

# ALMOST PARADISE

**Date:** April 20, 2014

**Record:** Star 167-A "Almost Jamaica" by Bellamy Brothers

**Rhythm:** Cha/MR Ph IV+2+1unph @ 47+ rpm

**Plus Fig.** [OP Hip Twist, Stop & Go Hockeystick (mod)  
Full Turn Chase]

**Footwork:** Opposite (except where indicated)

**Seq:** Intro A, B, Int 1, C, A9-16, Brdg, B, Int 2, A9-16, End



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**NOTE:** 8' Apart, both facing LOD, M on the outside, W on the inside.

**INTRO WAIT;; MERENGUE TOGETHER IN 8;; [TO FACE LOD for CHA]**

1-4 wait 2 meas;; sd L, cls R, sd L, cls R; sd L, cls R, sd L, cls R;

**A SOLO FENCELINE 2X;; [TO BFLY] 1/2 BASIC; WHIP;**

1-4 slightly trn body twds ptr extend both arms sideways lunge LIFR (W RIFL) bending knee, rec R, to fc ptr sd L/cl R, sd L; lunge RIFL (W LIFR) bending knee, rec L, sd R/cl L, sd R; to Bfly fwd L, rec R, sd L/cl R, sd L; bk R trng LF, fwd & sd L, sd R/cl L, sd R (W fwd L outsd M, fwd R trng LF 1/2, sd L/cl R, sd L);

**ALEMANA;; [TO MAN'S RIGHT] LARIAT;; [TO BFLY]**

5-8 fwd L, rec R, sd L/cl R, sd L; bk R, rec L, sd R/cl L, sd R (W fwd LIFR trng RF undr jn ld hnds, cont trn fwd R to fc ptr, sd L/cl R, sd L w/ last step at M's R side); sip L, R, L/R, L (W circ arnd M CW fwd R, L, R/cl L, fwd R); sip R, L, R/L, R (W cont arnd M fwd L, R, L/cl R, sd L to fc M); to bfly

**OPEN BREAK; CRAB WALKS;; DOUBLE UNDERARM TURN; [TO BFLY]**

9-12 rk apt L w/ trl hnd up, rec R, sd L/cl R, sd L; [10&11 both XIF] XRIFL, sd L, XRIFL/sd L, XRIFL; sd L, XRIFL, sd L/cl R, sd L; strong XRIFL (W XLIFR) trng LF undr jn ld hnds, cont trn rec L to fc ptr, sd R/cl L, sd R; to bfly

**OPEN BREAK; CRAB WALKS;; SPOT TURN; [1<sup>st</sup> & 3<sup>rd</sup> time to Bfly, 2<sup>nd</sup> to L hand Star M face Rev]**

13-15 repeat figs 9-11;;;

16 strong XRIFL (W XLIFR) trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R;

**B 1/2 BASIC; WHIP; FENCELINE 2X;;**

1-2 repeat figs A 3-4;;

3-4 in bfly lunge LIFR (W RIFL) bending knee, rec R, sd L/cl R, sd L; lunge RIFL (W LIFR) bending knee, rec L, sd R/cl L, sd R;

**1/2 BASIC; WHIP; SPOT TURN 2X;; [SHAKE HANDS]**

5-6 repeat figs A 3-4;;

7-8 strong XLIFR (W XRIFL) trng RF, cont trn rec R to fc ptr, sd L/cl R, sd L; strong XRIFL (W XLIFR) trng LF, cont trn rec L to fc ptr, sd R/cl L, sd R; join rt hnds

**OPEN HIP TWIST; FAN; STOP & GO HOCKEYSTICK [modified] WITH A CROSS LUNGE;;**

9-12 ck fwd L, rec R, bk L/cl R, bk L (W bk R, rec L fwd R/L, R w/ 1/4 swvl); bk R, rec L, sd R/cl L, sd R (W fwd L, trng LF 1/2, bk R, bk L/cl R, bk L); ck fwd L, rec R, sd L/cl R, sd L (W cl R, fwd L, fwd R/L, fwd R trng LF to fc/W Tandem pos.); w/arms extended to sides [M & W] Lunge fwd XRIFL looking at W, rec L, sd R/cl L, sd R (W lunge bk XLIFR looking at M, rec R, com. RF body trn sd L/cl R trng to fc rev, bk L); to fan position

**HOCKEYSTICK;; NEW YORKER 2X;; [1<sup>ST</sup> time to LEFT HAND STAR, MAN FACE REVERSE, 2<sup>nd</sup> time to NO HANDS, READY FOR MERENGUE]**

13-16 fwd L, rec R, sd L/cl R, sd L (W cl R, fwd L, fwd R/L, R); bk R, rec L, following W fwd R/L, R (W fwd L, fwd R trng LF undr jn ld hnds to fc M, sd & bk L/cl R, bk L); strong XLIFR (W XRIFL) straight leg to LOP, rec R to fc, sd L/cl R, sd L; strong XRIFL (W XLIFR) straight leg to OP, rec L to fc, sd R/cl L, sd R; to L hand star M fc rev

**INT 1 UMBRELLA TURN;;;; [TO NO HANDS]**

1-4 L hnd star fwd L, rec R, bk L/cl R, bk L, (W bk R, rec L, fwd R trng LF/cont trn cl L, bk R); bk R, rec L, fwd R/cl L, fwd R (W bk L, rec R, fwd L trng RF/cont trn cl R, bk L); rpt meas 1-2;; end fcg ptr

# ALMOST PARADISE (con't) page 2

## **FULL TURN CHASE, DOUBLE;;; [TO BFLY]**

- 5-6 no hnds fwd trn ¼ RF L, rec R trng ¼ more, sd trn ¼ L/cl R, cont trn ¼ more bk L to fc ptr (W rk bk R, rec L, fwd R/cl L, fwd R); rk bk R, rec L, fwd R/cl L, fwd R (W fwd trn ¼ RF L, rec R trng ¼ more, sd trn ¼ L/cl R, cont trng ¼ more bk L to fc ptr);
- 7-8 repeat figs 5-6;; to bfly

- C SHOULDER TO SHOULDER; HAND TO HAND; SHOULDER TO SHOULDER; HAND TO HAND;**
- 1-2 fwd L to SCAR BFLY (W bk R), rec R, sd L/cl R, sd L; bhd R (W bhd L) LOP, rec L to fc ptr, sd R/cl L, sd R;
- 3-4 repeat fig 1-2;;

## **CUCARACHA 2X WITH ARMS;; TIME STEP 2X WITH CLAPS;; [TO BFLY]**

- 5-6 sd L w/ partial, rec R, sip L/R, L; sd R w/ partial wgt, rec L, sip R/L, R; [*Arm action and footwork must be in sync. L arm L foot R arm R foot: Release hand hold. Sweep hand outwardly in circling motion raising it overhead, curling fingers inward bring arm down in front of self, returning arm to designated pos*].
- 7-8 LIBR (W XRIBL), rec R, sd L/cl, sd L; fcg ptr XRIBL (W XLIBR), rec L, sd R/cl L, sd R; [*clap hands while doing the 'cha, cha, cha.'*].

## **BRDG UMBRELLA TURN;;; [TO BFLY]**

- 1-4 repeat figs Interlude 1 1-4;;;;

## **INT 2 CONGA WALKS FORWARD & BACK;; CONGA WALKS LEFT & RIGHT;; [TO SCP]**

- 1-4 fwd L, R, L, leaning fwd tap bk R toe (W tap fwd L heel); bk R, L, R, leaning bk tap L heel fwd (W tap bk R toe); sd L, XRIFL (W XLIFR), sd L swiveling RF (W swivels LF), tap R toe; sd R, XLIFR (W XRIFL), sd R swiveling LF, tap L toe; to SCP

## **PROMENADE 2X;; ARM SLIDE;; [TO BFLY, READY FOR CHA]**

- 5-6 SCP fwd L, fwd R trng to fc, sd L, cl R; repeat fig 5;
- 7-8 [*M's hands to side and lower portion of W's upper arms. W's hands on man's upper arms, small steps apart letting hands slide off arms to loose low hand hold position small steps together to designated position*].
- bk L, bk R, bk L, bk R; fwd L, fwd R, fwd L, fwd R; to bfly

## **END 1/2 BASIC; FAN; ALEMANA;; [TO MAN'S RIGHT]**

- 1 repeat fig A 3;
- 2 repeat fig B 11;
- 3-4 fwd L, rec R, sd L/cl R, sd L (W cl R, fwd L, fwd R/fwd L, fwd R com. RF swivel to fc ptr); bk R, rec L, sd R/cl L, sd R (W cont RF trn undr jn ld hnds fwd trn L, fwd trn R, sd L/cl R, sd L to M's R side);

## **LARIAT;; [TO NO HANDS] SOLO FENCELINE 2X;; [READY FOR MERENGUE ENDING]**

- 5-6 repeat figs A 7-8;; to no hnds
- 7-8 without hand contact repeat figs B 3-4;;

## **CONGA WALKS FORWARD & BACK;; CONGA WALKS LEFT & RIGHT;;**

- 9-12 repeat figs Interlude 2 1-4;;;;

## **MERENGUE APART IN 8;; SLOW APART, HEEL TAP;**

- 13-14 moving away from each other repeat figs Intro 3-4;;
- 15 hnds on Hips step sd L,-, keeping R leg straight & extended bend L knee trng RF twds ptr tap R heel,-;