

BETTER MERENGUE

Choreographers: Mary and Bob Townsend-Manning
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Record: Better When I'm Dancin' Meghan Trainor 2:56
 Album: The Peanuts Movie – Original Motion Picture Soundtrack
 Available as download from Amazon and itunes

Footwork: Opposite, except where noted

Rhythm/Level: Merengue V+1+1 (Snake)(Continuous Spot Turns) Released July 2017

Sequence: Intro A B C A B C C Int B(1-4) B C C End

INTRODUCTION

1---4 **{BFLY WALL} WAIT; SNAKE;::**

1 In CP WALL wait 1 meas;
 2-4 Raising ld hands sip L comm $\frac{3}{4}$ LF trn under ld hands, sip R cont trn, sip L cont trn, sip R comp trn (W sip R, sip L, sip R comm $\frac{1}{4}$ RF trn under ld hands, sip L comp trn) to M's L Hammerlock; Raising ld hands sip L comm $\frac{1}{4}$ RF trn under ld hands, sip R comp trn to bk to bk hands low, raising tr hands sip L comm $\frac{1}{4}$ RF trn under tr hands, sip R comp trn (W sip R comm $\frac{1}{4}$ RF trn under ld hands, sip L comp trn, sip R comm $\frac{1}{4}$ RF trn under tr hands, sip L comp trn) to M's Hammerlock; Raising tr hands sip L comm $\frac{3}{4}$ LF trn under tr hands, sip R cont trn, sip L cont trn, sip R comp trn (W sip R comm $\frac{1}{4}$ RF trn under tr hands, sip L comp trn, sip R, sip L) to BFLY WALL;

PART A

1---4 **STOP AND GO;:: BASIC; GLIDE;**

1-2 Rk apt L, rec R, fwd L, fwd R ckg (W rk apt R, rec L, fwd R trng $\frac{1}{2}$ LF under joined ld hands, bk L ckg); Rec L, bk R, sd L, cl R (W rec R trng $\frac{1}{2}$ RF under joined ld hands, bk L, sd R, cl L);
 3 Sd L, cl R, sd L, cl R;

1&2&3&4 4 Sd L/cl R, sd L/cl R, sd L, cl R;

5---8 **LINDY CATCH;:: BASIC; GLIDE;**

5-6 Rk bk L, rec R, fwd L trng RF around W with R hand on W R hip, fwd R trng RF around W sliding R hand across W back (Rk bk R, rec L, fwd R, fwd L); Fwd L cont trng RF around W, fwd R trng to fc W, sd L, cl R (Bk R, bk L, sd R, cl L);
 7-8 Repeat meas 3-4 of Part A;;

9--12 **BASIC TO HANDSHAKE; UNDERARM TURN TO STACK HANDS; BASIC WITH MAN'S FACE LOOP; BASIC WITH LADY FACE LOOP;**

9 Repeat meas 3 of Part A to R hndshk;
 10 Sd L, XIB R, rec L, small sd R (Sd R, swvlg $\frac{1}{4}$ RF on ball of R fwd L trng $\frac{1}{2}$ RF, rec R trng $\frac{1}{4}$ RF, small sd L) joining L hands under joined R hands;
 11 Raising R hndshk bhd M's head sd L, cl R releasing R hndshk and rejoining R hands below L hndshk, raising L hndshk bhd M's head sd L, cl R releasing L handshake and rejoining L hands below R hndshk;
 12 Raising R hndshk bhd W's head sd L, cl R releasing R hndshk, raising L hndshk bhd W's head sd L, cl R releasing L handshake to CP WALL;

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PART A (CONT)

13-16 ARM SLIDE;; CONTINUOUS SPOT TURNS;;

13-14 Blending to arm slide position bk L, bk R, bk L, bk R; Bringing joined hnds up and out to the side fwd L, fwd R, fwd L, fwd R;
15-16 Swvl thru L trng ½ RF, rec R trng ¼ RF to fc, sd L, swvl thru R trng ½ LF; Rec L trng ¼ LF to fc, sd L, cl R;

PART B

1---4 OPEN BREAK TO A MAN'S WRAP AND UNWIND;; CONTINUOUS CUCARACHA CROSSES;;

1-2 Rk bk L, rec R, raising tr arm straight up fwd L, sd and bk R (W Rk bk R, rec L, fwd R comm circ around M, fwd L cont circ); Bk L, hook R, unwind, unwind taking weight on R (W fwd R, fwd L, fwd R, sd L to fc M);
3-4 Sd L, rec R, XLIF, sd R; Rec L, XRIF, sd L, cl R;

5--8 WRAP AROUND;;;;

5-8 With both hands joined throughout rk apt L, rec R, fwd wheel L, fwd whl R (W rk apt R, rec L, fwd R trng 1/8 LF under joined ld hands to wrap, sm bk L) to DRC; Fwd whl L, fwd whl R, fwd whl L, fwd whl R (W bk whl R, bk whl L, bk whl R, bk whl L) to DRC; Fwd whl L, fwd whl R, fwd whl L, sip R (W comm trng 1+7/8 RF sip R, cont trng sip L, cont trng sip R, comp trng sip L) bringing hands down to HAMMERLOCK LOD; Rk apt L, rec R trng ¼ RF raising ld hands, sip L, sip R (W rk apt R, rec L comm ¾ LF trn under ld hands, cont trng sip R, comp trng sip L) to BFLY WALL;

PART C

1---4 CONGA WKS L & R;; CONGA WKS FWD & BK;;

1-2 Sd L, XRIF, sd L, pt R; Sd R, XLIF, sd R, pt L;
3-4 Fwd L, fwd R, fwd L, pt R; Bk R, bk L, bk R, pt L;

INTERLUDE

1---4 BASIC; SNAKE;;;;

1 Repeat meas 3 of Part A;
2-4 Repeat meas 2-4 of Intro;;;;

END

1---4+ SNAKE;;; AIDA; EXTEND ARMS,

1-3 Repeat meas 2-4 of Intro;;
4 Sd L, thru R, sd L trng ½ RF, sd & bk R to V position;
+ Extend tr arms,

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HEAD CUES

INTRO

(BFLY WALL) WAIT; SNAKE;;;

A

STOP N GO;; BASIC; GLIDE;

LINDY CATCH;; BASIC; GLIDE;

BASIC TO R HNDSHK; U/TRN TO STACK HANDS; BASIC W/ M FACE LOOPS;

BASIC W/ LADY FACE LOOPS;

ARM SLIDE;; CONT SPOT TRNS;;

B

OP BRK TO M'S WRAP & UNWIND;; CONT CUC X'S;;

WRAP AROUND;;;;

C

CONGA WKS L & R;; CONGA WKS FWD & BK;;

A

STOP N GO;; BASIC; GLIDE;

LINDY CATCH;; BASIC; GLIDE;

BASIC TO R HNDSHK; U/TRN TO STACK HANDS; BASIC W/ M FACE LOOPS;

BASIC W/ LADY FACE LOOPS;

ARM SLIDE;; CONT SPOT TRNS;;

B

OP BRK TO M'S WRAP & UNWIND;; CONT CUC X'S;;

WRAP AROUND;;;;

C

CONGA WKS L & R;; CONGA WKS FWD & BK;;

C

CONGA WKS L & R;; CONGA WKS FWD & BK;;

INT

BASIC; SNAKE;;;

B(1-4)

OP BRK TO M'S WRAP & UNWIND;; CONT CUC X'S;;

B

OP BRK TO M'S WRAP & UNWIND;; CONT CUC X'S;;

WRAP AROUND;;;;

C

CONGA WKS L & R;; CONGA WKS FWD & BK;;

C

CONGA WKS L & R;; CONGA WKS FWD & BK;;

END

SNAKE;;; AIDA; EXT,