

## AFTER ALL THESE YEARS\*\*

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**MUSIC:** After All These Years, *After All These Years*, Foster and Allen, 3:13  
available as download from Amazon (speed 2%, or as desired)

**RHYTHM:** Slow Two Step

**PHASE:** PH IV+1(triple traveler) +1 (the square) above average difficulty

**FOOTWORK:** Opposite, unless otherwise noted (W's footwork in parentheses)

**SEQUENCE:** INTRO A B INTERLUDE A B ENDING Released: March, 2013

### INTRODUCTION

#### 1-4 CUDDLE POSITION WALL WAIT;; OPEN BASICS TO ½ OPEN;;

- 1-2 *{wait}* Cuddle position wait;;  
3-4 *{open basics}* Sd L, -, trng to left ½ OP brk bk R, rec L to cuddle pos; Sd R, -, trng to ½ OP brk bk L, rec R preparing to fold across lady;

### PART A

#### 1-4 SWITCHES TO BFLY;; LUNGE BASIC; BASIC ENDING TO PICKUP;

- 1 *{M switch}* Sd & Bk crossing IF of W, -, cont trn sd & fwd L to left ½ op, fwd R (W fwd R betw M's feet, -, fwd L, fwd R preparing to XIF of M);  
2 *{W switch}* Fwd betw W's feet, -, fwd L, fwd R (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd R);  
3 *{lunge basic}* Sd L to fc WALL, -, rec R, XLIF (XRIF);  
4 *{basic end}* Sd R, -, XLIB, rec R leading W to comm P/UP;

#### 5-8 LEFT TURN/ INSIDE ROLL; BASIC ENDING; OPEN BASIC; LADY SWITCH TO BFLY WALL;

- 5 *{left trn inside roll}* Fwd L trng LF to fc WALL, -, sd R, XLIF (bk R trng LF ¼ -, sd L trng LF und lead arms, sd R cont trng LF to fc ptr);  
6 *{basic ending}* Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);  
7 *{op basic}* Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;  
8 *{W switch}* Fwd R betw W's feet, -, fwd L, fwd R blending to BFLY(W trng RFIF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to fc M BFLY);

#### 9-12 LUNGE BASIC; ROCK TURN/LADY LARIAT TO LOP LOD<sup>1</sup>; OUTSIDE ROLL; BASIC ENDING;

- 9 *{lunge basic}* Sd L to fc WALL, -, rec R, XLIF (XRIF);  
10 *{rk trn/lady lariat}* Sd R shaping to lady & leading her to lariat, -, rec L, rec R trng LF to fc LOD (W sd L to M's R sd, -, fwd R crossing beh M, fwd L);  
11 *{outside roll}* ); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);  
12 *{basic ending}* Sd R, -, XLIB, rec R (W sd L, -, XRIB, rec L);

#### 13-16 OPEN BASIC; LADY SWITCH TO A PICKUP; TO LO BFLY TRAVELING CROSS CHASSES;;

- 13 *{op basic}* Blending to left ½ OP sd L, -, brk bk R, rec L preparing to fold lady;  
14 *{W switch}* Fwd R betw W's feet, -, fwd L, fwd R leading lady to P/UP (W trng RF IF of M sd & bk L, -, cont trn sd & fwd R to ½ OP, fwd L to P/UP);  
15-16 *{traveling X chasses}* Blending to LO BFLY fwd L DLC w/ R sh ld, -, sd R & fwd DLW, XLIF; fFwd R DLW w/ L sh ld, -, sd L DLC, - XRIF;

### PART B

#### 1-4 TRIPLE TRAVELER LOD;;; BASIC ENDING;

- 1-3 *{triple traveler}*; Fwd L trng LF to fc COH, -, sd R, XLIF (W bk R trng LF ¼ -, sd L trng LF und lead hnds, sd R cont trng LF to fc ptr); Fwd R spiral LF und jnd hnds, -, lowering hnds fwd L, R (W trn fc LOD fwd L, -, fwd R, fwd L); Fwd L bringing hnds down & bk, -, fwd R bringing hnds up around leading W to roll RF (W fwd R comm RF trn, -, sd & bk L trng RF und jnd hnds, cont RF trn fwd R to loose CP);  
4 *{basic ending}* Sd R, -, XLIB of R, rec R (Sd L, -, XRIB of L, rec L);

PART B (CONT)

- 5-8 UNDERARM TURN; OPEN BREAK; CHANGE SIDES UNDERARM; REVERSE UNDARM TURN/LADY IN 2 TO SHADOW LEFT FOOT FREE;**
- 5 {undarm trn} Sd L, -, XRIB of L, rec L (Sd R comm to trn RF under lead arms, -, XLIF trng to fc LOD, fwd R to fc M);
- 6 {op brk} Sd R, -, apt L, rec R;
- 7 {chg sds} Fwd L leading W to trn LF under joined hnds, -, sd R to fc WALL, XLIF (W fwd R trning LF und joined hnds to momentarily fc LOD, -, sd L to fc ptr & COH, XRIF);
- 8 {rev undarm trn/lady in 2 to shad} Sd R, -, XLIF, rec R (W sd L, -, XRIF trng 1/2 to fc DLW, -);
- 9-12 FORWARD RUN 2; 2 SHADOW RIGHT TURNS;; FORWARD RUN 2 BOTH FACE WALL;**
- 9 {fwd run 2} Same ft work in shad fwd L, -, fwd R, fwd L;
- 10-11 {2 shad R trns} Fwd R trng RF, -, cont trn sd L, bk R to fc RLOD w/ R shoulder lead; Bk L trng RF, cont trn sd R, fwd L to fc DLW w/ L sh ld; to fc LOD;
- 12 {fwd run 2 to fc wall} Fwd R, -, fwd L, fwd R to fc WALL;
- 13-16 LUNGE BASIC; LUNGE BASIC/LADY FACE IN 2/MAN CLOSE TO CP; SIDE BASIC; OPEN BASIC;**
- 13 {lunge basic} Sd L extending both arms, -, rec R, XLIF;
- 14 {lunge basic/lady in 2 M cl} Sd R, -, rec L, cl R to loose CP (W sd R, -, rec L trng LF to fc M, -);
- 15 {side basic} Loose CP sd L, -, XRIB, rec L;
- 16 {open basic} Sd R, -, trng to 1/2 OP brk bk L, rec R preparing to fold;

INTERLUDE

- 1-4 THE SQUARE;;;;**
- 1-4 {the square} Like a switch M XIF of W sd L, -, trng RF to step sd R twd COH in L 1/2 OP, XLIF of R (W fwd R, -, sd L twd COH, XRIF of L starting to XIF of M): Fwd R, -, sd L twd RLOD, XRIF of L starting to XIF of W (W like a switch XIF of M sd L, -, trng RF to step sd R twd RLOD in 1/2 OP, XLIF of R); Like a switch M XIF of W sd L, -, trng RF to step sd R twd WALL in L 1/2 OP, XLIF of R (W fwd R, -, sd L twd WALL, XRIF of L starting to XIF of M): Fwd R, -, sd L twd LOD, XRIF of L (W like a switch XIF of M sd L, -, trng RF to step sd R twd LOD in 1/2 OP, XLIF of R to BFLY);

**REPEAT A**  
**REPEAT B**

ENDING

- 1-4 SWITCHES;; LUNGE BASIC TO A WRAP/M IN 2; LOWER LOOK & HOLD;**
- 1-2 Repeat meas. 1-2, Part A
- 3 {lunge basic to wrap} Sd L raising L hnd, -, rec R wrap W to fc WALL, - (W sd R, -, rec L to fc RLOD, cl R completing trn to fc WALL in wrapped pos);
- 4 {lower & hold} Soften into R knee, -, hold, - (W trn slightly LF to look at M, -);

(1-- can be cued as tunnel exit)

\*\*Another dance dedicated to Ed for 55 YEARS of LOVE, PATIENCE, and SUPPORT!