

A WINK & A SMILE

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 Music: CD "Ballroom Magic" – Casa Musica Premium Standard CP 5002 trk 13 "A
 Wink & A Smile" SLOWED BY 10% for comfort (playing time 3 minutes).
 Rhythm/Phase: West Coast Swing IV+2+1 (Whip Turn, Side Whip)
 Sequence: Intro, A, A, B, A, C, A, B, A, End

INTRO

- 1-4 **WAIT 1 MEAS; TURN LADY to FC; MODIFIED KICK/BALL CROSSES::**
 1 Cuddle Position R hands joined R foot free both fc **BL**OD wait 1 measure;
 2 [Lady Turns to Fc] Bk small step on R leading Lady to step fwd and swivel
 RF to face, take handshake hold, -, - (W fwd R small step swivelling to fc
 M, hold,-,-);
 1&23&4;1&23&4 3-4 [Modified Kick/Ball Crosses] (same footwork) Flick L toe on floor/sd L
 (1&23&4;1&23&-) comm RF turn, cross R over L cont tm, flick L toe on floor/sd L cont RF
 turn, cross R over L cont tm; flick L toe on floor/sd L cont RF turn, cross R
 over L cont tm, flick L toe on floor/sd L cont RF turn, cross R over L end fc
 LOD (W tch R fwd);

PART A

- 1-8 **SUGAR PUSH - LEFT SIDE PASS::; SUGAR TUCK & SPIN - UNDERARM
 TURN::; WRAPPED WHIP::**
 1234; 1&2, 1-2* [Sugar Push] Back left, back right, touch left to right, forward left; behind
 right/side left, side right, (W Forward right, forward left, touch right to left,
 back right; back left/close right, forward left.)
 56;1&23&4; *2-3 [Left Side Pass] Back left turning left face, close right turning left face
 leading woman to man's left side; forward left/close right, forward left,
 cross right in back of left/side left, side right (W Forward right, forward left
 passing on man's left side; forward right/left, right turning left face, back
 left/close right, forward left); **NOTE: Starts and ends left open facing
 position. A 1 1/2 measure figure with 1/2 left face turn.**
 1234;1&2, 4-5* [Sugar Tuck and Spin] Back left, back right with a slight left face turn of
 the body, touch left to right raising your left hand to your left shoulder with
 a slight right face turn bringing the lady's right side toward you keep low
 and well into your right hip, forward left; behind right/side left, side right, (W
 Forward right, forward left, touch right to left bringing the right side into
 your partner as he raises his left hand to his shoulder, swivel 1/2 RF fwd
 right spin 1/2 RF to fc partner, (anchor) back left/close right, forward left,
NOTES: The sugar tuck and spin is a six count figure taking 1 1/2 measures.
 34;1&23&4; *5-6 [Underarm Turn] Back left, forward right slightly off the track to the lady's
 right shoulder turning 1/4 right face, turning 1/4 right face step side left into
 track/close right, forward left, behind right/side left, side right (W Forward
 right, forward left under joined lead hands; forward right/left, right turning
 left face, back left/close right, forward left; **NOTE: Start and end in left
 open facing position. A 1 1/2 measure figure, man turns 1/2 right face and
 woman turns 1/2 left face under joined lead hands.**
 123&4;567&8; 7-8 [Wrapped Whip] Back left to double handhold recover right off track to
 lady's right shoulder turning 1/4 right face, bring man's left and woman's
 right hands in and over woman's head side left continue right face
 turn/close right, side and forward left in wrapped position; cross right in
 back of left turning right face release man's right and woman's left hands,
 side left turning right face to face line of dance, side right/close left, side
 right (anchor step); (W Forward right, forward left, forward right/close left,
 back right; back left, back right, back left/close right, forward left (anchor
 step);) **NOTE: Man goes around lady. She has NO turn.**

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REPEAT PART A

PART B

- 1-8 **SUGAR TUCK & TWIRL – MAN'S UNDERARM TURN;;; UNDERARM TURN w/HOOK TURN to TANDEM – RIGHT SIDE PASS;;; WHIP TURN;;**
- 1234;1&2, 1-2* **[Sugar Tuck and Twirl]** Back left, back right with a slight left face turn of the body, touch left to right raising your left hand to your left shoulder with a slight right face turn bringing the lady's right side toward you keep low and well into your right hip, forward left raising lead hands to lead lady to twirl RF under joined hands; behind right/side left, side right, (W Forward right, forward left, touch right to left bringing the right side into your partner as he raised his left hand to his shoulder, swivel ½ RF fwd right under joined lead hands twirl ½ RF to fc partner; (anchor) back left/close right, forward left, **NOTES:** *The sugar tuck and twirl is a six count figure taking 1½ measures, it is exactly like the tuck and spin except for the joined hands.*
- 34;1&23&4; *2-3 **[Man's Underarm Turn]** Back left, forward right turning 1/4 right face under joined lead hands; side left turn 1/4 right face/forward right, forward left, cross right in back of left/side left, side right; (W Forward right, forward left turn 1/4 left face; side right/cross left in front turn ¼ left face, back right, back left/close right, forward left;)
- 123&4;1&2, 4-*5 **[Sugar Push w/Hook Turn to Tandem]** Back left, back right, touch left to right, forward left; hook right behind left turning ½ RF to present back to lady changing her right hand to his right hand/side left, close right, (W Forward right, forward left, touch right to left, back right; back left/close right, forward left,) **NOTE:** *End fcg LOD in tandem.*
- 34;1&23&4 5*-6 **[Right Side Pass]** Forward left, recover back right; close left/in place right, forward left, cross right in back of left/side left, side right; (W Forward right, forward left; forward right turning 1/4 left face/cross left in front turn 1/4 left face, back right, back left/close right, forward left;) **NOTE:** *Starts in L-shaped tandem right hands joined. Change to man's left and woman's right hand as she comes past on step 3. End left open facing position.*
- 123&4;567&8; 7-8 **[Whip Turn]** Back left, recover forward and side right moving to woman's right side commence right face turn 1/4 to closed position, side left continuing right face turn 1/4/forward right, side and forward left; cross right in back of left turning 1/2 right face, forward left to left open position, cross left behind right/side left, side right; (W Forward right, forward left turning right face 1/2 to closed position, back right/close left to right, forward right between man's feet turning right face 1/2; back left, back right, cross left behind right/side right, side left; **NOTE:** *Starts and ends left open facing position, 2 measures. Man 1/2 turn right each measure. Woman 1/2 turn right each measure.*

REPEAT PART A

PART C

- 1-8 **SYNCOATED SIDE BREAKS;; CHICKEN WALKS;; TURNING BASIC – JIVE WALKS;;; THROWOUT;**
- 1&2&3&-; 1 **[Syncopated Side Breaks]** Push step left/push step right, close left/close right, push step left/push step right, hold; (W Push step right/push step left, close right/close left, push step right/push step left, hold;)
- 1&2&3&-; 2 Close left/close right, push step left/push step right, close left/close right, hold; (W close right/close left, push step right/push step left, close right/close left, hold; **NOTE:** *Keep this figure as flat as you can by using soft knees, it should have NO vertical movement.*

1-3-;5678;

3-4 [**Chicken Walks**] Back left, -, back right, -; back left, back right, back left, back right; (W Forward right swiveling foot out, -, forward left swiveling foot out, -; forward right swiveling foot out, forward left swiveling foot out, forward right swiveling foot out, forward left swiveling foot out; *NOTE: Man leads woman forward with slight swiveling action of her feet. This is caused by slight turning of woman's hand in direction of her foot travel. Joined man's left hand palm is up and woman's right hand palm is down. Her foot action is an arc; with her free foot traveling in to brush her weighted foot, then swiveling out to travel to its destination. These are small steps and small swivels. Arm motion straight up, brush the hair, define the cleavage, & out to the side will "dress up" the figure.*

123&4;1&2

5-6* [**Turning Basic**] Start in open facing position with the lead hands joined low facing LOD. Your left elbow is close to your waist. Your right hand may be placed on your hip. Step back on the left foot (toe-heel), step forward on the right foot (heel-toe) moving to the lady's right side place your right hand on the lady's back to establish a loose closed position, swivel ¼ right face on the right foot to the wall and step side on the left (toe)/recover on the right foot (toe-heel) and turn 1/4 right face to RLOD, step slightly forward on the left foot (heel-toe); {begin anchor step} Step back on the right (toe) well under your body/replace weight on the left foot (heel) keeping the lady closer if you want to lead East Coast figures, replace weight on the right foot (toe-heel) letting the lady extend into your right arm to lead West Coast figures, (W - Start in open facing position, with lead hands joined low, facing RLOD. You may place your left hand on your hip, if you wish. Step forward on the right foot (heel-toe), step forward on the left foot (heel-toe) and turn ½ right face to LOD {make sure this step is in your slot with the man moving to your right side, the man will place his right hand on your back to assume the loose closed position for the rest of the figure}, step back on the right (toe)/close the left foot to the right (toe-heel), step forward on the right foot (heel-toe) {this step should be between the man's feet}; swivel ¼ right face on the right foot to the wall and step side on the left (toe)/close the right foot to the left and turn ¼ right face to RLOD {the man may hold you closer at this point to lead into East Coast figures}, step back on the left foot well under body (toe-heel) {the man may let you extend back, into his right arm, to lead into West Coast figures},)

NOTES: The turning basic is a six-count figure using 1 ½ measures of music. This figure can be danced facing LOD or RLOD. It is not in any of the fundamental groups of figures. It has characteristics of the whip (in fact the first measure is exactly like a whip) but is in a six-count pattern. Consequently it is put in a special category of figures that do not follow all the West Coast Swing rules. The man establishes a loose closed position on step 2 and keeps that position throughout the figure. The ending position is defined as an L-shaped position with man facing COH and woman facing RLOD. To achieve this ending the man must turn ¼ and the woman turns 1 full turn. This is one of the three figures that end in a loose closed position. The Closed Whip and Underarm Turn to Closed Position are the other figures. These figures become useful for the insertion of East Coast Swing or Jive figures into a West Coast routine. For the man the anchor step is more commonly used than the coaster step for the last triple (5&6). If the man holds the lady forward on her last step, he can readily lead her into East Coast figures, if he allows her to go back into his arm he can lead her into West Coast figures instead.

12;3&45&6

*6-7 [**Rock to Jive Walks**] Rock back left, recover forward right; forward left/right, left, forward right/left, right (W Rock back right, recover left; forward right/left, right; forward left/right, left);

1&2;3&4

- 8 [Throwout] Side left/close right, side left starting left face turn 1/4 to line of dance; [coaster step] cross right in back of left/side left, side right, (W - Side right starting left face sum/close left; continue left face turn back right, back left/close right, step forward left.)

REPEAT PART A

REPEAT PART B

REPEAT PART A

END

1-5+

SIDE WHIP;; CHICKEN WALKS to CUDDLE;; COLLAPSE w/ NOSE FLICK;;

12--; -67&8;
(123&4; 567&8;)

- 1-2 [Side Whip] Back left, recover forward and side right moving to woman's right side turning 1/4 right face to an L-shaped semi-closed position placing right hand on woman's back, point left [no weight], hold; hold, forward left turning 1/4 left face, cross right behind left/side left, side right; (W - Forward right, forward left turning 1/2 right face, back right/close left to right, forward right; forward left, forward right turn 1/2 left face to face partner, cross left behind right/side right, side left;)

1-3-; 1234

- 3-4 [Chicken Walks to Cuddle Position] Back left, -, back right, -; back left, back right, back & side left small step leading lady to start to pass man changing hands, close right leading lady to tandem cuddle position; (W Forward right swiveling foot out, -, forward left swiveling foot out, -; forward right swiveling foot out, forward left swiveling foot out, forward right starting LF tm, close left into cuddle position; NOTE: all the notes from Part C measures 3 & 4 apply. Some adjustment of footwork may be necessary to make this figure feel comfortable. Achieving a comfortable cuddle takes precedence over exact Chicken Walk footwork. There is a slight pause in the music at this point, use it to settle comfortably into a relaxed cuddle.

- 5+ [Collapse w/Nose Flick] On the downward scales of the music slowly sag into each other with her head back against his shoulder and his face gently against her hair. The music appears to end, but then there is a very faint "up-tinkle" which she will use to reach up and gently touch the end of his nose. NOTE: An alternate ending that I have considered is to turn to look at each other and wink on that last tinkle.