

ALBINONI'S ADAGIO

By : T. G. Albinoni



Choreo : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN
Music : PEPE PD-0009 CD Track 16 e-mail : d-doi@tcp-ip.or.jp
available from choreographer on MP3 file [free] or MD [at cost]
Rhythm : Rumba Phase IV + 2 [Open Hip Twist, Parallel Breaks] + 1 [Oblique Line]
Sequence : Intro - A - B - C - A - B - C - Ending **Speed** : 25 MPM
Timing : QQS unless noted by side of measure **Footwork** : Opposite except where noted
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INTRO

1 - 4 WAIT; SLO LUNGE APT; REC SPIN TO FC; CUCA w/ARM;

- 1 {Wait} Op Fcg Wall lead ft free wait 1 meas;
SS 2 {Slow Lunge Apart} Trn to OP LOD lunge apart L twd COH with looking at ptr,-, sweep lead arm
CW to up & sd palm out,-;
SS 3 {Recover Spin To Face} Rec R spin RF 1 full trn,-, cont trn cl L to fc ptr,-;
4 {Cucaracha With Arm} Sd R on sd edge of ball of ft with partial wgt sweep trail arm CCW
(W CW), rec L, cl R jn R-R hnds,- end Hndshk Wall;

PART A

1 - 4 OP HIP TWIST; PARALLEL BRKS;; FAN;

- 1 {Open Hip Twist} Fwd L, rec R, cl L,- (W bk R, rec L, fwd R with tention to R arm to swivel 1/4
RF,-) end Hndshk L-Shape M fc Wall W fc LOD jnd hnds IF of W and W's L arm extended over
jnd hnds;
2-3 {Parallel Breaks} Bk R lead W to across IF of M, rec L comm trn 1/4 LF, sd & fwd R cont trn to
fc LOD,- (W Fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk L cont trn to fc Wall,-);
fwd L, fwd R comm trn 1/2 LF on ball of ft, sd & bk L cont trn to fc Wall,- (W bk R lead M to
across IF of W, rec L comm trn 1/4 LF, sd & fwd R cont trn to fc LOD,-);
4 {Fan} Bk R, rec L, sd R,- (W fwd L, fwd R trn 1/2 LF, sd & bk L,-) end Fan Pos M fc Wall;

5 - 8 START HOCKEY STICK TO TANDEM; OPPOSITE CUCA w/ARM 2X;;

HOCKEY STICK END;

- 5 {Start Hockey Stick To Tandem} Fwd L, rec R, cl L,- (W cl R fwd L, fwd R trn LF to fc Wall,-)
end Tandem Wall;
6-7 {Opposite Cucaracha With Arm Twice} Repeat meas 4 Intro except jn R-R hnds;
repeat meas 6 Part A on opposite ft and armwork;
8 {Hockey Stick Ending} Bk R, rec L, fwd R,- (W fwd L, fwd R trn LF to fc ptr, bk L,-)
end LOP Fcg Wall;

9 - 12 CROSS BODY;; LATIN WHISK; CROSS BODY END;

- 9-10 {Cross Body} Fwd L, blend to CP rec R, trn LF sd L [foot trn 1/4 body trn 1/8],-; bk R cont trn,
rec L cont trn to fc COH, sd R,- (W bk R, rec L, fwd R twd M's right sd to L-Shaped Pos,-;
fwd L comm upper body trn LF, fwd R trn LF to fc ptr, sd L,-) end CP COH;
11 {Latin Whisk} Trn to SCP XLIB, rec R, sd & fwd L,- end SCP RLOD;
12 {Cross Body Ending} Repeat meas 10 Part A end CP Wall;

PART B

1 - 4 BRK BK TO 1/2 OPN; OPN IN & OUT RUNS;; AIDA;

- 1 {Break Back To Half Open} XLIB trn LF (W XRIB trn RF) to Half OP LOD, rec R, fwd L,-;
- 2-3 {Open In & Out Runs} Fwd R comm trn RF, XIF of W sd L cont trn to fc LOD, fwd R (W fwd L, R, L,-) end Left Half OP LOD; fwd L, R, L,- (W fwd R comm trn RF, XIF of M sd L cont trn to fc LOD, fwd R,-) end Half OP LOD;
- 4 {Aida} Thru R trn RF, sd L cont trn, bk R,- end “V” Bk-To-Bk Pos fc RLOD;

5 - 8 SWITCH; ROLL OUT TO FC; SYNC SD WALK; AIDA;

- 1 {Switch} Trn RF to fc ptr sd R bring jnd lead hnds thru, blend to Bfly rec L, thru R,-;
- 2 {Roll Out To Face} Roll RF (W LF) R, L, R to fc ptr,- end Bfly Wall;
- QQ&S 3 {Syncopated Side Walk} Thru L, sd R/cl L, sd R,-;
- 4 {Aida} Repeat meas 4 Part B on opposite ft to opposite direction;

9 - 12 SWITCH LUNGE & REC; FENCE W TRN & DEVELOPE; BK WALK 6 W TRN L TO FC;;

- SS 9 {Switch Lunge & Recover} Trn RF to fc ptr bring jnd trail hnds thru lunge sd R lead hnds extended sd,-, rec L jn lead hnds,- end Bfly Wall;
- (QQQQ) 10 {Fence W Turn & Develope} Relax L thru R with checking action, raise lead hnds & lower trailing hnds lead W to trn RF under lead hnds to develope,-,- (W relax R thru L, swivel RF 1/2 on L, raise R toe to L knee, extend R fwd) end Tamara M fc LOD;
- 11-12 {Back Walk 6 W Turn Left To Face} Looking ptr bk L, R, L,-; bk R, L, trn RF to fc Wall sd R,- (W fwd R, L, R,-; fwd L comm trn LF, cont trn sd & bk R, cont trn to fc ptr sd L,-) to Bfly Wall;

PART C

1 - 4 ALEMANA W OVRTRN TRANS TO SHAD;; CROSS CHK REC PT; FENCE LINE;

- (QQQQ) 1-2 {Alemana W Overturn Transition To Shadow} Fwd L, rec R, sd L,-; bk R, rec L, sd R,- (W bk R, rec L, sd R comm comm trn RF,-; fwd L twd LOD cont trn under jnd lead hnds, fwd R twd DRW cont trn to fc ptr, sd L cont trn to fc Wall, sd R) end Shadow Wall;
- 3 {Cross Check Recover Point} [same footwork thru meas 6] Cross lunge thru L with bent knee look RLOD, rec R trn to fc Wall, pt L sd,-;
- 4 {Fence Line} Cross lunge thru L with bent knee look RLOD, rec R trn to fc Wall, sd L,-;

5 - 7 CRAB WALK; SYNC VINE; CUCA W TRN M TRANS;

- 5 {Crab Walk} Lower body swivel LF but upper body remains fcg Wall fwd R [hereafter XRIF] (W XLIF), sd L lower body fcg Wall, XRIF (W XLIF),-;
- QQ&S 6 {Syncopated Vine} Sd L, XRIB/sd L, XRIF,-;
- 7 {Cucaracha W Turn M Transition} Sd L, rec R, tch L to R jn R-R hnds,- (W sd L, rec R trn RF to fc ptr, cl L,-) end Hndshk Wall; **Note :** second time meas 7 ends LOP Fcg Wall

REPEAT PART A

REPEAT PART B

REPEAT PART C

“Albinoni’s Adagio”

(Continued)

END

1 - 2 OPN HIP TWIST; FAN TO OBLIQUE LINE;

- 1 {Open Hip Twist} In LOP Fcg repeat meas 1 Part A;
- QQQQ 2 {Fan To Oblique Line} Bk R, rec L, sd R, lunge line on R trail arm extended up & out
(W fwd L, fwd R trn 1/2 LF, sd & bk L, lk RIF rise with pressure on both toes extend L hip well
twd DLW stretch left sd to lean upper body twd M sweep trail arm CW up then twd DRC;