



Back in the U.S.A.

Choreographer: Peter & Chama Gomez Frederick, CO 80530 **Date:** 01/15/2016 v1
Web Site: <http://www.InSyncDancers.org> **E-mail:** peterandchama@insyncdancers.org
Artist: Linda Ronstadt **Record/CD:** Living in the USA **Track:** 12
Merchant: 1. iTunes **Time:** 3:05 **Dance:** 3:40 **Tempo:** -16%
Footwork: Opposite unless noted (Woman's footwork in parenthesis)
Rhythm: Roundalab Jive Phase 4
Sequence: Intro - A - B - C - A - B - Ending

Meas

Intro

1-11 WAIT ;;; DBL RK ; TWO TRPLS ; SWIV WLKS ; CHASSES ; RT TRNG FLWY 2X ;;; BK WLK 4 ;

- 1-4 **[Wait]** Guitar riff fcg ptr & WALL move into SCP ;;; **[Dbl Rks]** SCP Rk bk L, rec R, bk L, rec R ;
 5-7 **[Two Trpls]** Fwd L/cl R, fwd L, fwd R/cl L, fwd R ; **[Swiv Wlks]** With swiveling action fwd L, fwd R, fwd L, fwd R to CP WALL ; **[Chasses]** Sd L/cl R, sd L, sd R/cl L, sd R ;
 8-11 **[Rt Trng Flwy 2x]** Rk bk L to SCP, rec R to fc ptr, comm ¼ RF trn sd L/cl R, comp trn sd L ; comm ¼ RF trn sd R/cl L, comp trn sd R, rk bk L to SCP, rec R to fc ptr ; Comm ¼ RF trn sd L/cl R, comp trn sd L, comm ¼ RF trn sd R/cl L, comp trn sd R ; **[Bk Wlk 4]** Trn to SCP bk L, bk R, bk L, bk R ;

Part A

1-8 CHG R to L - AMER SPN ;;; LINDY CATCH ;; CHKN WLKS 8Q ;; THRWY to HSHK ;

- 1-3 **[Chg R-L]** Rk L trn LF to SCP, rec R, sd L/cl R, sd L ; sd R/cl L, sd R, (Rk bk R to SCP, rec L, sd R/cl L, fwd R comm ¾ RF trn und joined lead hands ; sd & slightly bk L/cl R, sd & bk L,) fcg LOD ;
[Amer Spin] Rk bk L, rec R, sd L/cl R, sd L ; sd R/cl L, sd R, (Rk bk R, rec L, sd R/cl L, sd R spinning RF one full trn ; sd L/cl R, sd L,) ;
 4-5 **[Lindy Catch]** Rk bk L, rec R, release hnds fwd L/cl R, fwd L, moving RF arnd W plc R hnd at her waist (Rk bk R, rec L, fwd R/cl L, fwd R) ; forward right, left continuing around woman, forward right/left, right (Fwd L, rec R, bk L/cl R, bk L) to LOP fcg pos ;
 6-7 **[Chkn Wlks 8Q]** Qk sml steps bk L, bk R, bk L, bk R ; bk L, bk R, bk L, bk R ;
 8 **[ThrwY]** Comm LF trn bk & sd L/cl R, cont trn sd L leading W in X-body lead, cont trn to fc RLOD sd & bk R/cl L, sd & bk R (Fwd R/cl L, fwd R trng ½ LF, sd & bk L/cl R, sd & bk L) fcg RLOD ;

9-16 TRPL WHL 5 - DBL RK into LINDY CATCH ;;;; CHKN WLKS 8Q ;;

- 10-14 **[Triple Wheel 5]** Rk bk L, rec R, comm RF whl sd L/cl R, sd L trng in twd ptr & tch W back with L hnd ; cont. RF whl sd R/cl L, sd R trng away from ptr, cont RF whl sd L/cl R, sd L trng in twd ptr & tch W's back with L hnd ; cont. RF whl sd R/cl L, sd R trng away from ptr, cont. RF whl sd L/cl R, sd L trng in twd ptr & tch W's back with L hnd ; leading W to spin RF sd R/cl L, sd R, - **[Dbl Rks into]** Rk bk L, rec R, bk L, rec R ; **[Lindy Catch]** Release hnds fwd L/cl R, fwd L, moving CW arnd W plc R hnd at her waist (Rk bk R, rec L, fwd R/cl L, fwd R) ; fwd R, fwd L cont. arnd W, fwd R/cl L, fwd R (Fwd L, rec R, bk L/cl R, bk L) to LOP fcg pos ;
 15-16 **[Chkn Wlks 8Q]** Sml steps bk L, bk R, bk L, bk R ; bk L, bk R, bk L, bk R ;

17-24 LINK RK - JV WLKS ;;; SWIV WLKS ; CHASSES ; RT TRNG FLWY - FLWY RK ;;;

- 17-19 **[Link Rk]** Rk bk L, rec R, sm trpl fwd L/cl R, fwd L trng ¼ RF to CP COH ; sd R/cl L, sd R **[Jv Wlks]** Rk bk L to SCP, rec R, sm trpl fwd L/cl R, fwd L ; fwd R/cl L, fwd R
 20-21 **[Swiv Wlks]** With swiveling action fwd L, fwd R, fwd L, fwd R to CP WALL ; **[Chasses]** Sd L/cl R, sd L, sd R/cl L, sd R ;
 22-24 **[Rt Trng Flwy]** Rk bk L to SCP, rec R to fc ptr, comm ¼ RF trn sd L/cl R, comp trn sd L ; comm ¼ RF trn sd R/cl L, comp trn sd R to CP WALL **[Flwy Rk]** Rk bk L to SCP, rec R to fc ptr & WALL, sd L/cl R, sd L ; sd R/cl L, sd R



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Part B

1-7 DBL RK ; TWO TRPLS ; SWIV WLKS ; CHASSES ; CHG R to L to HSHK - MIAMI SP ;;;

1-4 **[Dbl Rks]** Swiv LF to SCP Rk bk L, rec R, bk L, rec R ; **[Two Trpls]** Fwd L/cl R, fwd L, fwd R/cl L, fwd R ; **[Swiv Wlks]** With swiveling action fwd L, fwd R, fwd L, fwd R to CP WALL ; **[Chasses]** Sd L/cl R, sd L, sd R/cl L, sd R ;

5-7 **[Chg R-L]** Rk L trn LF to SCP, rec R, sd L/cl R, sd L ; sd R/cl L, sd R, (Rk bk R to SCP, rec L, sd R/cl L, fwd R comm ¾ RF trn und joined lead hands ; sd & slightly bk L/cl R, sd & bk L,) to hndshk hold fcg LOD ;

[Miami Sp] Rk bk L, rec R, fwd L/cl R, fwd L trng ¾ RF to fc COH lead W to trn LF und joined R hnds moving joined hnds ovr M's head to beh M's neck ; sd R/cl L, sd R (Rk bk R, rec L, fwd R/cl L, fwd R trng ¾ LF to fc COH und joined R hnds ; sd L/cl R, sd L, rel hnd hold & slide R hnd down M's L arm ending M's L & W's R hnds joined in LOP COH)

8-12 LINDY CATCH ; LINK RK into ; CONT CHASSE ; BK WLK 4 ;

8-9 **[Lindy Catch]** Rk bk L, rec R, release hnds fwd L/cl R, fwd L, moving RF arnd W plc R hnd at her waist (Rk bk R, rec L, fwd R/cl L, fwd R) ; forward right, left continuing around woman, forward right/left, right (Fwd L, rec R, bk L/cl R, bk L) to LOP fcg pos ;

10-12 **[Link Rk into]** Rk apt L, rec R, fwd L/cl R, fwd L trng ¼ RF to fc RLOD ; **[Cont Chasse]** Moving twd LOD sd R/cl L, sd R/cl L, sd R/cl L, sd R fcg RLOD ; **[Bk Wlk 4]** Trn to SCP bk L, bk R, bk L, bk R ;

Part C

1-9 CHG R to L - AMER SPN ;;; LINDY CATCH ; CHG L to R - CIRC WLKS - CHG L to R ;;;

1-5 Repeat meas. 1-5 of Part A *iiiiiii*

6-9 **[Chg L-R]** Rk L, rec R, trng RF sd L/cl R, sd L ; sd R/cl L, sd R to R hand Patty Cake (Rk bk R, rec L, fwd R/cl L, fwd R comm ¾ LF trn und joined lead hands ; cont trn sd & slightly bk L/cl R, sd & bk L to R hand Patty Cake), fcg WALL **[Circ Wlks]** With swiveling action fwd L, fwd R, fwd L, fwd R to fc COH ; Repeat meas. 6-7 to fc LOD with lead hands joined ;;

10-19 CHKN WLKS 8Q ; THRWY to OP ; SNDSTPS 4X ;;; LINK RK - JIVE WLKS ;;;

10-12 **[Chkn Wlks 8Q]** Sml steps bk L, bk R, bk L, bk R ; bk L, bk R, bk L, bk R ;

[Thrwy to OP] Comm LF trn bk & sd L/cl R, cont trn to FC WALL sd L leading W in X-body lead, sd R/cl L, sd R (Fwd R/cl L, fwd R trng ½ LF, cont trn to fc WALL sd L/cl R, sd L) ;

13-16 **[Sandsteps]** Swiveling action on R foot tch L toe to R instep, tch L heel to R instep, cross L in front of R taking weight onto L, - ; Swiveling action on L foot tch R toe to L instep, tch R heel to L instep, cross R in front of L taking weight onto R - ; Repeat meas. 13-14 ;;

17-19 **[Link Rk]** Rk bk L, rec R, sm trpl fwd L/cl R, fwd L trng ¼ RF to CP WALL ; sd R/cl L, sd R **[Jv Wlks]** Rk bk L to SCP, rec R, sm trpl fwd L/cl R, fwd L ; fwd R/cl L, fwd R

20-24 SWIV WLKS ; CHASSES ; RT TRNG FLWY into ; CONT CHASSE ; BK WLK 4 ;

20-24 Repeat meas. 20-21 of Part A ; **[Rt Trng Flwy into]** Rk bk L to SCP, rec R to fc ptr, comm ¼ RF trn sd L/cl R, comp trn sd L ; **[Cont Chasse]** comm ¼ RF moving twd LOD sd R/cl L, sd R/cl L, sd R/cl L, sd R fcg COH ; **[Bk Wlk 4]** Trn to SCP fcg RLOD bk L, bk R, bk L, bk R ;

Part A

1-8 CHG R to L - AMER SPN ;;; LINDY CATCH ; CHKN WLKS 8Q ; THRWY to HSHK ;

9-16 TRPL WHL 5 - DBL RK into LINDY CATCH ;;; CHKN WLKS 8Q ;;

17-24 LINK RK - JV WLKS ;;; SWIV WLKS ; CHASSES ; RT TRNG FLWY - FLWY RK ;;;

1-24 Repeat Part A starting SCP RLOD and finish CP fcg COH *iiiiiii iiiiii iiiiii*

Part B

1-7 DBL RK ; TWO TRPLS ; SWIV WLKS ; CHASSES ; CHG R to L (HSHK) - MIAMI SP ;;;

8-12 LINDY CATCH ; LINK RK into ; CONT CHASSE ; BK WLK 4 (HSHK) ;

1-12 Repeat Part B starting SCP RLOD and finish R hndshk OP pos fcg WALL *iiiiiii iiiiii*



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Ending

1-11 **TRPL WHL 5 – SHLDR SHOVE ;;;; LINK RK – LINDY CATCH ;;; CHKN WLKS 8Q ;; THRWY to OP (WALL) ;**

1-5 **[Triple Wheel 5]** Rk bk L, rec R, comm RF whl sd L/cl R, sd L trng in twd ptr & tch W back with L hnd ; cont. RF whl sd R/cl L, sd R trng away from ptr, cont RF whl sd L/cl R, sd L trng in twd ptr & tch W's back with L hnd ; cont. RF whl sd R/cl L, sd R trng away from ptr, cont. RF whl sd L/cl R, sd L trng in twd ptr & tch W's back with L hnd ; leading W to spin RF sd R/cl L, sd R, - **[Shldr Shove]** Rk bk L, rec R trng RF, sd L/cl R, sd L twd ptr tap M's L & W's R shoulders tog trng LF to fc ptr ; bk R/cl L, bk R,

6-11 **[Link Rk]** Rk bk L, rec R, sm trpl fwd L/cl R, fwd L trng ¼ RF to CP RLOD ; sd R/cl L, sd R

[Lindy Catch] Rk bk L, rec R, release hnds fwd L/cl R, fwd L, moving RF arnd W plc R hnd at her waist (Rk bk R, rec L, fwd R/cl L, fwd R) ; forward right, left continuing around woman, forward right/left, right (Fwd L, rec R, bk L/cl R, bk L) to LOP fcg pos ;

[Chkn Wlks 8Q] Sml steps bk L, bk R, bk L, bk R ; bk L, bk R, bk L, bk R ;

[ThrwY to OP] Comm LF trn bk & sd L/cl R, cont trn to FC WALL sd L leading W in X-body lead, sd R/cl L, sd R (Fwd R/cl L, fwd R trng ½ LF, cont trn to fc WALL sd L/cl R, sd L) releasing hnds & raise arms ;