

# ALEXANDROVSKI III

[Russian Folk Dance Music]



**Choreo** : Daisuke & Tamae Doi, 53-2 Daimon-cho, Okuda, Inazawa City, Aichi 492-8226 JAPAN  
**Music** : PEPE PD-0009 CD Track 7 e-mail : d-doi@tcp-ip.or.jp  
available from choreographer on MP3 file [free] or MD [at cost]  
**Rhythm** : Waltz Phase III + 1 [Weave To SCP] **Speed** : 30 MPM  
**Sequence** : Intro - A - B - A - B(1-14)mod - Ending **Footwork** : Opposite except where noted  
**Timing** : 123 unless noted by side of measure **Released** : Dec, 2007 Ver. 1.0

## INTRO

### **1 - 4** WAIT;; SLO DIP BK; SLO REC;

- 1-2 {Wait} CP Wall lead ft free wait 2 meas;;  
3 {Slow Dip Back} Sm bk L with bent knee R leg remain extended forming straight line from hip to ankle toe remaining on floor,-,-;  
4 {Slow Recover} Rec R,-,- end CP Wall;

## PART A

### **1 - 8** HVR; THRU SD BEHIND; ROLL 3 TO OP; CHK FWD REC BK; BK TWINKLE 2X;; CHK BK REC SCP; THRU CHASSE BJO;

- 1 {Hover} Fwd L, fwd & sd R rise to ball of ft chkg, rec fwd L end SCP LOD;  
2 {Through Side Behind} Thru R, sd L, behind R;  
3 {Roll 3 To Open} Roll LF (W RF) L, R, L end OP LOD;  
4 {Check Forward Recover Back} Fwd R chkg, rec L, bk R;  
5-6 {Back Twinkle Twice} Bk L comm trn RF, sd R cont trn, cl L end LOP RLOD;  
bk R comm trn LF, sd L cont trn, cl R end OP LOD;  
7 {Check Back Recover To SCP} Bk L chkg, rec R blend to SCP, sd & fwd L (W sd & fwd R);  
12&3 8 {Through Chasse To Bjo} Thru R trn RF to fc ptr, sd L/cl R, sd L to Bjo DLW;

### **9 - 16** MANUV; BK & R CHASSE SCAR; CHK REC SD 2X;; X HVR BJO; X HVR SCAR; X HVR SCP; THRU FC CL;

- 9 {Maneuver} Fwd R outsd ptr trn 1/4 RF, sd L cont trn to fc RLOD, cl R end CP RLOD;  
12&3 10 {Back & Right Chasse} Bk L comm trn RF, cont trn sd R/cl L, cont trn sd & fwd R end Scar DLC;  
11-12 {Check Recover Side Twice} Chk fwd L outsd ptr in CBMP, rec R, sd L end Bjo DRC;  
chk fwd R outsd ptr in CBMP, rec L, sd R end Scar DLC;  
13 {Cross Hover To Bjo} XLIF, sd & fwd R with slight rise, sd & fwd L to Bjo DLC;  
14 {Cross Hover To Scar} XRIF, sd & fwd L with slight rise, sd & fwd R to Scar DLW;  
15 {Cross Hover To SCP} XLIF, sd & fwd R with slight rise, sd & fwd L (W trn RF to SCP  
sd & fwd R) end SCP DLC;  
16 {Through Face Close} Thru R, trn to fc ptr & Wall sd L, cl R end CP Wall;

## PART B

### **1 - 8** WHISK; WING; TRN L & R CHASSE; BK BK/LK BK; OPN IMPETUS; WEAVE TO SCP;; THRU HVR BJO;

- 1 {Whisk} Fwd L, sd & fwd R comm rise to ball of ft, XLIB in full rise end Tight SCP DLC;

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(Continued)

- 2 {Wing} Fwd R, draw L to R, tch L to R trn upper body LF with right side stretch (W fwd L comm to XIF of M trn slightly LF, fwd R around M cont trn, fwd L around M cont trn) end Tight Scar DLC;
- 12&3 3 {Turn Left & Right Chasse} Fwd L outsd ptr trn LF to CP COH, sd R/cl L, sd R trn LF end Bjo DRC;
- 12&3 4 {Back Back/Lock Back} Bk L, bk R/lk LIF, bk R;
- 5 {Open Impetus} Flex knee comm upper body trn RF bk L, cl R heel trn to SCP, sd & fwd L (W flex knee fwd R between M’s feet comm pivot 1/2 RF, sd & fwd L cont trn around M brush R to L, sd & fwd R) end SCP DLC;
- 6-7 {Weave to SCP} Thru R, fwd L trn LF to CP, sd & bk R twd DLC; bk L twd DLC lead W to trn to CBMP, bk R trn LF to CP, sd & fwd L twd DLW lead W to trn to SCP (W thru L, trn LF sd R to CP, cont trn to fc LOD fwd L twd DLC; fwd R to CBMP, fwd L twd DLC trn LF to CP, sd & fwd R) end SCP DLW;
- 8 {Through Hover To Bjo} Thru R, fwd L with slight rise chkg lead W to trn LF to fc, bk R (W thru L, fwd R with slight rise trn LF to fc ptr, fwd L in CBMP) end Bjo DLW;

**9 – 16 BK HVR SCP; HVR FALLAWAY; SLIP PVT BJO; MANUV; SPIN TRN; BOX FIN; 2 L TRNS;;**

- 9 {Back Hover To SCP} Bk L, bk R with slight rise chkg lead W to trn RF to SCP, sd & fwd L (W fwd R outsd ptr, fwd L with slight rise trn RF, sd & fwd R) end SCP DLW;
- 10 {Hover Fallaway} Thru R, fwd L rise to ball of ft chkg, rec bk R end SCP DLW;
- 11 {Slip Pivot Bjo} Bk L, bk R keep L leg extended, fwd L (W bk R comm Pivot LF on ball of ft thighs locked L leg extended, fwd L cont trn , bk R) end Bjo DLW;
- 12 {Maneuver} Repeat meas 9 Part A;;
- 13 {Spin Turn} Comm body trn RF bk L pivot 1/2 RF to fc LOD, fwd R between W’s feet cont trn to fc DLW leave L leg extended bk & sd, rec bk L (W fwd R between M’s feet toe pivot 1/2 RF, bk L cont trn brush R to L, fwd R) end CP DLW;
- 14 {Box Finish} Bk R trn 1/4 LF, sd L, cl R end CP DLC;
- 15-16 {2 Left Turns} Fwd L trn 1/4 LF, sd R cont trn, cl L end CP RLOD; bk R trn 1/4 LF, sd L, cl R end CP Wall;

**REPEAT PART A**

**PART B (1-14)mod**

**1 - 14 WHISK; WING; TRN L & R CHASSE; BK BK/LK BK; OPN IMPETUS; WEAVE TO SCP;; THRU HVR BJO; BK HVR SCP; NAT HVR FALLAWAY; SLIP PVT BJO; MANUV; SPIN OVRTRN; BOX BK;**

- 1-12 Repeat meas 1 thru 12 Part B;;;;;;;
- 13 {Spin Over Turn} Comm upper body trn RF bk L pivot 1/2 RF to fc LOD, fwd R between W’s feet cont trn 1/4 leave L leg bk & sd, rec bk L (W comm upper body trn fwd R between M’s feet pivot 1/2 RF, bk L cont trn brush R to L, fwd R) end CP Wall;
- 14 {Box Back} Bk R, sd & slightly bk L, cl R end CP Wall;

**END**

**1 - 2 EXPLOSION; REC TCH;**

- 1 {Explosion} Trn to OP LOD lunge sd L lead hnd sharply straight up palm out, arm gradually down to sd,-;
- 2 {Recover Touch} Rec R trn upper body to fc ptr, tch palm to palm and hold,-;