ANGEL WING

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MUSIC: CD- "Tammy Cochran" EK69736; Song Angels In Waiting sung by Tammy Cochran

FOOTWORK: Opposite unless noted (Woman's footwork opposite unless in parentheses)

RYTHMN: Bolero RAL Phase IV

Sequence: Intro -A - B - Inter - A - B(1-14) - B(1-13) - Ending

INTRODUCTION

Op Fcg LOD Wait Two Meas;; Bolero Walks;;

1-2 Both Left /Foot Free Wait;;

3-4 Fwd L w/body rise, Fwd R, Fwd L; Fwd R w/body rise, Fwd L, Fwd R;

Open Fence Line; Open Fence Line {Lady Transition In 4(S,Q&Q)} to CP/Wall;

5-6 Sd L w/body rise,-, XRIF of L, recover back on L; Sd R w/body rise,-, XLIF of R, recover back on R Trng RF to CP Fcg Wall; (Sd R w/body rise, XLIF of R, recover back on R, Cl L, Trng LF to CP)

PART A

Basic;; Turning Basic;;

- 1-2 Sd L w/body rise,-, Bk R w/slipping action, Fwd L; Sd R w/body rise,-, Bk L w/slipping action, Fwd R;
- 3-4 Sd L w/slight RF upper body turn,-, Bk R trng ¼ LF w/slip pivot action, Fwd & Sd L trn ¼ LF to COH; Sd R w/body rise,-, Fwd L w/contra ck action, Rec R; (Sd R,-, Fwd L turning ¼ LF w/slip pivot action, SD and Bk R turning ¼ LF; SD L,-, Bk R with contra check like action, Fwd L;)

<u>Right Pass; Lunge Break; Underarm Turn; Reverse Underarm Turn; Spot Turn [BFIY/WALL];</u>

- Fwd and Sd L commencing RF trn raise lead hands to create window,-, cross R in back of L continue RF turn, Fwd L (Fwd R,-, Fwd L commencing LF Trn, Bk R continuing LF Trn);
- 6 Sd and Fwd R w/body rise to LOF,-, commence slight RF body trn lowering on R leading partner back extend L to Sd and Bk, commence slight LF body trn rising on R to recover (Sd & Bk L with body rise to LOF,-, Bk R with a contra check like action, Fwd L);
- 7 Sd L w/body rise,-, XRIB lowering, Fwd L; (Sd R w/body rise commencing LF turn under Joined lead hands,-, XLIF lowering and continue turning ½ RF, Fwd
- Sd R w/body rise,-, XLIF lowering, Bk R; (Sd L w/body ris commencing LF turn under joined lead hands,-, XRIF lowering and continue turning ½ LF, Fwd L completing LF turn to face)
- 9 Sd L w/body rise and commence LF body turn,-, XRIF lowering and continue LF turn on crossing foot ½, Fwd L complete turn ¼ to FC BFLY/Wall;

PART B

{BFLY/WALL} Fence Line; Cross Body(Shake Hands); Shadow New Yorkers(Twice);

- In BFLY Wall Sd R w/body rise,-, X lunge thru L with bent knee looking direction of lunge, Bk R;
- 2 Sd & Bk L turning left face,-, Bk R with slipping action turning LF, Fwd L turning LF to face(taking right hand hold);
- 3-4 With Right Hands Joined Sd R w/body rise,-, Fwd L w/slipping action lowering and commence turn to Sd by Sd position with lead arm straight out behind the partner, Bk R commencing to turn to /FC partner; Sd L w/body rise,-, forward L w/slipping action lowering and commence turn to Sd by Sd position with lead arm straight out, Bk L commencing to turn to Fc partner[to Bfly]; (Sd L w.body rise,-, forward R w/slipping action lowering and commence turn to Sd by Sd position with lead arm straight out, Bk L commencing to turn to FC partner; Sd R w/body rise,-, forward L w/slipping action lowering and commence turn to Sd by Sd position with lead arm straight out behind partner, Bk R commencing to turn to FC partner)

[Bfly] Forward Break; Left Pass[CP Wall]; Hip Lifts to Bfly;;

- Sd & Fwd R w/body rise to LOF,-, Fwd L with a contra check like action. Bk R; (Sd & Bk L w/body rise to LOF,-, Bk R with a contra check like action, Fwd L;)
- Fwd L to contra SCAR commence to turn partner RF,-, Bk R w/slipping action, /fwd L turning LF[CP Wall]; (Fwd R turning ¼ RF with back to partner,-, Sd and Fwd L w/strong LF turn, Bk R;)
- 7-8 Sd R bringing Free Foot to weighted foot,-, with slight pressure on free foot lift hip, lower hip; Sd L bringing Free Foot to weighted foot,-, with slight pressure on free foot lift hip, lower hip;

[BFLY]Shoulder to Shoulder(twice);; Hip Rocks;;

- 9-10 Sd R w/body rise,-, Xif L to BFLY/SCAR, lowering Bk R to face partner; (Sd L w/body rise,-, Xib R to BFLY/SCAR, lowering Fwd L to face partner;) Sd L w/body rise,-, Xif R to BFLY/SCAR, lowering Bk L to face partner; (Sd R w/body rise,-, Xib L to BFLY/SCAR, lowering Fwd R to face partner;)
- 11-12 Rock Sd R rolling hip Sd and Bk,-, recover L with hip roll, recover R with hip roll; Rock Sd L rolling hip Sd and Bk,-, recover R with hip roll, recover L with hip roll;

Time Steps;; Spot Turn;

- 13-14 Sd R w/body rise,-, XibL lowering, Fwd R; Sd L w/body rise,-, XibR lowering, Fwd L;
- Sd R w/body rise commencing RF body turn,-, XLIF lowering and continue turn on crossing foot ½, Fwd R completing turn ¼ to face partner;

INTERLUDE

Fence Line(Twice);;

1-2 In BFLY/WALL Sd L w/body rise,-, X lunge thru R with bent knee looking direction of lunge, Bk L; In BFLY/WALL Sd R w/body rise,-, X lunge thru L with bent knee looking direction of lunge, Bk R;

ENDING

Spot Turn(Twice);; Slow Opening Out; Hip Lift;;

- 1-2 Sd L w/body rise commencing LF body turn,-, XRIF lowering and continue turn on crossing foot ½, Fwd L completing turn ¼ to face partner; Sd R w/body rise commencing LF body turn,-, XLIF lowering and continue turn on crossing foot ½, Fwd R completing turn ¼ to face partner;
- 3 Sd and Fwd L w/body rise commencing body rotation in the direction of weighted foot,-, lower on weighted foot complete upper body turn and extend free foot to Sd, rise and rotate in BFLY position; (Sd and Bk R w/body rise commence body rotation to match partner,-, XIBL lowering, Fwd R;)
- 4-5 Sd R bringing Free Foot to weighted foot,-, with slight pressure on free foot lift hip, lower hip; Sd L bringing Free Foot to weighted foot,-, with slight pressure on free foot lift hip, lower hip;

Fence Line; Sway; Change of Sway;

- 6 Sd R w/body rise,-, X lunge thru L with bent knee looking direction of lunge, Bk R;
- 7 Sd L inclining the body from unweighted foot both looking over lead hands:
- No weight change, slight upper body LF rotation and slight head rotation to the R(slight head rotation to the L for the Lady);