

ALL THE THINGS YOU ARE

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Music: All The Things You Are by Ray Conniff
From the CD album 'S Awful Nice
Available from Wal-Mart Music Downloads

Rhythm/Phase: Foxtrot Phase V

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Intro A B A (1-13) Bridge B A

..... INTRODUCTION (4 Measures)

OPN FCNG DLW LEAD FEET FREE WAIT 2 MEAS;; STEP TOG & TCH CP; BOX
FINISH;

[1 & 2] In opn fcng pos DLW w/ lead feet free wait 2 meas;; [3] Step tog L, -,
tch R to left clsd pos, -; [4] Bk R start slight lf turn, -, sd & bk L cont slight lf turn,
cl R to left clsd pos DLC;

..... PART A (16 Measures)

DIAMOND TURN CP DLC;;; CURVING 3-STEP; BK CURVING 3-STEP; THREE-STEP;
MANUV SD CL; SPIN & TWIST;; FEATHER FINISH; 2 LEFT TURNS CP WALL;;
WHISK*; PKUP SD CL*; DIP & REC*;

[1 - 4] Fwd l w slight left turn on diag, -, cont left turn sd R, bk L to bjo pos; Cont
slight left turn step bk R, -, sd L, fwd R stay in bjo; Fwd L slight left turn on diag, -,
sd R, bk L; Bk R, -, sd L, fwd R blnd clsd pos DLC; [5] Fwd L commence to turn
left, -, fwd R pass well under body w/ right side stretch cont left turn, w/ right side
stretch banking into the curve fwd L well under body; [6] Bk R commence to turn
left, -, bk L pass well under body w/ left side stretch cont left turn, w/ left side
stretch banking into the curve bk R well under body; [7] Fwd L, -, fwd R, fwd L;
[8] Commencing rf turn fwd R, -, cont rf turn to fc ptrn sd L, cl R clsd pos RLOD;
[9 & 10] Bk L pivot rf w/ left side stretch, -, fwd R heel to ball cont turn w/ stretch,
sd L twd diag wall; XRIB of L w/ only partial weight/unwind rf chng weight to right,
cont turn rf, step sd L slightly diag wall, -; (W fwd R between M's feet pivot rf, -,
bk L trng rf, cl R to left fc diag cntr; Fwd L/R arnd M, fwd L trng rf, fwd R between
M's feet, -;) [11] Bk R trng lf, -, sd & fwd L, fwd R outside W cross right leg in front
of left at thighs to CBMP; [12 & 13] Fwd L commence lf upper body turn, -, cont to
turn up to 1/2 sd & bk R, cl L; Bk R commence lf upper body turn, -, cont to turn up
to 1/2 sd & fwd L, cl R blnd clsd pos fcng wall; [14] Fwd L, -, fwd & sd R commence
rise to ball of foot, XLIB of R cont to full rise ending in tight semi-clsd pos;
[15] Twd LOD fwd R pkng up W to clsd pos, -, sd L, cl R; [16] Dip bk L, -, rec R, -;

* Special notes for ending Part A

2nd time thru Part A use only the first 13 meas but end the 2 left turns fcng LOD.

3rd time thru Part A chng meas 16 to step apart & point.

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..... PART B (8 Measures)

MINI-TELESPIN;; CONTRA CHK, REC, SD SEMI; NATURAL HOVER FALLAWAY;
SLOW DIP BK & REC; DOUBLE FALLAWAY BJO; WEAVE 4 ENDING; CHNG OF
DIRECTION;

[1 & 2] Fwd L commence to turn left, -, sd R about 3/8 turn, bk & sd L no weight light pressure inside edge of toe keep left side in to woman/turn body left no weight to lead W to clsd pos commence spin; Fwd L cont spin lf on left drawing right to left under body, cl R flexing knees, hold, -; (W bk R commence to turn left, -, cl L to right heel trng 1/2, fwd R keep right side in twd man/fwd L trng lf twd ptr; Fwd R to clsd pos w/ left head, spin left, draw left to right under body, cl L flexing knees, hold, -;) [3] Chk fwd L, -, rec R, sd L semi-clsd pos DRW; [4] Fwd R w/ slight body turn to right, -, fwd L on toe trng to right w/ slow rise, rec bk R semi-clsd pos; [5] While in semi-clsd pos step bk L, -, rec R, -; [6] Timing here is S&S& and it's bk L, cl R to left w/ slight rise, bk L, cl R to left w/ slight rise; (W bk R, cl L to right w/ slight rise, bk R commence lf turn, sd & fwd L trng to bjo pos;) [7] Bk L, bk R commence lf turn, cont turn sd & fwd L DLW, fwd R end bjo pos; [8] Fwd L DLW, -, fwd R DLW right shoulder leading and turn lf, draw L to right & brush;

..... BRIDGE (2 Measures)

SLOW DIP, RISE, & RECOVER FWD;;

[1 & 2] In clsd pos LOD dip bk L, -, with weight still on left foot commence fwd rising action twd LOD, -, rec fwd R, -;;