

AGAINST THE WIND

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Music: "Against The Wind" **Artist:** Bob Seger Capitol Starline X-6317 **Speed:** 46 RPM

Availability: Download from Amazon, La Mejor Musica & Cine de los 90's *Forrest Gump* [3:56]

Rhythm: Rumba Phase IV + 1unph [Facing Fan]

Footwork: Directions for man, woman opposite except where noted. **Date:** Oct. 2015

Sequence: Intro A B BRG A B C End

INTRO

1-4 **WAIT;; APT PT; TOG BFLY;**
BFLY WALL Wait;; Apt L,-, pt R,-; Fwd R,-, tch L BFLY WALL,-;

PART A

1-4 **BAS;; BRK OP; PROG WLK 3;**
Fwd L, rec R, sd L,-; Bk R, rec L, sd R,-; Swvl bk L, rec R, fwd L OP LOD,-;
Fwd R, fwd L, fwd R,-;

5-8 **SLD DR 2X;; PROG WLK 3; NY;**
Rk apt L, rec R, XLif,-; Rk apt R, rec L, XRif,-; Fwd L, fwd R, fwd L,-;
Thru R, rec L to fc, sd R BFLY WALL,-;

9-12 **FWD BAS; FACING FAN; ALEMANA TO BL BJO;;**
Fwd L, rec R, bk L,-; Bk R, trn sd & fwd L fc LOD, fwd R,-;
(W Fwd L, trn sd & bk R, bk L,-;) Fwd L, rec R, cl L,-; Bk R, rec L, sd R,-;
(W Bk R, rec L, sd R trn,-; Fwd L trn, fwd R trn, sd L,-;) BL BJO LOD

13-17 **WHL TO BFLY WALL;; DR 2X;; 2 SD CL;**
Fwd L, fwd R, cl L,-; Fwd R, fwd L, cl R BFLY WALL,-; Rk sd L, rec R, XLif,-;
Rk sd R, rec L, XRif,-; Sd L, cl R, sd L, cl R;

PART B

1-4 **OP BRK; WHP; ½ BAS; FAN;**
Rk apt L, rec R, sd L,-; Bk R trn, rec L, sd R,-; (W Fwd L, fwd R trn, sd L,-;)
BFLY COH Fwd L, rec R, sd L,-; Bk R, rec L, sd R,-; (W Fwd L, sd & bk R, bk L,-;) FAN COH

5-8 **HKY STK;; LRT;;**
Fwd L, rec R, cl L,-; Bk R, rec L, fwd R,-; (W Cl R, fwd L, fwd R,-;
Fwd L, fwd R trn, sd & bk L,-;) In plc stp L, stp R, stp L,-; Stp R, stp L, stp R,-;
(W Fwd R, fwd L, fwd R,-; Fwd L, fwd R, sd L,-;) BFLY COH

9-12 **NY; AIDA; SWCH; SD WLK 3;**
Thru L, rec R to fc, sd L,-; Fwd R trn, sd L trn, bk R,-;
Trn & sd L, rec R, XLif BFLY COH,-; Sd R, cl L, sd R,-;

13-16 **OP BRK; WHP; SHLDR-SHLDR 2X;;**
Repeat meas 1-2 PART B;; Rk fwd L, rec R to fc, sd L,-; Rk fwd R, rec L to fc, sd R,-;

BRIDGE

- 1-2** **TWISTY VIN 8;;**
Sd & bk L, XRib, sd & fwd L, XRif; Sd & bk L, XRib, sd & fwd L, XRif;

PART C

- 1-4** **BAS;; X BODY;;**
Repeat meas 1-2 PART A;; CP WALL Fwd L, rec R, sd & trn L,-; Bk & trn R, fwd L, Sd & fwd R,-; (W Bk R, rec L, fwd R,-; Fwd L, fwd R trn, sd & bk L,-;) BFLY COH

- 5-8** **NY; THRU SERP;; FNC LINE;**
Repeat meas 9 PART B; Thru R, sd L, bhd R, fan L; Bhd L, sd R, thru L, fan R; X lun R, rec L, sd R,-;

- 9-12** **BAS;; X BODY;;**
Repeat meas 1-2 PART A;; CP COH Repeat meas 3-4 PART C;; BFLY WALL

- 13-16** **NY; THRU SERP;; FNC LINE;**
Repeat meas 5-8 PART C;;;

END

- 1-8** **CHS PEEK-A-BOO DBL;;;;;;;**
Fwd L trn ½, rec R, fwd L,-; Sd R, rec L, cl R,-; Sd L, rec R, cl L,-; Fwd R trn ½, rec L, fwd R,-; Sd L, rec R, cl L,-; Sd R, rec L, cl R,-; Fwd L, rec R, bk L,-; Bk R, rec L, fwd R,-; (W Bk R, rec L, fwd R,-; Sd L, rec R, cl L,-; Sd R, rec L, cl R,-; Fwd L trn ½, rec R, fwd L,-; Sd R, rec L, cl R,-; Sd L, rec R, cl L,-; Fwd R trn ½, rec L, fwd R,-; Fwd L, rec R, bk L,-;)

- 9-12** **ALEMANA;; FNC LINE 2X;;**
Fwd L, rec R, cl L,-; Bk R, rec L, sd R BFLY WALL,-; (W Bk R, rec L, sd R trn,-; Fwd L trn, fwd R trn, sd L,-;) X lun L, rec R, sd L,-; X lun R, rec L, sd R,-;

- 13-14** **NY 4; SD CORTE & HOLD;**
Thru L, rec R to fc, sd L, cl R; Sd L,-, relax knee,-;