

BELLA BELLA SIGNORINA

Music: Patrizio Buanne

www.amazon.com/Bella-Signorina/dp/B001NYBYDO

Time 3:34 Shortened from 2:43,8 to 3:26,5 to Time 2:49

Slow down w/ -5% to Time 2:58 Available from choreographer

Rhythm: Mambo Phase: V+2U (Tummy Check+Conga Walks)

Footwork: Opposite except where (Noted)

Release Date: Oct 21

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Sequence: INTRO ABC B INTRO(9-16) ABC B END



INTRO

01-04 BFLY POS WALL LEAD FOOT FREE WAIT 4 MEASURES ; ; ; ;

{Wait} Bfly Pos Wall ld ft free wt 4 meas ; ; ; ;

05-08 NEW YORKER ; KNEE SWIVEL 3 ; SCALLOP w/ FLICK ; ;

{New Yorker} Thru L w/ straight leg to LOP RLOD, rec R to fc ptr, sd L to low Bfly WALL, -; {Knee Swivel 3} [weight on both ft] Knee swiv to rlod, lod & rlod, -; {Scallop w/ Flick} [QQQQ] Rk bk L to SCP LOD, rec R, cl L to CP, blend to SCP flick R ft off floor by bendg R knee leavg ft behind ; Thru R to SCP LOD, sd L to Loose CP WALL, cl R, flick L ft off floor ;

09-12 MAMBO BASIC ; ; HAND to HAND TWICE ; ;

{Mambo Basic} Loose CP WALL Fwd L, rec R, sd L, -; Bk R, rec L, sd R, -; {Hand to Hand x 2} XLib (W XRib) trng to OP LOD, rec R to fc, sd L to BFLY, -; XRib (W XLib) trng to LOP RLOD, rec L to fc, sd R to BFLY WALL, -;

13-16 NEW YORKER ; KNEE SWIVEL 3 ; SCALOP w/ FLICK ; ;

{New Yorker} Repeat meas 5 Intro ; {Knee Swivel 3} Repeat meas 6 Intro ; {Scallop w/ Flick} Repeat meas 7,8 Intro ; ;

PART A

01-04 START CROSS BODY Into TUMMY CHECK & BACK w/ rt hndshk ; ; ; FINISH CROSS BODY ;

{Start X-Body Into Tummy Check & Bk w/ rt hndhk} In CP Fwd L, rec R, trng ¼ LF sd L to LOD, (W bk R, rec L, fwd R to M's rt sd endg in "L" shaped pos), -; Rk sd R w/ ld hnd on W's tummy, rec L, cl R (W fwd L raisg both arms fwd, rec R, bk L) to rt hndshk ; Rk sd L, rec R, cl L (W bk R, rec L, fwd R), -; {Finish X-Body} Bk R cont ¼ Lf trn, small fwd L trng ¼ LF, sd & fwd R (W fwd L comm ¼ LF trn, sd & fwd R trng ½ LF, sd & bk L) to BFLY COH, -;

05-08 OP HIP TWIST to a FAN ; ; START STOP & GO into CROSS BODY to rt Hndshk WALL ; ;

{OP Hip Twist to a FAN} Chk fwd L, rec R, cl L pushg ld arm fwd gently to trn W (W rk bk R, rec L, fwd R swiv ¼ RF on R to RLOD) ; XRib, rec L, sd R (W fwd L, trng LF sd R, cont LF trn bk L) to fan pos [M fcg COH/W fcg LOD] , -; {Start Stop & Go Into Cross Body} Chk fwd L, rec R raisg ld arm to lead W to a LF underarm trn, sd L fcg Coh bringing ld arm down sharply & placg rt hnd on W's bk to an "L" pos (W cl R, fwd L, fwd R, trng sharply ½ LF under jnd ld hnds to fc RLOD), -; Bk R comm LF trn to CP, rec L comp LF trn to WALL, sd R (W small fwd L comm LF trn, fwd & sd R to CP cont LF trn to fc ptr, sd L) to rt hndshk WALL, -;

09-12 SHADOW BACK BREAK to OP LOD ; TWO PARALLEL BREAKS to OP LOD ; ; FORWARD FACE CLOSE ;

{Bk Break to OP LOD} [w/ rt hndshk] XLib (W XRib) trng to OP LOD, rec R, fwd L twd OP LOD, -; {2 Parallel Breaks} w/ rt hndshk Rk bk R leadg W across in front, rec L, fwd R to fc Line (W fwd L trng ¼ LF ifo M, fwd R trng ½ Lf to fc Wall, sd L) [similar to W whip action], -; Fwd L trng ¼ LF ifo W, fwd R trng ½ Lf, sd L (W rk bk R allowg M to pass across in front, rec L, fwd R) to OP LOD, -; {Fwd Fc Cl} Fwd R, fwd & sd L trng to fc ptr, cl R to BFLY WALL, -;

13-16 FENCE LINE w/ ARMSWEEP ; THRU SERPIENTE w/ FLICK ; ; FENCE LINE w/ ARMSWEEP [relsg hnds] ;

{Fence Line w/ Armsweep} XLif (W XRib) w/ bent knee ld arm circle CW (W CCW) ifo body, rec R, sd L to Bfly, -; {Thru Serpiente w/ Flick} [QQQQ;QQQQ] Thru R, sd L, XRib, swiv LF on R flickg L bk ; XLib, sd R, XLif, swvl LF on L flickg R bk to Bfly ; {Fence Line w/ Armsweep} XRif (W XLif) w/ bent knee trl arm circle CCW (W CW) ifo body, rec L, sd R to WALL relsg hnds, -;

PART B

01-04 SIDE CONG WALKS 3 TIMES ; ; ; CROSS BODY to COH ;

{Sd Conga Wks x 3} [QQQQ] In OP-FCG no hands sd L, XRif, sd L w/ sl upper bdy trn, tap R heel ; Sd R, XLif, sd R w/ sl upper bdy trn, tap L heel ; repeat meas 1 Part B to CP ; **{Cross Body to COH}** Bk R contg LF trn, rec L comp LF trn to CP COH, sd R (*W trng LF fwd L, fwd & sd R trng LF to fc ptr, sd L*) to CP COH, -;

05-08 CHASE w/ UNDERARM PASS & W PEEKS ; ; ; - W SWIVEL to FACING PARTNER ;

{Chase w/ Underarm Pass & W Peeks} Fwd L trng ½ RF keepg ld hnds jnd behind M, rec R, fwd L (*W bk R, rec L, fwd R twds M's lft sd*), -; Bk R raisg jnd ld hnds, rec L, sd R (*W fwd L, fwd R trng ½ LF under jnd ld hnds, fwd & sd L contg to trn ½ LF*) to Tand Wall [w/ ld hnds still jnd above the head W], -; **{Peek-a-Boo x 2/W Swiv to Fc Ptr}** Sd L, rec R, cl L (*W sd R lookg ovr lft shldr, rec L, cl R*), -; Sd R, rec L, cl R (*W sd R lookg ovr lft shldr, rec L, cl R swiv ½ RF to fc ptr*) to BFLY WALL, -;

PART C

01-04 BACK BREAK to OP LOD ; AIDA ; BACK BASIC & PATTY CAKE TAP ; ;

{Bk Break to OP LOD} XLib (*W XRib*) trng to OP LOD, rec R, fwd L twd OP LOD, -; **{Aida}** Thru R trn RF, sd L cont RF trn, bk R (*W thru L trn LF, sd R cont LF trn, bk L*) to V bk-to-bk pos lookg RLOD w/ ld hnds jnd, -; **{Bk Basic & Patty Cake Tap}** [Balancg both arms bk & fwd] Bk L, rec R, fwd L, -; Lift R knee swvl ¼ LF on L to fc W plc trl hnd palm to palm look LOD & XRif w/o wgt tapg R toe twd LOD, -, lift R knee swvl ¼ RF on L, bk R to LOP RLOD, -;

05-08 BACK BASIC & PATTY CAKE TAP ; ; BACK BASIC to FACE ; START SIDE WALK to RLOD ;

{Bk Basic & Patty Cake Tap} Repeat meas 3,4 Part C ; ; **{Bk Basic to Fc}** [Balancg both arms bk & fwd] Bk L, rec R, fwd L trng ¼ to fc ptr & Low Bfly, -; **{Start Sd Walk to RLOD}** To RLOD Sd R, cl L, sd R to BFLY WALL, -;

09-12 REVERSE UNDERARM TURN ; CRAB WALKS ; ; CROSS BODY to COH ;

{Reverse Underarm Trn} Raisg jnd ld hnds XLif, rec R, sd L (*W XRif undr jnd ld hnds trng ½ LF rec L contg LF trn to fc ptr, sd R*) to BFLY WALL, -; **{Crab Walks}** To LOD XRif (*W XLif*), sd L, XRif (*W XLif*), -; Sd L, XRif (*W XLif*), sd L to BFLY WALL, -; **{Cross Body to COH}** Bk R contg LF trn, rec L comp LF trn to CP COH, sd R (*W trng LF fwd L, fwd & sd R trng LF to fc ptr, sd L*) to CP COH, -;

13-16 ARM CHECK ; ; NEW YORKER TWICE [Relsg Hnds] ; ;

{Arm Check} Rk apt L, rec R, sd & fwd L twd W's rt sd relg jnd ld hnds and take W's R wrist in M's rt hnd (*W rk apt R, rec L, fwd R twd M's rt sd*), -; Fwd R trn ½ LF lead W to spin RF and drop hnds, rec L, cl R (*W spin 1 ½ RF L, R, L*) end LOP Fcg WALL ; **{New Yorker x 2}** Repeat meas 5 Intro ; Thru R w/straight leg to OP LOD, rec L to fc WALL, sd R & Relsg Hnds, -;

ENDING

01 STEP APART & POINT to PARTNER & BLOW A KISS ;

{Step Apt & Pnt to Ptr & Blow a Kiss} [relg ld hnds] Apt L, -, pt R to ptr, & Blow a Kiss ;