

ADIOS AMOR

Rhythm/Phase: Rumba, Phase IV+2 [Open Hip Twist, Stop & Go Hockey Stick]
Choreographers.: Jack and Sharie Kenny, 2620 Crestmoor Ct. Arlington, TX 76016
e-mail: jkenny3@sbcglobal.net
Release Date: Feb. 23, 2013
Music: "Adios Amor (Ya Lo Se Que Te Vas) " by Mayela Estrada
Album: Sensazioni Nella Danza, Vol. 7 Download individual track: casa-musica.de
Time/Speed: As downloaded 2:20 @ 45
Footwork: Opposite throughout (*Lady as noted in parentheses*).
Timing: QQS unless otherwise noted, reflects actual weight changes.
Degree of Difficulty: Average
Sequence: INTRO, A, B, B[mod], ENDING

INTRODUCTION

- 1-4 **WAIT PICKUP NOTES AND 1 MEASURE; THRU TO AIDA; SWITCH ROCK; SPOT TURN;**
1 {Wait} In BFLY pos. , M fc wall, opposite ft free, wait thru pickup notes and 1 measure ;
Note: First measure begins on the downbeat just prior to the first drumbeats.
2 {Aida} Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
3 {Switch Rock} Trng LF to fc prtnr sd L checking bringing joined hands thru, rec R, sd L to LOD, - ;
4 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, sd R joining Rt hands, - ;

PART A.

- 1-4 **OPEN HIP TWIST; FAN; ALEMANA;;**
1-2 {Op Hip Twist to Fan} Check fwd L, rec R, cl L leading W to hip twist, -
(*Bk R, Rec L, Fwd R twd M with tension in right arm causing W to swivel hips 1/4 RF on R to fc LOD, -*) ;
Bk R, rec L leading W to fan, sd R joining Ld hands, - (*To LOD Fwd L, Fwd R making 1/2 LF turn,*
bk L leaving rt foot extd fwd with no wt, -) ;
3-4 {Alemana} Fwd L, rec R, cl L leading W to comm turn RF, -
(*Cl R, fwd L, fwd R with RF swivel to fc prtnr, -*) ;
Bk R, rec L, sd R, - (*cont RF turn under joined lead hands Fwd L, cont RF turn Fwd R, sd L to RLOD, -*)
ending in BFLY-Wall ;
- 5-8 **SHOULDER TO SHOULDER; SPOT TURN; FENCE LINE REC POINT; FENCELINE TO OPEN;**
5 {Shldr to Shldr} Fwd L to BFLY SCAR pos DRW, rec R, sd L to BFLY-wall, - ;
7 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, sd R, - ;
QQ - - 6 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc prtnr, point L ft toward LOD, - ;
8 {Fence Line-OP} Cross lunge thru L with bent knee, rec R to fc prtnr,
comm LF turn sd L ending in OP LOD, - ;
- 9-12 **PROG WALKS; SLIDING DOOR 2X;; CUCARACHA TO FACE;**
9 {Prog Walks} In OP LOD fwd R, fwd L, fwd R, - ;
10-11 {Sliding Doors} Rk apart L, rec R releasing hands, XLIF changing sides to LOP-LOD as
W crosses in front of man, - ;
Rk apart R, rec L releasing hands, XRIF changing sides to OP LOD as W crosses in front of man, - ;
12 {Cucaracha} Sd L with partial wt, rec R trng RF to fc prtnr, cl L ending in BFLY-wall, - ;
- 13-14 **FENCE LINE (LOD); FENCE LINE REC POINT;**
13 {Fence Line} Cross lunge thru R twd LOD with bent knee, rec L to fc prtnr, sd R, - ;
QQ - - 14 {Fenceline Rec Point} Cross lunge thru L with bent knee, rec R to fc prtnr, point L ft toward LOD, - ;

PART B.

- 1-4 **OPEN BREAK; SPOT TURN; NEW YORKER; CRAB WALK;**
1 {Op Brk} Rk apart L to LOP-fc pos with R arm ext to sd palm down, rec R lowering R arm, sd L, - ;
2 {Spot Turn} XRIF comm ½ LF turn, rec L completing LF turn to fc prtnr, sd R, - ;
3 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L ending in BFLY-wall, - ;
4 {Crab Walk} Toward LOD XRIF, Sd L, XRIF, - ;
- 5-8 **TWIRL VINE; FENCE LINE; FWD BASIC; FAN;**
5 {Twirl Vine} Sd L leading W to turn RF under joined lead hands, XRIB, sd L ending in BFLY-wall, -
(Sd & fwd R trng 1/2 RF under joined lead hands, sd & bk L trng 1/2 RF, sd R, - ending in BFLY-wall) ;
6 {Fence Line} Cross lunge thru R twd LOD with bent knee, rec L trng to fc prtnr, sd R, - ;
7-8 {Fwd Bas to Fan} Check fwd L, rec R, bk L lowering hands to waist level, - ;
Bk R, rec L leading W to fan, sd & fwd R rel tr hands, - (Fwd L, sd & bk R making 1/4 LF turn,
bk L rel tr hands leaving rt foot extd fwd with no wt and fc RLOD, -) ;
- 9-12 **STOP & GO HOCKEY STICK;; HOCKEY STICK (LADY OVERTURN);;**
9-10 {Stop & Go Hockey Stick} Check fwd L, rec R comm leading W to LF turn,
trng LF shaping to prtnr cl L, - (Cl R, fwd L, fwd R trng 1/2 LF ending fc LOD on M's rt sd, -) ;
Check fwd R toward LOD placing R hand on W shldr blade checking her mvt,
rec L comm leading W to RF turn, cl R ending fc Wall, - (Chk bk L, Rec R, Fwd L trng 1/2 RF to fan pos, -) ;
11-12 {Hockey Stick} Check fwd L, rec R, cl L with lead hands forming a "window" between prtnrs, -
(Cl R, Fwd L, Fwd R, -) ;
Bk R, rec L leading prtnr to turn LF, sd R facing wall preparing to turn RF into next figure, -
(Fwd L twd RLOD, fwd R trng LF to fc prtnr and COH, sd L to RLOD preparing to turn LF into next figure, -) ;
- 13-16 **NEW YORKER; THRU TO AIDA; SWITCH ROCK; FENCE LINE (LOD);**
13 {New Yorker} Turning toward RLOD thru L with straight leg to LOP pos fc RLOD,
rec R to fc prtnr, sd L ending in BFLY-wall, - ;
14 {Aida} Thru R trng RF, sd L cont RF turn, bk R ending in slight back to back V pos, - ;
15 {Switch Rock} Trng LF to fc prtnr sd L checking bringing joined hands thru, rec R, sd L to LOD, - ;
16 {Fenceline} Cross lunge thru R twd LOD with bent knee, rec L to fc prtnr, sd R, - ;

PART B (MOD) : REPEAT PART B, MEASURES 1-15.

- 1-15 **OPEN BREAK; SPOT TURN; NEW YORKER; CRAB WALK; TWIRL VINE; FENCE LINE;**
FWD BASIC; FAN; STOP & GO HOCKEY STICK;; HOCKEY STICK (LADY OVERTURN);;
NEW YORKER; THRU TO AIDA; SWITCH ROCK;
16 **CRAB WALK;**
16 {Crabwalk} Toward LOD XRIF, Sd L, XRIF, - ;

ENDING

- 1-3 **TWIRL VINE; CRAB WALK; SIDE DRAW CLOSE;**
1 {Twirl Vine} Sd L leading W to turn RF under joined lead hands, XRIB, sd L ending in BFLY-wall, -
(Sd & fwd R trng 1/2 RF under joined lead hands, sd & bk L trng 1/2 RF, sd R, - ending in BFLY-wall) ;
2 {Crab Walk} Toward LOD XFIR, Sd L, XRIF, - ;
SS 3 {Sd-Dr-Cl} Sd L, draw R ft to L, cl R in BFLY-wall, - ;
- 4-7 **BASIC;; NEW YORKER; THRU TO AIDA (& Hold);**
4-5 {Basic} Check fwd L, rec R, sd L, - ; Check bk R, Rec L, sd R, - ;
6 {New Yorker} Thru L with straight leg to LOP pos fc RLOD, rec R to fc prtnr, sd L endg in BFLY-wall, - ;
7 {Aida} Thru R trng RF, sd L cont RF turn, bk R endg in slight back to back V pos, - ;
and hold the aida line as the music fades into the final drumbeats.

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QUICK CUES

**Rumba - Phase 4+2 (Op. Hip Twist, Stop & Go Hockey Stick)
Sequence: Intro-AB-B(mod)-Ending**

Speed: Original Speed

**INTRO: WAIT-PICKUP NOTES & 1X (B'FLY-WALL - TRAILING FOOT FREE);
THRU TO AN AIDA; SWITCH-ROCK; (TO LOD) SPOT TURN (HANDSHAKE);**

**PART A: OPEN HIP TWIST TO FAN;; ALEMANA (B'FLY);; SHOULDER TO SHOULDER;
SPOT TURN; FENCELINE-REC-POINT LOD; FENCELINE (GO TO OPEN); PROG WALK 3;
SLIDING DOOR 2X;; CUCARACHA TO FACE; FENCELINE (LOD);
FENCELINE-REC-POINT LOD;**

**PART B: OPEN BREAK; SPOT TURN; NY; CRABWALK 3; TWIRL VINE 3;
TO A FENCELINE; FWD BASIC TO FAN;; STOP & GO HOCKEY STICK;;
HOCKEY STICK;; TO A NY; THRU TO AN AIDA; SWITCH-ROCK; FENCELINE (LOD);**

**PART B (MOD): OPEN BREAK; SPOT TURN; NY; CRABWALK 3; TWIRL VINE 3;
TO A FENCELINE; FWD BASIC TO FAN;; STOP & GO HOCKEY STICK;;
HOCKEY STICK;; TO A NY; THRU TO AN AIDA; SWITCH-ROCK; CRABWALK 3 (LOD);**

**ENDING: TWIRL VINE 3; CRABWALK 3; SIDE-DRAW-CLOSE; FULL BASIC;; NY;
THRU TO AN AIDA - AND HOLD;**