

**CHOREOGRAPHERS:** Russ and Judy Francis, 142 E. 1450 N. Layton, UT, 801-628-4752, Email: [rounds-by-russ@comcast.net](mailto:rounds-by-russ@comcast.net)  
**MUSIC:** MP3 Download Amazon.com "Almost Jamaica" Artist: TheBellamy Bros.  
**FOOTWORK:** Opposite For Woman Except Where Noted  
**NOTE:** May use [Option fwd/lck/fwd – or – bk/lck/bk] where applicable  
**RHYTHM:** CHA, CHA  
**DANCE LEVEL:** Phase IV+2 (Opn Hip Twist & Dbl Cubans)  
**SPEED:** 45 RPM  
**RELEASED:** APRIL 2012

**SEQUENCE:** INTRO – A – B – C – B – INT #1 – A – B – INT #1 – C – B – INT #2 – B (MOD) - END

## INTRO

1 – 4 **IN OPN FCNG LOD WAIT LEAD NOTES & (2) MEAS;; CUCARACHA – BTFY; BK ½ BASIC – HND SHK;**  
**(Cucaracha – Btfy)** Sd L, trng ¼ rt fc rcvr L, in plc L/R,L to BTFY/WALL; **(Bk ½ Basic – Hnd Shk)** Bk R, rcvr L, fwd R/clo L, fwd R to HND SHK/WALL;

## PART A

1 – 8 **OPN HIP TWST; FAN; ALEMANA FRM FAN;; SHLDR TO SHLDR; SPT TRN; HND TO HND – TWICE;;**  
**(Opn Hip Twst)** Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD); (Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L); (Alemana Frm Fan)** Fwd L, rcvr R, in plc L/R,L; rlsng trail hnds cross R bhnd, rcvr L, sd R/clo L, sd R to BTFY/WALL; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R trng ¼ rt fc to fc Man; trng ½ rt fc undr lead hnds cross L in frnt, trng ½ rt fc rcvr R, sd L/clo R, sd L); (Shldr To Shldr – Twice)** Staying in BTFY/WALL cross L in frnt **(Woman cross R bhnd)**, rcvr R, sd L/clo R, sd L; **(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R; **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R;

## PART B

1 – 7 **OPN BRK; AIDA; BK ½ BASIC; CUCARACHA – BTFY; OPN BRK; UNDRARM TRN; FNCLINE;**  
**(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to "V" bk to bk position to fc RLOD, bk R/clo L, bk R; **(Bk ½ Basic)** Bk L, rcvr R, fwd L/clo R, fwd L to LOPN/RLOD; **(Cucaracha – Btfy)** Sd R, trng ¼ lft fc rcvr L, in plc R/L,R to BTFY/WALL; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L); (Fncline)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L;

8 **SPT TRN – HND SHK;**  
**(Spt Trn)** Rlsng hnds trng ½ lft fc thru R, pvt ½ lft fc rcvr L to BTFY/WALL, sd R/clo L, sd R to HND SHK/WALL;

## PART C

1 – 8 **OPN HIP TWST; FAN; HCKYSTIK;; RVS CRABWLK – TWICE;; HND TO HND – TWICE;;**  
**(Opn Hip Twst)** Fwd L, rcvr R, bk L/clo R, bk L; **(Woman trng ¼ rt fc bk R, trng ¼ lft fc rcvr L, fwd R/clo L, fwd-swiv R ¼ rt fc to fc LOD); (Fan)** Bk R, rcvr L, in plc R/L,R to FAN POSITION; **(Woman fwd L, chng to lead hnds jn'd trng ½ lft fc sd & bk R, bk L/lck R, bk L); (Hckystik)** Fwd L, rcvr R, in plc L/R,L; bk R, rcvr L, diag out twds BTFY diag RLOD/WALL fwd R/clo L, fwd R; **(Woman clo R to L, fwd L, fwd R/clo L, fwd R; fwd L, trng 5/8 lft fc undr lead hnds bk R, bk L/clo R, bk L); (Rvs Crabwlk – Twice)** Staying in BTFY/WALL thru L, sd R, thru L/sd R, thru L; sd R, thru L, sd R/clo L, sd R; **(Hnd To Hnd - Twice)** Rlsng lead hnds trng ¼ lft fc bk L, trng ¼ rt fc rcvr R to BTFY, sd L/clo R, sd L; rlsng trail hnds trng ¼ rt fc bk R, trng ¼ lft fc rcvr L to BTFY, sd R/clo L, sd R;

**REPEAT PART "B"**

## ALMOST JAMAICA

## INT #1

- 1 – 4 **SHAD. N-YRKR – TWICE;; CIR AWY -2 & CHA; BK TOG -2 & CHA – HND SHK;**  
**(Shad. N-Yrkr – Twice)** Staying in HND SHK trng ¼ rt fc thru L touch lft hnd to Woman's shldr, trng ¼ lft fc rcvr R, sd L/clo R, sd L; trng ¼ lft fc thru R **Woman tch lft hnd to Man's shldr**, trng ¼ rt fc rcvr L to BTFY, sd R/clo L, sd R;  
**(Cir Awy -2 & Cha)** In OPN/LOD rlsng hnds trng 3/8 lft fc fwd L, fwd R, fwd L/clo R, fwd L; **(Bk Tog -2 & Cha - Btfy)**  
 Trng 3/8 lft fc fwd R, fwd L, fwd R/clo L, fwd R to HND SHK/WALL;

**REPEAT PARTS “A” - “B” - “INT #1” - “C”**

## INT #2

- 1 – 4 **DBL CUBANS;; FNCLINE – TWICE;;**  
**(Dbl Cubans)** Staying in BTFY cross L in frnt/rcvr R, sd L/rcvr R, cross L in frnt/rcvr R, sd L; cross R in frnt/rcvr L, sd R/rcvr L, cross R in frnt/rcvr L, sd R; **(Fncline – Twice)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R;

## PART B (MOD)

- 1 – 8 **OPN BRK; AIDA; BK ½ BASIC; CUCARACHA – BTFY; OPN BRK; UNDRARM TRN; FNCLINE – TWICE;;**  
**(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L; **(Aida)** Cross trail hnds ovr lead hnds trng ¼ lft fc thru R, rlsng trail hnds & trng 5/8 rt fc bk L to “V” bk to bk position to fc RLOD, bk R/clo L, bk R;  
**(Bk ½ Basic)** Bk L, rcvr R, fwd L/clo R, fwd L to LOPN/RLOD; **(Cucaracha – Btfy)** Sd R, trng ¼ lft fc rcvr L, in plc R/L,R to BTFY/WALL; **(Opn Brk)** Rlsng trail hnds bk L shooting rt arm up, rcvr R to BTFY, sd L/clo R, sd L;  
**(Undrarm Trn)** Rlsng trail hnds cross R bhnd, rcvr L to BTFY, sd R/clo L, sd R; **(Woman pvtng ½ lft fc on R undr lead hnds cross L in frnt, pvtng ½ rt fc rcvr R to BTFY, sd L/clo R, sd L;)** **(Fncline – Twice)** Staying in BTFY/WALL thru-lunge L, rcvr R, sd L/clo R, sd L; thru-lunge R, rcvr L, sd R/clo L, sd R;

## END

- 1 – 6 **CHASE PEEK-A-BOO;;; TO RVS RUMBA AIDA & HOLD;;**  
**(Chase Peek-A-Boo)** Rlsng hnds & trng ½ rt fc sd L, rcvr R to COH, fwd L/clo R, fwd L; sd R look ovr lft shldr at Woman, rcvr L, in plc R/L,R; sd L look ovr rt shldr at Woman, rcvr R, in plc L/R,L; trng ½ lft fc sd R, rcvr L to BTFY/WALL, fwd R/clo L, fwd R; **(Woman rlsng hnds bk R, rcvr L, fwd R/clo L, fwd R; sd L, rcvr R, in plc L/R,L; sd R, rcvr L, in plc R/L,R; fwd L, rcvr R, bk L/clo R, bk L;)** **(To Rvs Rumba Aida & Hold)** Cross lead hnds ovr trail hnds trng ¼ rt fc thru L, rlsng lead hnds & trng 5/8 lft fc bk R to “V” bk to bk position, bk L to fc LOD-; Hold-;