

A LOVELY WAY

DANCE BY NANCY & DEWAYNE BALDWIN

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RECORD STAR 176 "THIS IS A LOVELY WAY" F/S ETERNALLY

FOOT WORK DIRECTIONS FOR MAN EXCEPT WHERE NOTED SPEED: 45

RHYTHM FOXTROT PH IV

DATE 9-13

SEQUENCE A B A[1-8] C B A[1-4] END

INTRO

1-4 **DL WL;; STP TOG TCH; BOX FIN;**

Wait;; Fwd L,-, tch R,-; Bk R trn,-, sd L, cl R;

PART A

1-4 **CP LOD REV WAV;; CL IMP; FEA FIN;**

Fwd L,-, fwd R trn, bk L; Bk R,-, bk L, bk R; Bk L,-, heel trn, sd & bk L CP LOD;
Bk R,-, sd & fwd L, XRif;

5-8 **DIA TRNS SCAR;;;;**

Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R; Fwd L,-, sd R, bk L; Bk R,-, sd L, fwd R;

9-12 **3 X HVRS SCP;;; CHR & SLIP;**

XLif,-, sd & fwd R rise, fwd & sd L; XRif,-, sd & fwd L rise, fwd & sd R; XLif,-,
sd & fwd R rise, fwd & sd L; Lun thru R,-, rec L, slp bk R;

13-16 **2 LF TRNS CP WL;; HVR; THRU FC CL;**

Fwd L trn,-, sd R, cl L; Bk R trn,-, sd L, cl R; Fwd L,-, fwd & sd R rise, rec L;
Thru R trn,-, sd L, cl R;

PART B

1-4 **SCP FWD RUN 2; I/O RUNS;; MANUV;**

Fwd L,-, fwd R, fwd L; Fwd R trn,-, sd & bk L, bk R; Bk L trn,-, sd & fwd R, fwd L;
Fwd R trn,-, fwd L trn, cl R CP RLOD;

5-8 **OVR SPN TRN CP WL; BK ½ BOX; WSK; WING;**

Bk L pvt,-, fwd R rise, sd & bk L; Bk R,-, sd L, cl R; Fwd L,-, fwd & sd R, XLIB;
Fwd R,-, draw L, tch L;

PART C

1-4 **TELE TO SCP; CRVD FTHR; OUTSD CHG TO SCP; START I O RUNS;**

Fwd L trn,-, fwd R trn, sd & fwd L; Fwd R trn,-, fwd L trn, fwd R & ck; Bk L,-,
bk R trn, sd & fwd L; Fwd R trn,-, sd & bk L, bk R;

5-8 **FIN I O RUNS; WEV TO SCP;; PU RUN 2;**

Bk L & trn,-, sd & fwd R trn, fwd L; Fwd R,-, fwd L trn, sd & bk R; Bk L,-, bk R trn,
sd & fwd L; Fwd R,-, fwd L, fwd R CP LOD;

9-12 **1 LF TRN CP RLOD; HVR CORTE; BK WSK; START WEV TO SCP;**

Fwd L,-, fwd R trn, cl L; Bk R & trn,-, sd & fwd L rise, rec R; Bk L,-, bk & sd R,
XLlib; Fwd R,-, fwd L trn, sd & bk R;

13-16 **FIN WEV TO SCP; FWD HVR BJO; BK HVR SCP; THRU FC CLS;**

Bk L,-, bk R trn, sd & fwd L; Fwd R,-, sd & fwd L rise, rec R; Bk L,-, sd & bk R,
rec L; Thru R trn,-, sd L, cl R;

END

1-4 **2 LF TRNS CP WL;; HVR; CHR & HOLD;**

Fwd L trn,-, sd R trn, cl L; Bk R trn,-, sd L trn, cl R; REPEAT 15 PART A;
Lun thru R,-,-,-;