

A NEW DAY

Music: Ernesto Cortazar
Amazone.com Cd Faces of Nature
Track # 10 time 3:41 Intro edited by jos Slow down w/ 10 %
Available from choreographer

Rhythm: **Slow Two Step Phase : V+U** (Horse Shoe Turn + The Square
Trav.R Turn w/ Outsd Roll + Ronde Lariat)

Footwork: **Opposite , except where (Noted)**

Release Date: Jan 2014
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Sequence: **INTRO AB ABC ABC(1-14) END**



INTRO

01-04 LOOSE CP WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;
{Wait} Loose CP WALL ld ft free wait 4 meas ; ; ; ;

PART A

01-02 FULL BASIC to PU in LOW BFLY ; ;

{Full Basic to PU} Sd L, -, XRib (W XLib), rec L ; Sd R, -, XLib (W XRib), rec R (W sd L, -,XRib, rec L starting to fold in frt of M) to picking-up in Low Bfly ;

03-06 TRAVELING CROSS CHASSE 4 TIMES ; ; ; - END FCG WALL ;

{Trav X-Chasse x 4 end to BFLY} Joining both hands low Fwd L trng LF, -, with rt side leading sd R, XLif (W bk R trng lf, -, with lf side leading sd L, XRif) to DLC ; Fwd R trng RF, -, with lf side leading sd L, XRif (W bk L trng rt, -, with rt side leading sd R, XLif) to DLW ; Repeat meas 3,4 Part A end to BFLY WALL ; ;

07-08 LUNGE BASIC TWICE ; ;

{Lunge Basic x 2} Sd L, -, rec R, XLif (W XRif) ; Sd R, -, rec L, XRif to BFLY WALL ;

09-12 DBL HNDHOLD UNDERARM TURN to STACKED HANDS ; OPEN BREAK ; CHANGE SIDES / W UNDRM TURN ; BASIC END to PU ;

{Dbl Handhold Undrm Trn} [With both hands joined above lady's head] Sd L, -, XRib lead ptr under dbl hd hold, rec fwd L Stacked Lft over Rt hands (W fwd R, -, fwd L rf trn under dbl hd hold, fwd R stacked hands L over R) fcg ptr to WALL ; {Stacked Hnds Open Break} With stacked hnds Sd R, -, rk apt L, rec R ; {Change Sides / W Underarm} Fwd L to COH chg sds CW lead W trn under stacked hds, -, sd R, XLif (W fwd R to WALL LF trn under stacked hds chg sds, -, sd L, XRif) to Loose CP COH ; {Basic Ending to PU} Sd R, -, XLib (W XRib), rec R (W starting to fold in frt of M to picking-up)

13-16 TRIPLE TRAVELER to RLOD ; ; ; BASIC ENDING to MANUVER ;

{Triple Traveler to RLOD} Fwd L comm LF trn raisj jnd ld hnds to ld W's LF trn, -, sd R compg ¼ LF trn, XLif (W bk R comm LF trn, -, sd L trng LF undr ld hnds, contg LF trn sd R) to LOD ; Fwd R spiral LF undr jnd hnds, - fwd L, fwd R (W fwd L, -, fwd R, fwd L) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr) ; {Basic Ending to Manuver} Sd R, -, XLib (XRib), rec R starting to fold in frt of W ;

PART B

01-04 TRAVELING RIGHT TURN w/ OUTSIDE ROLL to BFLY WALL ; ; UNDERARM TURN to a RONDE LARIAT ; ;

{Traveling Right Turn w/ Outsd Roll} Cont trn RF crossing lf of W sd & bk L to fc RLOD, -, XRib, twist tm RF 5/8 on both ft to fc DLW & shift wgt to L (W fwd R btwn M's ft, -, fwd L, R around M RF) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L) end in BFLY WALL ; {Undrm Trn} Sd L, -, bk R, rec L (W sd R, -, fwd & across L trng RF under joined R hands, fwd R cont RF trn to fc M) to Loose CP ; {Ronde Lariat} Release trail hnds fwd & sd R between W's feet trng upper body RF to lead W to ronde CW, -, swivel LF on R under raised jnd lead hnds to OP LOD, hold (W sd L, ronde R CW, -, XRib, sd & fwd L to fc LOD) ;

05-08 OUTSIDE ROLL to BFLY COH ; HORSE SHOE TURN ; ; BASIC ENDING to Loose CP WALL ;

{Outsd Roll} Comm trn LF bk L, -, sd R, XLif cont trn (*W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr*) to BFLY COH ; **{Horse Shoe Trn}** Relg trl hnds Sd & fwd R to L-OP LOD, -, cont trn thru L to V position LOD, rec R to V pos & raise ld hnds ; LF ½ circ fwd L, -, R, L (*W RF ½ circ undr jnd hnds fwd R, -, L, R*) to Loose CP WALL ; **{Basic Ending to Loose CP WALL}** Sd R, -, XLib (*W XRib*), rec R to Loose CP WALL ;

PART C

01-04 SOLO TURN to BACK to BACK & FACE to FACE ; ; OPEN BASICS ; ;

{Solo Turn to Bk to Bk & Fc to fc} [Release both hnds & Every pass to LOD] Sd & fwd L start LF trn, -, sd R cont LF trn to fcg COH, XLif (*W sd R & fwd start RF trn, -, cont RF to fcg WALL, XRif*) to Bk to Bk Pos ; Sd & bk R cont LF trn, -, sd L cont LF trn to WALL, XRif (*W sd & bk L cont RF trn, -, sd R cont RF trn to COH, XRif*) to Fc to Fc Pos WALL ; **{OP Basics}** Sd L trng to ½ LOP RLOD, -, XRib (*W XLib*), rec L trng to fc ; Sd R trng to ½ OP LOD, -, XLib (*W XRib*), rec R starting to fold in frt of W ;

05-08 M SWITCH ; BOTH SPIRAL IN & RUN 2 ; FORWARD & RUN 2 ; LADY SWITCH to BFLY ;

{M Switch} Sd L Xg in frt of W to ½ LOP, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R*) ; **{Both Spiral IN & Run 2}** Release folded ld arms fwd R spiral 1 full trn, -, fwd L,R ; **{Fwd & Run 2}** Blend to ½ OP LOD fwd L, -, R,L (*W manuvg in frt of M*) ; **{Lady Switch to BFLY}** Fwd R, -, fwd L to ½ OP LOD, fwd R (*W sd L Xg in frt of M, fwd R to ½ OP, fwd L*) trn to BFLY WALL ;

09-12 SOLO TURN to BACK to BACK & FACE to FACE ; ; OPEN BASICS ; ;

{Solo Turn to Bk to Bk & Fc to fc} Repeat meas 1,2 Part C ; ; {Op Basics} Repeat meas 3,4 Part C ; ;

13-16 THE SQUARE ; ; ; ;

{The Square} [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd COH in L ½ OP, XLif (*W fwd R, -, sd L twd COH, XRif starting to Xif of M*) ; Fwd R, -, sd L twd RLOD, XRif starting to Xif of W (*W [like a switch] Xif of M sd L, -, trng RF to step sd R twd RLOD in ½ OP, XLif*) ; [Like a switch] M Xif of W sd L, -, trng RF to step sd R twd WALL in L ½ OP, XLif (*W fwd R, -, sd L twd WALL, XRif starting to Xif of M*) ; Fwd R, -, sd L twd LOD, XRif (*W [like a switch] Xif of M sd L, -, trng RF to step sd R twd LOD in ½ OP, XLif to loose CP WALL*) ;

ENDING

01-04 FORWARD to FCG PTR & HOLD ; BASIC ENDING to PU ; LEFT TURN to BFLY ;

REVERSE UNDERARM & WRAP to LOD ;

{Fwd to fcg Ptr & Hold} Fwd L trng to fc ptr, -, point R, - hold ; **{Basic Ending to PU}** Repeat meas 16 Part A (*W sd L, -, XRib, rec L starting to fold in frt of M to picking-up*) ; **{Left Turn to BFLY}** Fwd L comm LF trn, -, sd R compg ¼ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF, contg LF trn sd R*) to BFLY COH ; **{Reverse Underarm trn & Wrap to LOD}** Sd R, -, XLib bringing lead hnds over W's head to wrap pos, rec R trn LF (*W sd L, -, XRif trng LF undr jnd lead hnds to wrap pos, rec L cont LF trn*) to WRAP POS LOD ;

05-08 SWEETHEART RUN ; UNWRAP the LADY ; LUNGE BASIC ; REVERSE UNDERARM to WRAP LOD & HOLD ;

{Sweetheart Run} Fwd L, -, fwd R,L ; **{Unwrap the Lady}** Fwd R, -, fwd L leading W to unwrap LF w/ jnd lead hnds, XLif (*W fwd L, -, fwd & sd R trng ¼ LF w/ jnd ld hnds, XLif*) to BFLY WALL ; **{Lunge Basic}** Repeat meas 7 Part A ; **{Reverse Underarm trn & Wrap to LOD}** Repeat meas 4 Ending & Hold ;