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MUSIC: CD Radio Gold Vol #3 CDCHD-557 Track #23 "At The Hop"

Artist: Danny And The Juniors

FOOTWORK: Opposite For Woman Except Where Noted

RHYTHM: Two Step

DANCE LEVEL: Phase II+1 (Whaletail)

SPEED: 35 RPM

RELEASED: Nov 2009

SEQUENCE: INTRO – A – B – A – B – C – A – B – C - END

INTRO

1 – 6 **STD OPN FCNG WAIT;; APT PNT; OPN TCH; CIR/SNAP – 4 – BTFY;;**
(Apt Pnt) Apt L-, pnt R twds Ptnr;; **(Opn Tch)** Stp R-, tch L to R – OPN/LOD-;
(Cir/Snap -4 – Btfy) Rlsng hnds & trng lft fc cir/snap fwd L-,R-; L-, R to BTFY/WALL-;

7 – 12 **BSKTBLL TRN – BTFY;; OPN VINE -4 – SEMI;; SLO RK THE BOAT – TWICE;;**
(Bsktbl Trn) Sd L-, trng _rt fc rcvr R to LOPN/RL0D-; rlsng hnds trng _rt fc awy frm
 ptnr sd L-, trng _rt fc rcvr R to BTFY/WALL-; **(Opn Vine -4 – Semi)** Sd L-, cross
 R bhnd-; sd L-, cross R in frnt to SEMI/LOD-; **(Slo Rk The Boat – Twice)** Fwd L
 with straight knee-, bending both knees clo R-; fwd L with straight knee-, bending both
 knees clo R-;

13 – 14 **TWL -2; WLK & P/UP;**
(Twl -2) Fwd L-, fwd R (Woman trng full rt fc trn undr jnd lead hnds sd & fwd R,
 sd & fwd L-;) to SEMI/LOD-; **(Wik & P/up)** Fwd L-, fwd R (Woman fwd R-, trng _ lft fc
 fwd R in frnt of Man) to CP/LOD-;

PART A

1 – 6 **2 FWD 2-STP'S;; PROG SCISS – BJO – CHK;; WHALETAIL;;**
(2 Fwd 2-Stp's) Fwd L, clo R, fwd L-; fwd R, clo L, fwd R-; **(Prog Sciss – Bjo – Chk)**
 Sd L, clo R, trng slightly rt fc cross L in frnt (Woman cross bhnd) to SD/CAR diag
 LOD/WALL-; trng _ lft fc sd R, clo L, trng _ lft fc cross R in frnt (Woman cross bhnd) to
 BJO diag LOD/COH – chkng-; **(Whaletail)** Cross L bhnd (Woman cross in frnt), fwd R,
 trng slightly rt fc sd L, cross R bhnd (Woman cross in frnt) to BJO diag LOD/WALL-;
 sd L, clo R, trng slightly lft fc cross L bhnd (Woman cross in frnt) sd R
 to BJO diag LOD/COH;

7 – 12 **FWD/LCK – TWICE; WLK & FC; BOX;; 2 TRNG 2-STP'S – SEMI;;**
(Fwd/Lck – Twice) Fwd L, lck R bhnd (Woman lck in frnt), fwd L, lck R bhnd
 (Woman lck in frnt); **(Wik & Fc)** Fwd L-, trng 3/8 rt fc fwd R to CP/WALL-; **(Box)**
 Sd L, clo R, fwd L-; sd R, clo L, bk R-; **(2 Trng 2-Stp's – Semi)** Trng 3/8 rt fc sd L,
 clo R, bk L to CP RLOD/CTR-; trng 3/8 rt fc sd R, clo L, fwd R to SEMI/LOD-;

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PART B

- 1 – 6** **LACE ACROSS; 2-STP – FC CTR; BOX;; BK AWY -3; TOG -3 CHG SD’S;**
(Lace Across) Fwd L, clo R, fwd L (Woman crossing in frnt of Man fwd R, fwd L, fwd R) to LOPN/LOD-; **(2-Stp – Fc Ctr)** Fwd R, trng _ lft fc fwd L, clo R (Woman maintaining jnd lead hnds trn _ rt fc bk R, sd L, clo R) to CP/COH **(Box)** Same as Meas 9 & 10 of Part A;; **(Bk Awy -3)** Rlsng hnds bk L, clo R, bk L-; **(Tog -3 Chg Sd’s)** Fwd R, clo L, fwd R trng _ rt fc passing Woman’s rt shldr-;
- 7 – 12** **BK AWY -3; TOG -3 – CP; BOX;; TWL/VINE -2; WLK & P/UP;**
(Bk Awy -3) Same as Meas 5 of Part B; **(Tog -3 – Cp)** Fwd R, clo L, fwd R to CP/WALL-; **(Box)** Same as Meas 9 & 10 of Part A;; **(Twl/Vine -2)** Sd L-, cross R bhnd (Woman trng full rt fc trn undr jnd lead hnds sd & fwd R, sd & fwd L-;) to CP/WALL-; **(Wlk & P/up)** Trng _ lft fc fwd L-, fwd R (Woman trng _ rt fc fwd R-, trng _ lft fc fwd L in frnt of Man) to CP/LOD-;

REPEAT PART “A” (TO – BTFY – WALL)

PART C

- 1 – 5** **FC TO FC; BK TO BK; BSKTBLL TRN – BTFY;; SD 2-STP/KNEE;**
(Fc To Fc) Sd L, clo R, rlsng lead hnds & trng 3/8 lft fc fwd L to “V” bk to bk position-; **(Bk To Bk)** Sd R, clo L, trng 3/8 rt fc fwd R to BTFY/WALL-; **(Bsktbl Trn – Btfy)** Same as Meas 7 & 8 of Intro;; **(Sd 2-Stp/Knee)** Sd L, clo R, sd L raising rt knee in frnt of lft leg-;
- 6 – 11** **SPT SPIN – SEMI; 2 FWD 2-STP’S;; VINE APT; VINE TOG – FC; _ BOX;**
(Spt Spin – Semi) Trng _ rt fc trn in plc R,L,R to SEMI/LOD-; **(2 Fwd 2-Stp’s)** Fwd L, clo R, fwd L-; fwd R, clo L, fwd R-; **(Vine Apt)** Rlsng hnds sd L, cross R bhnd, sd L-; **(Vine Tog – Fc)** Sd R, cross L bhnd, trng _ rt fc fwd R to CP/WALL-; **(1/2 Box)** Sd L, clo R, fwd L-;
- 12** **SCISS THRU TO P/UP;**
(Sciss Thru – P/up) Sd R, clo L, trng _ lft fc cross R in frnt (Woman sd L, clo R, trng _ lft fc fwd L to CP in frnt of Man to CP/LOD-;

REPEAT PART “A” & “B” (WLK -2 -BTFY – WALL;)

(Wlk -2 – Btfy) Fwd L-, trng _ rt fc fwd R to BTFY/WALL-;

REPEAT PART “C” (SCISS THRU – SEMI – LOD;)

(Sciss Thru – Semi) Sd R, clo L, trng _ lft fc cross R in frnt (Woman sd L, clo R, cross L in frnt)

END

- 1 – 6** **CIR/SNAP – 4 – BTFY;; BSKTBLL TRN - BTFY;; OPN VINE -4 - SEMI;;**
(Cir/Snap – 4 – Btfy) Same as Meas 5 & 6 of INTRO;; **(Bsktbl Trn – Btfy)** Same as Meas 7 & 8 of INTRO;; **(Opn Vine -4 – Semi)** Same as Meas 9 & 10 of INTRO;;
- 8 – 9** **SLO RK THE BOAT – TWICE;; SNAP APT; (Slo Rk The Boat – Twice)** Same as Meas 11 & 12 of INTRO;; **(Snap Apt)** Rlsng lead hnds only quickly apt frm ptnr sd L-;