

Arms of Mary

Released November 2009

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Music: In the Arms of Mary by Quiver. Available: iTunes download
Footwork: Opposite except where noted (Woman's footwork in parentheses)
Suggested speed: Normal @ 2mins:37secs
Rhythm: Rumba Phase IV + 1 (Stop and Go Hockeystick)

Sequence: Intro, A, B, C, A, D, C, A, Bridge, End

Introduction

Meas:

1-4 **BFLY WALL WAIT 2 MEAS;; CUCHARACHA TWICE;;**
1-2 wait;;
3-4 sd L, rec R, cl L, -; sd R, rec L, cl R, -; (sd R, rec L, cl R, -; sd L, rec R, cl L, -;)

Part A

1-4 **BASIC;; ALEMANA to;;**
1-2 fwd L, rec R, sd L, -; bk R, rec L, sd R, -; (bk R, rec L, sd R, -; fwd L, rec R, sd L, -;)
3-4 fwd L, rec R, cl L leading W to trn RF, -; bk R, rec L, sd R, -; (bk R, rec L, sd R commence RF trn, -; W cont RF trn undr jnd ld hnds fwd L, cont RF trn fwd R, sd L, -;)

5-8 **LARIAT;; SHLDR TO SHLDR TWICE;;**
5-6 in plc L, R, L, -; R, L, R, -; (W circ M CW with jnd ld hnds fwd R, fwd L, fwd R, -; fwd L, fwd R, sd L ending fcg M, -;) BFLY/WALL
7-8 fwd L to BFLY/SCAR, rec R to fc W, sd L, -; fwd R to BFLY/BJO, rec L to fc W, sd R, -; (bk R to BFLY/SCAR, rec L to fc M, sd R, -; bk L to BFLY/BJO, rec R to fc M, sd L, -;)

Part B

1-4 **HALF BASIC; FAN; STOP & GO HOCKEYSTICK;;**
1 fwd L, rec R, sd L, -; (bk R, rec L, sd R, -;)
2 bk R, rec L, sd R, -; (fwd L, trn 1/4 LF sd & bk R, bk L ending in fan pos, -;)
3-4 ck fwd L, rec R, cl L, -; ck fwd R, rec L, sd R, -; (cl R, fwd L, fwd R with LF trn 1/2 way, -; ck bk L, rec R, fwd L with RF trn 1/2 way ending back in fan pos, -;)

5-7 **HOCKEYSTICK;; NEW YORKER IN 4;**
5-6 fwd L, rec R, cl L, -; bk R, rec L, fwd R, -; (cl R, fwd L, fwd R, -; fwd L, fwd R trn LF, sd & bk L, -;)
7 thru L rel trl hnds, rec R to fc, sd L, stp in plc R; (thru R rel trl hnds, rec L to fc, sd R, stp in plc L;) BFLY

Part C

- 1-4 **OPEN BREAK; CRAB WALKS;; WHIP;**
1 rk apt L, rec R, sd L, -; (rk apt R, rec L, sd R, -;)
2-3 XRif, sd L, XRif, -; sd L, XRif, sd L, -; (XLif, sd R, XLif, -; sd R, XLif, sd R, -;)
4 bk R trng 1/4 LF, rec fwd L trng 1/4 LF to COH, sd R; -; (fwd L, fwd R trng 1/2 LF, sd L, -;)
- 5-9 **OPEN BREAK; CRAB WALKS;; WHIP; FENCELINE IN 4;**
5-8 repeat Part C measures 1-4;;;;
9 thru L, rec R to fc, sd L, stp in plc R; (thru R, rec L to fc, sd R, stp in plc L;)

Part D

- 1-4 **TIME STEP TWICE TO LEFT HAND STAR;; START UMBRELLA TURNS;;**
1-2 XLib hnds extend out to sd, rec R, sd L hnds Xif of chest, -; XRib hnds extend out to sd, rec L, sd R, -; (XRib hnds extend out to sd, rec L, sd R hnds Xif of chest, -; XLib hnds extend out to sd, rec R, sd L, -;) Finish in L hnd star M fcg RLOD, W fcg LOD
3-4 fwd L, rec R, bk L, -; bk R, rec L, fwd R, -; (bk R, rec L, fwd R trng LF 1/2 undr jnd hnds, -; bk L, rec R, fwd L trng RF 1/2 undr jnd hnds, -;)
- 5-7 **FINISH UMBRELLA TURNS;; SHOULDER TO SHOULDER IN 4;**
5-6 fwd L, rec R, bk L, -; bk R, rec L trng LF 1/4 to fc ptr, sd R, -; (bk R, rec L, fwd R trng LF 1/2 undr jnd hnds, -; bk L, rec R commence RF trn to fc ptr, sd L, -;) BFLY
7 fwd L to BFLY/SCAR, rec R to fc W, sd L, stp in plc R; (bk R to BFLY/SCAR, rec L to fc M, sd R, stp in plc L;)

Bridge

- 1-4 **CHASE;;;**
1-3 fwd L trng RF 1/2 to fc COH, rec R, fwd L, -; fwd R trng LF 1/2 to fc WALL, rec L, fwd R, -; fwd L, rec R, bk L, -; bk R, rec L, fwd R, -; (bk R, rec L, fwd R, -; fwd L, rec R trng RF 1/2 to fc WALL, fwd L, -; fwd R, rec L trng LF 1/2 to fc COH, fwd R, -; fwd L, rec R, bk L, -;)

End

- 1-4 **DOOR TWICE, OPEN;; SLIDING DOORS;;**
1-2 rk sd L, rec R, XLif, -; rk sd R, rec L, XRif, -; (rk sd R, rec L, XRif, -; rk sd L, rec R, XLif, -;) OP LOD
3-4 rk apt L, rec R rel jnd hnds, XLif chg sd, -; rk apt R, rec L, XRif chg sd, -; (rk apt R, rec L rel jnd hnds, XRif chg sd, -; rk apt L, rec R, XLif chg sd, -; [NOTE Woman crosses in front of Man])
- 5-8 **PROGRESSIVE WALKS TO FACE;; CUCARACHA TWICE;;**
5-6 fwd L, fwd R, fwd L, -; fwd R, fwd L, fwd R trng RF 1/4 to fc ptr, -; (fwd R, fwd L, fwd R, -; fwd L, fwd R, fwd L trng LF 1/4 to fc ptr, -;) BFLY
7-8 sd L, rec R, cls L, -; sd R, rec L, cls R, -; (sd R, rec L, cls R, -; sd L, rec R, cls L, -;)
- 9-11 **SIDE WALKS;; SIDE CORTE.**
9-10 sd L, cl R, sd L, -; cl R, sd L, cl R, -; (sd R, cl L, sd R, -; cl L, sd R, cl L, -;)
11 sd L bending L knee raise ld hnds lower trl hnds and look RLOD, -, -, -; (sd R bending R knee raise ld hnds lower trl hnds and look RLOD, -, -, -;)