

## AFTER YOU

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**Music:** "After You"      CD "The Very Best Of Dan Seals"  
Varese Sarabande # 303 067 087 2      Track 2      **Artist:** Dan Seals

**Available:** Best Buy      **Speed:** + 5%

**Rhythm:** Rumba      Phase IV

**Footwork:** Directions for man, woman opposite except where noted      **Date:** 10-2011

**Sequence:** INTRO A B BRG A B C B END

## INTRO

**1-4**      **LOP WALL WAIT;; APT PT; TOG BFLY;**  
1-4      Wait;; Bk L,-, point R twd ptr,-; Fwd R,-, tch L,-;

## PART A

**1-4**      **CHASE;;;;**  
1-2      Fwd L trn, rec R, fwd L (W Bk R, rec L, fwd R),-;  
            Fwd R trn, rec L, fwd R,-;  
3-4      Fwd L, rec R, bk L (W Fwd R trn, rec L, fwd R),-; Bk R, rec L, fwd R,-;

**5-8**      **NY; THRU SERP;; FNC LINE;**  
5-8      BFLY Thru L, rec R FC, sd L,-; Thru R, sd L, bhd R, fan L;  
            Bhd L, sd R, thru L, fan R; X lun R, rec L, sd R,-;

## PART B

**1-4**      **OP BRK; WHP; NY; AIDA;**  
1-4      Rk apt L, rec R, sd L,-; Bk R trn, rec L, sd R (W Fwd L, fwd R trn,  
            sd L),-; REPEAT 5 PART A; Fwd R trn, sd L trn, bk R,-;

**5-8**      **SWCH RK; CRB WLKS;; SPT TRN;**  
5-8      Trn sd L, rec R, sd L,-; XRif, sd L, XRif,-; Sd L, XRif, sd L,-;  
            XRif trn, rec L trn, sd R,-;

**9-12**      **½ BASIC; FAN; ALEMANA;;**  
9-10      Fwd L, rec R, sd L,-; Bk R, rec L, sd R (W Fwd L, sd & bk R, bk L),-;  
11-12      Fwd L, rec R, cl L (W Cl R, fwd L, fwd R trn),-; Bk R, rec L, sd R  
            (W Fwd L trn, fwd R trn, sd L),-;

**13-16**      **LARIAT;; OP BRK; WHP;**  
13-14      In plc stp L, stp R, stp L (W Fwd R, fwd L, fwd R),-; Stp R, stp L, stp R  
            (W Fwd L, fwd R, sd L),-;  
15-16      REPEAT 1-2 PART B;;

**BRIDGE**

- 1-2 **TIM STP 2X;;**  
1-2 XLib, rec R, sd L,-; XRib, rec L, sd R,-;

**PART C**

- 1-4 **BRK BK TO OP; PROG WLK 3 & HOLD; SLDG DR; CUCA;**  
1-4 Swvl bk L, rec R, fwd L,-; Fwd R, fwd L, fwd R,-; [music slows]  
Rk apt L, rec R, XLif,-; sd R, rec L, cl R,-;
- 5-8 **PROG WLK 3; SLDG DR; CIRC AWY & TOG;;**  
5-6 Fwd L, fwd R, fwd L,-; Rk apt R, rec L, XRif,-;  
7-8 Fwd L trn, fwd R trn, fwd L trn,-; Fwd R trn, fwd L trn, fwd R trn,-;
- 9-12 **DR 2X;; SD WLK 3; SPT TRN;**  
9-10 BFLY Rk sd L, rec R, XLif,-; Rk sd R, rec L, XRif,-;  
11-12 Sd L, cl R, sd L,-; XRif trn, rec L trn, sd R,-;

**END**

- 1-2 **FLIRT & HOLD;;**  
HNDSHK Fwd L, rec R, sd L (W Bk R, fwd L, fwd R trn) VARS,-;  
Bk R, rec L, sd R (W Bk L, rec R, sd L) L VARS,-;