

05-08 FOUR TRAVELING CROSS CHASSE to BFLY WALL & Pickg Up ; ; ; ;

{4 Traveling X-Chasse to BFLY WALL & Pickg Up} Trng LF fwd L twd DLC, -, w/R shldr Id sd & fwd R twd DLW, XLif (*W XRif*); Trng RF sd & fwd R twd DLW, -, w/ L shldr Id sd & fwd L twd DLC, XRif (*W XLif*); Repeat meas 5,6 end to BFLY WALL & Picking Up ; ;

PART C

01-04 TRIPPLE TRAVELER ; ; ; OP BASIC ENDING ;

{Triple Traveler} Fwd L comm LF trn raisg jnd Id hnds to Id W's LF trn, -, sd R compg $\frac{1}{4}$ LF trn, XLif (*W bk R comm LF trn, -, sd L trng LF undr Id hnds, contg LF trn sd R*) to LOP LOD ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to Id W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R comm roll RF under jnd lead hnds, -, bk L cont roll, fwd R comp Roll to fc ptr*) ; {OP Basic Ending} Repeat meas 8 Part A ;

05-08 TWO SWITCHES ; ; OP BASICS to Picking Up ; ;

{2 Switches} Sd L Xg in frt of W to $\frac{1}{2}$ LOP RLOD, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R com RF trn in frt of M*); fwd R, -, fwd L, fwd R (*W sd L Xg in frt of M to $\frac{1}{2}$ OP RLOD, -, fwd R, fwd*) trng to $\frac{1}{2}$ OP RLOD ; {OP Basic x 2 to Pickg Up} Sd L trng to $\frac{1}{2}$ RF rlsng trail hnds LOP LOD, -, XRib (*W XLib*), rec L trng to fc ; Sd R trng to $\frac{1}{2}$ LF rlsng lead hnds OP RLOD, -, XLib (*XRib*) rec R to $\frac{1}{2}$ OP RLOD to Picking Up ;

09-12 TRIPPLE TRAVELER ; ; ; OP BASIC ENDING to Maneuver;

{Triple Traveler} Repeat meas 1,2,3 to RLOD ; ; ; ; {OP Basic Ending} Repeat meas 8 Part A to $\frac{1}{2}$ OP LOD to Maneuver ;

13-16 TRAVELING RIGHT TURN w/ OUTSIDE ROLL ; ; BASIC / W WRAP to FCG LOD ; ;

{Traveling Right Turn/W Outsd Roll} Cont trn RF crossing IF of W sd & bk L to fc RLOD, -, XRib, twist tm RF $\frac{5}{8}$ on both ft to fc DLW & shift wgt to L (*W fwd R btwn M's ft, -, fwd L, R around M RF*) end CP M fcg DLW ; Fwd R slightly trng RF to fc WALL raising jnd lead hnd to lead W tm RF, -, sd L, XRif (*W Sd & bk L comm tm RF under jnd lead hnds, -, cont tm RF under jnd lead hnds R, L*) to BFLY WALL ; {Basic/W Wrap to Fcg LOD} Repeat meas 1 Part A ; Sd R, -, XLib bringing lead hnds over W's head to wrap pos, rec R trn LF (*W sd L, -, XRif trng LF undr jnd lead hnds to wrap pos, rec L cont LF trn*) to WRAP POS LOD ;

17-18 SWEETHEART RUN TWICE to BFLY WALL ; ;

{Sweetheart Run x 2 to BFLY WALL} to LOD Fwd L, -, fwd R, L (*W fwd R, -, fwd L, R*) ; Fwd R, -, fwd L trng RF to fc ptr leading W to unwrap LF w/ jnd Id hnds, XLif (*W fwd L, -, fwd & sd R trng $\frac{1}{4}$ LF w/ jnd Id hnds, XLif*) to BFLY WALL ;

BRIDGE

01-03 SPOT TURN ; REVERSE UNDERARM TURN to Low Bfly ; SLOW HIP ROCK 2 ;

{Spot Turn} Releasg hnds Sd L, -, XRif (*W XLif*) trng LF $\frac{1}{2}$, rec L to BFLY WALL ; {Reverse Underarm Turn to Low Bfly} Relg trl hnds sd R raisg jnd Id hnds palm-to palm, -, XLif, rec R (*W sd L com LF trn undr jnd Id hnds, -, XRif cont LF trn $\frac{1}{2}$, rec L compg full trn*) to Low Bfly ; {Slow Hip Rock 2} [SS] Rk sd L with hip roll, -, rk R with hip roll, -;

ENDING

01 SIDE LUNGE & HOLD ;

{Sd Lunge & Hold} [S] Sd L twd LOD with bent knee, hold ;