AND PU:

5-6 Fwd L, cl R, bk L,-; Bk R, cl L, fwd R,-;

7-8 Sd L, XRib(W twrls RF undr jnd ld hnds R,L),-,Fwd L,-R picking up W to CP/LOD(W fwd L DLC trn 1/4 LF to CP/LOD),-;

ENDING

1----4 TWO- FWD TWO-STEPS::STRUT 4 TO FACE WALL:::

1-2 Fwd L ,cl R, fwd L,-; Fwd R, cl L,fwd R,-;

3-4 Fwd L,-,R,-; Fwd L,-,R to CP/WALL,-;

5----8 BOX:: OPEN VINE 3 AND PT THRU 4:::

5-6 Sd L, cl R, fwd L,-; sd R, cl L, bk R,-;

7-8 Sd L, XRib of L,-; sd L, XRif of L & pt down LOD,-;