

BALLADE POUR MARIE LAFORET

Music: Claude Ciari
<https://www.youtube.com/watch?v=ZB-A4EHGyJs>
Time 3:13 Available from choreographer

Rhythm: Slow Two Step
Phase: IV+2 (Triple Traveler + Passing X-Chasse) + U
Footwork : Opposite except where (Noted)
Release date : April 21
Choreo : Jos Dierickx Beverloestwg 14B2 3583 Paal Belgium
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Sequence : INTRO AA B C A B END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 2 MEASURES ; ; TURN INTO ROMANTIC SWAY'S ; ;

{Wait} Bfly Pos Wall ld ft free wt 2 meas ; ; {Trn Into Romantic Sway's} [Release ld hnds] Sd L & swiv LF (W RF) to bk-to-bk sweep ld hnds up & round to end stretched out to sd at shldr level, -, hip rk sd R, hip rk rec L ; Sd R and swiv RF (W LF) to fc bring ld hds btwn partners to lead hip, -, hip rk sd L, hip rk cl R to BFLY WALL ;

PART A

01-04 MIRANDA ROLLS w/ OUTSIDE ROLL ; ; ; BASIC ENDING & Pickg Up ;

{Miranda Rolls w/ Outsd Roll} Sd L raisg bth jnd hnds up w/ the lft going straight up & the rt going up less and movng twd the other arm, -, XRib, rec L while leadg W to trn RF under (W comm RF circle diag sd & fwd R, -, fwd L cont trn to fc Wall [like a Spot Trn], fwd R trn ¼ to rt sd of M) end w/ rt arm bent at elbow & straight up and lft arm coming to rest in hollow of the rt all hnds still jnd ; Fwd R to end w/ lft arm in crook of rt arm [like Carmen Miranda Samba Arms] use the rt arm to lead the W around M in a circle [like a Lariat] XLif, sd & bk R while bringing lft arm over the M's head (W circle CW fwd L, -, R, L around M to the back of his lft sd) ; [Keepg both hnds] Small bk L trng ¼ RF w/ lft arm up at rt angle & rt arm horizontal on the outsd of lft elbow [like Carmen Miranda] & releasg trl hnds, -, XRib trng ¼ RF, step ipl L to fc Wall (W fwd L cont CW circle around M releasg trl hnds, -, twirl RF L, R) to BFLY WALL ; {Basic Ending to PU} Sd R, -, XLib, rec R & Pickg Up to Low Bfly LOD ;

05-08 TRAVELING X-CHASSE ; PASSING X-CHASSE ; W PASSING X-CHASSE ; TRAVELING X-CHASSE to WALL & Manvr ;

{Traveling X-Chasse} Trng LF fwd L, -, sd & fwd R, XLif (W bk R LF trn, -, bk & sd L, XRif) to DLC ; {Passing X-Chasse} Fwd R trng RF fc Wall, -, fwd & sd L cont RF trn, XRif of W fc DRW (W bk L trng RF, -, small sd R fc COH, XLif) ; {W Passing X-Chasse} Bk L trng RF, -, small sd R fc COH, XLif (W fwd R trng RF, -, fwd & sd L cont RF trng, XRif of M fwd DRW) ; {Trav X-Chasse to WALL} Fwd R trng RF, -, sd & fwd L to fcg WALL, XRif (W bk R trng LF, -, bk & sd L to fcg COH, XRif) to BFLY WALL & Manvr ;

09-12 CONTINUOUS TRAVELING RIGHT TURNS ; ; ; FORWARD FACE CLOSE ;

{Continuous Traveling Right Trns} Folding RF ifo W sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg) to BJO M fcg DLW ; Fwd R outsd ptr foldg RF square to ptr & CP RLOD, -, bk L pivot ½ RF, fwd R cont RF pivot (W bk L trng RF to square w/ ptr, -, fwd R pivot ½ RF, bk L cont RF pivot) to approximately CP DRW ; Cont RF trn sd & bk L to CP RLOD, -, XRib pressure wgt, twist trn 5/8 RF on both ft to fc DLW & shift full wgt bk to L (W fwd R LOD btwn M's ft, -, cont RF trn around M fwd L twd WALL, fwd R twd RLOD chckg) to BJO M fcg DLW ; {Fwd Fc Cl} Fwd R LOD outsd ptr, -, trng RF to fc ptr sd L, cl R (W bk L LOD, -, trng RF sd R, cl L to R) to BFLY WALL ;

13-16 LUNGE BASIC w/ ARMS TWICE ; ; MANUEVER & PIVOT 2 ; BASIC ENDING [1st Time: PU] ;

{Lunge Basic w/ Arms x 2} Sd L extg ld arm to sd, -, rec R, XLif (W XRif) ; Sd R extg trl arm to sd, -, rec L, XRif (W XLif) to BFLY ; {Manuever & Pivot 2} Sd & Fwd L strt RF trn ifo W, -, bk R cont RF trn pvt action, fwd & sd L compl pvt RF to Loose CP WALL ; {Basic Ending to [1st Time: PU]} Repeat meas 4 Part A [1st Time: PU] ;

PART B

01-04 CONTINUOUS CHASE w/ UNDERARM PASS & LADY PEEKS ; ; ;

{Continuous Chase w/ Underarm Pass & Lady Peeks} Fwd L trng ½ RF keepg ld hnds jnd behind M, -, rec R, fwd L (W bk R, -, rec L, fwd R twds M's lft sd) ; Bk R raisg jnd ld hnds, -, rec L, sd R (W fwd L, -, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF) to TAND COH [w/ ld hnds still jnd above the head W] ; Sd L look at the lady, -, rec R, cl L (W sd R trn the upper body ¼ LF & lookg ovr lft shldr, -, rec L, cl R) ; Sd R look at the lady, -, rec L, cl R (W sd L trn the upper body ¼ RF & lookg ovr rt shldr, -, rec R, cl L) ;

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05-08 CONTINUE ; ; ; W SWIVEL to FACE & [1st Time: to Pickg Up]

{Continue} Fwd L trng ½ RF keepg ld hnds jnd behind M, -, rec R, fwd L (*W fwd R trng ½ LF, -, fwd L, fwd R twds M's lft sd*) ; Repeat meas 6,7 Part B ; ; **{W Swivel to Fc}** Sd R, -, rec L, cl R (*W sd L lookg ovr rt shldr, -, rec R trng ½ RF, cl L*) to BFLY WALL & [1st Time: to Pickg Up] ;

PART C

01-04 TRIPLE TRAVELER ; ; ; REVERSE UNDERARM TURN ;

{Triple Traveler} Fwd L trng LF & raisg jnd ld hnds to ld W into LF trn, -, fwd R, fwd L (*W bk R trng ¼ LF, -, sd L trng ½ undr jnd ld hnds, sd & fwd R contg trn to LOP LOD*) ; Fwd R spiral LF undr jnd hnds, -, fwd L, fwd R (*W fwd L, -, fwd R, fwd L*) ; Fwd L bring jnd hnds dwn & bk in cont circ motion to ld W into RF trn, -, fwd & sd R to fc ptr, XLif (*W fwd R com RF trn, -, sd L cont RF trn undr ld hnds, fwd R to fc ptr*) to BFLY COH ; **{Reverse Underarm Trn}** [Relg trl hnds] Sd R raisg jnd ld hnds palm-to-palm, -, XLif, rec R (*W sd L com LF trn undr jnd ld hnds, -, XRif cont LF trn ½, rec L compg full trn*) to BFLY COH ;

05-08 LEFT HAND PATTY CAKE ; RIGHT HAND PATTY CAKE ; FENCE LINE w/ ARMSWEEP TWICE to Pickg Up RLOD ; ;

{Left & Right Hnd Patty Cake} Sd L jng lft hnds, -, trng ¼ RF rk bk R extend trl arm to sd, rec L trng ¼ LF (*W sd R jng lft hnds, -, trng RF rk fwd L extend ld arm to sd, rec R trng ¼ LF*) to BFLY COH ; Sd R w/ jnd rt hnds, -, trng ¼ LF rk bk L extend ld arm to sd, rec R trng ¼ RF to fc ptr (*W sd L jng rt hnds, -, trng ¼ LF rk fwd R extend trl arm to sd, rec L trng ¼ RF to fc ptr*) to BFLY COH ; **{Fence Line w/ Armsweep x 2 to PU}** Sd L body rise, -, XRif bent knee rt arm circle CCW ifo body, rec bk L ; Sd R body rise, -, XLif bent knee lft arm circle CW ifo body, rec bk R to Pickg Up RLOD ;

09-12 TRIPLE TRAVELER to RLOD ; ; ; OP BASIC ENDING ;

{Triple Traveler} Repeat Meas 1,2 & 3 Part C to RLOD ; ; ; **{OP Basic End}** Sd R trng to ½ OP LOD, -, XLib (*W XRib*), rec R to ½ OP LOD ;

13-16 TWO SWITCHES ; ; ; TURN INTO ROMANTIC SWAY'S ; ;

{2 Switches} Sd L Xg ifo W to ½ LOP, -, fwd R, fwd L (*W fwd R, -, fwd L, fwd R*) ; Fwd R, -, fwd L to ½ OP LOD, fwd R (*W sd L Xg ifo M, fwd R to ½ OP, fwd L*) to ½ OP LOD ; **{Trn Into Romantic Sway's}** Repeat meas 3,4 Intro ; ;

ENDING

01-04 SIDE BASIC ; PREPARATION to AIDA ; AIDA LINE & SWITCH ; INTO RIGHT LUNGE ;

{Sd Basic} Sd L, -, XRib (*W XLib*), rec L ; **{Preparation to Aida}** Sd & Fwd R to RLOD, -, fwd L trng LF to fc ptr, cl R ; **{Aida Line & Switch}** [SS] Bk L to bk-to-bk V pos raisg ld arms, -, trng RF to fc ptr bk & sd R, - ; **{To R Lunge}** [Q] Sliding L ft sd w/ no wgt lowr on R ;