

ALWAYS ON MY MIND

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CD: 2009 Dancelife, CD Title "Elvis Revival" (Artist: Ballroom Orchestra & Singers Track 6 "Always On My Mind" or download from internet site such as I Tunes

FOOTWORK: Opposite unless noted (Woman's footwork in parentheses) Time: 3:29 Tempo: 25 MPM

RHYTHM: Rumba RAL PHASE III

DEGREE OF DIFFICULTY: AVERAGE

SEQUENCE: INTRO-A-B-A-B-C-B-D-A-B-ENDING

MEAS:

INTRODUCTION

1-2 BFLY WALL WAIT 2 MEAS::

1-2 Wait in BFLY WALL w/ ld ft free;;

PART A

1-6 FWD BASIC; BACK BASIC; CHASE PEEK-A-BOO:::

1 {Fwd Basic} BFLY WALL Fwd L, rec R, bk L, -;

2 {Back Basic} BFLY WALL Bk R, rec L, fwd R, -;

3-6 {Chase Peek-A-Boo} BFLY WALL Fwd L stg 1/2 RF trn, rec R fc COH, cl L (W bk R, rec L, cl R), -; Sd R look over L shldr, rec L, cl R (W sd L, rec R, cl L), -; Sd L look over R shldr, rec R, cl L (W sd R, rec L, cl R), -; Fwd R stg 1/2 LF trn, rec L fc WALL, cl R to BFLY WALL (W fwd L, rec R, cl L), -;

7-8 REVERSE UNDERARM TURN, TIME STEP:

7 {Reverse Underarm Turn} XLif, rec R, sd L (W XRif trn 1/2 LF under ld hnds, rec L cont trn to face ptr, sd R), -;

8 {Time Step} Hands not joined extended to side XRif with no body turn (W XLib), rec L, sd R, -;

PART B

1-4 BREAK TO OPEN; KIKI WALK 3; SLIDING DOOR TWICE::

1 {Break to Open} Behind L to OP LOD, rec fwd R, fwd L, -;

2 {Kiki Walk 3} OP LOD Placing each foot directly in front of other foot fwd R, fwd L, fwd R, -;

3 {Sliding Door} OP LOD Rk apt L, rec R release hnds, XLif changing sides crossing in bk of W (W rk apt R, rec L, XRif), -;

4 {Sliding Door} LOP LOD Rk apt R, rec L release hnds, XRif changing sides crossing in bk of W (W rk apt L, rec R, XLif), -;

5-8 KIKI WALK 3; SPOT TURN TO FC; 1/2 BASIC; UNDERARM TURN:

5 {Kiki Walk 3} OP LOD Placing each foot directly in front of other foot fwd L, fwd R, fwd L, -;

6 {Spot Turn to Fc} Fwd R trn 1/4 LF (W RF), rec L cont trn to face ptr, sd R to BFLY WALL, -;

7 {1/2 Basic} BFLY WALL Fwd L, rec R, sd L, -;

8 {Underarm Turn} Bk R, rec L, sd R (W XLif trn 1/2 RF under lead hands, rec R cont trn to face ptr, sd L), -;

PART C

1-5 OPEN BREAK; WHIP FC COH; NEW YORKER; CRAB WALKS::

1 {Open Break} Rk apt L to LOP-FCG WALL extend right (W left) arm up with palm out, rec R lowering arm, sd L, -;

2 {Whip fc COH} Bk R turning 1/4 LF, rec fwd L cont turn 1/4 LF, sd R to BFLY COH (W fwd L outside M on his left side, fwd R turning 1/2 LF, sd L), -;

3 {New Yorker} Thru L to LOP LOD, rec R to face ptr, sd L to BFLY COH, -;

4-5 {Crab Walks} BFLY COH XRif (W XLif), sd L, XRif, -; Sd L, XRif, sd L, -;

6-8 FENCE LINE; OPEN BREAK; WHIP FC WALL:

6 {Fence Line} In BFLY COH X lun thru R with bent knee look in dir of lun, rec L to face ptr, sd R, -;

7 {Open Break} Rk apt L to LOP-FCG COH extend right (W left) arm up with palm out, rec R lowering arm, sd L, -;

8 {Whip fc WALL} Bk R turning 1/4 LF, rec fwd L cont turn 1/4 LF, sd R to BFLY WALL (W fwd L outside M on his left side, fwd R turning 1/2 LF, sd L), -;

PART C (cont.)

9-12 NEW YORKER; CRAB WALKS;; FENCE LINE;

- 9 {New Yorker} Thru L to LOP RLOD, rec R to face ptr, sd L to BFLY WALL, -;
- 10-11 {Crab Walks} BFLY WALL XRif (W XLif), sd L, XRif, -; Sd L, XRif, sd L, -;
- 12 {Fence Line} In BFLY WALL X lun thru R with bent knee look in dir of lun, rec L to face ptr, sd R, -;

PART D

1-4 SHOULDER TO SHOULDER TWICE;; DOOR TWICE;;

- 1 {Shoulder to Shoulder} Rk fwd L (W rk bk R) to BFLY SCAR, rec R to face, sd L to BFLY WALL, -;
- 2 {Shoulder to Shoulder} Rk fwd R (W rk bk L) to BFLY BJO, rec L to face, sd R to BFLY WALL, -;
- 3-4 {Door twice} BFLY WALL Rk sd L, rec R, XLif (W XRif), -; Rk sd R, rec L, XRif (W XLif), -;

5-6 SIDE WALKS;;

- 5-6 {Side Walks} BFLY WALL Sd L, cl R, sd L, -; Cl R, sd L, cl R, -;

ENDING

1-6 FWD BASIC; BACK BASIC; CHASE;;;:

- 1 {Fwd Basic} BFLY WALL Fwd L, rec R, bk L, -;
- 2 {Back Basic} BFLY WALL Bk R, rec L, fwd R, -;
- 3-6 {Chase} BFLY WALL Fwd L stg 1/2 RF trn, rec R fc COH, fwd L (W bk R no trn, rec L, fwd R), -; Fwd R stg 1/2 LF trn, rec L fc WALL, fwd R (W fwd L stg 1/2 RF trn, rec R fc WALL, fwd L), -; Fwd L, rec R, bk L (W fwd R stg 1/2 LF trn, rec L fc COH, fwd R), -; Bk R, rec L, fwd R to BFLY WALL (W fwd L, rec R, bk L), -;

AB AB CBD AB

WAIT

WAIT

A	FWD BASIC	BACK BASIC
	CHASE PEEK-A-BOO	----
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	REVERSE UNDERARM TURN	TIME STEP

B	BREAK TO OPEN	KIKI WALK 3
	SLIDING DOOR TWICE	----
	KIKI WALK 3	SPOT TURN TO FC
	1/2 BASIC	UNDERARM TURN

C	OPEN BREAK	WHIP FC COH
	NEW YORKER	CRAB WALKS
	----	FENCE LINE

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	OPEN BREAK	WHIP FC WALL
	NEW YORKER	CRAB WALKS
	----	FENCE LINE

D	SHOULDER TO SHOULDER TWICE	----
	DOOR TWICE	----
	SIDE WALKS	----

END	FWD BASIC	BACK BASIC
	CHASE	----
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3-15a ALWAYS ON MY MIND (ROSS)
(BFLY WALL LEAD FOOT FREE)