

# AIN'T THAT A SHAME

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**MUSIC:** Ain't That a Shame, 8 to the Bar, album *Swingin' It*, downloadable Napster, etc.  
**FOOTWORK:** Opposite unless noted (Woman's footwork in parentheses) slow slightly, if desired  
**RHYTHM:** JIVE PH V+1 (roll off arm) + 1UNPH (sole tap) AVERAGE DIFFICULTY  
**SEQUENCE:** INTRO A INTER A B INTER A C B INTER A (1-6) END

## INTRODUCTION

- 1-4** SCP LOD WAIT;; 2 SLOW ROCK THE BOATS TO;;  
1-2 SCP LOD Wait;;  
3 *{rock boat 2 sl}* Fwd L w/ straight knee leaning fwd,-, w/ rocking motion and bent knees cl R, -;  
4 Repeat meas 3;

## PART A

- 1-4** THROWAWAY; CHANGE HANDS BEHIND BACK – SPANISH ARMS W/ SPIN OPTION;;;  
1 *{throwaway}* Fwd L/cl R, fwd L(fwd R/cl L, fwd R trng ½ LF in front of M), sd R/cl L, sd & fwd R (sd L/cl /R, sd & bk L) to OP LOD;  
2-4 *{chg hnds beh bk}* Rk apt L, rec R, chasse fwd L/R, L trng ¼ LF chng W's R hnd to M's R hnd beh M's bk (W fwd R/L, R, trng ¼ RF); Chasse sd & bk R/L, R cont trng ¼ LF chng W's R hnd to M's L (W sd L/R, sd & bk L trng ¼ RF), *{span arms}* Rk apt L, rec R; Both hnds joined trng RF (LF) wrap W L/cl R, L, w/ hnds over W's head [option: ld hnds high tr hnds low, lead W to spin RF on 3rd stp of wrap] (W sd R/cl L, fwd R [option spin ¾ RF on R]; Cont RF trn R/cl L, R to LOD (unwrap RF L/cl R, L to fc M);  
**5-8** STOP & GO;; LINK RK ~ RK REC;;  
5-6 *{stop & go}*Rk bk L, rec R, fwd L/cl R, fwd L (W rk bk R, rec L, fwd R/L, R trng ½ LF und ld hnds to end at M's R sd) catch W w/ R hnd on L shld blade; Rk fwd R, rec L, sm bk R/cl L, bk R (W rk bk L, rec R, fwd L/R, L trng ½ RF und ld hnds) to LOP FCG LOD;  
7-8 *{link rk rk rec}* Rk bk L, rec R, sd L/cl R, sd L; Sd R/cl L, R to SCP, rk bk L, rec R;

## INTERLUDE

- 1-4** 2 SLOW ROCK THE BOAT;; POINT STEPS 4 TO;;  
1-2 *{rock boat 2 sl}* Fwd L w/ straight knee leaning fwd,-, w/ rocking motion and bent knees cl R, -; Repeat meas 1;  
3-4 *{4 point stps}* Pt L, fwd L, pt R, fwd R; Pt L, fwd L, pt R, fwd R;

## REPEAT A

## PART B

- 1-4** CHASSE ROLL ROCK RECOVER;; CHASSE ROLL RLOD ROCK RECOVER;; \*\*  
1-2 *{chasse roll LOD rk rec}* Twd LOD sd L/cl R, sd L, trng RF to fc COH, sd R/cl L, sd R trng to fc WALL; Sd L/cl R, sd L trng RF to LOP RLOD, rk bk R, rec L to fc ptr & WALL;  
3-4 *{chasse roll RLOD rk rec}* Sd R/cl L, sd R trng LF to fc COH, sd L/cl R, sd L trng LF to fc ptr & wall; Sd R/cl L, sd R to SCP LOD, rk bk L, rec R;

B cont

5-8 THROWAWAY; AMERICAN SPIN TO HND SHAKE – MIAMI SPECIAL;;;

- 5 {throwaway} Fwd L/cl R, fwd L(fwd R/cl L, fwd R trng ½ LF in front of M),  
sd R/cl L, sd & fwd R (sd L/cl /R, sd & bk L) to OP LOD;
- 6-8 {am spin} Rk apt L, rec R, tog L/R, L; Sm sd R/L, R to handshake (W tog R/L, R start  
RF spin on last stp, fin spin L/R, L); {miami special} Rk apt L, rec R, fwd L/R, L trng RF  
to lead W to trn LF und joined R hnds putting joined hnds over M's head so hnds rest  
on M's neck, slide apt R/L, R to fc COH (W rk apt R, rec L, fwd R/L, R trng LF und  
joined R hnds, slide apt L/R, L to fc COH);

9-12 SOLE TAP ~ LINK TO WHIP TURN TO SCP ROCK RECOVER;;;

- 9-10 {sole tap rk rec} Still fcg COH rk apt L Xing beh twd LOD, rec R, sd L twd ptr, lift R ft  
to Xib aiming to tch the soles of ptr's shoes while lifting trail hnds in a curve over the  
head twd ptr; Slide apt to fc sd R/cl L, sd & bk R, rk apt L, rec R to fc ptr;
- 11-12 {whip trn rk rec} Chasse fwd L/R, L trng RF to CP, X Rib cont wheel, sd L cont trn; Sd  
chasse R/L, R to SCP LOD, rk bk L, rec R;

REPEAT INTERLUDE

REPEAT A

PART C

1-4 2 FORWARD TRIPLES; SWIVEL 4; PRETZEL WRAP; DOUBLE ROCKS;

- 1 {2 fwd triples} Fwd L/cl R, L, R/cl L, R;
- 2 {Swivel 4} Fwd L, R, L, R;
- 3 {pretzel trn} Keeping M's L & W's R hnds M trn RF (W (LF) L/R, L, R/L, R end both  
fcg LOD hnds joined beh bk free hnd extended LOD;
- 4 {dbl rks} Rk fwd L, rec R, rk fwd L, rec R;

5-9 UNWRAP PRETZEL; NECK SLIDE TO LOD;; ROLL OFF ARM TO COH;;

- 5 {unwrap pretzel} Progresssing RLOD unwind L/R, L, R/L, R to BFLY;
- 6-7 {neck slide} Rk apt L, rec R swinging hnds up & out, sm sd & fwd chasse L/R, L taking R arms  
over ptr's head placing R hnds beh ptr's neck to end sd by sd; Releasing hnds wheel RF fwd R,  
fwd L, fwd chasse R/L, R allowing R hnds to slide down ptr's R arm to end fcng LOD in R  
handshake;
- 8-9 {roll off arm} Rk apt L, rec R, w/ sm stps fwd L/R, L bringing W to M's R sd w/ R hnds to W's R  
sd in shad skater's pos L; Cont trng RF fwd R, L, fwd R/L, R to fc COH R hnds joined;

10-12 TRIPLE WHEEL TO WALL W/ SPIN ROCK RECOVER;;;

- 10-12 {triple wheel rk rec} Rk apt L, rec R, trng RF twd ptr wheel L/R, L tchg W's bk w/ L hnd  
(W trns away LF); Trng away from ptr cont RF wheel R/L, R (W trng RF touches M's  
L sh w/ L hnd), cont wheel L/R, L tchg W's bk w/ L hnd to fc WALL; In place R/L, R  
leading W to spin RF to LOP WALL, rk apt L, rec R;

REPEAT B

REPEAT INTERLUDE

REPEAT A (1-6)

END

1-4 LEFT TO RIGHT – AMERICAN SPIN TO TANDEM WALL;;; HNDS ON HIPS, LUNGE & LOOK, HOLD, -;

- 1-3 {L to R} Rk apt L, rec R, sd L/R, L to fc ptr wall (W rk apt R, rec L, fwd chasse R/L, R  
trng ¾ LF und ld hnds); Sd chasse R/L,R, {am spin} rk apt L, rec R; Slowing w/ music  
tog L/R, L, in place R/L,R (W tog R/L, R start RF trn on last stp, in place L/R, L to  
tandem WALL);
- 4 {hnds on hips, lunge & look,} Hold one beat putting hnds on hips, rk sd L LOD trng RF  
to look at ptr (W sd R RLOD trng LF to look at M), and hold, -;

\*\*cue as chasse roll RLOD ~ fallaway throwaway if preferred