

BAILAMOS

Music: **Martin Lopez**
www.amazon.com/ Time 3:23
Shortened cut from 2:29,8 to 3:14,3 to Time 2:51
Slow Down w/ -5% to Time 3:00
Available from choreographer

Rhythm: **Cha Cha** **Phase: V+2 (Turkish Towel+Rope Spin)**
+ 1U (Spot Turn 2 & Roll 2)

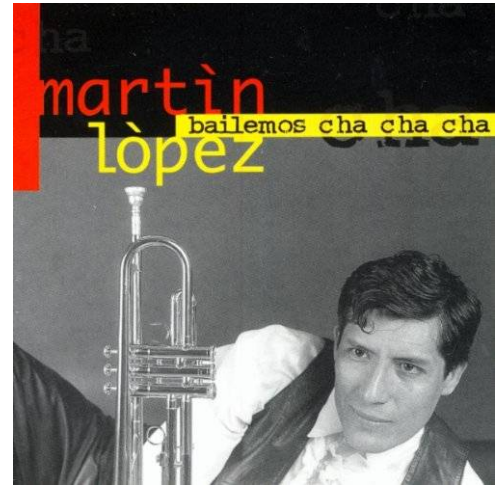
Footwork: **Opposite except where (Noted)**

Release Date: Mar 19

Choreo: Jos Dierickx Beverlosestwg 14b2 3583 Paal Belgium

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Sequence: **INTRO AB INTRO AB INTRO(1-7) END**



INTRO

BFLY POS WALL LEAD FOOT FREE START IMMEDIATELY AFTER the word "AAHA"

01-04 ALEMANA ; ; BASIC HALF INTO AIDA ; ;

{Alemana} Fwd L, rec R, sd L/cl R, sd L ; Raising jnd hnds bk R, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L, brush R fwd R cont full trn, fwd L/cl R, sd L*) to BFLY ; **{Basic ½ Into a Aida}** Fwd L, rec R, sd L/cl R, sd L ; Thru R xg R hnd ovr L (*W thru L xg L hnd ovr R*) to fc LOD, sd L releasg trail hnds trng ½ RF to LOP RLOD, bk R/lk Lif, bk R to V bk-to-bk ;

05-08 HIP ROCK 2 w/ CLOSE & SWIVEL to LOD ; SPOT TURN 2 & ROLL 2 ; NEW YORKER TWICE ; ;

{Hip Rk 2 w/ Close & Swivel to LOD} [QQQQ] Hip rk L, hip rk R, cl L, fwd Swivel ½ LF (*W Swivel ½ RF*) to sd-by-sd to LOD No handhold ; **{Spot Turn 2 & Roll 2 to Bfly}** [QQQQ] Fwd L trng ½ RF, rec R w/ ¼ RF trn, cl L roll ½ RF to fcg ptr, sd R (*W fwd R trng ½ LF, rec L rmg ¼ LF, cl R roll ½ LF to fcg ptr, sd L*) to BFLY WALL ; **{New Yorker x 2}** Thru L to LOP RLOD, rec R to fc, sd L/cl R, sd L ; Thru R to OP LOD, rec L to fc, sd R/cl L, sd R ;

PART A

01-04 CHASE w/ UNDERARM PASS ; ; SHOULDER to SHOULDER TWICE ; ;

{Chase w/ Underarm Pass} Fwd L trng RF ½ keepg ld hnds jnd w/ palm upwards, rec R, fwd L/cl R, fwd L (*W bk R, rec L, fwd R/cl L, fwd R twd M's L sd*) ; Bk R raisg ld hnds, rec L, sd R/cl L, sd R (*W fwd L, fwd R trng ½ LF undr jnd ld hnds to fc ptr, sd L/cl R, sd L*) to BFLY COH ; **{Shoulder to shldr x 2}** Fwd L to SCAR, rec R to fc, sd L/cl R, sd L ; Fwd R to BJO, rec L to fc, sd R/cl L, sd R to BFLY COH ;

05-08 ALEMANA INTO A LARIAT/M SWIVEL to FACE ; ; ; DOOR & r-hndshk ; ;

{Alemana Into a Lariat/M Swivel to Fc} Fwd L, rec R, sm sd L/cl R, sd L (*W cl R, fwd L, fwd R/lk Lib, fwd R trng RF to fc M*) ; Raisg jnd ld hnds XRib, rec L, sd R/cl L, sd R (*W trng RF undr jnd hnds fwd L & swvl RF, fwd R & swvl RF, fwd L/lk Rib, fwd L*) to end W slightly offset twd M's R sd ; Sd L, rec R, ipl L, R, L swvlg ½ LF to fcg ptr (*W circ cw armd M fwd R, fwd L, fwd R/lk Lib, fwd R trng RF to fcg ptr*) to BFLY WALL ; **{Door & r-hndshk}** Sd R w/ partial wgt, rec L, XRif (*W XLif*)/sd L, XRif (*W XLif*) to r-hndshk WALL ;

09-12 TRADE PLACES TWICE ; ; OP BREAK ; UNDERARM TURN ;

{Trade Places x 2} [w/ r-hndshk] Rk apt L, rec R relg hnds & trng ¼ RF to fc RLOD (*W trn LF*), slide bhd W sd L/cl R reachg L hnd to W's left forearm & slidg hnd dwn her arm, sd L trng ¼ RF (*W ¼ LF*) to l-hndshk ; Apt R, rec L relg hnds trng ¼ LF to fc RLOD (*W trn RF*), slidg bhd W sd R/cl L reachg R hand to W's R forearm & slidg hnd dwn her arm, sd R trn ¼ LF (*W ¼ RF*) to fc Wall in r-hndshk ; **{OP Break}** [w/ r-hndshk] Strong bk L (*W strong bk R*) xtndg lead hnd to sd, rec R, sd L/cl R, sd L ; **{Underarm Turn}** [w/ r-hndshk] Raisg jnd r-hnds XRib, rec L to fc ptr, sd R/cl L, sd R (*W XLif trng RF undr jnd r-hnds, rec R contg RF trn, sd L/cl R, sd L*) to BFLY WALL ;

13-16 AIDA to RLOD INTO BACK TRIPLE CHA's ; ; SWITCH CLOSE & CHA ; REVERSE UNDERARM TURN in 4 ;

{Aida to Reverse into Back Tripple Cha's} Thru L to fc LOD xg l-hnd ovr r, sd L trng ½ LF fcg LOP LOD, bk L/lk Rif (*W lk Lif*), bk L to V bk-to-bk ; w/ bdy trn twd ptr bk R/lk Lif (*W lk Rif*), bk R ; w/ Bdy trn awy from ptr bk L/lk Rif (*W lk Lif*), bk L ; **{Switch Close & Cha}** Trng RF to fc ptr bk & sd R, cl L, sd R/cl L, sd R ; **{Reverse Underarm Turn}** [QQQQ] Raisg jnd ld hnds XLif w/ slight RF bdy trn, rec R, sd L, cl R (*W full LF trn undr jnd hnds XRif, rec L, fwd & sd R, cl L*) to BFLY WALL ;

PART B

01-04 SINGLE CUBAN BREAKS L & R ; FENCE LINE ; HOOK TURN ; FENCE LINE in 4 ;

{Single Cuban Breaks L & R} XLif (*W XRif*)/rec R, sd L, XRif (*W XLif*)/rec L, sd R ; **{Fence Line}** XLif (*W XRif*) w/ bent knee, rec R, sd L/cl R, sd L ; **{Hook Turn}** [relg both hnds] Flare CW w/ R XRib comm RF turn (*W flare CCW w/ L XLib comm LF turn*), step on L cont RF turn, fwd R to fcg ptr/cl L, sd R ; **{Fence Line in 4}** XLif (*W XRif*) w/ bent knee, rec R, sd L, sd R to BFLY WALL ;

05-08 ROPE SPIN ; ; ; ;

{Rope Spin} Fwd L, rec R, sm sd L/cl R, sm sd L (*W bk R, rec L, fwd R/cl L, fwd R twds M's R sd*) ; XRib, rec L, sd R/cl L, sd R (*W fwd L, brushg R & swvlg RF on L fwd R, contg RF trn to fc ptr fwd L/cl R, sd & fwd L to M's R sd, spiral 7/8 RF on L*) ; Sd L w/ partial wgt, rec R, sip L/R, L (*W circg RF arnd M fwd R, L, R/L, R*) ; Sd R w/ partial wgt, rec L, sip R/L, R (*W contg to circ arnd M fwd L,R, L/R, L*) to BFLY WALL ;

09-12 SINGLE CUBAN BREAKS L & R & r-hndshk ; BASIC ½ INTO TURKISH TOWEL ; ; ONE BREAK ;

{Single Cuban Breaks L & R} Repeat meas 1,2 Part B & r-hndshk ; ; **{Basic ½ Into Turkish Towel}** [w/ r-hnshk] Rk fwd L, rec R, sd raise joined R hnds palm to palm/cl R, sd L (*W Bk R, rec L, sd R/cl L, sd R*) ; Bk R, rec L, small sd R/cl L, sd R (*W XLif trn RF under jnd hnds, fwd R cont RF trn, fwd L arnd M to end in bk of and to his left sd/fwd R, fwd L*) ; **{One Break}** Chk bk L bringing R arms up & over head, rec R, sd L/cl R, sd L (*W Chk fwd R, rec L, sd R/cl L, sd R slidg behind M to his R sd*) ;

13-15 W OUT to WALL ; KICK to 4 TWICE ; ;

{W Out to WALL} Rk bk R, rec L chg to lead hnds joined, small sd R/cl L, sd R (*W fwd L twd LOD, fwd R trn LF, small sd L/cl R, sd L*) to BFLY WALL ; **{Kick to 4 x 2}** Swvlg RF on R ft kck L thru twd RLOD, swvlg LF on R ft fold L leg at knee to form figure 4, twd LOD fwd L/ik Rib, fwd L ; Swvlg LF on L ft kck R thru twd LOD, swvlg RF on L ft fold R leg at knee to form figure 4, twd RLOD fwd R/ik Lib, fwd R to BFLY WALL ;

ENDING

01-02 AIDA ; QUICK ROCK 3 SLOW RECOVER & EXTEND FREE ARMS UP ;

{Aida} Thru R to fc LOD xg R hnd ovr L, sd L trng ½ RF to LOP RLOD, bk R/ik Lif, bk R to V bk-to-bk ; **{Quick Rk 3 Slow Rec & Extend Free Arms}** [QQQS] Rk fwd L/rk bk R, rk fwd L, Slow rec R & sweep trail arms up & out ;