

# Axel 5

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Music: CD: Stage & Screen, DLD1098 or Record: STAR # 234 flip: "A Celtic Melody" available from Palomino Records  
Rhythm: Samba **RAL Phase V+1** (rolling off the arm) **Timing:** as indicated in left margin  
Footwork: Opposite, except where noted for woman in parentheses **Suggested Speed:** slow for comfort  
Sequence: INTRO, A, B, A, C, B(5-12), A, END **Release:** June, 2008

## INTRODUCTION

### **1-4 WAIT; BASIC SBA; MERENGUE 2 & CUCARACHA; BOTH WAYS to BFLY;**

1 In CP/WALL wait 1 meas ;  
1a23a4 2 {basic} fwd L/cl R, in pl L, bk R/cl L, in pl R; CP/WALL  
123a4 3-4 {mer 2 & cucaracha -2x} sd L, cl R, sd L/in pl R, cl L; sd R, cl L, sd R/in pl L, cl R;BFLY/WALL

### **5-10 SBA AWAY & TOG; AWAY & TOG to OP; SBA WK & Man RUN;**

#### **Lady RUN & SBA WK; ROLL 3 & THRU SD CL; LAZY SBA TRNS to LOD;**

1a23a4 5-6 {sba awy & tog -2x} release ld hnds swivel LF on R & fwd L twd DLC (W DLW)/rec R, pull L bk, swvl RF on L sd & fwd R to fc ptr/rec L, pull R bk; repeat meas 5; but end in \_ OP/LOD  
1a2SQQ 7 {sba wk, man prom run} fwd L/rec R, pull bk L in \_ OP, fwd R looking over right sh'dr, -, trng RF fwd L in frnt of W, fwd R to \_ OP;(W fwd R/rec L, pull bk R, thru L, -, fwd R betw m's ft, fwd L to \_ OP;)  
SQQ3a4 8 {w prom run & sba wk} thru L, -, fwd R betw W's ft, fwd L to \_ OP, fwd R/rec L, pull bk R; \_ OP (W fwd R looking over right sh'dr, -, trng RF fwd L in frnt of man, fwd R, fwd L/rec R, pull bk L to \_ OP;)  
SQQSQQ 9 {roll 3, thru sd cl} trng awy from ptr fwd L comm. rolling LF (W RF), -, cont roll down LOD R, L to fc, thru R blend to CP, -, sd L, cl R; CP/WALL  
1a23a4 10 {lazy sba trns} fwd L trng 1/8 LF/cl R, in pl L, bk R trng 1/8 LF/cl L, in pl R; CP/LOD

## PART A

### **1-4 MERENGUE 2 & CUCARACHA; BOTH WAYS; 3 REV TRNS to FC RLOD & BK SD CL;;**

1-2 starting in CP/LOD repeat meas 3-4 INTRO;; CP/LOD  
1a23a4 3 {rev trns} fwd L trng LF/sd R w/left sway, XLIF cont trn, bk R cont trn/sd L w/right sway, cl R; CP/LOD (W bk R trg LF/sd L cont trn, cl R, fwd L cont trn/sd R, XLIF;)  
1a2SQQ 4 {rev trn & bk sd cl} fwd L trng LF/sd R cont trn, XLIF (W cl R) to CP/RLOD, bk R, -, sd L, cl R; to LOOSE CP/RLOD

### **5-8 PLAITS;; PULL Lady BY, BOTH FC the WALL; SAMBA TOG & APT;**

123a4 5 {plaits} taking sm steps bk L, bk R, bk L/bk R, bk L (W swivel RF on L fwd R, swivel LF on R fwd L, swivel RF on L fwd R/swivel LF on R fwd L, swivel RF on L fwd R;)  
123a4 6 starting on opp ft repeat meas 5; LOOSE CP/RLOD  
1a23a4 7 {pull w by}[keep ld hndhld & draw W to pass by M's left sd] bk L/cl R trn LF to wall, in pl L, sd R/cl L, sd R; (W fwd R/cl L, fwd R swivelg LF to fc wall, sd L/cl R, sd L;) sd by sd fcg WALL  
1a23a4 8 {sba tog & apt} swvl LF on R sd & fwd L to fc ptr/rec R, pull L bk, swvl RF on L sd R to fc wall/rec L, pull R bk; sd by sd fcg WALL

## PART B

### **1-4 Lady WRAP FC LOD & FWD WK; UNWRAP & THRU TO BFLY; SPOT VOLTA L; & R;**

1a23a4 1 {w wrap, fwd wk} trng LF to lod fwd L, in pl R/cl L, fwd R/rec L, pull bk R;(W roll RF into m's left arm fwd R/L, in pl R, fwd L/rec R, pull bk L;)WRAPPED/LOD  
1a2SQQ 2 {roll off the arm, thru sd cl}sd L/XRIB, in pl L to OP/LOD, release ld hnds thru R, -, sd L, cl R; (W roll RF off m's rt arm twd wall fwd R/L, R, thru L, -, sd R, cl L;) BFLY/WALL  
1a23a4 3 {spot volta l & r} swivel LF on R toe XLIF of R twd COH/sd R, swivel LF on R toe XLIF to fc ptr & wall, swivel LF on R toe XLIF of R twd COH/sd R, swivel LF on R toe XLIF to fc ptr & wall;[completing 2 full trns]  
1a2a3a4 4 swivel RF on L XRIF of L twd COH/sd L, swivel RF on L toe XRIF to fc ptr & wall, swivel RF on L XRIF of L twd COH/sd L, swivel RF on L toe XRIF to fc ptr & wall; BFLY/WALL

OPTION for SPOT VOLTA: Do only 1 full trn with \_ trn swivels, instead of \_ trn swivels in order to complete 2 full trns.

### **5-8 WHISK L & R to SCP; FWD SBA WK, SD SBA WK; CRISS X VOLTA; TWICE;**

1a23a4 5 {whisk l & r} sd L/XRIB, in pl L, sd R/XLIB trng to scp, in pl R; SCP/LOD  
1a23a4 6 {sba wk & sd sba wk} fwd L/rec R, pull bk L, fwd R/sd on insd edge of L toe, rec R to fc DLW (W fc DLC);  
1a2a3a4 7 {criss x volta 2x} [man changes sds behind W both ways] raise ld hnds leading W undr to chg sds curving LF (W curving RF) XLIF/sd R to fc ptr & COH, XLIF/sd R, XLIF/sd R, XLIF; LOP/COH  
1a2a3a4 8 raise ld hnds leading W undr to chg sds curving RF(W curving LF) XRIF/sd L fc ptr & WALL, XRIF/sd L, XRIF/sd L, XRIF; XRIF/sd L, XRIF; LOP/WALL

## PART B (cont)

### **9-12 MAYPOLE to BFLY; CURVING VOLTA to CP/LOD ; MARCHESSI;;**

- 1a2a3a4 9 {maypole} circular volta trng LF 1circle arnd W raise lead hnds XLIF/sd & bk R, XLIF/sd & bk R, XLIF/sd & bk R, XLIF; BFLY/WALL  
(W spot volta trng RF undr lead hnds XRIF/in pl L, XRIF/in pl L, XRIF/in pl L, XRIF making 1 or 2 full trns;)
- 1a2a3a4 10 {curving volta} [trn \_ LF thru the meas] XRIF/sd & bk L, XRIF/sd & bk L, XRIF/sd & bk L, XRIF/sd & bk L, XRIF; to CP/LOD
- 1a2a3a4a 11 {marchessi} fwd press L heel/in pl R, bk L toe/in pl R, fwd press L heel/in pl R, fwd press L heel/in pl R;  
1a2a3a4a 12 bk L toe/in pl R, fwd press L heel/in pl R, bk L toe/in pl R, bk L toe/in pl R;

## PART A

### **1-4 MERENGUE 2 & CUCARACHA; BOTH WAYS; 3 REV TRNS to FC RLOD & BK SD CL;;** **5-8 PLAITS;; PULL Lady BY, BOTH FC the WALL; SAMBA TOG & APT;**

## PART C

### **1-2 TOG TO SCP/LOD ~ 2 FWD SAMBAS ~ FOOT CHG TO CONTRA;;**

- 1a23a4 1 {tog to scp, fwd sba} trng LF to LOD fwd L, in pl R/cl L to SCP/LOD, fwd R/rec L, pull bk R;  
(W trng RF fwd R/cl L, fwd R to SCP/LOD, fwd L/rec R, pull bk L;)
- 1a23a4 2 {fwd sba, foot chg/w bota fogo to contra} fwd L/rec R, pull bk L, flick fwd R/bk on ball of R besd L, in pl L;  
(W fwd R/rec L, pull bk R, bota fogo fwd L/trng LF sd on insd edge of R toe, rec L;) loose CONTRA BJO/DLW
- 3-6 2 CONTRA BOTA FOGOS; ROUNDABOUT; 2 CONTRA BOTA FOGOS; ROUNDABOUT;**
- 1a23a4 3 {2 contra bota fogos} fwd R/trng RF sd on insd edge of L toe, rec R to loose CONTRA SCAR, fwd L/trng LF sd on insd edge of R toe, rec L; loose CONTRA BJO
- 1a2a3a4 4 {roundabout} [start a RF circular volta to a bota fogo ending] XRIF of L/sd L, XRIF of L/sd L, XRIF of L/sd L trng RF, rec R to CSCAR; [OPTION: trn can be \_ RF to end fcg DLC or 1\_ RF trn to end fcg DRW]
- 5-6 repeat meas 3-4 starting in CSCAR and ending in CBJO;;
- 7-10 FOOT CHG to SCP ~ 2 SAMBA WKS to OP ~ Man RUN;; Lady RUN & SBA WK;ROLL 3 & THRU TO BFLY;**
- 1a23a4 7 {ft chg to scp, fwd sba wk} flick fwd R/bk on ball of R besd L, in pl L, fwd R/rec L, pull bk R; SCP/LOD  
(W bota fogo fwd R/trng RF sd on insd ball of L, rec R, fwd L/rec R, pull bk L;)
- 8-10 repeat meas 7-9 INTRO; but end in BFLY

## PART B(5-12)

### **5-8 WHISK L & R to SCP; FWD SBA WK ~ SD SBA WK; CRISS X VOLTA; TWICE;** **9-12 MAYPOLE to BFLY; CURVING VOLTA to LOD; MARCHESSI;;**

## PART A

### **1-4 MERENGUE 2 & CUCARACHA; BOTH WAYS; 3 REV TRNS to FC RLOD & BK SD CL;;** **5-8 PLAITS;; PULL Lady BY, BOTH FC the WALL; SAMBA TOG & APT;**

## ENDING

### **1-3+ Lady WRAP FC LOD & FWD SAMBA; UNWRAP & THRU TO BFLY; WHISK L & R; LUNGE APT -**

- 1-3 Repeat meas 1, 2, & 5, PART B;;  
+ {lunge apt -} bk L away from ptrn w/sit action arms up, -