

AM I BLUE

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Music: Am I Blue by The New Stanton Band
From the CD album The Grand Island Casino
Available from Wal-Mart Music Downloads

Rhythm/Phase: Foxtrot/Jive Phase V

Music Speed: As downloaded

Footwork: Opposite throughout directions for M (and for W where noted).

Sequence: Intro A A B A C B A Ending

..... INTRODUCTION – Foxtrot (4 Measures)

OPN FCNG DLW LEAD FEET FREE WAIT 2 MEASURES;; APART POINT; PKUP & TCH
CP LOD;

[1 & 2] In opn fcng pos DLW w/ lead feet free wait 2 measures;; [3] Step apart L, -, point R twd ptrn, -;
[4] Fwd R pkup ptrn CP LOD, -, tch L, -;

..... PART A – Foxtrot (8 Measures)

REVERSE TURN;; CURVING THREE-STEP; BK CURVING THREE-STEP; THREE-STEP;
1/2 NATURAL TURN; SPIN TURN; 1/2 BOX BACK;

[1 & 2] Fwd L start lf body turn, -, sd R cont turn, bk L LOD to clsd pos; Bk R cont lf turn, -, sd & slightly
fwd L DLW, fwd R CBMP; (W bk R start lf turn, -, cl L to right [heel turn] cont turn, fwd R to clsd pos;
Fwd L cont lf turn, -, sd R to DLW, bk L CBMP;) [3] Fwd L commence lf turn, -, fwd R passing well under
the body w/ right side stretch cont lf turn, w/ right side stretch banking into the curve fwd L well under
the body; [4] Bk R commence lf turn, -, bk L passing well under body w/ left side stretch cont lf turn, w/
left side stretch banking into the curve bk R well under the body; [5] Fwd L, -, fwd R, fwd L;
[6] Commence rf upper body turn fwd R heel to toe, -, sd L across LOD blnd clsd pos, bk R;
[7] Commence rf upper body turn bk L toe pivoting 1/2 rf to fc line of progression, -, fwd R between W's
feet heel to toe cont rf turn keeping left leg extended back & side, complete turn sd & bk L; (W
commence rf upper body turn fwd R between M's feet heel to toe pivoting 1/2 rf, -, bk L toe cont turn
brush right to left, complete turn fwd R;) [8] Bk R, -, sd L, cl R clsd pos LOD;

..... PART B – Foxtrot (8 Measures)

TELEMARK SEMI; OPN NATURAL; OUTSIDE SPIN; BACK TURNING LOCK; MANUV;
IMPETUS SEMI; THRU & SEMI-CHASSE; PKUP SD CL;

[1] Fwd L commence lf turn, -, sd R cont turn, sd & slightly fwd L end tight semi-closed pos; (W bk R
commence to turn left bringing left beside right w/ no weight, -, turn lf on right heel [heel turn] and
change weight to L, sd & slightly fwd R end tight semi-closed pos;) [2] Commence rf upper body turn
fwd R heel to toe, -, sd L across LOD, cont slight rf upper body turn bk R lead ptrn to step outside M to bjo
pos; (W commence rf upper body turn bk L, -, cl R [heel turn] cont turn, fwd L outside ptrn to bjo pos;)
[3] In CBMP preparing to lead W outside ptrn commence rf body turn toeing in w/ right side lead bk L
CBMP small step 3/8 turn rf, -, fwd R CBMP heel to toe cont rf turn, sd & bk L end clsd pos RLOD; (W
commence rf body turn w/ left side lead staying well into M's right arm fwd R CBMP outside ptrn heel
toe, -, cl L to right pivot on toes of both feet about 5/8 turn, cont rf turn fwd R between M's feet end clsd
pos;) [4] Bk R with right side lead and right side stretch/cross L in front of right, bk & slightly sd R
commence lf turn, sd & slightly fwd L CBMP, -; (W fwd L w/ left side lead and left side stretch/cross R in
back of left, fwd & slightly sd L commence lf turn, sd & slightly bk R CBMP, -;) [5] Commence rf turn
fwd R, -, cont rf turn sd L across line of progression blnd clsd pos, cl R; [6] Commence rf upper body
turn bk L, -, cl R to left [heel turn] cont rf turn, complete turn fwd L in tight semi-closed pos; (W
commence rf upper body turn fwd R between M's feet heel to toe pivoting 1/2 rf, -, sd & fwd L cont turn
around M brush right to left, complete turn fwd R;) [7] Maintaining semi-closed pos twd LOD thru R, -,
fwd L/cl R, fwd L; [8] Twd LOD step thru R picking up W to clsd pos LOD, -, sd L, cl R;

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..... PART C – Jive (16 Measures)

LINDY CATCH;; CHICKEN WALKS [2S 4Q];; CHANGE L TO R TO SEMI & RK TO A RIGHT TURNING FALLAWAY;;; RK, REC, WALK & PKUP; REPEAT MEASURES

1 THRU 8;;; ;;;

[1 & 2] Rk apt L, rec R, fwd L/R, L moving rf around W catching her at waist w/ right hand releasing left hand [M is in back of W w/ right arm around her waist]; Fwd R, fwd L cont around W, fwd R/L, R to left opn fcng pos; (W rk apt R, rec L, fwd R/L, R [W in front of M]; Bk L, bk R still fcng same direction [no turn], bk L/R, L to left opn fcng ptrn;) [3 & 4] Bk L, -, bk R, -; Bk L, R, L, R; (W fwd R, -, fwd L, -; Fwd R, L, R, L;) [5 - 7] Rk bk L, rec R, sd L/cl R, sd L commence 1/4 rf turn; Sd R/cl L, sd R semi-clsd pos fc LOD, rk bk L, rec R to fc; Commence 1/4 rf turn sd L/cl R, complete turn sd L, commence 1/4 rf turn sd R/cl L, complete turn sd R to end semi-closed pos fcng RLOD; (W rk bk R, rec L, fwd R/cl L, fwd R commence up to 3/4 lf turn under joined lead hands; Sd L/cl R, sd L complete lf turn to semi-clsd pos, rk bk R, rec L to fc; Commence 1/4 rf turn sd R/cl L, complete turn sd R, commence 1/4 rf turn sd L/cl R, complete turn sd L to end semi-closed pos fcng RLOD; [8] Rk bk L, rec R, fwd L, fwd R small step picking up W clsd pos LOD; [9 - 16] Repeat measures 1 thru 8 except on Measure 15 end semi-clsd pos fcng LOD;;; ;;;

..... ENDING – Foxtrot (2 Measures)

FWD, RT LUNGE & REC; SLOW RT LUNGE;

[1] In clsd pos LOD fwd L, -, sd & slightly fwd R w/ lunging action, rec L; [2] Sd & slightly fwd R w/ lunging action & hold, -, -, -;