

TITLE; ALL OR NOTHING
DANCE BY; Dorothy Sanders, 6406 Moorhaven Dr.Louisville, Ky 40228 (502)239 5760
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FOOTWORK; Opposite,except where noted
RHYTHM; FT **PHASE;** III **SPEED;** 43 12/08

SEQUENCE; INT AA B A TAG

INT

1-4 **DIAG;; APT PT; PKUP TCH;**
1-4 DIAG wait;; bk L,-,pt R,-; fwd R(W pkup LF),-,sd L,cls R CP LOD;
5-8 **BOX;; DIP TWIST; REC;**
5-8 fwd L,-,sd R,cls L; bk R,-,sd L,cls R; bk L,-,twist upper body,-; rec R,-,-;

-A-

1-4 **FWD & RUN 2; MANV; IMPETUS SCP; THRU & FC,CLS;**
1-2 fwd L,-,fwd R,fwd L; fwd R trng RF,-,sd L,cls R CP RLOD;
3-4 bk/sd L trng RF,-,heels tog R,fwd L SCP(W pivot 3); thru R,-,fc L,cls R;
5-8 **BOX;; TWIST VINE; FWD & FC,CLS;**
5-8 fwd L,-,sd R,cls L; bk R,-,sd L,cls R; sd L,-,XRib,sd L; fwd R,-,fc L,cls R;
9-12 **HOVER; THRU HOVER BJO; BK HOVER SCP; THRU & CHASSE;**
9-10 fwd L,-,sd rise R,rec L SCP; thru R,-,fwd rise L(W trn BJO),rec R;
11-12 bk L,-,bk rise R(W trn SCP),rec L; thru R,-,sd L/cls R,fwd L SCP;
13-16 **THRU & CHASSE; THRU & FC,CLS; TWIRL VINE; PKUP & SD CLS;**
13-14 thru R,-,sd L/cls R,fwd L SCP; thru R,-,fc L,cls R;
15-16 sd L,-.XRib,sd L(W twirl RF); fwd R(W pkup LF),-,sd L,cls R CP LOD;

-B-

1-4 **LF TRNG BOX;;;SCAR**
1-2 fwd L trng LF 1/4,-,sd R,cls L; bk R trng LF 1/4,-,sd L,cls R;
3-4 fwd L trng LF 1/4,-,sd R,cls L; bk R trng LF 1/4,-,sd L,cls R blend SCAR;
5-8 **X HOVER BJO; X HOVER SCAR; X HOVER SCP; THRU & SD, BHND;**
5-6 thru L,-,push sd R,rec L BJO; thru R,-,push sd L,rec R SCAR;
7-8 thru L,-,push sd R,rec L SCP; thru R,-,sd L,XLib;
9-12 **ROLL 3; THRU & FC,CLS; SD,TCH,SD,TCH; SD & DRAW,CLS;**
9-12 roll LF(W RF) L,-,R,L; thru R,-,fc L,cls R CP; sd L,tch R,sd R,tch L; sd L,-,draw R,cls R;
13-16 **SCP FWD & RUN 2; MANV; 2 RT TRNS LOD;;**
13-14 SCP fwd L,-,fwd R,fwd L; fwd R trng RF,-,sd L,cls R CP RLOD;
15-16 bk L trng RF,-,sd R,cls L; fwd R trng RF,-,sd L,cls R CP LOD;

TAG

1-6 **BOX;; SD,TCH,SD,TCH; SD & DRAW CLS; SD CORTE; TWIST;**
1-4 fwd L,-,sd R,cls L; bk R,-,sd L,cls R; sd L,tch R,sd R,tch L; sd L,-,draw R,cls R;
5-6 twd COH sd L,-,-,-; twist upper torso to look at wall;