

# A LITTLE PEACE (Ein Bisschen Frieden)

**Music:** Nicole [www.amazon.de](http://www.amazon.de) CD Ein Bisschen Frieden  
Track # 1 Time 3:04 Slow Down w/ 7%  
Available from Choreographer

**Rhythm:** **Rumba Phase: V + 1 + 1U** (Turkish Towel + Adv Hockey Stick)

**Footwork:** **Opposite except where (Noted)**

**Release Date:** June 2014

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**Sequence :** **INTRO AB A(9-17) B(1-16) C END**



## INTRO

### 01-04 CL WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; BASIC 1/2 to a NATURAL TOP ; ;

{**Wait**} CL POS WALL Id ft free wt 2 meas ; ; {**Basic 1/2 to a Nat Top**} Fwd L, rec R, sd & fwd L trng RF (W bk R, rec L, fwd R trng RF) to CP RLOD, -; XRib, sd L trng RF, cl R (W sd L, XRif, cl L) to CP WALL, -;

### 05-09 CLOSED HIP TWIST to a FAN ; ; HOCKEY STICK ; ; THRU VINE 4 to RLOD ;

{**Cl Hip Twist to a Fan**} Lowerg Id hnds sd & fwd L, rec R, cl L (W trng RF 1/4 bk R, rec L trng LF 1/4, sd R, swvl 1/4 RF), -; Bk R, rec L, sd R (W fwd L, trng LF sd R, cont LF trn bk L to fan pos) end in "L"-Pos M Fcg Wall/W Fcg RLOD, -; {**Hockey Stick**} Fwd L, rec R, cl L (W cl R, fwd L, fwd R), -; Sm bk R, rec L, long fwd R (W fwd L, fwd R trng sharply 5/8 LF undr jnd lead hnds, bk L) to LOP-FCG DRW, -; {**Thru Vine 4 to RLOD**} [QQQQ] To RLOD XLif (W XRif), sd R, XLib (W XRib), sd R to BFLY WALL ;

## PART A

### 01-04 BOTH HANDS ALEMANA TO TAMARA ; ; WHEEL 3 ; WHEEL 3 & / W WRAP (Both Fc Wall) ;

{**Alemanana to Tamara**} [Keepg both hnds jnd] Fwd L, rec R, cl L, -; XRib, rec L, cl R (W [Keepg both hnds jnd] XLif under raised Id hnds begin full RF trn, fwd R contg RF trn to fc ptr, sd L compg trn) to TAMARA POS WALL, -; {**Wheel 3**} Fwd trng CW 1/2 L, R, L, -; {**Wheel 3 / W Wrap**} Fwd cont trng CW 1/2 R, L, R leading W to turn LF to wrap pos fc wall (W trn LF under Id hnds L, R, L to wrap pos) both Fcg WALL, -;

### 05-08 WHEEL 3 ; WHEEL 3 / W UNWRAP to WALL ; SCALLOP ; ;

{**Wheel 3**} Fwd cont trng CW 1/2 L, R, L fc COH, -; {**Wheel 3 / W Unwrap to WALL**} Cont trng CW 1/2 R, L R lead W to turn RF under Id hands to BFLY (W turn RF under Id hands L, R, L), -; {**Scallop**} Trng sharply to SCP XLib (W XRib), rec R trng sharply to CP, sd L, -; Thru R trng sharply to SCP LOD, sd L trng sharply to CP, cl R, -;

### 09-12 CUDDLE TWICE & R-HNDSHK ; ; BASIC 1/2 to a TURKISH TOWEL ; ;

{**Cuddle x 2**} Sd L, rec R, cl L placing R hnd on W's L shldr blade (W trng 1/2 RF bk R with R arm out to sd, rec L trng 1/2 LF, sd R plcg R hnd on M's L shldr), -; Sd R, rec L, cl R placing L hnd on W's R shldr blade (W trng 1/2 LF bk L with L arm out to sd, rec R trng 1/2 RF, sd L plcg L hnd on M's R shldr) R-Handshk, -; {**Basic 1/2 to a Turkish Towel**} Fwd L, rec R, cl L raisg jnd R hnds (W bk R, rec L, fwd R), -; XRib, rec L trng 1/2 LF, sd R bringing R hnds down & jng L hnds low (W trng RF fwd L, fwd R, fwd & sd L to end bhd M on his L sd) to VARS LOD, -;

### 13-17 CROSS CHECK 3 TIMES ; ; ; W OUT to FACE & WALL ; THRU FRONT VINE 4 to RLOD & R-HNDSHK ;

{**Cross Ck x 3**} Bk L, rec R, sd L (W fwd R, rec L, sd R to M's R sd), -; Bk R, rec L, sd R (W fwd L, rec R, sd L to M's L sd), -; Repeat meas 13 Part A ; {**W Out to Fc & WALL**} Releasing L hands bk R, rec L, fwd R (W fwd L, fwd R trng 1/2 LF, bk L) to BFLY WALL, -; {**Thru Front Vine 4 to RLOD**} Repeat meas 9 Intro to R-Hndshk ;

## PART B

### 01-04 TRADE PLACES TWICE ; ; TRADE PLACES/W INSIDE UNDERARM TURN ; W OUT to FACE & COH ;

**{Trade Places x 2}** With R hnds jnd rk apt L, rec R trng ¼ RF to fc RLOD beh W then rel jnd R hnds, cont to trn RF to fc ptr & COH stepping sd & bk L (W rk apt R, rec L trng ¼ LF to fc RLOD in front of M then rel jnd R hnds, cont LF trn to fc ptr & WALL stepping sd & bk R) joining L hnds, -; With L hnds jnd rk apt R, rec L trng ¼ LF to fc RLOD beh W then rel jnd L hnds, cont to trn LF to fc ptr & WALL stepping sd & bk R (W rk apt L, rec R trng ¼ RF to fc RLOD in front of M then rel jnd L hnds, cont RF trn to fc ptr & COH stepping sd & bk L) joining R hnds, -; **{Trade Places/W Insd Underarm Trn}** Rk apt L, rec R comm to pass R shldr while trng ¼ LF and keeping R hnds jnd, cont to trn LF but slightly less than in meas 1 stepping sd L twd COH (W rk apt R, rec L, fwd R fwd COH spiralling 7/8 LF undr jnd R hnds to end almost fcg COH), -; **{W Out to COH}** Trng bdy RF to fc COH stp fwd twd COH R,L,R closing up (W fwd COH L, fwd R trng ½ LF to fc WALL, sd & bk L) to BFLY COH, -;

### 05-08 REVERSE UNDERARM TURN ; SPOT TURN ; CROSS BODY / W SPIRAL to WALL ; ;

**{Reverse Underarm Trn}** Raisg jnd ld hnds XLif, rec R, sd L (W XRif undr jnd ld hnds trng LF ½. rec L contg LF trn to fc ptr, sd R) to BFLY COH, -; **{Spot Trn}** Relg hnds XRif (W XLif) trng ½ LF, rec L cont trn to fc ptr, sd R to BFLY COH, -; **{Cross Body/W Spiral to WALL}** Fwd L, rec R, sd & bk L trng ¼ LF (W bk R, rec L, fwd R spiraling 7/8 LF under joined ld hands) to "L" CP M fcg RLOD W fcg WALL, -; Bk R contg LF trn, rec L comp LF trn to CP WALL, sd R (W comm trng LF fwd L, fwd & sd R cont trng LF to fc ptr, sd L) to BFLY WALL, -;

### 09-12 OP HIP TWIST to FACING FAN to LOD ; ; OP HIP TWIST to FACING FAN to COH ; ;

**{OP Hip Twist to Fcg Fan LOD}** [w/ ld hnd] Chk fwd L, rec R, cl L (W bk R, fwd L, fwd L, swvl ¼ RF), -; Bk R, rec L trng ¼ LF to LOD, fwd R (W fwd L, trng LF sd R, cont LF trn bk L to RLOD), -; **{OP Hip Twist to fcg Fan COH}** Repeat meas 9,10 Part B to COH ; ;

### 13-17 ADVANCED HOCKEY STICK ; ; NEW YORKER TWICE ; ; THRU FRONT VINE 4 to RLOD ;

**{Advanced Hockey Stick}** Fwd L, rec R trng ¼ RF, sd L (W bk R, rec L, fwd R), -; Bk R raisg ld hnds to form window, rec L trng RF 1/4, twd DRW fwd R (W fwd L, fwd R & spiral 3/8 LF, bk L) to LOP-FCG DRW, -; **{New Yorker x 2}** XLif (W XRif) to LOP RLOD, rec R to fc ptr, sd L to BFLY WALL, -; XRif (W XLif) to OP LOD, rec L to fc ptr, sd R to BFLY WALL [2<sup>de</sup> TIME : R-Hndshk], -; **{Front Vine 4 to RLOD}** Repeat meas 9 Intro ;

## PART C

### 01-04 BASIC 1/2 to a FULL NATURAL TOP ; ; ; ;

**{Basic ½ to a Full Nat Top}** Repeat meas 3,4 Intro ; ;

### 05-08 CLOSED HIP TWIST to a FAN ; ; ALEMANA FROM A FAN OVERTURNED to LEFT HAND STAR RLOD ; ;

**{Clsd Hip Twist to a Fan}** Repeat meas 5,6 Intro ; ; **{Alemana From a Fan Overtrnd to L-hnd Star}** Fwd L, rec R, cl L (W cl R, fwd L, fwd R swiveling RF to left lsd of M), -; Raisg jnd ld hnds XRib, rec L, sd R swiveling RF (W XLif under raised ld hnds begin full RF trn, fwd R contg RF trn, sd L compg trn to L-Hand Star) to L-Hand Star RLOD, -;

### 09-12 UMBRELLA TURN ; ; ; ;

**{Umbrella Trn}** Fwd L, rec R, bk L, -; [keepg jnd hnds high] Bk R, rec L, fwd R (W trng ½ RF undr jnd hnds bk L, rec R, fwd L), -; Fwd L, rec R, bk L (W trng ½ LF undr jnd hnds bk R, rec L, fwd R), -; Bk R, rec L, fwd & sd R to fc ptr (W trng ½ RF undr jnd hnds bk L, rec R, fwd & sd L) to BFLY WALL, -; [RAL's current version of UMBRELLA TURNS may be used instead if preferred]

### 13-16 FENCE LINE ; THRU SERPIENTE ; ; CRAB WALK 3 ;

**{Fence Line}** XLif (W XRif) w/ bent knee, rec R, sd L, -; **{Thru Serpiente}** Thru R, sd L, XRib (W XLib), flare L CCW ; XLib (W XLib), sd R, thru L, flare R CW to BFLY WALL ; **{Crab Walk 3}** Twds LOD XRif (W XLif), sd L, XRif (W XLif), -;

## ENDING

### 01-03 TWIRL VINE 3 ; SPOT TURN ; SLOW AIDA to RLOD & EXTEND ARMS ;

**{Twirl Vine 3}** Sd L, XRib, sd L (W full RF trn undr jnd ld hnds fwd R, sd & bk L, fwd R) to SCP LOD, -; **{Spot Turn}** Repeat meas 6 Part B to BFLY WALL, -; **{Slow Aida to RLOD}** Slowly thru L to RLOD, sd R trng LF, bk L cont LF trn to V-bk-to-bk pos LOD, extend ld arms ;