

ALWAYS

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MUSIC: “Always” by Bobby Darin 2:21 (2001 digital remaster) download
Amazon.com
RHYTHM: FOXTROT RAL PHASE IV + 1 [[natl hover cross](#)]
FOOTWORK: Opposite unless indicated **SPEED:** slowed 7 % adjust for comfort
SEQUENCE: INTRO A B A B END Released 9/12

INTRO

- 1-4 **WAIT;; FWD TO DEVELOPE; FEATHER FINISH;**
1-2 BFLY SCAR pos DRW lead ft free wait;;
3 [FWD TO DEVELOPE] fwd L DRW,-,-,-,(W bk R raising L leg from the
knee & kicking L leg out with toes downward,-,-,-);
4 [FEATHER FINISH] bk R comm LF trn,-, bk L cont LF trn, fwd R DLW
(W fwd L comm LF trn,-, fwd R cont LF trn, bk L to BJO pos);

PART A

- 1-4 **3 STEP; OP NATL; OUTSIDE SWVLS TO WEAVE 4 ENDG;;**
1 [3 STEP] BJO DLW fwd L blend CP,-, fwd R, fwd L (W bk R blend CP,-,
bk L, bk R);
2 [OP NATL] fwd R,-, fwd L trng LF, bk R BJO to fc RLOD (W bk L,-, sd &
fwd R, fwd L to BJO LOD);
3-4 [OUTSIDE SWVLS TO WEAVE 4 ENDG] in BJO pos outsd ptr bk L
leadg W to swvl LF to SCP RLOD,-, fwd R leadg W to swvl LF to BJO,-;
bk L DLC, bk R comm LF trn leading W to CP, sd & fwd L DLW, fwd R
outsd ptr DLW (W fwd R outsd ptr, fwd L DLC comm LF trn, cont LF trn
sd & bk R, bk L to BJO);
5-8 **HOVER TELE; OP IN & OUT RUNS;; THRU SD BEH;**
5 [HOVER TELE] fwd L,-, diag sd & fwd R rising sl turning 1/4 RF, fwd L
(W bk R,-, diag sd & bk L with hovering action turning 1/4 RF, fwd R) end
SCP DLW;
6-7 [OP IN & OUT RUNS] SCP release lead hnds fwd R comm RF trn,-, sd &
bk L to CP LOD, cont RF trn fwd R to L 1/2 op LOD (W fwd L,-, fwd R
between M's feet, fwd L to L 1/2 op LOD); fwd L,-, fwd R between W's
feet,-, fwd L to 1/2 op LOD (W fwd R comm. RF trn,-, sd & bk L to CP
LOD, cont RF trn fwd R to 1/2 op LOD);
8 [THRU SD BEH] thru R,-, sd L tching lead hnds w/ptr, XRIB of L,-;
9-12 **ROLL 3 SCP; THRU TO L WHISK; REC HOVER SCP; WING SCAR;**
9 [ROLL 3 SCP] sd & fwd L trng LF away from ptr,-, cont LF trn fwd
R, cont LF trn to fc ptr WALL fwd L blending to SCP;
10 [THRU TO L WHISK] thru R in SCP,-, sd & fwd L to CP, XRIB of L
(W XLIB of R) to RSCP;
11 [REC HOVER SCP] fwd L,-, sd & fwd R with rise drawing L to R to brush,
rec L to SCP;
12 [WING SCAR] in SCP fwd R,-, draw L t R, tch L to R turning upper
bdy LF (W fwd L comm to cross in frnt of M trng sl LF,-, fwd R arnd
M cont trng LF, fwd L to end in tight SCAR pos);

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PART A (CONT)

- 13-16 **X SWVEL CK; OUTSIDE CHNG SCP; NATL HOVER CROSS;;**
- 13 [X SWVEL CK] fwd L,-, swiveling on L ft trn LF & pnt R twds LOD, ck fwd on R twd RLOD outsd ptr (bk R,-, swiveling on R ft trn LF & pnt L ft twds LOD, ck bk on L twd RLOD outsd ptr);
- 14 [OUTSIDE CHNG SCP] bk L,-, bk R trng LF, sd & fwd L to SCP (W fwd R outsd ptr,-, fwd L, fwd R to SCP);
- 15-16 [NATL HOVER CROSS] SCP trail ft free fwd R DLW comm RF trn,-, sd L cont RF trn, sd R cont RF trn to fc DLC (W bk L comm RF trn,-, cont RF trn cl R to L for heel trn, cont RF trn sd L to CP); fwd L outsd ptr on ball of ft, rec R w/sl L sd lead, sd & fwd L, fwd R outsd ptr (W bk R on ball of ft, rec L w/sl R sd lead, sd & bk R, bk L);

PART B

- 1-4 **DIAM TRN 1/2;; QUICK DIAM 4; DIP BK & REC;**
- 1-2 [DIAM TRN 1/2] blending to CP DLC fwd L trng LF on the diagonal,-, cont LF trn sd R, bk L outsd ptr; cont LF trn bk R,-, sd L, fwd R outsd ptr DRW;
- 3 [QUICK DIAM 4] fwd L comm LF trn, cont LF trn sd R, bk L, bk R to CP LOD;
- 4 [DIP BK & REC] bk L with bent knee extending R leg fwd,-, rec fwd R straightening L leg,-;
- 5-8 **REV WAVE;; BK FEATH; BK 3 STEP;**
- 5-6 [REV WAVE] CP LOD fwd L comm LF trn,-, sd R, bk L DRC (W bk R comm LF trn,-, cl L to R for heel trn, fwd R); bk R,-, bk L, bk R curving to end fcg DRW (W fwd L,-, fwd RL, fwd L) end CP DRW;
- 7 [BK FEATH] bk L,-, bk R w/R shldr lead, bk L (W fwd R, fwd L w/L shldr lead, fwd R outsd ptr);
- 8 [BK 3 STEP] bk R blending to CP,-, bk L, bk R (W fwd L w/heel lead,-, fwd R with heel lead, fwd L);
- 9-12 **IMPET SCP; THRU TO WHIPLASH BJO; BK HOVER SCP; STRT PROM WEAVE;**
- 9 [IMPET SCP] CP RLOD bk L comm. RF trn,-, cl R to L for heel trn cont RF trn, fwd L to SCP (W fwd R between M's feet pivoting 1/2 RF,-, sd & fwd L cont trn arnd M brush R to L, fwd R SCP);
- 10 [THRU TO WHIPLASH BJO] trail ft free thru R,-, trng sl RF pnt L sd & fwd,-(W thru L,-, swvl on L to fc ptr pnt R sd & bk,-;
- 11 [BK HOVER SCP] blending to BJO bk L,-, sd & bk R with sl rise, rec L (W fwd R outsd ptr,-, sd & fwd L with sl rise & brush R to L, rec fwd R) end SCP DLC;
- 12 [STRT PROM WEAVE] SCP DLC fwd R,-, fwd L comm LF trn, sd & bk R to BJO DLC;
- 13-16 **FINISH PROM WEAVE; FWD R LUNGE; Q FEATH FIN; CHNG OF DIR;**
- 13 [FINISH PROM WEAVE] bk L DLC, bk R comm LF trn lead W to CP, sd & fwd L DLW, fwd R outsd ptr DLW;
- 14 [FWD R LUNGE] fwd L,-, moving sd & fwd on R & taking weight on R flex R knee w/sl LF bdy trn,- (W bk R,-, moving sd & bk on L & taking weight on L flex L knee w/sl LF bdy trn,-);

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PART B (CONT)

- 15 [Q FEATH FIN] rec L, bk R trng LF, sd & fwd L, fwd R outsd ptr Xing R leg in frnt of L at thighs (W rec R, fwd L trng LF, sd & bk R, bk L Xing leg in bk of R at thighs) end DLW;
- 16 [CHNG OF DIR] blending to CP fwd L DLW,-, fwd R comm LF trn w/ R shldr lead, draw L to R (W bk R,-, bk L trng LF, draw R to L) end DLC;
REPEAT PART A & PART B

END

**1-7 3 STEP; OP NATL; OUTSD SWVLS TO WEAVE 4 ENDG;; FWD R LUNGE;
Q FEATH FIN; FWD PNT SD;**

1-4 REPEAT MEAS 1-4 PART A;;;;

5-6 REPEAT MEAS 14 & 15 PART B;;

7 [FWD PNT SD] in CP lead ft free fwd L,-, pnt R sd & hold,-;

QUICK CUES

INTRO WAIT 2 MEAS;; FWD DEVELOPE; FEATH FINISH;

**PART A 3 STEP; OP NATL; OUTSIDE SWVELS TO WEAVE 4 ENDG;;
HOVER TELE; I & O RUNS;; THRU SD BEH;
ROLL 3 SEMI; THRU TO L WHISK; REC HOVER SEMI; WING;
X SWVL CK; OUTSIDE CHNG SCP; NATL HOVER CROSS;;**

**PART B DIAM TRN 1/2;; Q DIAM IN 4; DIP & RECOV;
REV WAVE;; BK FEATH; BK 3 STEP;
IMP SEMI; THRU TO WHIPLASH; BK HOVER SEMI;
PROM WEAVE;; FWD R LUNGE; Q FEATH FIN; CHNG OF DIR;**

REPEAT PART A

REPEAT PART B

**END 3 STEP; OP NATL; OUTSIDE SWVELS TO WEAVE 4 ENG;;
FWD R LUNGE; Q FEATH FIN; FWD PNT SD;**