

A SONG IN MY HEART

PG 1 OF 2

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MUSIC: "With A Song In My Heart" 2:41 Ballroom Dance Collection—Rumba
Chacra Music, track #5 download Amazon.com
RHYTHM: RUMBA RAL PHASE III + 1 [[alemana](#)]
FOOTWORK: opposite unless indicated **SPEED:** as on download
SEQUENCE: INTRO A A B A(1-15) TAG Released 6/12

INTRO

- 1-4 WAIT 2 MEAS;; SHLDR/SHLDR TWICE;;
1-2 Fcg ptr WALL both hnds jnd low lead ft free wait;;
3 Fwd L to BFLY SCAR, recR fc ptr, sd L,-;
4 Fwd R to BFLY BJO, rec L to fc ptr, sd R,-;

PART A

- 1-8 ALEMANA TO LARIAT;;; THRU TO SERPIENTE;; CRAB WLKS;;
1-2 [ALEMANA] fwd L, rec R, sl L leading W to trn RF undr jnd lead hnds,-
(W bk R, rec L, sd R comm RF swvl,-) bk R rec L, fwd R,-(W cont RF trn
undr jnd lead hnds fwd L, cont RF trn fwd R, sd L to M's R sd,-);
3-4 [LARIAT] sd L, rec R, cl L,- (W fwd R, L, R moving CW arnd M,-);
Sd R, rec L, cl R,-(W cont CW arnd M, fwd L, fwd R, sd L,-) end fcg ptr
WALL with lead ft free;
5-6 [THRU TO SERPIENTE] thru L twd RLOD, sd R, XLIB of R, ronde R
behind L; XRIB of L taking weight on L, sd L, thru R, swvl on R & ronde
L to fc ptr in BFLY;
7-8 [CRAB WLKS] In BFLY fcg ptr WALL XLIF of R, sd R, XLIF of R,-;
XLIF of R, sd R, XLIF of R,-;
9-16 FENCE LINE; WHIP; THRU TO SERPIENTE;; CRAB WLKS;; FENCE LINE;
WHIP;
9 [FENCE LINE] In BFLY XLIF of R twd RLOD with bent knee in lunging
action, rec R, sd L,-;
10 [WHIP] bk R comm 1/4 LF trn & leading W to XIF of M, rec fwd L cont
LF trn, sd R to fc ptr COH,-;
11-12 [THRU TO SERPIENTE] REPEAT MEAS 5 & 6 PART A TWD LOD;;
13-14 [CRAB WLKS] REPEAT MEAS 7 & 8 PART A TWD LOD;;
15 [FENCE LINE] REPEAT MEAS 9 PART A Xing LIF of R twd LOD;
16 [WHIP] REPEAT MEAS 10 PART A to end fcg ptr WALL;
REPEAT PART A

PART B

- 1-4 ALEMANA TO LARIAT (OVERTRN FC WALL);;;
1-2 [ALEMANA] REPEAT MEAS 1 & 2 PART A;;
3-4 [LARIAT (OVERTN FC WALL)] sd L, rec R, cl L,-(W fwd R, L, R moving
CW arnd M on his R sd,-); sd R, rec L, cl R,-(W fwd L cont CW arnd M,
fwd R pivoting on R, sd L to fc WALL in front of M,-) end both fc WALL in
tandem M behind W lead ft free;

PART B (CONT)

- 5-8 CUCA TWICE;; FWD BASIC (W TRN TO FC); BK HALF BASIC;
5-6 [CUCA TWICE]Tandem WALL both with lead ft free sd L, rec R, cl L,-; sd R, rec L, cl R,-;
7-8 [FWD BASIC(W TRN TO FC)] fwd L, rec R, bk L,-(W fwd R, rec L trng 1/2 LF to fc ptr, fwd R,-) end BFLY WALL trail ft free;
- 9-12 REV U/A TRN TO OP LOD; PROG WLK 3; SLIDING DOORS;;
9 [REV U/A TRN TO OP LOD] fwd L trng sl RF to shape twd ptr leading W to trn LF undr jnd lead hnds, rec R, sd & fwd L trng 1/4 to fc LOD,-(W XRIF of L trng 1/2 LF undr jnd lead hnds, cont LF trn sd & fwd R, sd & fwd L to fc LOD,-);
10 [PROG WLK 3] moving twd LOD fwd R, fwd L, fwdR,-;
11-12 [SLIDING DOORS] Apt L, rec R, XLIF of R moving behind ptr to chng sides,-(W apt R, rec L, XRIF of L moving in frnt of ptr to chng sides,-); Apt R, rec L, XRIF of L moving behind ptr to chng sides,-(W apt L, rec R, XLIF of R moving in frnt of ptr to chng sides,-);
- 13-16 CIRCLE AWAY & TOG;; SLOW HIP RK 4;;
13-14 [CIRCLE AWAY & TOG] trng LF away from ptr fwd L, fwd R, fwd L moving CCW,-; cont LF trn moving CCW twd ptr fwd R, fwd L, fwd R jn both hnds low,-;
15-16 [SLOW HIP RK 4] low BFLY lead ft free rk sd L,-, rk sd R,-; rk sd L,-, rk sd R,-;

REPEAT A (1-15)
TAG

- 1 FENCE LINE & HOLD;
1 [FENCE LINE & HOLD] In BFLY fcg WALL XLIF of R twd RLOD in lunging action & hold position,-,-,-;

QUICK CUES

- INTRO wait 2 meas;; shldr/shldr twice;;
- PART A alemana to lariat to BFLY;;; thru to serpiente;; crab wlk twice;; fence line & whip;; thru to serpiente;; crab wlk twice;; fence line & whip;;
- PART A alemana to lariat to BFLY;;; thru to serpiente;; crab wlk twice;; fence line & whip;; thru to serpiente;; crab wlk twice;; fence line & whip;;
- PART B alemana to lariat lady overturn fc WALL;;; cuca twice;; fwd basic lady trn LF to fc; bk 1/2 basic; rev U/A trn to op LOD; prog wlk 3; slide the door over & back;; circle away & tog to low BFLY;; slow hip rk 4;;
- PART A (1-15) alemana to lariat to BFLY;;; thru to serpiente;; crab wlk twice;; fence line & whip;; thru to serpiente;; crab wlk twice;; fence line & whip;;
- TAG fence line & hold;

